**SUPPLEMENT QUESTIONNAIRE**Welcome and thanks for participating in our questionnaire! Once complete, you’ll have a recommended list of products that best align with your biggest health concerns. Please rate your level of concern (from 1-5) on the questions below.

SCALE

1 – Not at all concerned

2 – Slightly concerned

3 – Somewhat concerned

4 – Moderately concerned

5 – Extremely concerned

Welcome and thanks for participating in our questionnaire! Once complete, you’ll have a recommended list of products that best align with your biggest health priorities. Please rate your priority level (from 1-3) on the questions below.

SCALE

Low priority

Medium priority

High priority

**A. HARD TISSUE**

Flexibility and movement \_\_\_\_\_\_

Joint health \_\_\_\_\_\_

Healthy gums and teeth \_\_\_\_\_\_

Knees and walking \_\_\_\_\_\_

Shoulders and lifting \_\_\_\_\_\_

Back and back pain or flexibility \_\_\_\_\_\_

**B. METABOLISM & ENERGY**

Cravings for sweets \_\_\_\_\_\_

Falling and staying asleep \_\_\_\_\_\_

Trouble losing weight \_\_\_\_\_\_

Sleepiness during the day \_\_\_\_\_\_

Waking up feeling refreshed \_\_\_\_\_\_

Supporting healthy blood sugar levels \_\_\_\_\_\_

**C. SOFT TISSUE**Vision health \_\_\_\_\_\_

Healthy heart & blood pressure \_\_\_\_\_\_

Wrinkles & fine lines \_\_\_\_\_\_

Healthy skin \_\_\_\_\_\_

Lung health & breathing \_\_\_\_\_\_

Kidney & liver health \_\_\_\_\_\_

**D. DIGESTION & IMMUNE HEALTH**Vision health \_\_\_\_\_\_

Healthy heart & blood pressure \_\_\_\_\_\_

Wrinkles & fine lines \_\_\_\_\_\_

Healthy skin \_\_\_\_\_\_

Lung health & breathing \_\_\_\_\_\_

Kidney & liver health \_\_\_\_\_\_

Please rate your level of concern (from 1-5) on the health categories below. Scores of 3 or higher will get a recommended product.

**WEIGHT LOSS** \_\_\_\_\_\_

**BUILDING LEAN MUSCLE** \_\_\_\_\_\_

**EXERCISE & PERFORMANCE** \_\_\_\_\_\_

**ANTI-AGING NEEDS** \_\_\_\_\_\_

**ENERGY** \_\_\_\_\_\_

**GETTING ENOUGH VITAMINS & MINERALS** \_\_\_\_\_\_

**FRUIT & VEGETABLE NUTRIENTS FOR HEALTH** \_\_\_\_\_\_

**MEN’S HEALTH** \_\_\_\_\_\_

**WOMEN’S HEALTH** \_\_\_\_\_\_

**STRESS & SLEEP** \_\_\_\_\_\_

**NATURALLY BUILD A BETTER IMMUNE SYSTEM** \_\_\_\_\_\_

**BETTER MENTAL FOCUS & MEMORY** \_\_\_\_\_\_

**EYE HEALTH, DISCOMFORT & IRRITATION** \_\_\_\_\_\_

**CIRCULATION & HEALTHY BLOOD VESSELS** \_\_\_\_\_\_

**JOINT, CARTILAGE, MOBILITY & COMFORT** \_\_\_\_\_\_

**RESULTS AND RECOMMENDATIONS**The below product recommendations are based on your overall rating of:

* 6-11 (slightly concerned)
* 12-17 points (somewhat concerned)
* 18-23 points (moderately concerned)
* 24-30 points (extremely concerned)

**A. HARD TISSUE**

**Recommended Product: Healthy Body Bone & Joint Pak 2.0 (SKU 10256)\***  
Specifically formulated to support and promote healthy bones and joints. Each pack provides broad spectrum foundation nutrition and includes:

* BTT 2.0 Citrus Peach Fusion – 1 480g canister
* EFA PLUS – 1 container of 90 soft gels
* Beyond Osteo-fx powder – 1 357g canister
* Gluco-Gel – 1 container of 240 capsules
* CM Cream 2 oz (1).

*\*See individual products for details.*

**B. METABOLISM & ENERGY  
Recommended Product: Healthy Body Bone & Joint Pak 2.0 (SKU 10256)\***  
Specifically formulated to support and promote healthy bones and joints. Each pack provides broad spectrum foundation nutrition and includes:

* Beyond Tangy Tangerine 2.0 Citrus Peach Fusion – 1 480g canister
* EFA PLUS – 1 container of 90 soft gels
* Beyond Osteo-fx powder – 1 357g canister
* Gluco-Gel – 1 container of 240 capsules
* CM Cream 2 oz (1).

*\*See individual products for details.*

**C. SOFT TISSUE  
Recommended Product: Healthy Body Blood Sugar Pak™ 2.0 (SKU 10254)\***  
Specifically formulated to support and promote healthy blood sugar levels. Each pack provides broad spectrum foundation nutrition and includes:

* Beyond Tangy Tangerine 2.0 Citrus Peach Fusion – 1 480g canister
* EFA PLUS – 1 container of 90 soft gels
* Beyond Osteo-fx powder – 1 357g canister
* Slender FX Sweet Eze (1).

*\*See individual products for details.*

**D. DIGESTION & IMMUNE HEALTH  
Recommended Product: Healthy Body Bone & Joint Pak 2.0 (SKU 10256)\***  
Specifically formulated to support and promote healthy bones and joints. Each pack provides broad spectrum foundation nutrition and includes:

* BTT 2.0 Citrus Peach Fusion – 1 480g canister
* EFA PLUS – 1 container of 90 soft gels
* Beyond Osteo-fx powder – 1 357g canister
* Gluco-Gel – 1 container of 240 capsules
* CM Cream 2 oz (1).

*\*See individual products for details.*

**PRODUCT RECOMMENDATIONS (BASED ON SCORES OF 3 OR HIGHER)**

**WEIGHT LOSS**   
**Did You Know?**Youngevity’s Better Health Now Challenge helps you lose weight and stay on track. With 3 programs to choose from, we have the menu's, recipes, and support to help you achieve your goals.

**Recommended Products:**

* Rev 90 Better Health Challenge Pak (SKU 10285)
* Keto 90 Better Health Challenge Pak (SKU 10283)

**BUILDING MUSCLE**

**Did You Know?**Consuming protein within 30 minutes of a workout can help you build and support muscle? The right type and right amount of protein is key. Try our Fit Shake, which is perfect for pre or post workout nutrition.

**Recommended Product:** Fit Shake (SKU USYG300002)

**EXERCISE & PERFORMANCE**

**Did You Know?**Youngevity's ProLine offers the ultimate in nutrition to support an active lifestyle. From shakes and omegas, to joint and flexibility, energy, and more, see why athletes the world over choose Youngevity products.

**Recommended Products:**

* ProLine Ultimate Daily Classic (SKU USYG100084)
* Rebound FX (SKU 13223) or liquid (SKU USYGY100005)

**ANTI-AGING NEEDS**

**Did You Know?**Imortalium is a bi-layered tablet, containing nutrients that support anti-aging by improving telomere health.

**Recommended Product:** Immortalium (SKU USYGY100080)

**ENERGY**

**Did You Know?**Projoba Pollen Burst is the world's first energy drink powered by flower pollen. With vitamin D and the powerful antioxidant SOD, this natural orange-flavored drink helps the body fight free radical damage and other environmental stresses.

**Recommended Products:** Projoba Pollen Burst (SKU PJ330 & SKU PJ500)

**GETTING ENOUGH VITAMINS & MINERALS**

**Did You Know?**Our bodies need a steady stream of minerals in trace amounts to function properly. Plant Derived Minerals are liquid concentrates, containing up to 77 minerals from prehistoric plants in their unaltered colloidal form.

**Recommended Products:** Plant Derived Minerals (SKU 13203)

**FRUIT & VEGETABLE NUTRIENTS FOR HEALTH**

**Did You Know?**Super Greens™ is a nutrient dense, easy-to-mix powder made from the world's most powerful superfoods with real, organic whole fruits, vegetables, and herbs. This delicious shake is flavored with refreshing organic peppermint and spearmint!

**Recommended Product:** Super Greens (SKU USYGY300001)

**MEN’S HEALTH**

**Did You Know?**PROSTAT is a naturopathic product containing two scientifically proven hypoallergenic flower pollen extracts. Formulated especially for men, it naturally helps the body improve urine flow and maintain a normal and healthy prostate.

**Recommended Product:** Prostat (SKU PJ102)

**WOMEN’S HEALTH**

**Did You Know?**These high-quality all-natural vitamin mineral and botanicals provide optimal hormonal support for women.

**Recommended Product:** Xerafem (SKU USYGY100082)

**STRESS & SLEEP**

**Did You Know?**Ultimate D-Stress helps your body combat chronic stress and support a healthy lifestyle.

**Recommended Products:**

* Ultimate D Stress (SKU 82123)
* Z Radical (SKU 3030)

**NATURALLY BUILD A BETTER IMMUNE SYSTEM**

**Did You Know?**Containing certified organic turmeric, this herbal supplement delivers superior antioxidant activity.

**Recommended Products:**

* Prumeric (SKU USYGY100088)
* Zradical (SKU 30300

**BETTER MENTAL FOCUS & SHORT/LONG-TERM MEMORY**

**Did You Know?**Synaptiv is a ground-breaking brain-support supplement that supplies immediate and extended release nutrients to promote optimal brain function.

**Recommended Products: Synaptiv (SKU USYGY100083)**

**EYE HEALTH, DISCOMFORT & IRRITATION**

**Did You Know?**You can optimize your eye health with Ocutiv, a comprehensive nutritional supplement that provides advanced ocular health support.

**Recommended Product:** Ocutiv USYGY100086

**CIRCULATION, BLOOD FLOW, & HEALTHY BLOOD VESSELS**

**Did You Know?**ProCardio FX™ delivers a broad-spectrum blend of synergizing nutrients that help support the complete vascular system. Each ingredient delivers targeted support to an element within the cardiovascular system.

**Recommended Product: ProCardio FX (SKU USYGY100093)**

**JOINT, CARTILAGE, MOBILITY & COMFORT**

**Did You Know?**ProJoint FX™ is a nutritionally advanced formula that supports the health of the entire joint structure. Through a three-step process, the nutrients in the ProJoint FX™ formula may help improve overall joint care.

**Recommended Product: ProJoint FX (SKU USYGY100092)**