

```
<html class="no-js" lang="en"><!--<![endif]--><head data-hook="inside_head">
  <link rel="manifest" href="/manifest.json">
  <meta name="theme-color" content="#2548ad">
  <meta name="apple-mobile-web-app-capable" content="yes">
  <meta name="mobile-web-app-capable" content="yes">
  <link rel="shortcut icon" sizes="192x192" href="https://images.bodyboss.com/static-images/logo.png">

  <meta charset="utf-8">
  <meta http-equiv="X-UA-Compatible" content="IE=edge,chrome=1">
  <script src="https://js-agent.newrelic.com/nr-1071.min.js"></script><script async=""
src="https://sc-static.net/scevent.min.js"></script><script async=""
src="https://s.pinimg.com/ct/core.js"></script><script src="//bat.bing.com/bat.js"
async=""></script><script
src="https://connect.facebook.net/signals/config/1557797514527286?v=2.8.18&r=stable"
async=""></script><script async=""
src="https://connect.facebook.net/en_US/fbevents.js"></script><script id="scarab-js-api"
src="//cdn.scarabresearch.com/js/1E2115F864F7BC60/scarab-v2.js"></script><script
type="text/javascript" async=""
src="//storage.googleapis.com/code.snapengage.com/js/3056d1e2-427a-4335-a495-64a4b99b6ec8.js"></script><script async="" src="//www.google-
analytics.com/analytics.js"></script><script async=""
src="//www.googletagmanager.com/gtm.js?id=GTM-K4FG46"></script><script
type="text/javascript">window.NREUM||(NREUM={});NREUM.info={"beacon":"bam.nr-
data.net","errorBeacon":"bam.nr-
data.net","licenseKey":"7847fe8596","applicationID":"24925027","transactionName":"Jg5fFUEMCI
QDF0pKExcEVE5bDAtdSQwLXQYd","queueTime":5,"applicationTime":430,"agent":""}</script>
<script
type="text/javascript">(window.NREUM||(NREUM={})).loader_config={xpid:"VQIGVFNXABACUFh
QAgEFUQ=="};window.NREUM||(NREUM={}).__nr_require=function(t,n,e){function
r(e){if(!n[e]){var o=n[e]={exports:{}};t[e][0].call(o.exports,function(n){var o=t[e][1][n];return
r(o||n),o,o.exports))return n[e].exports}if("function"===typeof __nr_require)return
__nr_require;for(var o=0;o<e.length;o++)r(e[o]);return r}({1:[function(t,n,e){function
r(t){try{s.console&&console.log(t)}catch(n){}}var
o,i=t("ee"),a=t(15),s={};try{o=localStorage.getItem("__nr_flags").split(","),console&&"function"===typ
eof console.log&&(s.console=!0,o.indexOf("dev")!==-1&&(s.dev=!0),o.indexOf("nr_dev")!==-
1&&(s.nrDev=!0))}catch(c){s.nrDev&&i.on("internal-error",function(t){r(t.stack)}),s.dev&&i.on("fn-
err",function(t,n,e){r(e.stack)}),s.dev&&(r("NR AGENT IN DEVELOPMENT MODE"),r("flags:
"+a(s,function(t,n){return t}).join(", "))))},2:[function(t,n,e){function r(t,n,e,r,s){try{p?p=1:o(s||new
UncaughtException(t,n,e,!0)}catch(f){try{i("ierr",[f,c.now(),!0])}catch(d){}}return"function"===typeof
u&&u.apply(this,a(arguments))}function UncaughtException(t,n,e){this.message=t||"Uncaught
error with no additional information",this.sourceURL=n,this.line=e}function o(t,n){var
e=n?null:c.now();i("err",[t,e])}var
i=t("handle"),a=t(16),s=t("ee"),c=t("loader"),f=t("gos"),u=window.onerror,d=!1,l="nr@seenError",p=
0;c.features.err=!0,t(1),window.onerror=r;try{throw new Error}catch(h){"stack"in
h&&(t(8),t(7),"addEventListener"in window&&t(5),c.xhrWrappable&&t(9),d=!0)}s.on("fn-
start",function(t,n,e){d&&(p+=1)}),s.on("fn-
```

```
err",function(t,n,e){d&&!e[l]&&(f(e,l,function(){return!0}),this.thrown=!0,o(e))},s.on("fn-
end",function(){d&&!this.thrown&&p>0&&(p-=1)},s.on("internal-
error",function(t){i("ierr",[t,c.now(),!0])),{}}),3:[function(t,n,e){t("loader").features.ins=!0},{}],4:[functi
on(t,n,e){function
r(t){if(window.performance&&window.performance.timing&&window.performance.getEntriesByTy
pe){var
o=t("ee"),i=t("handle"),a=t(8),s=t(7),c="learResourceTimings",f="addEventListener",u="resourcetim
ingbufferfull",d="bstResource",l="resource",p="-start",h="-
end",m="fn"+p,w="fn"+h,v="bstTimer",y="pushState",g=t("loader");g.features.stn=!0,t(6);var
b=NREUM.o.EV;o.on(m,function(t,n){var e=t[0];e instanceof
b&&(this.bstStart=g.now()))},o.on(w,function(t,n){var e=t[0];e instanceof
b&&i("bst",[e,n,this.bstStart,g.now()])),a.on(m,function(t,n,e){this.bstStart=g.now(),this.bstType=e}
),a.on(w,function(t,n){i(v,[n,this.bstStart,g.now(),this.bstType])),s.on(m,function(){this.bstStart=g.n
ow()}),s.on(w,function(t,n){i(v,[n,this.bstStart,g.now(),"requestAnimationFrame])),o.on(y+p,functio
n(t){this.time=g.now(),this.startPath=location.pathname+location.hash}),o.on(y+h,function(t){i("bst
Hist",[location.pathname+location.hash,this.startPath,this.time])),f in
window.performance&&(window.performance["c"+c]?window.performance[f](u,function(t){i(d,[wind
ow.performance.getEntriesByType(l)],window.performance["c"+c]()),!1):window.performance[f]("w
ebkit"+u,function(t){i(d,[window.performance.getEntriesByType(l)],window.performance["webkitC"
+c]()),!1)),document[f]("scroll",r,{passive:!0}),document[f]("keypress",r,!1),document[f]("click",r,!1)),
{}},5:[function(t,n,e){function r(t){for(var
n=t;n&&!n.hasOwnProperty(u);n=Object.getPrototypeOf(n);n&&o(n))function
o(t){s.inPlace(t,[u,d],"-",i)}function i(t,n){return t[1]}var
a=t("ee").get("events"),s=t(18)(a,!0),c=t("gos"),f=XMLHttpRequest,u="addEventListener",d="remov
eEventListener";n.exports=a,"getPrototypeOf"in
Object?(r(document),r(window),r(f.prototype)):f.prototype.hasOwnProperty(u)&&(o(window),o(f.pro
totype)),a.on(u+"-start",function(t,n){var e=t[1],r=c(e,"nr@wrapped",function(){function
t(){if("function"==typeof e.handleEvent)return e.handleEvent.apply(e,arguments)}var
n={object:t,"function":e}[typeof e];return n?s(n,"fn-
",null,n.name||"anonymous"):e);this.wrapped=t[1]=r}},a.on(d+"-
start",function(t){t[1]=this.wrapped||t[1]}),{}},6:[function(t,n,e){var
r=t("ee").get("history"),o=t(18)(r);n.exports=r,o.inPlace(window.history,["pushState","replaceState"]
,"-"),{}},7:[function(t,n,e){var
r=t("ee").get("raf"),o=t(18)(r),i="equestAnimationFrame";n.exports=r,o.inPlace(window,["r"+i,"mozR
"+i,"webkitR"+i,"msR"+i],"raf-"),r.on("raf-start",function(t){t[0]=o(t[0],"fn-
"))},{}},8:[function(t,n,e){function r(t,n,e){t[0]=a(t[0],"fn-",null,e)}function
o(t,n,e){this.method=e,this.timerDuration isNaN(t[1]?0:+t[1],t[0]=a(t[0],"fn-",this,e)}var
i=t("ee").get("timer"),a=t(18)(i),s="setTimeout",c="setInterval",f="clearTimeout",u="-start",d="-
";n.exports=i,a.inPlace(window,[s,"setImmediate"],s+d),a.inPlace(window,[c],c+d),a.inPlace(windo
w,[f,"clearImmediate"],f+d),i.on(c+u,r),i.on(s+u,o)},{}},9:[function(t,n,e){function
r(t,n){d.inPlace(n,["onreadystatechange"],"fn-",s)}function o(){var
t=this,n=u.context(t);t.readyState>3&&!n.resolved&&(n.resolved=!0,u.emit("xhr-
resolved",[],t)),d.inPlace(t,y,"fn-",s)}function i(t){g.push(t),h&&(x?x.then(a):w?w(a):(E=-
E,O.data=E))}function a(){for(var t=0;t<g.length;t++)r([],g[t]);g.length&&(g=[])}function s(t,n){return
n}function c(t,n){for(var e in t)n[e]=t[e];return n}t(5);var
f=t("ee"),u=f.get("xhr"),d=t(18)(u),l=NREUM.o,p=l.XHR,h=l.MO,m=l.PR,w=l.SI,v="readystatechange
e",y=["onload","onerror","onabort","onloadstart","onloadend","onprogress","ontimeout"],g=[];n.expo
```

```

rts=u;var b=window.XMLHttpRequest=function(t){var n=new p(t);try{u.emit("new-
xhr",[n],n),n.addEventListener(v,o,!1)}catch(e){try{u.emit("internal-error",[e])}catch(r){}}return
n};if(c(p,b),b.prototype=p.prototype,d.inPlace(b.prototype,["open","send"],"-xhr-",s),u.on("send-xhr-
start",function(t,n){r(t,n),i(n)},u.on("open-xhr-start",r),h){var x=m&&m.resolve();if(!w&&!m){var
E=1,O=document.createTextNode(E);new h(a).observe(O,{characterData:!0})}}else f.on("fn-
end",function(t){t[0]&&t[0].type===v||a()}),{}},10:[function(t,n,e){function r(t){var
n=this.params,e=this.metrics;if(!this.ended){this.ended=!0;for(var
r=0;r<d;r++)t.removeEventListener(u[r],this.listener,!1);if(!n.aborted){if(e.duration=a.now()-
this.startTime,4===t.readyState){n.status=t.status;var
i=o(t,this.lastSize);if(i&&(e.rxSize=i),this.sameOrigin){var c=t.getResponseHeader("X-NewRelic-
App-Data");c&&(n.cat=c.split(", ").pop())}}else n.status=0;e.cbTime=this.cbTime,f.emit("xhr-
done",[t],t),s("xhr",[n,e,this.startTime])}}function o(t,n){var
e=t.responseType;if("json"===e&&null!==n)return n;var
r="arraybuffer"===e||"blob"===e||"json"===e?t.response:t.responseText;return h(r)}function
i(t,n){var
e=c(n),r=t.params;r.host=e.hostname+": "+e.port,r.pathname=e.pathname,t.sameOrigin=e.sameOr
igin}var a=t("loader");if(a.xhrWrappable){var
s=t("handle"),c=t(11),f=t("ee"),u=["load","error","abort","timeout"],d=u.length,l=t("id"),p=t(14),h=t(13
),m=window.XMLHttpRequest;a.features.xhr=!0,t(9),f.on("new-xhr",function(t){var
n=this;n.totalCbs=0,n.called=0,n.cbTime=0,n.end=r,n.ended=!1,n.xhrGuids={},n.lastSize=null,p&&
(p>34||p<10)||window.opera||t.addEventListener("progress",function(t){n.lastSize=t.loaded,!1})),f.o
n("open-xhr-start",function(t){this.params={method:t[0],i(this,t[1]),this.metrics={}}),f.on("open-xhr-
end",function(t,n){"loader_config"in NREUM&&"xpid"in
NREUM.loader_config&&this.sameOrigin&&n.setRequestHeader("X-NewRelic-
ID",NREUM.loader_config.xpid)}),f.on("send-xhr-start",function(t,n){var
e=this.metrics,r=t[0],o=this;if(e&&r){var
i=h(r);i&&(e.txSize=i)}this.startTime=a.now(),this.listener=function(t){try{"abort"===t.type&&(o.para
ms.aborted=!0),("load"!==t.type||o.called===o.totalCbs&&(o.onloadCalled||"function"!==typeof
n.onload))&&o.end(n)}catch(e){try{f.emit("internal-error",[e])}catch(r){}}};for(var
s=0;s<d;s++)n.addEventListener(u[s],this.listener,!1)}),f.on("xhr-cb-
time",function(t,n,e){this.cbTime+=t,n?this.onloadCalled=!0:this.called+=1,this.called!==this.totalC
bs||!this.onloadCalled&&"function"===typeof e.onload||this.end(e)}),f.on("xhr-load-
added",function(t,n){var
e="" + l(t) + !!n;this.xhrGuids&&!this.xhrGuids[e]&&(this.xhrGuids[e]=!0,this.totalCbs+=1)}),f.on("xhr-
load-removed",function(t,n){var e="" + l(t) + !!n;this.xhrGuids&&this.xhrGuids[e]&&(delete
this.xhrGuids[e],this.totalCbs-=1)}),f.on("addEventListener-end",function(t,n){n instanceof
m&&"load"===t[0]&&f.emit("xhr-load-added",[t[1],t[2]],n)}),f.on("removeEventListener-
end",function(t,n){n instanceof m&&"load"===t[0]&&f.emit("xhr-load-
removed",[t[1],t[2]],n)}),f.on("fn-start",function(t,n,e){n instanceof
m&&("onload"===e&&(this.onload=!0),("load"===t[0]&&t[0].type)||this.onload)&&(this.xhrCbStart=
a.now()))},f.on("fn-end",function(t,n){this.xhrCbStart&&f.emit("xhr-cb-time",[a.now()-
this.xhrCbStart,this.onload,n],n)}),{}},11:[function(t,n,e){n.exports=function(t){var
n=document.createElement("a"),e=window.location,r={};n.href=t,r.port=n.port;var
o=n.href.split("://");!r.port&&o[1]&&(r.port=o[1].split("/")[0].split("@").pop().split(":")[1]),r.port&&"0"!
=r.port||(r.port="https"===o[0]?"443":"80"),r.hostname=n.hostname||e.hostname,r.pathname=n.pat
hname,r.protocol=o[0],"/"!r.pathname.charAt(0)&&(r.pathname="/" + r.pathname);var
i=!n.protocol||":"===n.protocol||n.protocol===e.protocol,a=n.hostname===document.domain&&n.p

```

```

ort===e.port;return r.sameOrigin=i&&(!n.hostname||a),r}},{}],12:[function(t,n,e){function
r(){function o(t,n,e){return function(){return i(t,[f.now()].concat(s(arguments)),n?null:this,e),n?void
0:this}}var
i=t("handle"),a=t(15),s=t(16),c=t("ee").get("tracer"),f=t("loader"),u=NREUM;"undefined"===typeof
window.newrelic&&(newrelic=u);var
d=["setPageViewName","setCustomAttribute","setErrorHandler","finished","addToTrace","inlineHit",
"addRelease"],l="api-",p=l+"ixn-";a(d,function(t,n){u[n]=o(l+n,!0,"api"))},u.addPageAction=o(l+"addPageAction",!0),u.setCurrentRo
uteName=o(l+"routeName",!0),n.exports=newrelic,u.interaction=function(){return(new r).get()};var
h=r.prototype={createTracer:function(t,n){var e={},r=this,o="function"===typeof n;return
i(p+"tracer",[f.now(),t,e],r),function(){if(c.emit((o?"":"no-")+fn-start",[f.now(),r,o],e),o)try{return
n.apply(this,arguments)}catch(t){throw c.emit("fn-err",[arguments,this,t],e),t}finally{c.emit("fn-
end",[f.now(),e])}}};a("setName,setAttribute,save,ignore,onEnd,getContext,end,get".split(","),functi
on(t,n){h[n]=o(p+n)}),newrelic.noticeError=function(t){t="string"===typeof t&&(t=new
Error(t)),i("err",[t,f.now()])}},{}],13:[function(t,n,e){n.exports=function(t){if("string"===typeof
t&&t.length)return t.length;if("object"===typeof t){if("undefined"!==typeof ArrayBuffer&&t instanceof
ArrayBuffer&&t.byteLength)return t.byteLength;if("undefined"!==typeof Blob&&t instanceof
Blob&&t.size)return t.size;if(!("undefined"!==typeof FormData&&t instanceof FormData))try{return
JSON.stringify(t).length}catch(n){return}}},{}],14:[function(t,n,e){var
r=0,o=navigator.userAgent.match(/Firefox[\\s](\d+\.\d+)/);o&&(r+=o[1]),n.exports=r},{}],15:[function
(t,n,e){function r(t,n){var e=[],r="",i=0;for(r in t)o.call(t,r)&&(e[i]=n(r,t[r]),i+=1);return e}var
o=Object.prototype.hasOwnProperty;n.exports=r},{}],16:[function(t,n,e){function
r(t,n,e){n||(n=0),"undefined"===typeof e&&(e=t?t.length:0);for(var r=-1,o=e-
n||0,i=Array(o<0?0:o);++r<o;i[r]=t[n+r];return
i)n.exports=r},{}],17:[function(t,n,e){n.exports={exists:"undefined"!==typeof
window.performance&&window.performance.timing&&"undefined"!==typeof
window.performance.timing.navigationStart}},{}],18:[function(t,n,e){function r(t){return!(t&&t
instanceof Function&&t.apply&&t[a])}var
o=t("ee"),i=t(16),a="nr@original",s=Object.prototype.hasOwnProperty,c=!1;n.exports=function(t,n){
function e(t,n,e,o){function nrWrapper(){var r,a,s,c;try{a=this,r=i(arguments),s="function"===typeof
e?e(r,a):e||{}}catch(f){l([f,"",[r,a,o],s])}u(n+"start",[r,a,o],s);try{return c=t.apply(a,r)}catch(d){throw
u(n+"err",[r,a,d],s),d}finally{u(n+"end",[r,a,c],s)}}return
r(t)?t:(n||(n=""),nrWrapper[a]=t,d(t,nrWrapper),nrWrapper)}function f(t,n,o,i){o||(o="");var a,s,c,f="-
"===o.charAt(0);for(c=0;c<n.length;c++)s=n[c],a=t[s],r(a)||t[s]=e(a,f?s+o:o,i,s))}function
u(e,r,o){if(!c||n){var i=c;c=!0;try{t.emit(e,r,o,n)}catch(a){l([a,e,r,o])}c=i}}function
d(t,n){if(Object.defineProperty&&Object.keys)try{var e=Object.keys(t);return
e.forEach(function(e){Object.defineProperty(n,e,{get:function(){return t[e]},set:function(n){return
t[e]=n,n})}}),n}catch(r){l([r])}for(var o in t)s.call(t,o)&&(n[o]=t[o]);return n}function
l(n){try{t.emit("internal-error",n)}catch(e){}}return
t||(t=o),e.inPlace=f,e.flag=a,e}},{}],ee:[function(t,n,e){function r(){function o(t){function n(t){return
t&&t instanceof r?t:t.c(t,s,i):i}function e(e,r,o,i){if(!l.aborted||i){t&&t(e,r,o);for(var
a=n(o),s=h(e),c=s.length,f=0;f<c;f++)s[f].apply(a,r);var d=u[y[e]];return
d&&d.push([g,e,r,a],a)}function p(t,n){v[t]=h(t).concat(n)}function h(t){return v[t]||[]}function
m(t){return d[t]=d[t]||o(e)}function w(t,n){f(t,function(t,e){n=n||"feature",y[e]=n,n in u||(u[n]=[])})}var
v={},y={},g={on:p,emit:e,get:m,listeners:h,context:n,buffer:w,abort:a,aborted:!1};return g}function
i(){return new r}function a(){(u.api||u.feature)&&(l.aborted=!0,u=l.backlog={})}var
s="nr@context",c=t("gos"),f=t(15),u={},d={},l=n.exports=o();l.backlog=u},{}],gos:[function(t,n,e){fun

```

```
ction r(t,n,e){if(o.call(t,n))return t[n];var r=e();if(Object.defineProperty&&Object.keys)try{return
Object.defineProperty(t,n,{value:r,writable:!0,enumerable:!1}),r}catch(i){return t[n]=r,r}var
o=Object.prototype.hasOwnProperty;n.exports=r,{},handle:[function(t,n,e){function
r(t,n,e,r){o.buffer([t],r),o.emit(t,n,e)}var
o=t("ee").get("handle");n.exports=r,r.ee=o,{},id:[function(t,n,e){function r(t){var n=typeof
t;return!t||"object"!==n&&"function"!==n?-1:t===window?0:a(t,i,function(){return o++})}var
o=1,i="nr@id",a=t("gos");n.exports=r,{},loader:[function(t,n,e){function r(){if(!x++){var
t=b.info=NREUM.info,n=l.getElementsByTagName("script")[0];if(encodeURIComponent(t&&t.lic
enseKey&&t.applicationID&&n))return
u.abort();f(y,function(n,e){t[n]||(t[n]=e)),c("mark",["onload",a()+b.offset],null,"api");var
e=l.createElement("script");e.src="https://"+t.agent,n.parentNode.insertBefore(e,n)}}function
o(){{"complete"===l.readyState&&i()}function
i(){c("mark",["domContentLoaded",a()+b.offset],null,"api")}}function a(){return
E.exists&&performance.now?Math.round(performance.now()):s=Math.max((new
Date).getTime(),s))-b.offset}var s=(new
Date).getTime(),c=t("handle"),f=t(15),u=t("ee"),d=window,l=d.document,p="addEventListener",h="
attachEvent",m=d.XMLHttpRequest,w=m&&m.prototype;NREUM.o={ST:setTimeout,SI:d.setImme
diate,CT:clearTimeout,XHR:m,REQ:d.Request,EV:d.Event,PR:d.Promise,MO:d.MutationObserver
};var v="" +location,y={beacon:"bam.nr-data.net",errorBeacon:"bam.nr-data.net",agent:"js-
agent.newrelic.com/nr-
1071.min.js"},g=m&&w&&w[p]&&!/CriOS/.test(navigator.userAgent),b=n.exports={offset:s,now:a,or
igin:v,features:{},xhrWrappable:g};t(12),l[p]?(l[p]("DOMContentLoaded",i,!1),d[p]("load",r,!1)):(l[h]("
onreadystatechange",o),d[h]("onload",r)),c("mark",["firstbyte",s],null,"api");var
x=0,E=t(17),{},{},["loader",2,10,4,3]);</script>
<title>Get Fit in 12 Weeks with the BodyBoss Method - BodyBoss</title>
<link rel="shortcut icon" type="image/x-icon" href="/assets/favicon-
7b72593edb08159b2c803a9d0f1a2262cdbb6fe58dd8f1ad3388f3dda8214b81.ico">
```

```
<meta name="viewport" content="width=device-width, initial-scale=1.0, maximum-scale=1.0, user-
scalable=0">
```

```
<link rel="apple-touch-icon" type="image/png" href="/assets/apple-touch-icons/apple-touch-icon-
8e0c0631adb2268a617bd1c7c6e68435e5d02b518d9974c7c2b66ef42d8b2e2b.png">
```

```
<link rel="apple-touch-icon-precomposed" type="image/png" href="/assets/apple-touch-
icons/apple-touch-icon-precomposed-
843fd9640ce60af61b2c22d41bf26ac88f0e827f1dc6d72d820787cddc91c410.png">
```

```
<link rel="apple-touch-icon" type="image/png" href="/assets/apple-touch-icons/apple-touch-icon-
152x152-8e0c0631adb2268a617bd1c7c6e68435e5d02b518d9974c7c2b66ef42d8b2e2b.png"
sizes="152x152">
```

```
<link rel="apple-touch-icon-precomposed" type="image/png" href="/assets/apple-touch-
icons/apple-touch-icon-152x152-precomposed-
8e0c0631adb2268a617bd1c7c6e68435e5d02b518d9974c7c2b66ef42d8b2e2b.png"
sizes="152x152">
```

```
<link rel="apple-touch-icon" type="image/png" href="/assets/apple-touch-icons/apple-touch-icon-
```

144x144-843fd9640ce60af61b2c22d41bf26ac88f0e827f1dc6d72d820787cddc91c410.png" sizes="144x144">

<link rel="apple-touch-icon-precomposed" type="image/png" href="/assets/apple-touch-icons/apple-touch-icon-144x144-precomposed-843fd9640ce60af61b2c22d41bf26ac88f0e827f1dc6d72d820787cddc91c410.png" sizes="144x144">

<link rel="apple-touch-icon" type="image/png" href="/assets/apple-touch-icons/apple-touch-icon-114x114-d832c90fd612d467bcef7b49829757cab94bc0ff4d83104a68ee01a636b4bb6e.png" sizes="114x114">

<link rel="apple-touch-icon-precomposed" type="image/png" href="/assets/apple-touch-icons/apple-touch-icon-114x114-precomposed-d832c90fd612d467bcef7b49829757cab94bc0ff4d83104a68ee01a636b4bb6e.png" sizes="114x114">

<link rel="apple-touch-icon" type="image/png" href="/assets/apple-touch-icons/apple-touch-icon-120x120-7ebe7d702f9a7e95c2c860bd51300f2d7320a7516a404fcceb50411ef9a0a55e.png" sizes="120x120">

<link rel="apple-touch-icon-precomposed" type="image/png" href="/assets/apple-touch-icons/apple-touch-icon-120x120-precomposed-7ebe7d702f9a7e95c2c860bd51300f2d7320a7516a404fcceb50411ef9a0a55e.png" sizes="120x120">

<link rel="apple-touch-icon" type="image/png" href="/assets/apple-touch-icons/apple-touch-icon-76x76-2ba3b818129e63d797164364969be19e572eeab3d1f46527e9f194666e517da8.png" sizes="76x76">

<link rel="apple-touch-icon-precomposed" type="image/png" href="/assets/apple-touch-icons/apple-touch-icon-76x76-precomposed-2ba3b818129e63d797164364969be19e572eeab3d1f46527e9f194666e517da8.png" sizes="76x76">

<link rel="apple-touch-icon" type="image/png" href="/assets/apple-touch-icons/apple-touch-icon-72x72-9b276eff2e18aa88c18faa1ceafbf482c8836f0664c91aec789b483cb2349c92.png" sizes="72x72">

<link rel="apple-touch-icon-precomposed" type="image/png" href="/assets/apple-touch-icons/apple-touch-icon-72x72-precomposed-9b276eff2e18aa88c18faa1ceafbf482c8836f0664c91aec789b483cb2349c92.png" sizes="72x72">  
<link rel="apple-touch-icon" type="image/png" href="/assets/apple-touch-icons/apple-touch-icon-60x60-1e5d0526b2302f19df90038a9242e4c315cbc58d3d5395e27db8cda2aba55f40.png" sizes="60x60">

<link rel="apple-touch-icon-precomposed" type="image/png" href="/assets/apple-touch-icons/apple-touch-icon-60x60-precomposed-1e5d0526b2302f19df90038a9242e4c315cbc58d3d5395e27db8cda2aba55f40.png" sizes="60x60">

<link rel="apple-touch-icon" type="image/png" href="/assets/apple-touch-icons/apple-touch-icon-

57x57-c60fb8b71cf9ea06774666dee948f5ae038b3d114d16e66aebc52f127c5e0c92.png" sizes="57x57">

<link rel="apple-touch-icon-precomposed" type="image/png" href="/assets/apple-touch-icons/apple-touch-icon-57x57-precomposed-c60fb8b71cf9ea06774666dee948f5ae038b3d114d16e66aebc52f127c5e0c92.png" sizes="57x57">

<link rel="stylesheet" media="screen" href="/assets/spree/frontend/all-442852f88ffff2ca488d0540ef90c6f025cd1f2a7eff74b80df0514344cc6888.css">  
<script src="/assets/spree/frontend/all-348f17692d7e532483a41760fdd2b4607728335c574d4c663e5969e442d51363.js"></script>

<meta name="keywords" content="">  
<meta name="description" content="Transform your body in 12 weeks with the step-by-step BodyBoss Fitness Program designed to accelerate fat loss and to unlock your body potential!">

<!-- Start Visual Website Optimizer Asynchronous Code -->  
<script type="text/javascript">  
var \_vwo\_code=(function(){  
var account\_id=264207,  
settings\_tolerance=2000,  
library\_tolerance=2500,  
use\_existing\_jquery=false,  
// DO NOT EDIT BELOW THIS LINE  
f=false,d=document;return{use\_existing\_jquery:function(){return  
use\_existing\_jquery;},library\_tolerance:function(){return  
library\_tolerance;},finish:function(){if(!f){f=true;var  
a=d.getElementById('\_vis\_opt\_path\_hides');if(a)a.parentNode.removeChild(a);}},finished:function()  
{return f;},load:function(a){var  
b=d.createElement('script');b.src=a;b.type='text/javascript';b.innerHTML;b.onerror=function(){\_vwo\_  
code.finish();};d.getElementsByTagName('head')[0].appendChild(b);},init:function(){settings\_timer=  
setTimeout('\_vwo\_code.finish()',settings\_tolerance);var  
a=d.createElement('style'),b='body{opacity:0 !important;filter:alpha(opacity=0)  
!important;background:none  
!important;}',h=d.getElementsByTagName('head')[0];a.setAttribute('id','\_vis\_opt\_path\_hides');a.set  
Attribute('type','text/css');if(a.styleSheet)a.styleSheet.cssText=b;else  
a.appendChild(d.createTextNode(b));h.appendChild(a);this.load('//dev.visualwebsiteoptimizer.com  
/j.php?a='+account\_id+'&u='+encodeURIComponent(d.URL)+'&r='+Math.random());return  
settings\_timer;}};})();\_vwo\_settings\_timer=\_vwo\_code.init();  
</script><script  
src="//dev.visualwebsiteoptimizer.com/j.php?a=264207&u=https%3A%2F%2Fwww.bodyboss  
.com%2F&r=0.2846655697998921" type="text/javascript"></script>  
<!-- End Visual Website Optimizer Asynchronous Code -->

<meta name="csrf-param" content="authenticity\_token">  
<meta name="csrf-token"

```

content="VjSQWDQFBOl3Hfnphy/9GFk6zmFuWldYYOiZp7xF0QjThmrDNBezyrijkALq6c6azzrNn
waxPD29ZQ1U/qrC6g==">
  <!-- Google Tag Manager -->
<noscript><iframe src="//www.googletagmanager.com/ns.html?id=GTM-K4FG46"
height="0" width="0" style="display:none;visibility:hidden"></iframe></noscript>
<script>(function(w,d,s,l,i){w[l]=w[l]||[];w[l].push({'gtm.start':
new Date().getTime(),event:'gtm.js'});var f=d.getElementsByTagName(s)[0],
j=d.createElement(s),dl=l!='dataLayer'?'&l='+l:'';j.async=true;j.src=
'//www.googletagmanager.com/gtm.js?id='+i+dl;f.parentNode.insertBefore(j,f);
})(window,document,'script','dataLayer','GTM-K4FG46');</script>
<!-- End Google Tag Manager -->
  <script>(function(d){var
e=d.createElement('script');e.src='https://td.yieldify.com/yieldify/code.js?w_uuid=6b64936b-f75e-
40a7-bffc-
b05b221e29b9&k=1&loca='+window.location.href;e.async=true;d.getElementsByTagName('head')
[0].appendChild(e);})(document));
</script><script src="https://td.yieldify.com/yieldify/code.js?w_uuid=6b64936b-f75e-40a7-bffc-
b05b221e29b9&amp;k=1&amp;loca=https://www.bodyboss.com/" async=""></script>
  <script id="yui__dyn_0" type="text/javascript"
src="https://www.snapengage.com/chatjs/ServiceGetConfig?w=3056d1e2-427a-4335-a495-
64a4b99b6ec8"></script></head>
<body>
  <div id="loading-overlay">
    <div class="loading-icon"></div>
  </div>

  <script>
var content_ids = [];
var current_order = JSON.parse(JSON.stringify({}))
var order = JSON.parse(JSON.stringify({}))

var default_title = "Get Fit in 12 Weeks with the BodyBoss Method - BodyBoss"
var isOldTitle = true;
var interval = null;
var oldTitle = "Buy the BodyBoss Method";
var newTitle = "Get Fit";
var count = 0;
var timer = null;

function getTitle(){
  oldTitle = "Buy the BodyBoss Method";
  newTitle = "Get Fit";
}

function changeTitle() {
  document.title = isOldTitle ? oldTitle : newTitle;

```



```
isOldTitle = !isOldTitle;
}
```

```
function removeTitle() {
  clearTimeout(timer);
  clearInterval(interval);
  document.title = default_title;
}
```

```
function setTitle() {
  timer = setTimeout(function(){
    getTitle();
    interval = setInterval(changeTitle, 2000);
  },6000);
}
```

```
var istabactive = (function(){
  var stateKey, eventKey, keys = {
    hidden: "visibilitychange",
    webkitHidden: "webkitvisibilitychange",
    mozHidden: "mozvisibilitychange",
    msHidden: "msvisibilitychange"
  };
  for (stateKey in keys) {
    if (stateKey in document) {
      eventKey = keys[stateKey];
      break;
    }
  }
  return function(c) {
    if (c) document.addEventListener(eventKey, c);
    return !document[stateKey];
  }
})();
```

```
istabactive(function(){
  istabactive() ? removeTitle() : setTitle();
});
```

</script>

<script>

```
(function(i,s,o,g,r,a,m){i['GoogleAnalyticsObject']=r;i[r]=i[r]||function(){
(i[r].q=i[r].q||[]).push(arguments)},i[r].l=1*new Date();a=s.createElement(o),
m=s.getElementsByTagName(o)[0];a.async=1;a.src=g;m.parentNode.insertBefore(a,m)
})(window,document,'script','//www.google-analytics.com/analytics.js','ga');
```

```
ga('create', 'UA-83449007-1', 'auto');
```

```
ga('require', 'displayfeatures');
```

```
ga('send', 'pageview');  
</script>
```

```
<!------- BAR ----- -->  
<div class="bar">  
  <div class="container">  
    <span class="bar__text"> 12 Week Fitness and Nutrition Guides Available Instantly Worldwide  
</span>  
    <div class="bar__switcher">  
      <span class="localization localization--language">  
        <div class="selectric-wrapper selectric-switcher selectric-switcher--language"><div  
class="selectric-hide-select"><select class="switcher switcher--language" tabindex="0" style="">  
  <option selected="selected" value="en">English</option>  
  </select></div><div class="selectric"><p class="label">English</p><b  
class="button"></b></div><div class="selectric-items" tabindex="-1"><div class="selectric-  
scroll"><ul><li data-index="0" class="selected last">English</li></ul></div></div><input  
class="selectric-input" tabindex="0"></div>  
      </span>  
      <span class="localization localization--currency">  
        <form action="/currency/set.html" accept-charset="UTF-8" method="post"><input name="utf8"  
value="" type="hidden"><input name="authenticity_token"  
value="VjSQWDQFBOl3Hfnphy/9GFk6zmFuWldYYOiZp7xF0QjThmrDNBezyrijkALq6c6azzrNnwa  
xPD29ZQ1U/qrC6g==" type="hidden">  
        <div class="selectric-wrapper selectric-switcher selectric-switcher--currency"><div  
class="selectric-hide-select"><select name="currency" id="currency" data-href="/currency/set"  
class="switcher switcher--currency" tabindex="0" style=""><option selected="selected"  
value="USD">USA</option>  
<option value="AED">United Arab Emirates</option>  
<option value="AUD">Australia</option>  
<option value="CAD">Canada</option>  
<option value="EUR">Europe</option>  
<option value="GBP">United Kingdom</option>  
<option value="IDR">Indonesia</option>  
<option value="MYR">Malaysia</option>  
<option value="PHP">Philippines</option>  
<option value="SGD">Singapore</option>  
<option selected="selected" value="USD">Rest of World</option></select></div><div  
class="selectric"><p class="label"><span class="flag flag--USD"></span>Rest of World  
(USD)</p><b class="button"></b></div><div class="selectric-items" tabindex="-1"><div  
class="selectric-scroll"><ul><li data-index="0" class=""><span class="flag flag--  
USD"></span>USA (USD)</li><li data-index="1" class=""><span class="flag flag--  
AED"></span>United Arab Emirates (AED)</li><li data-index="2" class=""><span class="flag flag--  
-AUD"></span>Australia (AUD)</li><li data-index="3" class=""><span class="flag flag--  
CAD"></span>Canada (CAD)</li><li data-index="4" class=""><span class="flag flag--
```

```

EUR"></span>Europe (EUR)</li><li data-index="5" class=""><span class="flag flag--
GBP"></span>United Kingdom (GBP)</li><li data-index="6" class=""><span class="flag flag--
IDR"></span>Indonesia (IDR)</li><li data-index="7" class=""><span class="flag flag--
MYR"></span>Malaysia (MYR)</li><li data-index="8" class=""><span class="flag flag--
PHP"></span>Philippines (PHP)</li><li data-index="9" class=""><span class="flag flag--
SGD"></span>Singapore (SGD)</li><li data-index="10" class="selected last"><span class="flag flag--
USD"></span>Rest of World (USD)</li></ul></div></div><input class="selectric-input"
tabindex="0"></div>
<noscript>
  <input type="submit" name="commit" value="Save changes" />
</noscript>
</form> </span>
</div>
<!-- LOGIN/LOGOUT/SIGNUP LINK -->
<div class="bar__account hide--mobile">
</div>
<!-- END: LOGIN/LOGOUT/SIGNUP LINK -->
</div>
</div>
<!-- ----- END BAR ----- -->
<!-- ----- HEADER ----- -->
<header class="header">
<div class="container">
  <div class="product-dynamic-price">
    $65.90
  </div>

  <a class="header__logo" href="https://www.bodyboss.com/"></a>
  <!-- SHOW ON MOBILE ONLY -->
<button type="button" class="header__menu js-slidenav-button"></button>
<nav class="header__nav js-slidenav hide--laptop">
  <ul>
    <li class="header__nav-item"><a href="#" class="header__nav-link has-arrow js-subnav-
link">Shop</a>
    <ul class="header__subnav">
      <li class="header__subnav-item">
        <a class="header__subnav-link" href="/products">Guide</a>
      </li>
      <li class="header__subnav-item">
        <a class="header__subnav-link" href="/products/shop_merchandise">Merchandise</a>
      </li>
    </ul>
  </li>
  <li class="header__nav-item"><a class="header__nav-link" href="/products">Guides</a></li>
  <li class="header__nav-item"><a class="header__nav-link" href="/real_results">Results</a></li>

```

```

<li class="header__nav-item">
  <a class="header__nav-link" href="/method">Method</a>
</li>
<li class="header__nav-item"><a class="header__nav-link" href="/why">Why</a></li>
<li class="header__nav-item"><a class="header__nav-link"
href="/community">Community</a></li>
<li class="header__nav-item"><a class="header__nav-link" href="/faq">FAQ</a></li>
<li class="header__nav-item"><a class="header__nav-link" href="/track_my_order">Track Your
Order</a></li>
  <li class="header__nav-item"><a class="header__nav-link" href="/login">Login</a></li>
</ul>
<a class="header__nav-account btn btn--outlined" href="/account">My Account</a>
<div class="header__nav-social">
  <a href="#" class="btn btn--outlined full-width js-btn-chat"
onclick="SnapEngage.startLink();">Chat With us</a>
  <div class="btn-group">
  </div>
  <div class="social">
    <a href="https://www.facebook.com/BodyBossMethod/" target="_blank" class="social__link"><i
class="icon icon--facebook"></i></a>
    <a href="https://www.instagram.com/bodybossmethod/" target="_blank" class="social__link"><i
class="icon icon--instagram"></i></a>
    <a href="https://twitter.com/bodybossmethod" target="_blank" class="social__link"><i class="icon
icon--twitter"></i></a>
    <a href="https://uk.pinterest.com/bodybossmethod/" target="_blank" class="social__link"><i
class="icon icon--pinterest"></i></a>
  </div>
</div>
</nav>
<!-- END SHOW ON MOBILE ONLY -->
  <!-- SHOW ON DESKTOP ONLY -->
<nav class="header__nav hide--mobile">
<ul>
  <li class="header__nav-item">
    <a class="header__nav-link js-megamenu" href="/products">Shop</a>
    <ul class="megamenu megamenu--shop" style="display: none;">
      <li class="megamenu__item">
        <a href="/products">
          
          <span>Guides</span>
        </a>
      </li>
      <li class="megamenu__item">
        <a href="/products/shop_merchandise">
          
    <span>Merchandise</span>
</a>    </li>
</ul>
</li>

<li class="header__nav-item"><a class="header__nav-link" href="/products">Guides</a></li>
<li class="header__nav-item"><a class="header__nav-link" href="/real_results">Results</a></li>
<li class="header__nav-item">
<a class="header__nav-link" href="/method">Method</a>
</li>
<li class="header__nav-item"><a class="header__nav-link" href="/why">Why</a></li>
<li class="header__nav-item"><a class="header__nav-link"
href="/community">Community</a></li>
<li class="header__nav-item"><a class="header__nav-link" href="/faq">FAQ</a></li>
<li class="header__nav-item"><a class="header__nav-link" href="/track_my_order">Track Your
Order</a></li>
</ul>
<!-- LOGIN/LOGOUT/SIGNUP LINK -->
<a class="header__nav-account btn btn--outlined" href="/login">Login</a>
<!-- END: LOGIN/LOGOUT/SIGNUP LINK -->
</nav>

```

```

<a href="/cart" class="header__cart">
    <span class="header__cart-counter" id="link-to-cart">
        <span>
            0
        </span>
    </span>
</a>
</div>
</header>
<!-- ----- END HEADER ----- -->
<script>
window.dataLayer = (window.dataLayer === undefined) ? [] : window.dataLayer;

data = {}
data['user_id'] = 'li1yakkyMWcwaU1ldFdRX0ZoSmJkOUExNTMxMjQ1MTA4MTcyIlg==--
53fedb559be82de9ee3531dbff3eea03f8513acc'
cart_data = ""
window.dataLayer.push(data)
</script>

<script>

window.dataLayer = (window.dataLayer === undefined) ? [] : window.dataLayer;

```

```
var sitetype = 'd'
data = {}
data['sitetype'] = sitetype
```

```
window.dataLayer.push(data)
</script>
```

```
<div class="main">
```

```
<!-- ----- BANNER 1 ----- -->
```

```
<div class="section-banner">
```

```
<div class="carousel slide" data-ride="carousel" id="carouselExampleIndicators">
```

```
<ol class="carousel-indicators">
```

```
<li class="active" data-slide-to="0" data-target="#carouselExampleIndicators">&nbsp;</li>
```

```
<li data-slide-to="1" data-target="#carouselExampleIndicators">&nbsp;</li>
```

```
<li data-slide-to="2" data-target="#carouselExampleIndicators">&nbsp;</li>
```

```
</ol>
```

```
<div class="carousel-inner">
```

```
<div class="carousel-item item active"> 
```

```
<div class="carousel-caption">
```

```
<h2 class="heading display-2 mb-3 hidden-xs hidden-sm">Get fit in 12 weeks</h2>
```

```
<h2 class="heading display-2 mb-3 hidden-lg hidden-md">Get fit<br>in 12 weeks</h2>
```

```
<p class="description mb-4"><b>24 minutes a day, 3x per week is all you need</b></p>
```

```
<p><a class="btn btn--buy text-uppercase" href="#home-section-2">Learn More </a></p>
```

```
</div>
```

```
</div>
```

```
<div class="carousel-item item"> 
```

```
<div class="carousel-caption carousel-caption_right">
```

```
<h2 class="heading display-2 mb-3">Your first step<br>towards a new you</h2>
```

```
<p class="description mb-4"><b>Revolutionize your lifestyle in 12 weeks!</b></p>
```

```
<p><a class="btn btn--buy text-uppercase" href="#home-section-2">Learn More </a></p>
</div>
</div>
```

```
<div class="carousel-item item"> 
<div class="carousel-caption">
<h2 class="heading display-2 mb-3">Revolutionize<br>
your diet</h2>
```

```
<p class="description mb-4"><b>Unlock the power of Superfoods</b></p>
```

```
<p><a class="btn btn--buy text-uppercase" href="#home-section-2">Learn More </a></p>
</div>
</div>
</div>
</div>
</div>
```

```
<!-- ----- END BANNER 1 ----- -->
```

```
<div class="section-product" id="home-section-2">
```

```
<div class="container">
```

```
<div class="row">
```

```
<div class="col-xs-12 text-center spc--bottom--med">
```

```
<h2>Find the perfect guide for you</h2>
```

```
</div>
```

```
<div class="col-xs-12 d-md-none">
```

```
<ul class="nav nav-pills mb-3 justify-content-center" id="pills-tab" role="tablist">
```

```
<li class="nav-item ">
```

```
<a class="nav-link" id="pills-home-tab" data-toggle="pill" href="#pills-home" role="tab"
aria-controls="pills-home" aria-selected="false">
```

```
<small>Fitness</small>
```

```
</a>
```

```
</li>
```

```
<li class="nav-item active">
```

```
<a class="nav-link" id="pills-profile-tab" data-toggle="pill" href="#pills-profile" role="tab"
aria-controls="pills-home" aria-selected="true">
```

```
<small>Bundle</small>
```

```
</a>
```

```
</li>
```

```
<li class="nav-item ">
```

```
<a class="nav-link" id="pills-contact-tab" data-toggle="pill" href="#pills-contact" role="tab"
```

```

aria-controls="pills-home" aria-selected="false">
    <small>Nutrition</small>
  </a>
</li>

</ul>
</div>
<div class="col-xs-12 tab-content" id="pills-tabContent">
  <div class="row tablist-accordion" id="accordion" role="tablist">
    <div class="col-xs-12 col-sm-offset-1 col-sm-10 col-md-offset-0 col-md-4 spc--top--lrg tab-
pane fade " id="pills-home" aria-labelledby="pills-home-tab" role="tabpanel">
<div class="card radial">
  <div class="home-pro_img">
    
    
  </div>
  <div class="card-body py-5">
    <ul class="check_list mb-5">
<li>12 week step-by-step exercise program</li>
<li>24 minutes (active), 3 times a week</li>
<li>Rapidly burn fat with HIIT circuits</li>
<li>No gym, no equipment needed</li>
<li class="type--link"><b>BONUS</b>: FREE 4 week Pre-Training</li>
</ul>

    <div class="text-center mt-5 margin--bottom--0">
      <a class="btn btn--outlined--primary" alt="learn more" href="/products/ultimate-body-fitness-
guide">LEARN MORE</a>
    </div>
    <div class="text-center type--link mt-5 margin--bottom--0">

  </div>
</div>
<div class="card-footer padding--0">
  <div class="text-center margin--bottom--0" role="tab" id="headingOne">
    <a class="collapse-buy_option collapsed" data-toggle="collapse" href="#collapseOne_30"
aria-expanded="true" aria-controls="collapseOne">
      <b>FROM
      <span class="product-30">$49.50
      </span> USD</b>
      <span class="pull-right plus"></span>
      <span class="pull-right minus"></span>
    </a>
  </div>
</div>

```



```
<div id="collapseOne_30" class="collapse " role="tabpanel" aria-labelledby="headingOne"
data-parent="#accordion">
  <form class="buy-now" id="emarsys-view" action="/orders/populate" accept-charset="UTF-8"
method="post"><input name="utf8" value="" type="hidden"><input name="authenticity_token"
value="VjSQWDQFBOI3Hfnphy/9GFk6zmFuwLdYYOiZp7xF0QjThmrDNBezyrijkALq6c6azzrNnwa
xPD29ZQ1U/qrC6g==" type="hidden">
  <div class="form-check p-4 variant101 margin--bottom--0 ">
    <label class="form-check-label" id="ultimate">
      <input name="variant_id" id="variant_id_101" value="101" checked="checked"
type="radio">
      <span class="check-input"></span>
      <span></span><br>
      Online Edition (Instant Access)
      <br><span class=""><del></del> $49.50 USD
      </span>
    </label>
  </div>
  <div class="form-check p-4 variant102 margin--bottom--0 ">
    <label class="form-check-label" id="ultimate">
      <input name="variant_id" id="variant_id_102" value="102" checked="checked"
type="radio">
      <span class="check-input"></span>
      <span></span><br>
      Print Edition (Free Delivery)
      <br><span class=""><del></del> $65.90 USD
      </span>
    </label>
  </div>
  <div class="form-check p-4 variant103 margin--bottom--0 active">
    <label class="form-check-label" id="ultimate">
      <input name="variant_id" id="variant_id_103" value="103" checked="checked"
type="radio">
      <span class="check-input"></span>
      <span>LIMITED TIME OFFER</span><br>
      <b>Ultimate Body Fitness guide:</b> Online + Print Edition
      <br><span class="type--link"><del>$115.40</del> $65.90 USD
      (Save $49.50)</span>
    </label>
  </div>
  <input name="quantity" id="quantity" value="1" class="title form-control" min="1" type="hidden">
  <div class="text-center buy--column p-4">
    <button name="button" type="submit" class="btn btn--primary" id="add-to-cart-button">
      ADD TO CART
    </button> </div>
</form>
</div>
</div>
```

```
</div>
</div>
<div class="col-xs-12 col-sm-offset-1 col-sm-10 col-md-offset-0 col-md-4 spc--top--lrg tab-
pane fade active best-offer" id="pills-profile" aria-labelledby="pills-profile-tab" role="tabpanel">
<div class="card radial">
<div class="home-pro_img">



</div>
<div class="card-body py-5">
<ul class="check_list mb-5">
<li>Best value for maximum results</li>
<li>All you need to transform your body</li>
<li>Full 12 Week Fitness Guide</li>
<li>Full 12 Week Nutrition Guide</li>
<li class="type--link"><b>BONUS:</b> FREE 4 Week Pre-Training</li>
<li class="type--link"><b>BONUS:</b> Free Smoothie Recipe Book</li>
</ul>

<div class="text-center mt-5 margin--bottom--0">
<a class="btn btn--outlined--primary" alt="learn more" href="/products/all-in-one-
bundle">LEARN MORE</a>
</div>
<div class="text-center type--link mt-5 margin--bottom--0">

</div>
</div>
<div class="card-footer padding--0">
<div class="text-center margin--bottom--0" role="tab" id="headingOne">
<a class="collapse-buy_option " data-toggle="collapse" href="#collapseOne_27" aria-
expanded="true" aria-controls="collapseOne">
<b>FROM
<span class="product-27">$69.90
</span> USD</b>
<span class="pull-right plus"></span>
<span class="pull-right minus"></span>
</a>
</div>
<div id="collapseOne_27" class="collapse in" role="tabpanel" aria-labelledby="headingOne"
data-parent="#accordion">
<form class="buy-now" id="emarsys-view" action="/orders/populate" accept-charset="UTF-8"
method="post"><input name="utf8" value="" type="hidden"><input name="authenticity_token"
value="VjSQWDQFBOI3Hfnphy/9GFk6zmFuWldYYOiZp7xF0QjThmrDNBezyrijkALq6c6azzrNnwa
```

```
xPD29ZQ1U/qrC6g==" type="hidden">
<div class="form-check p-4 variant89 margin--bottom--0 ">
  <label class="form-check-label" id="ultimate">
    <input name="variant_id" id="variant_id_89" value="89" checked="checked" type="radio">
    <span class="check-input"></span>
    <span></span><br>
    Online Edition (Instant Access)
    <br><span class=""><del></del> $69.90 USD
    </span>
  </label>
</div>
<div class="form-check p-4 variant90 margin--bottom--0 ">
  <label class="form-check-label" id="ultimate">
    <input name="variant_id" id="variant_id_90" value="90" checked="checked" type="radio">
    <span class="check-input"></span>
    <span></span><br>
    Print Edition (Free Delivery)
    <br><span class=""><del></del> $99.50 USD
    </span>
  </label>
</div>
<div class="form-check p-4 variant91 margin--bottom--0 active">
  <label class="form-check-label" id="ultimate">
    <input name="variant_id" id="variant_id_91" value="91" checked="checked" type="radio">
    <span class="check-input"></span>
    <span>LIMITED TIME OFFER</span><br>
    <b>Fitness & Nutrition Bundle:</b> Online + Print Edition
    <br><span class="type--link"><del>$169.40</del> $99.50 USD
    (Save $69.90)</span>
  </label>
</div>
<input name="quantity" id="quantity" value="1" class="title form-control" min="1" type="hidden">
<div class="text-center buy--column p-4">
  <button name="button" type="submit" class="btn btn--primary" id="add-to-cart-button">
    ADD TO CART
  </button> </div>
</form>
</div>
</div>
</div>
<div class="col-xs-12 col-sm-offset-1 col-sm-10 col-md-offset-0 col-md-4 spc--top--lrg tab-
pane fade " id="pills-contact" aria-labelledby="pills-contact-tab" role="tabpanel">
<div class="card radial">
  <div class="home-pro_img">
    
```

  
</div>

<div class="card-body py-5">  
<ul class="check\_list mb-5">  
<li>12 week step-by-step meal plan</li>  
<li>150+ delicious & easy healthy recipes</li>  
<li>Unlock the power of Superfoods</li>  
<li>Learn healthy eating habits</li>  
<li class="type--link"><b>BONUS</b>: Free Smoothie Recipe Book</li>  
</ul>

<div class="text-center mt-5 margin--bottom--0">  
<a class="btn btn--outlined--primary" alt="learn more" href="/products/superfood-nutrition-guide">LEARN MORE</a>  
</div>

<div class="text-center type--link mt-5 margin--bottom--0">  
  
</div>  
</div>

<div class="card-footer padding--0">  
<div class="text-center margin--bottom--0" role="tab" id="headingOne">  
<a class="collapse-buy\_option collapsed" data-toggle="collapse" href="#collapseOne\_28" aria-expanded="true" aria-controls="collapseOne">  
<b>FROM  
<span class="product-28">\$39.90  
</span> USD</b>  
<span class="pull-right plus"></span>  
<span class="pull-right minus"></span>  
</a>  
</div>

<div id="collapseOne\_28" class="collapse " role="tabpanel" aria-labelledby="headingOne" data-parent="#accordion">  
<form class="buy-now" id="emarsys-view" action="/orders/populate" accept-charset="UTF-8" method="post"><input name="utf8" value="" type="hidden"><input name="authenticity\_token" value="VjSQWDQFBOI3Hfnphy/9GFk6zmFuWldYYOiZp7xF0QjThmrDNBezyrijkALq6c6azzrNnwa xPD29ZQ1U/qrC6g==" type="hidden">  
<div class="form-check p-4 variant93 margin--bottom--0 ">  
<label class="form-check-label" id="ultimate">  
<input name="variant\_id" id="variant\_id\_93" value="93" checked="checked" type="radio">  
<span class="check-input"></span>  
<span></span><br>  
Online Edition (Instant Access)  
<br><span class=""><del></del> \$39.90 USD  
</span>  
</label>  
</div>

[illegible]

<span>FREE DELIVERY</span>

</div>

<div class="col-xs-4 text-center padding--vertical--lrg px-1">

<br>

<span>INSTANT ACCESS</span>

</div>

</div>

</div>

</section>

<div class="section-itworks\_new">

<div class="container">

<div class="row">

<div class="col-xs-12">

<h2 class="text-center">Why BodyBoss</h2>

</div>

</div>

<div class="row">

<div class="col-xs-12 col-sm-6 col-md-4 spc--top--lrg">

<div class="text-center icon-container"></div>

<h5 class="text-center mt-4">Get maximum results</h5>

<ul class="check\_list">

<li>Transform your body & lifestyle in 12 weeks</li>

<li>Formulated to get amazing results fast</li>

</ul>

</div>

<div class="col-xs-12 col-sm-6 col-md-4 spc--top--lrg">

<div class="text-center icon-container"></div>

<h5 class="text-center mt-4">Supercharge your metabolism</h5>

<ul class="check\_list">

<li>Rapidly burn fat & tone up</li>

<li>Fuel your body with superfoods</li>

</ul>

</div>

```
<div class="col-xs-12 col-sm-6 col-md-4 spc--top--lrg">
<div class="text-center icon-container"></div>
```

```
<h5 class="text-center mt-4">Revolutionize your lifestyle</h5>
```

```
<ul class="check_list">
<li>Combine the power of diet & exercise</li>
<li>Learn how to enjoy healthy active living</li>
</ul>
</div>
```

```
<div class="col-xs-12 col-sm-6 col-md-4 spc--top--lrg">
<div class="text-center icon-container"></div>
```

```
<h5 class="text-center mt-4">Save money</h5>
```

```
<ul class="check_list">
<li>One-time payment</li>
<li>No expensive equipment or ingredients</li>
</ul>
</div>
```

```
<div class="col-xs-12 col-sm-6 col-md-4 spc--top--lrg">
<div class="text-center icon-container"></div>
```

```
<h5 class="text-center mt-4">Save time</h5>
```

```
<ul class="check_list">
<li>Only 24 mins (active), 3x a week</li>
<li>Easy-to-prepare & healthy recipes</li>
</ul>
</div>
```

```
<div class="col-xs-12 col-sm-6 col-md-4 spc--top--lrg">
<div class="text-center icon-container"></div>
```

```
<h5 class="text-center mt-4">It's easy!</h5>
```

```
<ul class="check_list">
```

- <li>Easy to follow step-by-step guides</li>
- <li>Meals & workouts are planned out for you</li>

</div>

## Let The Results Do The Talking

![Card image cap](https://images.bodyboss.com/bodyboss-new/reviews/w_BA1.jpg)

**Katherine**

Week 3 PT

I have been really impressed with the results and I love how easy it is to find time for these workouts. I feel stronger, tighter, and have loved getting back in touch with long lost muscle groups. My clothes fit better too!

![Card image cap](https://images.bodyboss.com/bodyboss-new/katie.jpg)

**Katie**

Week 6

I've lost 5 inches all over my body! And my muscle mass has gone from 55kg to 59kg. I just love that these workouts fit in with the teacher lifestyle - especially during term time! These workouts are so quick and effective!



aria-describedby="slick-slide02">

<div class="card-body">

<p class="card-title margin--bottom--0 type--link"><strong>Gina (@ginatoddings)</strong></p>

<p class="card-text">Week 4 PT</p>

<p class="card-text">I started the program because I had allowed myself to get into a slump over the past year. I am grateful that I see a huge improvement in my butt and arms! I have been recommending the program to all my friends who wants to lose weight and tone up!</p>

</div>

</div><div class="card radial col-xs-12 col-sm-6 col-md-4 col-lg-3 padding--0 slick-slide slick-active" data-slick-index="3" aria-hidden="false" style="width: 259px;" tabindex="-1" role="option" aria-describedby="slick-slide03">

<div class="card-body">

<p class="card-title margin--bottom--0 type--link"><strong>Ashley</strong></p>

<p class="card-text">Week 4</p>

<p class="card-text">I'm a 30 year old stay-home mom of 2 girls. I wanted a workout routine that I could stick with and fits into our schedule. BodyBoss. Is. Amazing. I've lost 3 pants sizes in just 4 weeks!! LOVE the fact that everything is in the book.</p>

</div>

</div></div></div>

</div>

</div>

<div class="col-xs-12">

<p class="spc--bottom--med center">\*Results vary depending on starting point, goals, and effort.</p>

<p class="text-center mt-4"><a class="btn btn--buy text-uppercase" href="/real\_results">See more</a></p>

</div>

</div>

</div>

</div>

<script type="text/javascript"> \$(document).ready(function(){ \$('.section\_result-container').slick({ dots: false, arrows: true, infinite: true, speed: 300, slidesToShow: 4, slidesToScroll: 4, autoplay: true, autoplaySpeed: 5000, responsive: [ { breakpoint: 1024, settings: {

```

slidesToShow: 3,      slidesToScroll: 3,      infinite: true,      dots: true      }      },      {
breakpoint: 768,      settings: {      slidesToShow: 2,      slidesToScroll: 2,      dots: true
},      {      breakpoint: 576,      settings: {      slidesToShow: 1,      slidesToScroll: 1,      do
true      }      }      ]      });      }); </script>
<!-- ----- START SURVEY ----- -->
<div class="section-banner-survey">
<div class="container">
<div class="row mobile-row">
<div class="col-xs-12">
<h2 class="text-capitalize text-center">What our customers say</h2>
</div>

<div class="col-xs-12 col-md-2 col-sm-6 text-md-center my-5">
<p class="spc--top--sml">Would recommend BodyBoss to a friend</p>
</div>

<div class="col-xs-12 col-md-2 col-sm-6 text-md-center my-5">
<p class="spc--top--sml">Agree that BodyBoss has the best HIIT workouts they have ever
tried</p>
</div>

<div class="col-xs-12 col-md-2 col-sm-6 text-md-center my-5">
<p class="spc--top--sml">Agree that our guide is easy to follow</p>
</div>

<div class="col-xs-12 col-md-2 col-sm-6 text-md-center my-5">
<p class="spc--top--sml">Have dropped more than 1 dress size</p>
</div>

<div class="col-xs-12">
<p><small>*Survey was conducted in July 2017 with 300 customers of the BodyBoss Ultimate
Body Fitness Guide</small></p>
</div>
</div>
</div>
</div>
<!-- ----- END SURVEY ----- -->
<!-- WHAT YOU GET -->
<div class="section-whatyouget">
<div class="container">
<div class="row text-center">
<div class="col-xs-12 col-md-5 col-md-offset-1"></div>

```

```
<div class="col-xs-12 col-md-5 text-md-left align-self-center">
```

```
<h2 class="title">Make a change.</h2>
```

```
<p><a class="btn btn--buy text-uppercase" href="/products">Start now</a></p>
```

```
</div>
```

```
</div>
```

```
</div>
```

```
</div>
```

```
<!-- END WHAT YOU GET -->
```

```
</div>
```

```
<!-- begin SnapEngage code -->
```

```
<script type="text/javascript">
```

```
(function() {
```

```
    var se = document.createElement('script'); se.type = 'text/javascript'; se.async = true;
```

```
    se.src = '//storage.googleapis.com/code.snapengage.com/js/3056d1e2-427a-4335-a495-64a4b99b6ec8.js';
```

```
    var done = false;
```

```
    se.onload = se.onreadystatechange = function() {
```

```
        if (!done&&(!this.readyState||this.readyState===loaded||this.readyState===complete)) {
```

```
            done = true;
```

```
        }
```

```
    };
```

```
    var s = document.getElementsByTagName('script')[0]; s.parentNode.insertBefore(se, s);
```

```
})();
```

```
</script>
```

```
<div>
```

```
    <div class="popup-email popup-email--show">
```

```
    <div class="popup-email__content popup-email--form">
```

```
    <h3>YOUR FITNESS JOURNEY STARTS HERE</h3>
```

```
    <p>Sign up now to receive our weekly dose of motivation, expert advice, and tips & tricks on unlocking your dream body!*</p>
```

```
    <div class="btngroup btngroup--horizontal full-width">
```

```
        <form id="subscribe-email" action="/api/subscriptions/create" accept-charset="UTF-8" data-remote="true" method="post"><input name="utf8" value="" type="hidden">
```

```
        <input name="tag" id="tag" value="signed-up popup" type="hidden">
```

```
        <input name="country" id="country" value="India" type="hidden">
```

```
        <input name="email" id="email" class="input--text w--8 pull-left" placeholder="Enter your email" type="email">
```

```
        <input name="commit" value="Submit" class="btn btn--primary w--4 pull-right padding--0" type="submit">
```

```
    </form> </div>
```

```
</div>
```

```
<div class="popup-email__content popup-email--thankyou" style="display: none;">
```

```
    <h3>THANK YOU!</h3>
```

<p>Keep an eye out for our weekly emails as you take your first steps in your BodyBoss Journey</p>

<a href="#" class="btn btn--primary js-close">Continue</a>

</div>

<button type="button" class="close js-close" aria-label="Close"><span aria-hidden="true">x</span></button>

</div>

</div>

<!-- end SnapEngage code -->

<!-- FOOTER -->

<footer class="footer">

<div class="container">



</div>

<div class="container padding--0">

<div class="footer\_\_nav-wrapper row">

<div class="footer\_\_nav col-xs-6 col-md-3 padding--left--0 hidden-xs hidden-sm">

<a class="footer\_\_nav-link" href="https://www.bodyboss.com/products">Shop Guides</a>

<a class="footer\_\_nav-link" href="/products/shop\_merchandise">Shop Merchandise</a>

<a href="/products" class="footer\_\_nav-link">Guides</a>

</div>

<div class="footer\_\_nav col-xs-6 col-md-3 padding--left--0 hidden-xs hidden-sm">

<a href="/real\_results" class="footer\_\_nav-link">Results</a>

<a href="/method" class="footer\_\_nav-link">Method</a>

<a href="/why" class="footer\_\_nav-link">Why</a>

</div>

<div class="footer\_\_nav col-xs-6 col-md-3 padding--left--0 hidden-xs hidden-sm">

<a href="/community" class="footer\_\_nav-link">Community</a>

<a href="/our\_mission" class="footer\_\_nav-link">Our Mission</a>

<a href="/faq" class="footer\_\_nav-link">FAQ</a>

</div>

<div class="footer\_\_nav col-xs-6 col-md-3 padding--left--0 hidden-xs hidden-sm">

<a href="/contact" class="footer\_\_nav-link">Contact</a>

<a href="/shipping\_refund\_policy" class="footer\_\_nav-link">Shipping & Refund</a>

<a href="/experts" class="footer\_\_nav-link">Experts</a>

</div>

<div class="footer\_\_nav col-xs-6 col-md-3 padding--left--0 hidden-md hidden-lg">

<a class="footer\_\_nav-link" href="https://www.bodyboss.com/products">Shop Guides</a>

<a class="footer\_\_nav-link" href="/products/shop\_merchandise">Shop Merchandise</a>

<a href="/products" class="footer\_\_nav-link">Guides</a>

<a href="/real\_results" class="footer\_\_nav-link">Results</a>

<a href="/method" class="footer\_\_nav-link">Method</a>

<a href="/why" class="footer\_\_nav-link">Why</a>

</div>

<div class="footer\_\_nav col-xs-6 col-md-3 padding--left--0 hidden-md hidden-lg">

<a href="/community" class="footer\_\_nav-link">Community</a>

```
<a href="/our_mission" class="footer__nav-link">Our Mission</a>
<a href="/faq" class="footer__nav-link">FAQ</a>
<a href="/contact" class="footer__nav-link">Contact</a>
<a href="/shipping_refund_policy" class="footer__nav-link">Shipping & Refund</a>
<a href="/experts" class="footer__nav-link">Experts</a>
</div>
<div class="hide--laptop">
  <a href="#" class="btn btn--outlined full-width js-btn-chat"
onclick="SnapEngage.startLink();">Chat With us</a>
  <div class="btngroup full-width">
    <span class="localization localization--language">
      <div class="selectric-wrapper selectric-switcher selectric-switcher--language"><div
class="selectric-hide-select"><select class="switcher switcher--language" tabindex="0" style="">
        <option selected="selected" value="en">English</option>
      </select></div><div class="selectric"><p class="label">English</p><b
class="button"></b></div><div class="selectric-items" tabindex="-1"><div class="selectric-
scroll"><ul><li data-index="0" class="selected last">English</li></ul></div></div><input
class="selectric-input" tabindex="0"></div>
    </span>
    <span class="localization localization--currency">
      <form action="/currency/set.html" accept-charset="UTF-8" method="post"><input
name="utf8" value="" type="hidden"><input name="authenticity_token"
value="VjSQWDQFBOl3Hfnphy/9GFk6zmFuWldYYOiZp7xF0QjThmrDNBezyrjkALq6c6azzrNnwa
xPD29ZQ1U/qrC6g==" type="hidden">
        <div class="selectric-wrapper selectric-switcher selectric-switcher--currency"><div
class="selectric-hide-select"><select name="currency_mobile" id="currency_mobile" data-
href="/currency/set" class="switcher switcher--currency" tabindex="0" style=""><option
selected="selected" value="USD">USA</option>
<option value="AED">United Arab Emirates</option>
<option value="AUD">Australia</option>
<option value="CAD">Canada</option>
<option value="EUR">Europe</option>
<option value="GBP">United Kingdom</option>
<option value="IDR">Indonesia</option>
<option value="MYR">Malaysia</option>
<option value="PHP">Philippines</option>
<option value="SGD">Singapore</option>
<option selected="selected" value="USD">Rest of World</option></select></div><div
class="selectric"><p class="label"><span class="flag flag--USD"></span>Rest of World
(USD)</p><b class="button"></b></div><div class="selectric-items" tabindex="-1"><div
class="selectric-scroll"><ul><li data-index="0" class=""><span class="flag flag--
USD"></span>USA (USD)</li><li data-index="1" class=""><span class="flag flag--
AED"></span>United Arab Emirates (AED)</li><li data-index="2" class=""><span class="flag flag-
AUD"></span>Australia (AUD)</li><li data-index="3" class=""><span class="flag flag--
CAD"></span>Canada (CAD)</li><li data-index="4" class=""><span class="flag flag--
EUR"></span>Europe (EUR)</li><li data-index="5" class=""><span class="flag flag--
GBP"></span>United Kingdom (GBP)</li><li data-index="6" class=""><span class="flag flag--
```

IDR"></span>Indonesia (IDR)</li><li data-index="7" class=""><span class="flag flag--MYR"></span>Malaysia (MYR)</li><li data-index="8" class=""><span class="flag flag--PHP"></span>Philippines (PHP)</li><li data-index="9" class=""><span class="flag flag--SGD"></span>Singapore (SGD)</li><li data-index="10" class="selected last"><span class="flag flag--USD"></span>Rest of World (USD)</li></ul></div></div><input class="selectric-input" tabindex="0"></div>

<noscript>  
<input type="submit" name="commit" value="Save changes" />  
</noscript>

</form> </span>  
</div>  
</div>  
</div>

<div class="footer\_\_subscription">  
<h6 class="type--primary">Sign up to get exercise and healthy eating tips </h6>  
<div class="btngroup btngroup--horizontal full-width">  
<form id="subscribe-email" action="/api/subscriptions/create" accept-charset="UTF-8" method="post"><input name="utf8" value="" type="hidden"><input name="authenticity\_token" value="VjSQWDQFBOI3Hfnphy/9GFk6zmFuWldYYOiZp7xF0QjThmrDNBezyrjkALq6c6azzrNnwa xPD29ZQ1U/qrC6g==" type="hidden">  
<input name="tag" id="tag" value="signed-up footer" type="hidden">  
<input name="country" id="country" value="India" type="hidden">  
<input id="email" name="email" class="input--text input--outlined w--8 pull-left" placeholder="enter your e-mail" type="text">  
<input name="newsletterSubscribeBtn" value="sign up" id="newsletterSubscribeBtn" class="btn btn--light w--4 pull-right padding--0" type="submit">  
</form> </div>  
<div class="social">  
<a href="https://www.facebook.com/BodyBossMethod/" target="\_blank" class="social\_\_link"><i class="icon icon--facebook"></i></a>  
<a href="https://www.instagram.com/bodybossmethod/" target="\_blank" class="social\_\_link"><i class="icon icon--instagram"></i></a>  
<a href="https://twitter.com/bodybossmethod" target="\_blank" class="social\_\_link"><i class="icon icon--twitter"></i></a>  
<a href="https://uk.pinterest.com/bodybossmethod/" target="\_blank" class="social\_\_link"><i class="icon icon--pinterest"></i></a>  
</div>  
</div>  
</div>  
<div class="disclaimer">  
<div class="container">\*Results may vary. Strict adherence to our exercise guide is required for best results.</div>  
</div>  
<div class="copyright">  
<a href="/terms\_conditions" class="copyright\_\_link">Terms & Conditions</a>|<a class="copyright\_\_link" href="/privacy">Privacy Policy</a>

```
<span class="copyright__copy">© 2018 Bodyboss</span>
</div>
</footer>
<!-- END FOOTER -->
```

```
<script type="text/javascript">
var ScarabQueue = ScarabQueue || [];
(function(id) {
if (document.getElementById(id)) return;
var js = document.createElement('script'); js.id = id;
js.src = '//cdn.scarabresearch.com/js/1E2115F864F7BC60/scarab-v2.js';
var fs = document.getElementsByTagName('script')[0];
fs.parentNode.insertBefore(js, fs);
})('scarab-js-api');
</script>
```

```
<script type="text/javascript">
var emarsys_email = ""
var emarsys_cart = [];
var product = ""
$('#emarsys-view').submit(function(){
    var product = $('input[type="radio"]:checked').val();
    ScarabQueue.push(['view', product]);
    ScarabQueue.push(['go']);
})
if (emarsys_email != "") {
    ScarabQueue.push(['setEmail', emarsys_email]);
}
ScarabQueue.push(['cart', emarsys_cart]);
ScarabQueue.push(['go']);
</script>
```

```
<script type="text/javascript"
id="">!function(b,e,f,g,a,c,d){b.fbq||(a=b.fbq=function(){a.callMethod?a.callMethod.apply(a,arguments):a.queue.push(arguments)},b._fbq||(b._fbq=a),a.push=a,a.loaded=!0,a.version="2.0",a.queue=
[],c=e.createElement(f),c.async=!0,c.src=g,d=e.getElementsByTagName(f)[0],d.parentNode.insertBefore(c,d))}(window,document,"script","https://connect.facebook.net/en_US/fbevents.js");fbq("init",
"1557797514527286");fbq("track","PageView");</script>
<noscript>
</noscript>
```

```
<script type="text/javascript" id="">(function(b,c,e,f,d){b[d]=b[d]||[];var g=function(){var
a={ti:"5477245"};a.q=b[d];b[d]=new UET(a);b[d].push("pageLoad")};var
```

```
a=c.createElement(e);a.src=f;a.async=1;a.onload=a.onreadystatechange=function(){var
b=this.readyState;b&&"loaded"!==b&&"complete"!==b||(g(),a.onload=a.onreadystatechange=null)};
c=c.getElementsByTagName(e)[0];c.parentNode.insertBefore(a,c)})(window,document,"script","//b
at.bing.com/bat.js","uetq");</script><noscript></noscript>
<iframe
src="https://6284794.fl.doubleclick.net/activityi;src=6284794;type=purch;cat=bodyb0;qty=1;cost=[
Revenue];dc_lat=;dc_rdid=;tag_for_child_directed_treatment=;ord=[OrderID]?"
style="display:none" width="1" height="1" frameborder="0"></iframe>
<script type="text/javascript"
id="">!function(b){if(!window.pintrk){window.pintrk=function(){window.pintrk.queue.push(Array.prot
otype.slice.call(arguments))};var
a=window.pintrk;a.queue=[];a.version="3.0";a=document.createElement("script");a.async=!0;a.src
=b;b=document.getElementsByTagName("script")[0];b.parentNode.insertBefore(a,b)}}("https://s.pi
nimg.com/ct/core.js");pintrk("load","2613339777823");pintrk("page");</script>
<noscript>

</noscript><script type="text/javascript" id="">(function(a,b,e){if(!a.snaptr){var
c=a.snaptr=function(){c.handleRequest?c.handleRequest.apply(c,arguments):c.queue.push(argu
ments)};c.queue=[];var
d="script";a=b.createElement(d);a.async=!0;a.src=e;b=b.getElementsByTagName(d)[0];b.parentN
ode.insertBefore(a,b)}})(window,document,"https://sc-
static.net/scevent.min.js");snaptr("init","f65853a8-6a3f-4d0a-86a6-
b7f1d7a3ec37",{user_email:"\x3cUSER-EMAIL\x3e"});snaptr("track","PAGE_VIEW");</script><div
id="designstudio" style="font-size:16px;-webkit-transform:translateZ(0);-moz-
transform:translateZ(0);-ms-transform:translateZ(0);transform:translateZ(0);display:none;z-
index:100003;position:fixed;height:32.75em;width:25.25em;bottom:0;left:0;float:left;"><div
id="draggable" style="width:calc(100% - 5.9375em);left:0;top:0;position:absolute;height:3em;z-
index:13000;margin-top:12px;margin-left:12px;cursor:move;"></div><iframe id="designstudio-
iframe" style="-webkit-transform:translateZ(0);-moz-transform:translateZ(0);-ms-
transform:translateZ(0);transform:translateZ(0);display:block;position:absolute;border:none;width:1
00%;height:100%;" name="designstudio-frame" title="Live Chat Box"></iframe></div><div
id="designstudio-minimize" style="position:fixed;z-
index:999998;display:none;bottom:0;left:0;float:left;"><iframe id="iframe-minimize"
style="border:none;display:block;font-size:14px;" name="designstudio-minimize-frame" title="Live
Chat Button" scrolling="no"><div id="minimize-content"><div id="minimize-notify" class="
minimize-notify-left-avatar minimize-notify-bottom"><span id="minimize-notify-
counter"></span></div><div id="minimize-avatar-container" class=" left bottom"><img
id="minimize-avatar"></div><div id="minimize-svg" class=" left bottom"><div id="svg-
container"><svg viewBox="0 0 600 600"><defs><filter id="dropshadow"
height="140%"><feGaussianBlur in="SourceAlpha" stdDeviation="15"></feGaussianBlur><feOffset
result="offsetblur" dx="10" dy="10"></feOffset><feComponentTransfer><feFuncA type="linear"
slope="0.8"></feFuncA></feComponentTransfer><feMerge><feMergeNode></feMergeNode><feMerge
node in="SourceGraphic"></feMergeNode></feMerge></filter></defs><g id="comments-o"
class="designstudio-container"><circle class="designstudio-circle" cx="50%" cy="50%" r="260"
```



```
fill="#052c87" linejoin="round" stroke="FFFFFF" stroke-width="0" fill-opacity="1"
position="absolute"></circle><path class="designstudio-icon" fill="FFFFFF" d="M704 1152q-153
0 -286 -52t-211.5 -141t-78.5 -191q0 -82 53 -158t149 -132l97 -56l-35 -84q34 20 62 39l44 31l53 -
10q78 -14 153 -14q153 0 286 52t211.5 141t78.5 191t-78.5 191t-211.5 141t-286 52zM704
1280q191 0 353.5 -68.5t256.5 -186.5t94 -257t-94 -257 t-256.5 -186.5t-353.5 -68.5q-86 0 -176
16q-124 -88 -278 -128q-36 -9 -86 -16h-3q-11 0 -20.5 8t-11.5 21q-1 3 -1 6.5t0.5 6.5t2 6l2.5 5t3.5
5.5t4 5t4.5 5t4 4.5q5 6 23 25t26 29.5t22.5 29t25 38.5t20.5 44q-124 72 -195 177t-71 224q0 139 94
257t256.5 186.5 t353.5 68.5zM1526 111q10 -24 20.5 -44t25 -38.5t22.5 -29t26 -29.5t23 -25q1 -1 4
-4.5t4.5 -5t4 -5t3.5 -5.5l2.5 -5t2 -6t0.5 -6.5t-1 -6.5q-3 -14 -13 -22t-22 -7q-50 7 -86 16q-154 40 -278
128q-90 -16 -176 -16q-271 0 -472 132q58 -4 88 -4q161 0 309 45t264 129 q125 92 192 212t67
254q0 77 -23 152q129 -71 204 -178t75 -230q0 -120 -71 -224.5t-195 -176.5z"
transform="scale(.195, -.195) translate(600, -2000)"></path></g></svg></div></div><div
id="minimize-messages" class=" message-right
bottom"></div></div></iframe></div><style>.designstudio-animated {-webkit-animation-duration:
.5s;animation-duration: .5s;-webkit-animation-fill-mode: both;animation-fill-mode:
both;}@keyframes designstudio-fadeOut {from {opacity: 1;}to {opacity: 0;}}.designstudio-fadeOut
{animation-name: designstudio-fadeOut;}@-webkit-keyframes designstudio-fadeInUp {from
{opacity: 0;-webkit-transform: translate3d(0, 100%, 0);transform: translate3d(0, 100%, 0);}to
{opacity: 1;-webkit-transform: none;transform: none;}}@keyframes designstudio-fadeInUp {from
{opacity: 0;-webkit-transform: translate3d(0, 100%, 0);transform: translate3d(0, 100%, 0);}to
{opacity: 1;-webkit-transform: none;transform: none;}}.designstudio-fadeInUp {-webkit-animation-
name: designstudio-fadeInUp;animation-name: designstudio-fadeInUp;}@-webkit-keyframes
designstudio-fadeInDown {from {opacity: 0;-webkit-transform: translate3d(0, -100%, 0);transform:
translate3d(0, -100%, 0);}to {opacity: 1;-webkit-transform: none;transform: none;}}@keyframes
designstudio-fadeInDown {from {opacity: 0;-webkit-transform: translate3d(0, -100%, 0);transform:
translate3d(0, -100%, 0);}to {opacity: 1;-webkit-transform: none;transform: none;}}.designstudio-
fadeInDown {-webkit-animation-name: designstudio-fadeInDown;animation-name: designstudio-
fadeInDown;}@-webkit-keyframes designstudio-fadeInLeft {from {opacity: 0;-webkit-transform:
translate3d(-100%, 0, 0);transform: translate3d(-100%, 0, 0);}to {opacity: 1;-webkit-transform:
none;transform: none;}}@keyframes designstudio-fadeInLeft {from {opacity: 0;-webkit-transform:
translate3d(-100%, 0, 0);transform: translate3d(-100%, 0, 0);}to {opacity: 1;-webkit-transform:
none;transform: none;}}.designstudio-fadeInLeft {-webkit-animation-name: designstudio-
fadeInLeft;animation-name: designstudio-fadeInLeft;}@-webkit-keyframes designstudio-
fadeInRight {from {opacity: 0;-webkit-transform: translate3d(100%, 0, 0);transform:
translate3d(100%, 0, 0);}to {opacity: 1;-webkit-transform: none;transform: none;}}@keyframes
designstudio-fadeInRight {from {opacity: 0;-webkit-transform: translate3d(100%, 0, 0);transform:
translate3d(100%, 0, 0);}to {opacity: 1;-webkit-transform: none;transform: none;}}.designstudio-
fadeInRight {-webkit-animation-name: designstudio-fadeInRight;animation-name: designstudio-
fadeInRight;}@-webkit-keyframes designstudio-fadeOutUp {from {opacity: 1;}to {opacity: 0;-webkit-
transform: translate3d(0, -100%, 0);transform: translate3d(0, -100%, 0);}}@keyframes
designstudio-fadeOutUp {from {opacity: 1;}to {opacity: 0;-webkit-transform: translate3d(0, -100%,
0);transform: translate3d(0, -100%, 0);}}.designstudio-fadeOutUp {-webkit-animation-name:
designstudio-fadeOutUp;animation-name: designstudio-fadeOutUp;}@-webkit-keyframes
designstudio-fadeOutDown {from {opacity: 1;}to {opacity: 0;-webkit-transform: translate3d(0,
100%, 0);transform: translate3d(0, 100%, 0);}}@keyframes designstudio-fadeOutDown {from
{opacity: 1;}to {opacity: 0;-webkit-transform: translate3d(0, 100%, 0);transform: translate3d(0,
100%, 0);}}.designstudio-fadeOutDown {-webkit-animation-name: designstudio-
```

fadeOutDown;animation-name: designstudio-fadeOutDown;}@-webkit-keyframes designstudio-fadeOutLeft {from {opacity: 1;}to {opacity: 0;-webkit-transform: translate3d(-100%, 0, 0);transform: translate3d(-100%, 0, 0);}}@keyframes designstudio-fadeOutLeft {from {opacity: 1;}to {opacity: 0;-webkit-transform: translate3d(-100%, 0, 0);transform: translate3d(-100%, 0, 0);}}.designstudio-fadeOutLeft {-webkit-animation-name: designstudio-fadeOutLeft;animation-name: designstudio-fadeOutLeft;}@-webkit-keyframes designstudio-fadeOutRight {from {opacity: 1;}to {opacity: 0;-webkit-transform: translate3d(100%, 0, 0);transform: translate3d(100%, 0, 0);}}@keyframes designstudio-fadeOutRight {from {opacity: 1;}to {opacity: 0;-webkit-transform: translate3d(100%, 0, 0);transform: translate3d(100%, 0, 0);}}.designstudio-fadeOutRight {-webkit-animation-name: designstudio-fadeOutRight;animation-name: designstudio-fadeOutRight;}</style><iframe style="display: none;" name="yie-js" src="about:blank"></iframe><iframe src="https://td.yieldify.com/0.0.1/tag/1.83.0/main.html" allow="autoplay" name="yie-sandbox-1a9a4e7e-9ce4-467f-a619-72e5ed3484e5" style="display: none;"></iframe><div style="width:0px; height:0px; display:none; visibility:hidden;" id="batBeacon0.20565961219457163"></div><div id="designstudio-button" style="position: fixed; z-index: 999998; font-size: 14px; right: 0px; transform-origin: 100% 0% 0px; transform: rotate(90deg) translate(100%, 0%); top: 20%;"><iframe id="iframe-designstudio-button" style="border:none;display:block;" name="designstudio-button-frame" title="Live Chat Button" scrolling="no" class="iframe-button-text" width="89" height="34"></iframe></div></body></html>