### **Patient Medical Record**

Patient Name: Jane Doe

**DOB**: 05/12/1958 **Gender**: Female **MRN**: 123456789

Date of Visit: 10/06/2024

# **Chief Complaint**

Severe abdominal pain, persistent for two weeks, accompanied by nausea and intermittent vomiting.

# **Past Medical History**

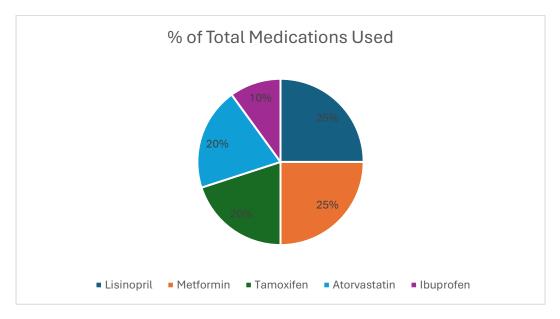
Condition	Year of Diagnosis Current Treatment		
Breast Cancer	2018	Lumpectomy, Tamoxifen	
Hypertension	2015	Lisinopril 10 mg QD	
Type 2 Diabetes	2020	Metformin 500 mg BID	
Hyperlipidemia	2016	Atorvastatin 20 mg QD	
Osteoarthritis (Left Knee	) 2019	NSAIDs, Physical Therapy	

#### Medications

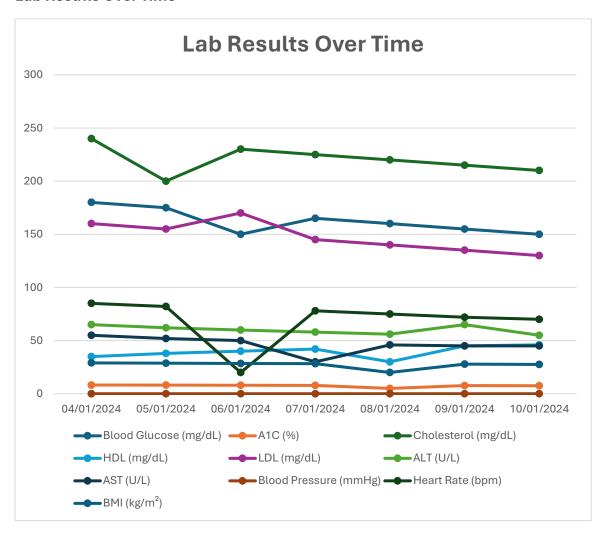
Medication Name Dosage Frequency 51	tart Date
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Lisinopril	10 mg	Once Daily (QD)	2015
Metformin	500 mg	Twice Daily (BID)	2020
Tamoxifen	20 mg	Once Daily (QD)	2018
Atorvastatin	20 mg	Once Daily (QD)	2016
Ibuprofen	400 mg	As Needed (PRN)	2019

# **Medication Usage Distribution**



### **Lab Results Over Time**



## Radiology Report

## Type of Exam:

Computed Tomography (CT) of the abdomen and pelvis with intravenous and oral contrast performed January 10th, 2024.

### **History/Reason for Exam:**

64-year-old female with a history of breast cancer and new onset abdominal pain.

### **Comparison/Priors:**

Comparison is made to a CT scan of the abdomen and pelvis performed August 24, 2022.

#### Technique:

Imaging was performed from the lung bases through the pubic symphysis following the administration of intravenous and oral contrast. Coronal and Sagittal reformatted images were evaluated.

# **Findings**

Region Findings

**Lung bases** No pulmonary nodules or evidence of pneumonia.

**Liver** Probable hepatic steatosis.

Gallbladder Surgically absent.

**Spleen** Unremarkable (normal).

Pancreas Normal.

**Kidneys** Bilateral sub-cm hypoattenuating lesions, likely benign cysts.

**Adrenals** No adrenal nodules.

Lymph

No lymphadenopathy.

**Bowel** No dilation or wall thickening.

Bladder Normal.

Region	Findings
Pelvis	No masses.
Bones	Degenerative changes present in the lumbar spine. No aggressive osseous lesions.

# Impression

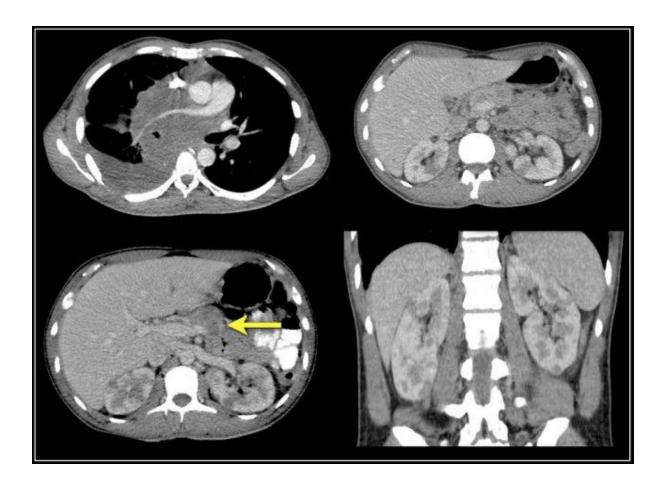
- No findings on the current CT to account for the patient's clinical complaint of abdominal pain.
- Small hypoattenuating renal lesions likely reflect benign cysts. No further work-up is necessary.
- Findings suggestive of hepatic steatosis (fatty liver).

## **Laboratory Results**

Test	Result	Reference Range
White Blood Cell Count	7.8 x 10^9/L	4.0 – 10.0 x 10^9/L
Hemoglobin	12.2 g/dL	12.0 – 16.0 g/dL
Platelets	210 x 10^9/L	150 – 450 x 10^9/L
Blood Glucose (Fasting)	145 mg/dL	70 – 100 mg/dL
A1C	7.8%	<5.7%
ALT	55 U/L	7 – 56 U/L
AST	45 U/L	10 – 40 U/L
Cholesterol (Total)	210 mg/dL	<200 mg/dL
HDL Cholesterol	40 mg/dL	>60 mg/dL
LDL Cholesterol	135 mg/dL	<100 mg/dL

# **Placeholder for Radiology Images:**





# **Treatment Plan**

#### 1. Continue current medications:

- o Tamoxifen for breast cancer remission.
- Lisinopril for hypertension.
- o Metformin for diabetes management.
- o Atorvastatin for hyperlipidemia.

## 2. Diet and Lifestyle Recommendations:

- o Low-fat, low-sugar diet to manage hepatic steatosis and hyperlipidemia.
- Regular physical activity to improve glucose control and alleviate osteoarthritis symptoms.

### 3. Follow-up:

- o Repeat liver function tests in 3 months.
- o Ultrasound of kidneys in 6 months to re-evaluate renal lesions.
- o Consider referral to a dietician for personalized nutrition counseling.

### Consultations

**Specialty Date Requested Comments** 

Gastroenterology 01/02/2024 Evaluation of hepatic steatosis

Endocrinology 01/10/2024 Management of Type 2 diabetes

Radiology 01/15/2024 Review of renal lesions

### **Prescriptions**

Medication Name Dosage Frequency Start Date Refill

Lisinopril 10 mg Once Daily (QD) 01/06/2024 Yes

Metformin 500 mg Twice Daily (BID) 01/06/2024 Yes

Atorvastatin 20 mg Once Daily (QD) 01/06/2024 Yes

Ibuprofen 400 mg As Needed (PRN) 01/06/2024 No

# **Physician Signature:**

Dr. John Smith, MD

Department of Internal Medicine

Date: 10/06/2024