



Locke-Latham Goal-Setting Model

Challenge

- Goal difficulty
- Goal clarity
- Self-efficacy

Mediators

- Direction
- Effort
- Persistence
- Task strategy



An orange speech bubble with a white border and a white shadow, pointing to the right. The word "Rewards" is written in white, bold, sans-serif font inside the bubble.

Rewards



Moderators

- Ability
- Goal commitment
- Feedback
- Task complexity

Satisfaction

Consequences

