

Liability Waiver

I understand that Type-II diabetes is primarily a result of poor dietary and lifestyle choices. By participating in this program, I am given suggestions on how to correct past mistakes and better manage my blood glucose levels. I also understand that what may work for somebody else may not work for me and vice-versa.

I understand that it is my responsibility to consult with a physician or healthcare provider before participating in any physical activity if I have any concerns about my health or physical condition. I also agree to consult my doctor before changing any medication or diet plan.

I hereby waive, release, and discharge Happiest Health Systems Pvt Ltd., its affiliates, sponsors, representatives, and volunteers from any and all liability that may arise out of or in connection with my participation in the 'Diabetes Transformation Program'.

I agree to indemnify and hold harmless Happiest Health Systems Pvt. Ltd., its affiliates, sponsors, representatives, and volunteers from any claims, demands, or actions that may arise out of my participation in the program.

I have read this waiver carefully and fully understand its contents.