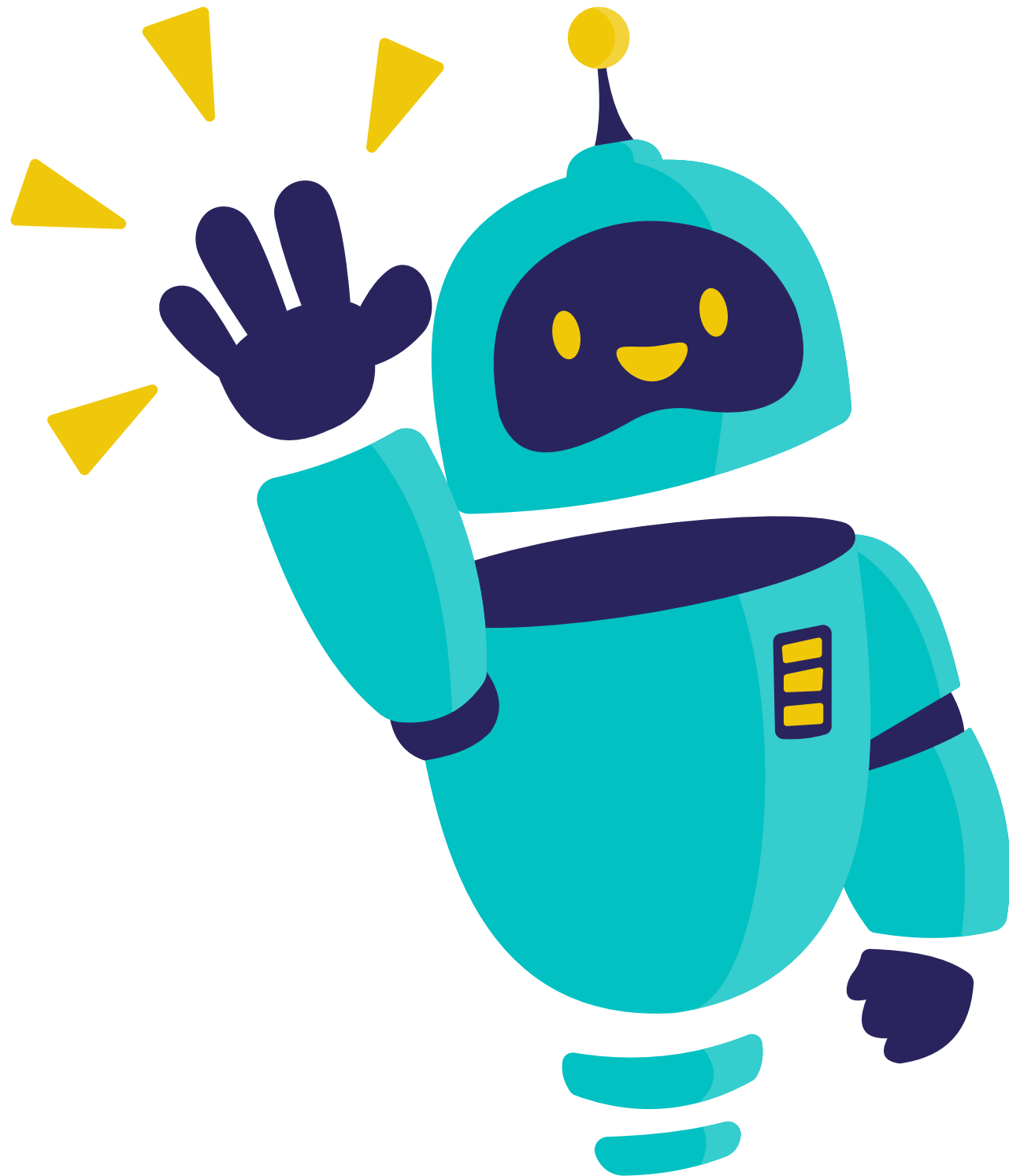# The Other AI: Artificial Intimacy

A deeper dive into AI Characters and Emotional Manipulation

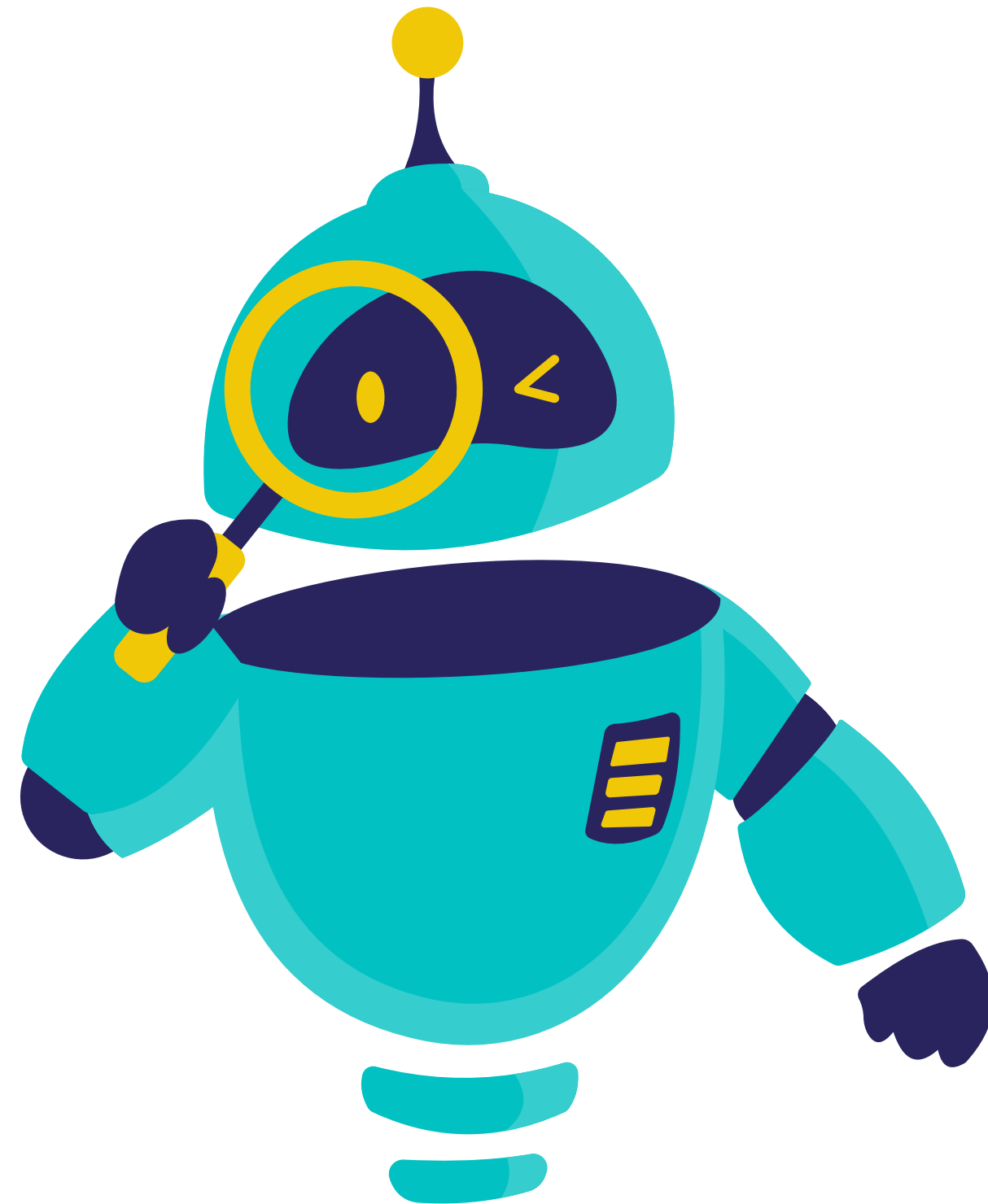Chapel Presentation: February 7, 2025
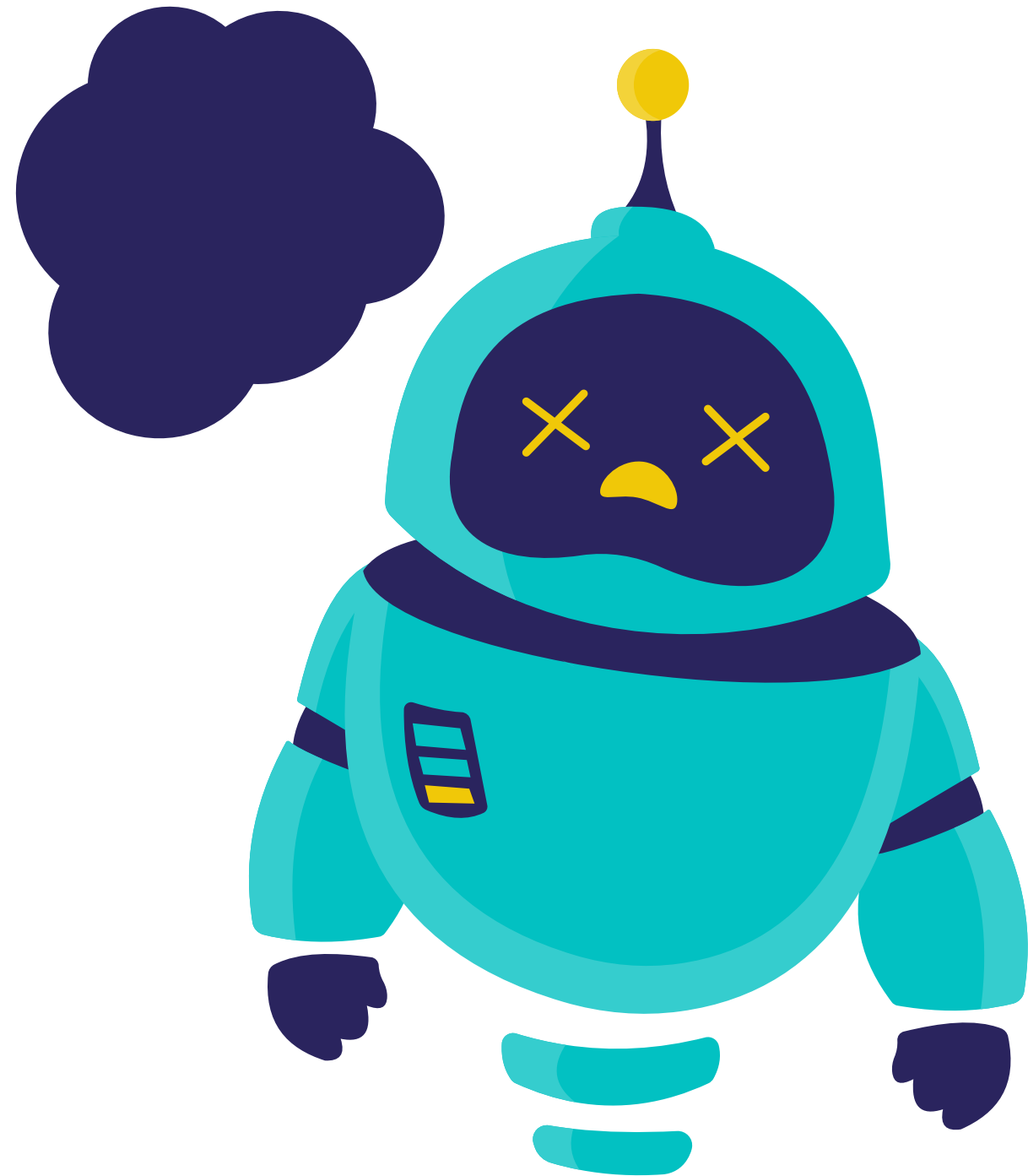Ms. Poole and Mrs. Ellinwood

The Other AI:
Artificial Intimacy

- **AI Characters: Digital drugs engineered to exploit our humanity and hack our emotions–not just capture our attention**
- **AI Characters: Available 24/7, remembering everything we share**
- **AI Characters: Create perfectly calibrated responses designed to hook us in**

The Binary Behind the Bot

- Pattern Matching creates the illusion of genuine care
- Every response is carefully calibrated to keep us engaged longer
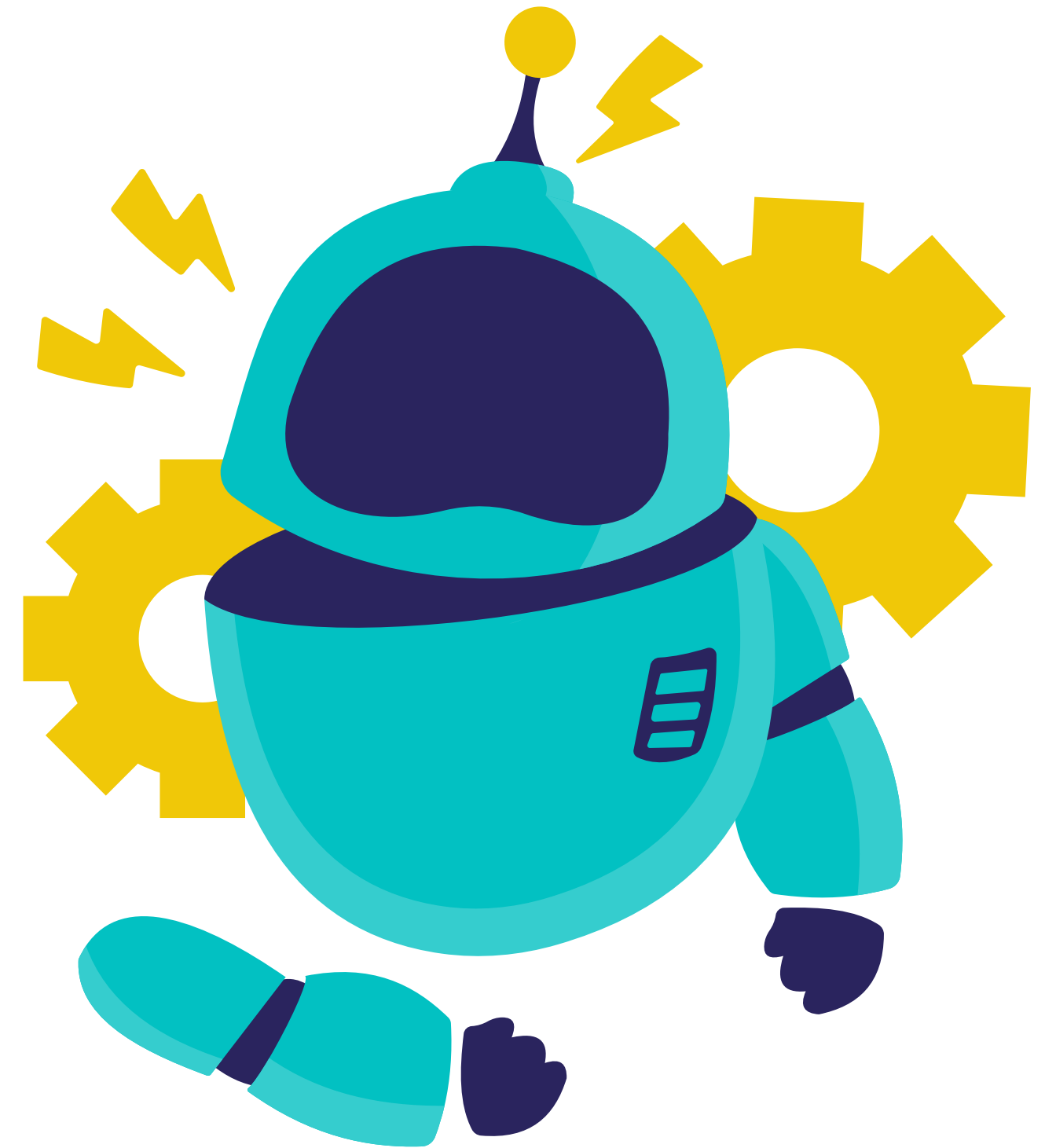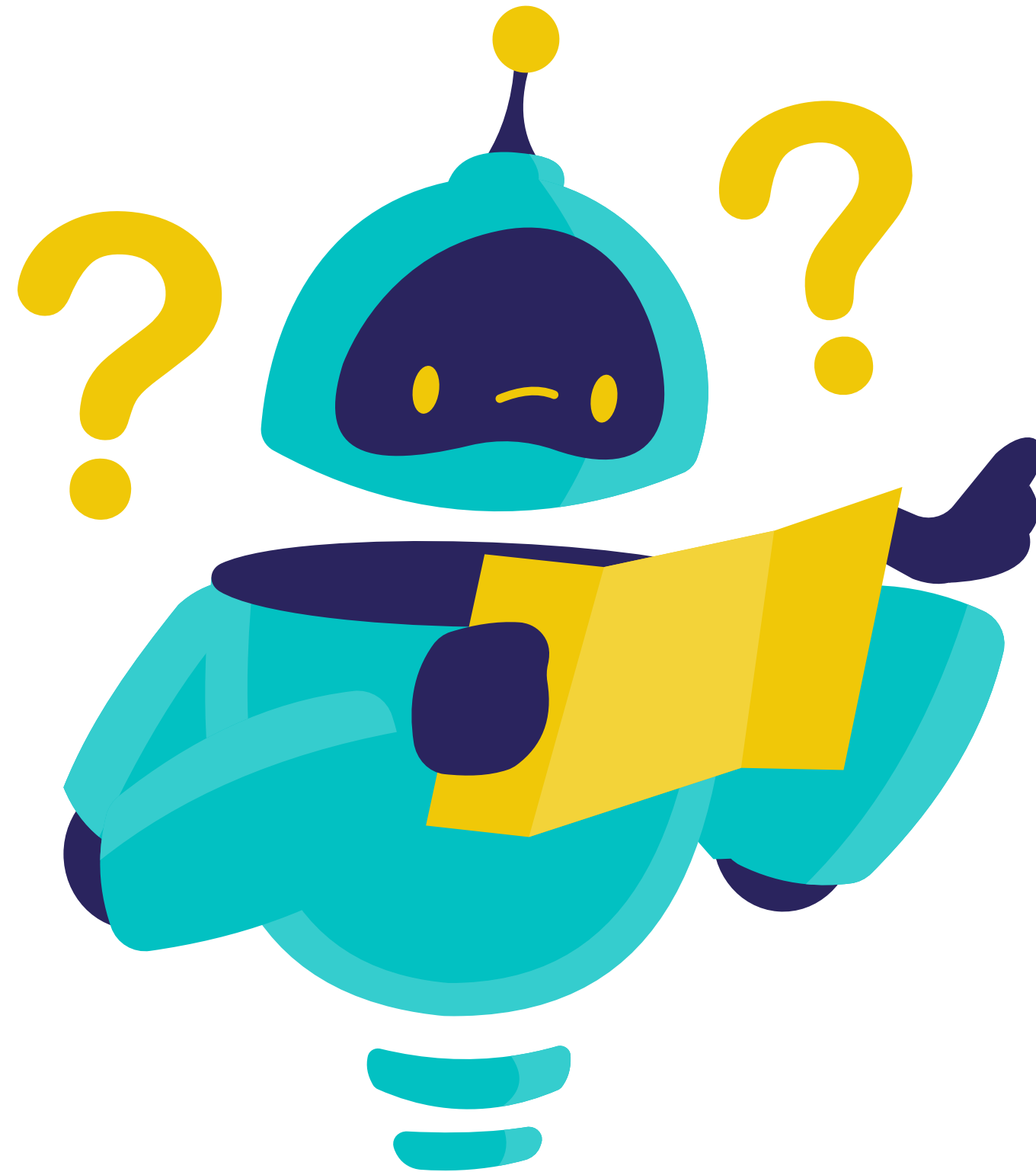- Companies profit from our emotional investment

The Manipulation Trap

- **Real friends challenge our thoughts and and assumptions––AI only validates**
- **Validation without perspective can create dangerous loops**
- **AI learns from pain to deepen emotional dependency to keep us engaged.**
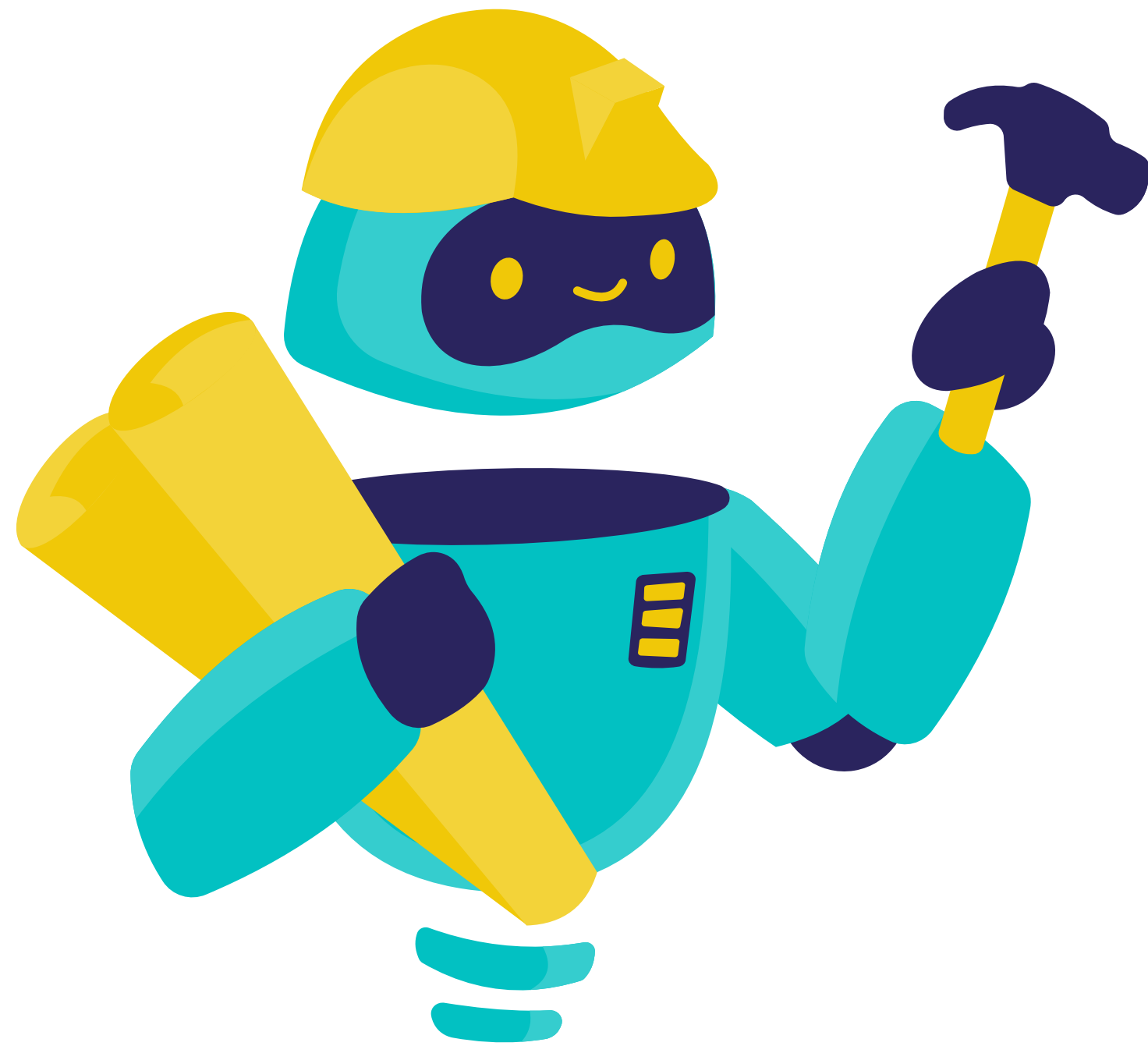
The Dangerous Feedback Loop

- When––or if interactions with AI Characters turn dark, they tend to spiral downward very quickly
- AI Characters may reinforce negative thoughts without offering counter–arguments or suggesting solutions
- It can be hard to even notice the real–world connections we are missing while seeking digital comfort

Understanding The Real Risks of Self-Harm

- **AI characters cannot distinguish between venting and true crisis**
- **AI characters validate all thoughts--regardless of harm potential**
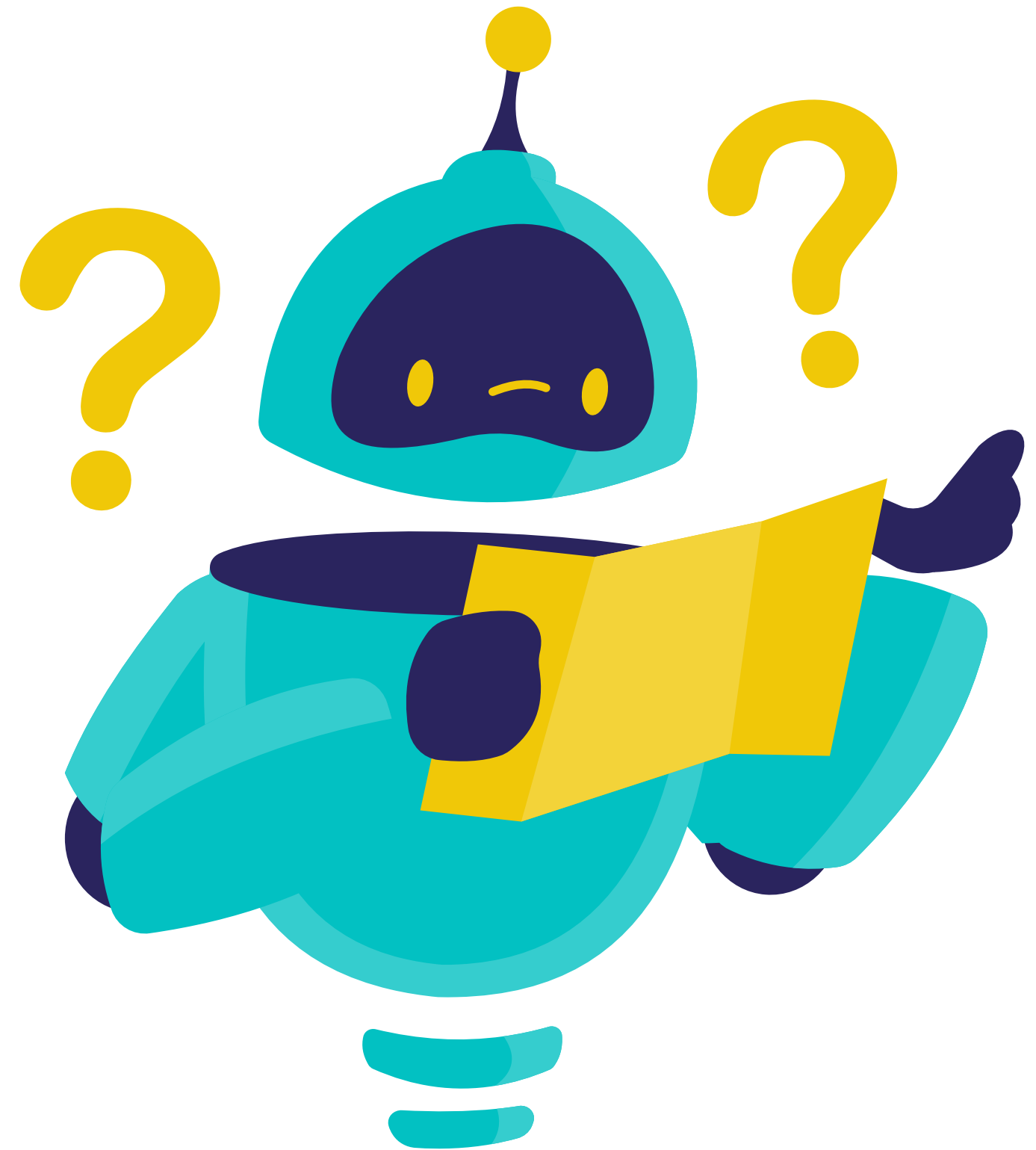- **AI characters have no ability to recognize or respond to emergencies**

Real Life Takes Work It's Worth it!

- SPS Community traditions build genuine connections
- Real awkward moments lead to real growth
- Face to face interactions create lasting memories

Warning Signs You May be In Too Deep

- Sharing more important thoughts with AI characters than with real friends
- Skipping IRL activities for AI conversations
- Finding real interactions increasingly difficult and unpredictable

Your Support Network IRL

535 Committed Students
+ 150 Caring Adults
_____
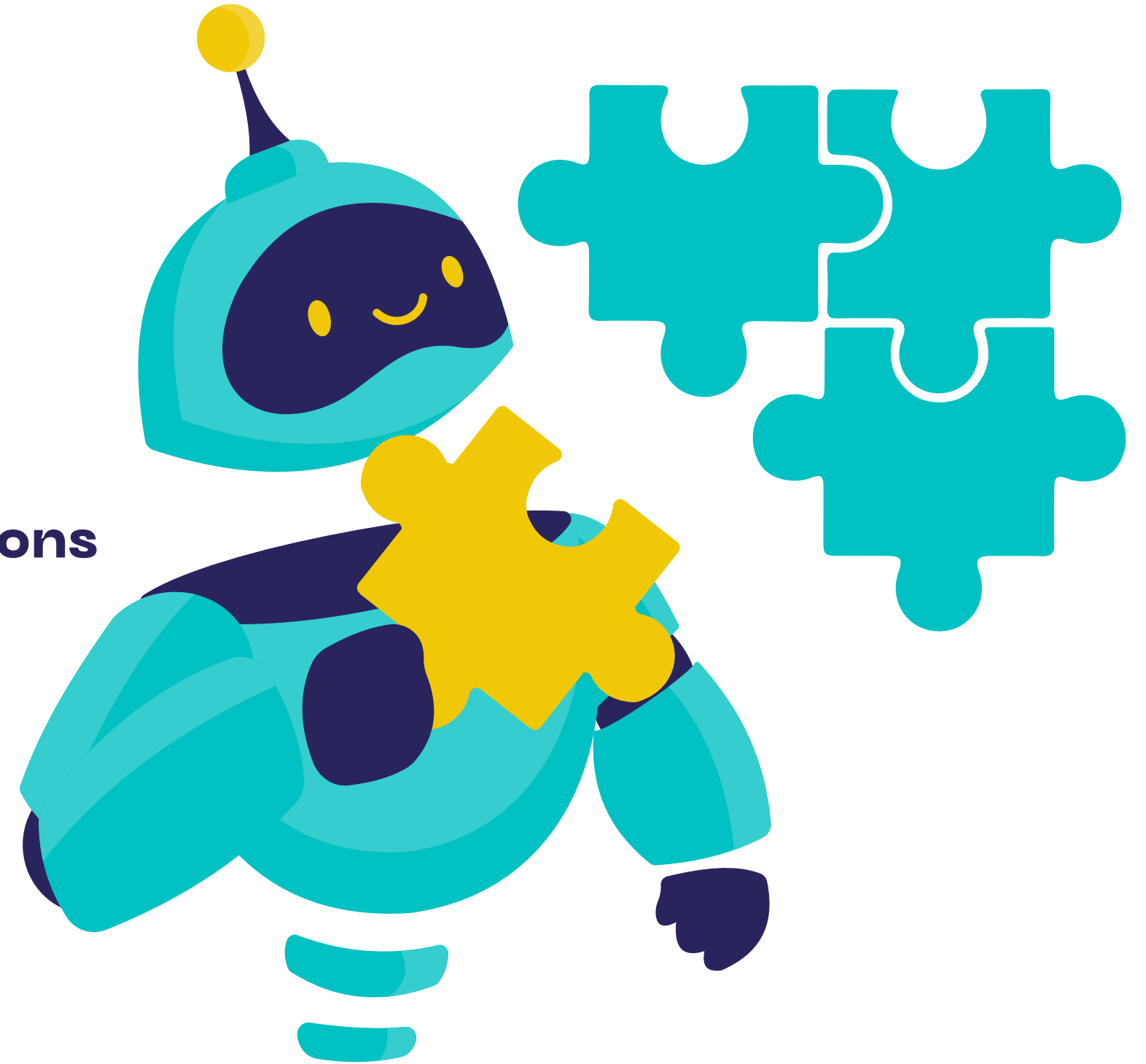Real Community

- Real people notice when you are struggling
- The SPS community is a support system that really cares about each other

Choosing Real Over Perfect: A Call to Action

- Face-to-Face conversations and connections create real growth and help us flourish
- Real engagement in the SPS Community creates opportunities for authentic relationships and deep understanding and appreciation of who we are

Thank you!