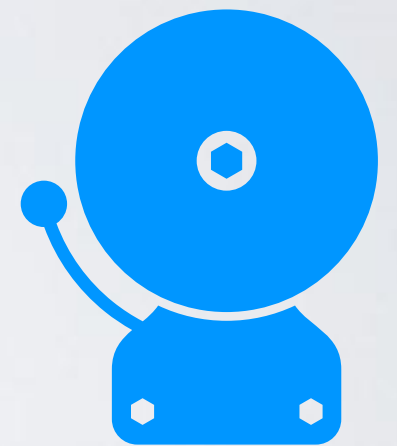


THE LEAVING CERT

- Once you're done, review your plan
- What did you do right/wrong?



PRIORITISE



- When you have multiple goals, prioritise
- Will help focus on important tasks
- Goals reduce stress