

## प्रधान मंत्री Prime Minister

## MESSAGE

It is a pleasure to learn that Vadodara International Marathon is being held on 6<sup>th</sup> January, 2019. The social causes being advocated through the Marathon - "Reduce, Reuse and Recycle", "Women's Empowerment" and "Pledge an Organ" are timely and relevant initiatives.

Physical fitness is intimately connected with the good health and wellbeing of people. The participation of people from all walks of life, including Divyang runners is a heartening gesture.

Marathon running requires physical strength, mental toughness and a willing mind. It is a test of virtues of patience, resolve, determination and commitment. I urge every individual and youth in particular, to take up one physical sport, or running, as a daily activity. Let us all encourage and inspire each other to higher levels of physical fitness, which will lead to a 'Fit India'.

Best wishes to all the participants of Vadodara International Marathon. May the Marathon be a singular success.

(Narendra Modi)

New Delhi 03 January, 2019

Ms. Tejal Amin Chairperson Vadodara Marathon Jyoti Ltd., Nanubhai Amin Marg Near Shastri Bridge Vadodara Gujarat