

Wellness Room Challenge

September 6 - September 30

Kick-off the season with a win!

Exercise in the Fleming Wellness Room at least once a week every week for the month of September to be eligible to win prizes!

(The Wellness Room is located in the basement. You need access to enter this room. Please visit <http://fleming.bf.umich.edu/video.html> for more information)



Sign-up sheet located inside Wellness Room.

Win Prizes!