

What concrete steps can I take TODAY as a male graduate student that would help reduce sexism in the field of computer science and my personal life? Here's a start:

Actions

- Are the networking or social work events I'm attending all one gender? Am I inviting female students?
- If I'm organizing a panel, am I including women to be on the panel?
- If I'm organizing a speaker series, am I including female presenters?
- If I'm teaching or TA'ing class, do I call on or respond to questions from male and female students in the same way?
- Step up, step back. Do I notice how much I interrupt others? Am I interrupting one gender more than another? Can I take one conversation a week to listen first instead of speaking first?
- If I'm on a hiring committee, do we address implicit bias directly by making up a list of desired qualities up front before we begin the hiring process?
- Am I doing my share of emotional labor at home (i.e. doing half the housework, cooking, social planning, managing schedules) so that the burden is split between myself and my partner?
- Do I obtain verbal consent before I initiate physical contact with the same or opposite sex?

Read some "paradigm-shifting" resources and share with friends/colleagues

- "All Male Panels on tumblr (satirical blog of all-male panels)
- "Oppressed Majority" French short film on youtube (A day in the life of a man who faces subtle sexism and unabashed sexual violence in a mirror-image society dominated by women)
- "Mansplaining," article by Rebecca Solnit
- "What Happened When A Man Signed Work Emails Using A Female Name For 2 Weeks," Huffington post article
- @manwhohasitall on Twitter

Look up and reflect upon the following terms:

- intent vs. impact
- implicit bias
- emotional labor
- benevolent sexism
- verbal consent
- mansplaining
- male fragility
- privilege
- intersectionality