

FLEMING ADMINISTRATION BUILDING



The Fleming Wellness Champions challenge the folks in Fleming to a 12-week weight loss challenge!

***Eat Smart
Move More
Weigh Less***

- * May 10, 2012 through August 2, 2012
 - * \$15 initial entrance fee
- * Weekly weigh-ins to determine that weeks "Biggest Loser"
- * Winners are determined based on percentage of body weight lost
- * End of the challenge Healthy Potluck to announce the winners!

All cash collected will go to the top four winners with distribution as follows:

1st place – 50%

2nd place – 25%

3rd place – 15%

4th place – 10%

Total loss for previous challenges is 235lbs!
See details for specific challenge information!

JOIN NOW! CONTACT APRIL!
(apepperd@umich.edu)