

# Exercise List: Properties and examples of convexity and smoothness

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Time to get familiarized with convexity, smoothness and a bit of strong convexity.

**Notation:** For every  $x, y \in \mathbb{R}^d$  let  $\langle x, y \rangle \stackrel{\text{def}}{=} x^\top y$  and let  $\|x\|_2 = \sqrt{\langle x, x \rangle}$ .

Let  $\sigma_{\min}(A)$  and  $\sigma_{\max}(A)$  be the smallest and largest singular values of  $A$  defined by

$$\sigma_{\min}(A) \stackrel{\text{def}}{=} \min_{x \in \mathbb{R}^d} \frac{\|Ax\|_2}{\|x\|_2} \quad \text{and} \quad \sigma_{\max}(A) \stackrel{\text{def}}{=} \max_{x \in \mathbb{R}^d} \frac{\|Ax\|_2}{\|x\|_2}. \quad (1)$$

Thus clearly

$$\frac{\|Ax\|_2^2}{\|x\|_2^2} \leq \sigma_{\max}(A)^2, \quad \forall x \in \mathbb{R}^d. \quad (2)$$

Let  $\|A\|_F^2 \stackrel{\text{def}}{=} \text{Tr}(A^\top A)$  denote the Frobenius norm of  $A$ . Finally, a result you will need, for every symmetric matrix  $G$  the  $L2$  induced matrix norm can be equivalently defined by

$$\|G\|_2 = \sigma_{\max}(G) = \sup_{x \in \mathbb{R}^d, x \neq 0} \frac{|\langle Gx, x \rangle|}{\|x\|_2^2} = \max_{x \in \mathbb{R}^d, x \neq 0} \frac{\|Gx\|_2}{\|x\|_2}. \quad (3)$$

## 1 Convexity

We say that a twice differentiable function  $f : \mathbb{R}^d \rightarrow \mathbb{R}$  is convex if

$$f(\lambda x + (1 - \lambda)y) \leq \lambda f(x) + (1 - \lambda)f(y), \quad \forall x, y \in \mathbb{R}^d, \lambda \in [0, 1]. \quad (4)$$

or equivalently

$$v^\top \nabla^2 f(x) v \geq 0, \quad \forall x, v \in \mathbb{R}^d. \quad (5)$$

We say that  $f$  is  $\mu$ -strongly convex if

$$v^\top \nabla^2 f(x) v \geq \mu \|v\|_2^2, \quad \forall x, v \in \mathbb{R}^d. \quad (6)$$

**Ex. 1** — We say that  $\|\cdot\| \rightarrow \mathbb{R}_+$  is a norm over  $\mathbb{R}^d$  if it satisfies the following three properties

1. **Point separating:**  $\|x\| = 0 \Leftrightarrow x = 0, \forall x \in \mathbb{R}^d$ .
2. **Subadditive:**  $\|x + y\| \leq \|x\| + \|y\|, \forall x, y \in \mathbb{R}^d$
3. **Homogeneous:**  $\|ax\| = |a|\|x\|, \forall x \in \mathbb{R}^d, a \in \mathbb{R}$ .

*Part I*

Prove that  $x \mapsto \|x\|$  is a convex function.

*Part II*

For every convex function  $f : y \in \mathbb{R}^m \mapsto f(y)$ , prove that  $g : x \in \mathbb{R}^d \mapsto f(Ax - b)$  is a convex function, where  $A \in \mathbb{R}^{m \times d}$  and  $b \in \mathbb{R}^m$ .

*Part III*

Let  $f_i : \mathbb{R}^d \rightarrow \mathbb{R}$  be convex for  $i = 1, \dots, m$ . Prove that  $\sum_{i=1}^m f_i$  is convex.

*Part IV*

For given scalars  $y_i \in \mathbb{R}$  and vectors  $a_i \in \mathbb{R}^d$  for  $i = 1, \dots, m$  prove that the *logistic regression* function  $f(x) = \sum_{i=1}^m \ln(1 + e^{-y_i \langle x, a_i \rangle})$  is convex.

*Part V*

Let  $A \in \mathbb{R}^{m \times d}$  have full column rank. Prove that  $f(x) = \frac{1}{2} \|Ax - b\|_2^2$  is  $\sigma_{\min}^2(A)$ -strongly convex.

*Part VI*

Now suppose that the function  $f(x)$  is  $\mu$ -strongly convex, that is, it satisfies

$$f(y) \geq f(x) + \langle \nabla f(x), y - x \rangle + \frac{\mu}{2} \|y - x\|_2^2, \quad \forall x, y \in \mathbb{R}^d. \quad (7)$$

Prove that  $f(x)$  satisfies the *Polyak-Łojasiewicz* condition, that is

$$\|\nabla f(x)\|_2^2 \geq 2\mu(f(x) - f(x^*)), \quad \forall x. \quad (8)$$

**Answer (Ex. I)** — Let  $x, y \in \mathbb{R}^d$  and  $\lambda \in [0, 1]$ . It follows that

$$\begin{aligned} \|\lambda x + (1 - \lambda)y\| &\stackrel{\text{item 2}}{\leq} \|\lambda x\| + \|(1 - \lambda)y\| \\ &\stackrel{\text{item 3}}{\leq} \lambda\|x\| + (1 - \lambda)\|y\|. \quad \blacksquare \end{aligned}$$

**Answer (Ex. II)** — Let  $x, y \in \mathbb{R}^d$  and  $\lambda \in [0, 1]$ . It follows that

$$\begin{aligned} g(\lambda x + (1 - \lambda)y) &= f(A(\lambda x + (1 - \lambda)y) - b) \\ &= f(\lambda(Ax - b) + (1 - \lambda)(Ay - b)) \\ f \text{ is conv.} &\stackrel{=}{=} \lambda f(Ax - b) + (1 - \lambda)f(Ay - b). \quad \blacksquare \end{aligned} \tag{9}$$

**Answer (Ex. III)** — Immediate through either definition.

**Answer (Ex. IV)** — From exercise V we need only prove that  $f(x) = \ln(1 + e^{-y\langle x, w \rangle})$  is convex for a given  $y \in \mathbb{R}$  and  $w \in \mathbb{R}^d$ . From exercise II we need only prove that  $\phi(\alpha) = \ln(1 + e^\alpha)$  is convex, since  $x \mapsto -y\langle x, w \rangle$  is a linear function. The convexity of  $f(\alpha)$  now follows by differentiating once

$$\phi'(\alpha) = \frac{e^\alpha}{1 + e^\alpha},$$

then differentiating again

$$\phi''(\alpha) = \frac{e^\alpha}{1 + e^\alpha} - \frac{e^{2\alpha}}{(1 + e^\alpha)^2} = \frac{e^\alpha}{(1 + e^\alpha)^2} \geq 0, \quad \forall \alpha. \tag{10}$$

We can now call upon the definition (5), but since  $\alpha \in \mathbb{R}$  is a scalar, the above already proves that  $\phi(\alpha)$  is convex.

**Answer (Ex. V)** — Differentiating twice we have that

$$\nabla^2 f(x) = A^\top A.$$

Consequently

$$v^\top \nabla^2 f(x) v = v^\top A^\top A v = \|Av\|_2^2 \geq \sigma_{\min}(A)^2 \|v\|_2^2.$$

**Answer (Ex. VI)** — Multiplying (7) by minus and substituting  $y = x^*$  we have that

$$\begin{aligned} f(x) - f(x^*) &\leq \langle \nabla f(x), x - x^* \rangle - \frac{\mu}{2} \|x^* - x\|_2^2 \\ &= -\frac{1}{2} \|\sqrt{\mu}(x - x^*) - \frac{1}{\sqrt{\mu}} \nabla f(x)\|_2^2 + \frac{1}{2\mu} \|\nabla f(x)\|_2^2 \\ &\leq \frac{1}{2\mu} \|\nabla f(x)\|_2^2. \end{aligned}$$

## 2 Smoothness

We say that a function  $f : \mathbb{R}^d \rightarrow \mathbb{R}$  is  $L$ -smooth if

$$\|\nabla f(x) - \nabla f(y)\| \leq L\|x - y\| \quad (11)$$

or equivalently if  $f$  is twice differentiable then

$$v^\top \nabla^2 f(x) v \leq L\|v\|_2^2, \quad \forall x, v \in \mathbb{R}^d. \quad (12)$$

### Ex. 2 — Part I

Prove that  $x \mapsto \frac{1}{2}\|x\|^2$  is 1-smooth.

### Part II

Let  $f : \mathbb{R}^d \rightarrow \mathbb{R}$  be twice differentiable and  $L$ -smooth. Show that

$$\sigma_{\max}(\nabla^2 f(x)) = \|\nabla^2 f(x)\|_2 \leq L.$$

### Part III

For every twice differentiable  $L$ -smooth function  $f : y \in \mathbb{R}^m \mapsto f(y)$ , prove that  $g : x \in \mathbb{R}^d \mapsto f(Ax - b)$  is a smooth function, where  $A \in \mathbb{R}^{m \times d}$  and  $b \in \mathbb{R}^m$ . Find the smoothness constant of  $g$ .

### Part IV

Let  $f_i : \mathbb{R}^d \rightarrow \mathbb{R}$  be a twice differentiable and  $L_i$ -smooth for  $i = 1, \dots, m$ . Prove that  $\frac{1}{n} \sum_{i=1}^m f_i$  is  $\sum_{i=1}^m \frac{L_i}{n}$ -smooth.

### Part V

For given scalars  $y_i \in \mathbb{R}$  and vectors  $a_i \in \mathbb{R}^d$  for  $i = 1, \dots, m$  prove that the *logistic regression* function  $f(x) = \frac{1}{m} \sum_{i=1}^m \ln(1 + e^{-y_i \langle x, a_i \rangle})$  is smooth. Find the smoothness constant!

### Part VI

Let  $A \in \mathbb{R}^{m \times d}$  be any matrix. Prove that  $\|Ax - b\|_2^2$  is  $\sigma_{\max}^2(A)$ -smooth.

### Part VII

Let  $M > 0$  be a positive constant. Let  $f(x) = \frac{1}{n} \sum_{i=1}^n \phi_i(a_i^\top x)$  where  $\phi_i : \mathbb{R} \rightarrow \mathbb{R}$  is a scalar function such that  $\phi_i''(t) \leq M$  for all  $t \in \mathbb{R}$ . Prove that  $f(x)$  is  $M\sigma_{\max}^2(A)$ -smooth. With this result, can you find a better estimate of the smoothness constant of the logistic regression loss?

*Hint 1:* ...

**Answer (Ex. I)** — Clearly  $\nabla^2 \frac{1}{2} \|x\|^2 = I$  and thus follows from definition (11).

**Answer (Ex. II)** — Using that the induced norm for symmetric matrices is given by

$$\|\nabla^2 f(x)\|_2 = \sup_{v \neq 0} \frac{|v^\top \nabla^2 f(x) v|}{\|v\|_2^2} \stackrel{(12)}{\leq} \sup_{v \neq 0} \frac{L \|v\|_2^2}{\|v\|_2^2} = L.$$

**Answer (Ex. III)** — Differentiating  $g(x)$  once gives

$$\nabla g(x) = A^\top \nabla f(Ax - b).$$

First we prove the claim using the definition (11). Indeed note that

$$\begin{aligned} \|\nabla g(x) - \nabla g(y)\|_2 &= \|A^\top (\nabla f(Ax - b) - \nabla f(Ay - b))\|_2 \\ &\leq \|A^\top\|_2 \|\nabla f(Ax - b) - \nabla f(Ay - b)\|_2 \\ &\stackrel{\text{smooth. of } f}{\leq} L \|A^\top\|_2 \|Ax - b - (Ay - b)\|_2 \\ &\leq L \|A^\top\|_2 \|A\|_2 \|x - y\|_2. \end{aligned}$$

This the smoothness parameter is given by  $L \|A\|_2^2$  where we used that  $\|A^\top\|_2 = \|A\|_2$ . This completes the proof.

We can also prove the claim using (12). Differentiating again we have that

$$\nabla^2 g(x) = A^\top \nabla^2 f(Ax - b) A.$$

Consequently

$$\|\nabla^2 g(x)\|_2^2 \leq \|A\|_2^2 \|\nabla^2 f(Ax - b)\|_2^2 \leq L \|A\|_2^2.$$

We could further tighten this by considering the smoothness constant of  $f$  restricted to the set  $\{x \mid Ax = b\}$  which might be smaller than  $\mathbb{R}^d$ .

**Answer (Ex. IV)** — Clearly

$$\nabla^2 \left( \frac{1}{n} \sum_{i=1}^n f_i(x) \right) = \frac{1}{n} \sum_{i=1}^n \nabla^2 f_i(x) \preceq \frac{1}{n} \sum_{i=1}^n L_i I.$$

You can also prove this using the definition (11) and applying repeatedly the subadditivity of the norm.

**Answer (Ex. V)** — First note that from (10) we can see that the function  $\phi(\alpha) = \ln(1 + e^\alpha)$  is at least 1-smooth. Consequently from exercise II the function  $f_i(x) = \ln(1 + e^{-y_i \langle x, a_i \rangle})$  is  $y_i^2 \|a_i\|_2^2$ -smooth. Finally from exercise III the logistic regression function is  $\sum_{i=1}^m \frac{y_i^2 \|a_i\|_2^2}{m}$ -smooth.

But this is not the tightest smoothness constant, as we will see in the next exercises!

**Answer (Ex. VI)** — Differentiating twice we have that

$$\nabla^2 f(x) = A^\top A.$$

Consequently

$$v^\top \nabla^2 f(x) v = v^\top A^\top A v \leq \|Av\|_2^2 \leq \sigma_{\max}(A)^2 \|v\|_2^2.$$

**Answer (Ex. VII)** — By analysing directly the Hessian of  $f(x) = \sum_{i=1}^m f_i(x)$  we see that

$$\nabla^2 f(x) = A^\top \Phi(x) A,$$

where  $\Phi(x) = \text{diag}(\phi_1''(a_1^\top x), \dots, \phi_n''(a_n^\top x))$ , Consequently

$$\|\nabla^2 f(x)\|_2 = \|A^\top \Phi(x) A\|_2 \leq \|A\|_2^2 \|\Phi(x)\|_2 \leq M \|A\|_2^2 \stackrel{(1)}{=} M \sigma_{\max}(A)^2.$$

For the logistic function, note that  $\phi''(a_i^\top x) = \frac{e^\alpha}{(1+e^\alpha)^2}$ , where  $\alpha = -y_i \langle a_i, x \rangle$ . Furthermore

$$\phi''(\alpha) = \frac{e^\alpha}{(1+e^\alpha)^2} \leq \frac{1}{4}, \quad \forall \alpha. \tag{13}$$

Consequently a better estimate of the smoothness constant is given by

$$L \leq \frac{\sigma_{\max}(A)^2}{4}.$$

This is a much tighter smoothness constant and the one that is used in practice.