

AUGUST 2013



Yogurt is Available Daily
as an Entrée Option

View all lunch & breakfast menus at:
www.SarasotaCountySchools.net

<p>19</p> <p>Pizza</p> <p>Crispy Chicken Bites w/Roll</p> <p>Vegetarian Taco Salad</p> <p>Corn/ Broccoli w/Dip</p> <p>Applesauce/Orange</p> <p>100% Fruit Blend Juice</p>	<p>20</p> <p>Macaroni & Cheese w/ Roll</p> <p>Turkey & Provolone Sandwich</p> <p>Summer Salad w/Banana-Oat Muffin</p> <p>Green Beans/</p> <p>Fresh Carrots w/Dip</p> <p>Apple/ Peaches/Grape Juice</p>	<p>21</p> <p>Chicken Filet Sandwich</p> <p>BBQ Pulled Pork Sandwich</p> <p>1905 Salad</p> <p>Mashed Potatoes/</p> <p>Steamed Fresh Broccoli</p> <p>Grapes/ Mixed Fruit</p> <p>Green Apple Juice</p>	<p>22</p> <p>Brunch for Lunch</p> <p>Pancakes w/Ham Slice</p> <p>Cheese Omelette w/Pancakes</p> <p>Yogurt Parfait</p> <p>Cinnamon Sweet Potatoes</p> <p>Red Cherry Tomatoes</p> <p>Banana/ Strawberry Cup</p> <p>Orange Juice</p>	<p>23</p> <p>Crispy Chicken w/Roll</p> <p>Selects All Beef Hot Dog</p> <p>Fruit & Cheese Platter</p> <p>Lettuce & Tomato Cup/</p> <p>Baked Beans</p> <p>Watermelon/Craisins</p> <p>Frozen Fruit Juice Cup</p>
<p>26</p> <p>Cheese Pizza</p> <p>Hot Cuban Sandwich</p> <p>Spinach Salad w/</p> <p>Blueberry Muffin</p> <p>Red Cherry Tomatoes/</p> <p>Green Beans</p> <p>Pears/ Apple</p> <p>100% Fruit Blend Juice</p>	<p>27</p> <p>Grilled Cheese Sandwich</p> <p>Southwest Chicken Burrito Wrap</p> <p>Oriental Chicken Salad</p> <p>Tomato Soup/</p> <p>Steamed Fresh Broccoli</p> <p>Watermelon/ Mixed Fruit</p> <p>Grape Juice</p>	<p>28</p> <p>Orange Chicken w/ Brown Rice</p> <p>Hamburger</p> <p>Chef's Salad w/Breadstick</p> <p>Fresh Carrots w/Dip/ Corn</p> <p>Applesauce/ Orange</p> <p>Strawberry -Kiwi Juice</p>	<p>29</p> <p>Spaghetti w/ Garlic Toast</p> <p>All American Stack</p> <p>Chicken Caesar Salad</p> <p>Steamed Zucchini/</p> <p>Crisp Lettuce & Tomato Cup</p> <p>Banana/Peaches</p> <p>Rips® 100% Fruit Juice Slush</p>	<p>30</p> <p>Golden Chicken Tenders w/Roll</p> <p>Homemade Meatball Sub</p> <p>Yogurt Parfait</p> <p>Oven Fries/ Baked Beans</p> <p>Strawberry Cup/ Grapes</p> <p>Frozen Fruit Juice Cup</p>

Apply for Free and Reduced meal benefits
for the 2013-2014 school year.

Meal applications are accepted online at:

<http://SarasotaCountySchools.net/departments/fns>

Click on Free & Reduced Application Link

MILK

Available Each Day

Skim Milk

1% Low Fat White Milk

Fat Free Chocolate Milk

Fat Free Strawberry Milk

GO

SLOW

WHOA

Full Price Meal Cost

Elementary: Lunch \$2.10 Breakfast \$1.10

Adult: Lunch \$3.25 Breakfast \$1.50

Reduced Price Meal Cost

Lunch .40¢ Breakfast .30¢

CREATE AN ACCOUNT AT:

myLunchmoney.com

View student Meal Purchases

Check Account Balances

Add Money to Account

You will need:

Student's school

Grade

Birth Date

10 Digit Student ID # (Not PIN)

All Rolls, Sandwich
Breads, & Biscuits
are
Whole Grain Rich!

