

- Age: Age of the gym member.
- Gender: Gender of the gym member (Male or Female).
- Weight (kg): Member's weight in kilograms.
- Height (m): Member's height in meters.
- Max_BPM: Maximum heart rate (beats per minute) during workout sessions.
- Avg_BPM: Average heart rate during workout sessions.
- Resting_BPM: Heart rate at rest before workout.
- Session_Duration (hours): Duration of each workout session in hours.
- Calories_Burned: Total calories burned during each session.
- Workout_Type: Type of workout performed (e.g., Cardio, Strength, Yoga, HIIT).
- Fat_Percentage: Body fat percentage of the member.
- Water_Intake (liters): Daily water intake during workouts.
- Workout_Frequency (days/week): Number of workout sessions per week.
- BMI: Body Mass Index, calculated from height and weight.
- Experience_Level: Level of experience, from beginner (0) to expert (1).