

I. Morning doses (seven of these, at 8am)

- A. **Digoxin** (small, round, white tablet)
 - 1. On Tuesday, Thursday, Saturday, and Sunday:
 - a) Take ONE 0.25mg tablet
 - 2. On Monday, Wednesday, and Friday:
 - a) Take ONE 0.125mg tablet
- B. **Flecainide** ONE larger, oval, white tablet
- C. **Ferrous sulfate** ONE red, round tablet
- D. **Tamsulosin** ONE yellow and brown capsule
- E. **Aspirin** ONE small, white tablet
- F. **Vitamin B12** ONE larger, pinkish tablet
- G. **Vitamin D3** ONE small, yellowish, clear caplet

II. Lunch doses (just one, at 12pm/lunch)

- A. **Ferrous Sulfate** ONE red, round tablet

III. Bedtime doses (four of these, at 9pm or before bed)

- A. **Flecainide** ONE larger, oval, white tablet
- B. **Ferrous sulfate** ONE red, round tablet
- C. **Mirtazapine** ONE smaller, round, oblong tablet
- D. **Donepezil** ONE small, round, bluish tablet