

# CRMTA Spreadsheet

Course	Presenter	Date Approved	Credits allotted
Pregnancy and post natal	Seminars for health	Preapproved	14
Self Care with critical alignment	Seminars for health	Pre approved	3
Transforming pain with neuroplasticity	Seminars for health	Pre approved	7
Shiatsu for Health Practioners	Seminars for health	Pre Approved	14
Kinetic Massage of the neck	Seminars for health	Pre Approved	7
Mindful meditation massage	Seminars for health	Pre Approved	TBA
Cadaver Lab	Seminars for health	Pre Approved	3
Certification program – advanced orthopedic massage	Seminars for health	Pre Approved	4
Introduction to OM	Seminars for health	Pre Approved	4
Advance OM of the anterior neck (prerequisite required)	Seminars for health	Pre Approved	4
Advanced OM of the chest and anterior shoulder	Seminars for health	Pre Approved	4
Advanced OM of the rotator cuff (prerequisite required)	Seminars for health	Pre Approved	4
Advanced OM of the lumbar/SI	Seminars for health	Pre Approved	4
Advanced OM of the hip and thigh	Seminars for health	Pre Approved	4
Advanced OM of the leg and foot	Seminars for health	Pre Approved	4
	Sherri Routledge	Feb 26/17	16

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Adhesion release technique upper body			
Adhesion release technique lower body	Sherri Routledge	Feb 26/17	16
Prenatal and Maternity massage workshop	Rebecca Bekolay	June 1/17	20
Cupping Massage – Facial Cupping	Shenan Haitwell	July 12/17	6
The joy of grief massage	Sarah Caden	PENDING	2
FMT Blades	Dr. Ben Stevens	PENDING	8
Rattan Massae	Jodi Bessler	PENDING	Two Day Course
Rehabilitation Massage	Dr. Salami	Pre Approved	16
First Aid Training	Recognized level C first aid and CPR	Pre Approved	3