

🔗 Python Learning Journey Continues!

Today I explored **Loops** in Python — one of the most useful tools that help automate repetitive tasks efficiently! 📝

🧩 Focus of the Day:

- Understanding how **for** and **while** loops work
- Looping through lists and strings
- Using **break** and **continue** to control the loop flow
- Practicing simple patterns and nested loops

🔍 What I Learned:

- Loops make programs more dynamic and powerful by handling repetition automatically
- The **for loop** is perfect for iterating through sequences (like lists or strings)
- The **while loop** runs until a condition becomes false — great for user-driven logic
- **break** helps stop a loop early, while **continue** skips a specific iteration

💬 Reflection:

✅ Day 6 completed!

Writing loops felt like giving Python a rhythm — it repeats actions, checks conditions, and keeps running smoothly. 📝

Understanding loops gave me the confidence to handle logic that involves repetition with ease! 🧠

🎯 Next Target (Day 7):

➡ Dive into **Functions** — reusable blocks of logic that make programs cleaner, faster, and easier to maintain!

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