



## Locke - Latham Goal - Setting Model

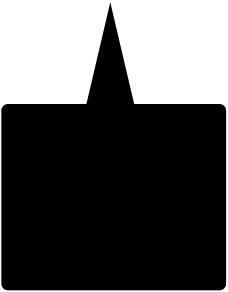
## **Challenge** Goal difficulty Goal clarity Self-efficacy

## **Mediators**Direction

- Effort
- Persistence
- Task strategy



















































































































## Satisfaction













































































































