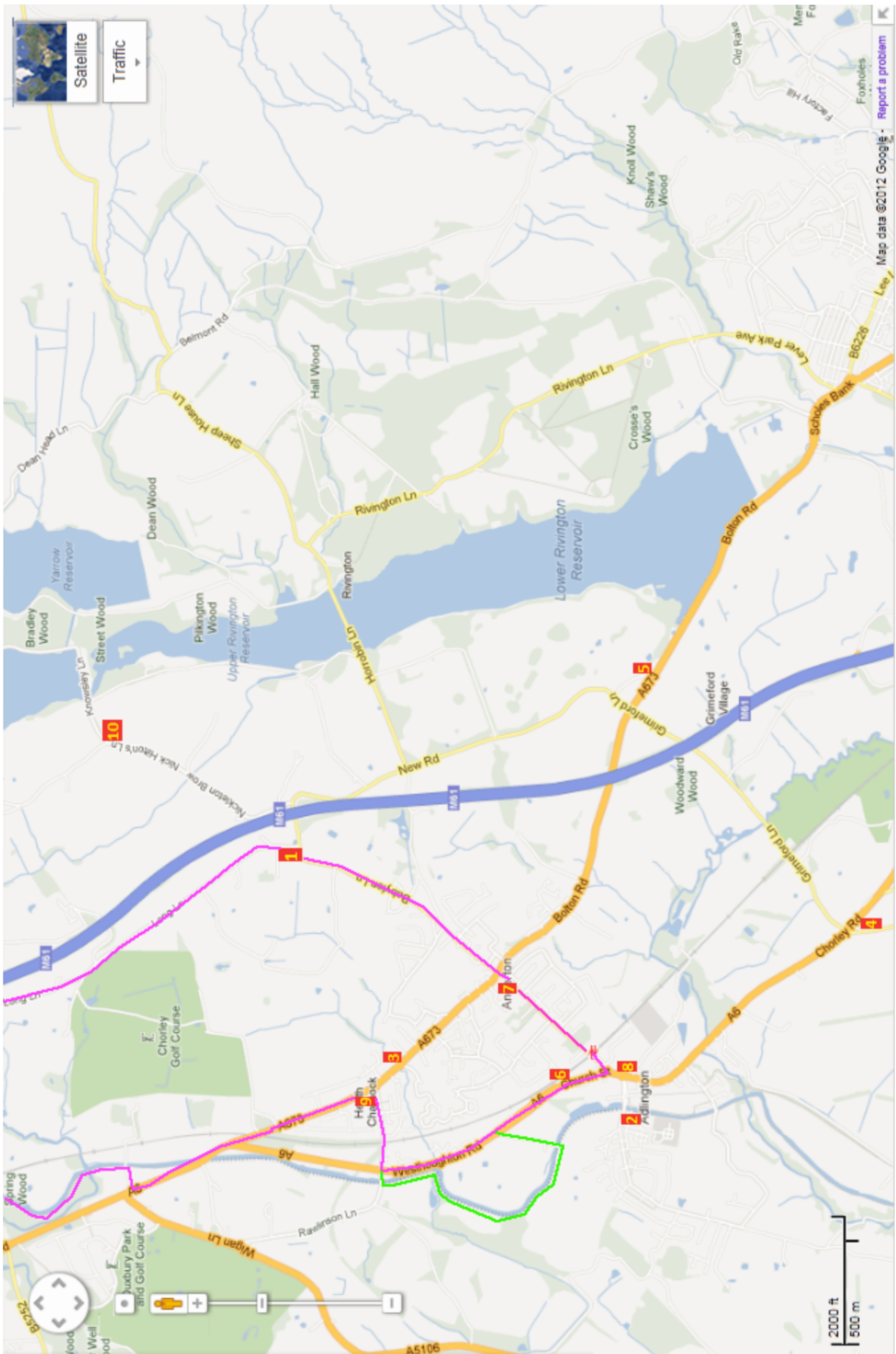


Walk 7 - Three Spinners, Three Horses



Adlington Beer Circular

## **Walk 7**

### **Three Spinners Three Horses**

This walk takes in a lot more of the canal than the other walks and takes you to the edge of Chorley, with a round trip back to the village. The ground should all be OK on this walk, with good paths in most places and you can stop of an Ice Cream!

1/ Leave the Train Station, turn left on to Railway Road, cross over and turn right at the mini roundabout. Just on the right hand side, you will see the Spinners Arms. This will take 5 minutes.

2/ Turn right from the Spinners Arms and walk past the car garage on your right until you reach the crossroads. Turn right onto Rawlinson Lane. (Again, you can always go on the canal opposite the car garage by just going down Bonds Lane – if you do, head right along the canal and leave at Bridge 71, turn left cross over the A6 and head up Rawlinson Lane). On the left hand side at the top of Rawlinson Lane will be the White Horse. This will take 20-25 minutes.

3/ Leave the White Horse and turn left, keeping on down Chorley Road toward Skew Bridge. The path on the right hand side is better. Continue over Skew Bridge, past the car garage and eventually you will see Fredericks Ice Cream parlour. (You may stop here if you wish, the ice creams are great!). Just before Fredericks, turn right and get back on to the canal here and start heading left. Please keep on the canal path, you will see the Spinners at Cowling (Yes, another Spinners) up on the hill on your right. Continue walking along the canal and look to leave at bridge number 75a. Go through the pedestrian gate and head left uphill towards the Spinners at Cowling. This should take around 30-40 minutes.

4/ Turn left out of the Spinners, you will bend left, then right and come to an area known as Limbrick. Pass over the small bridge, you will see the Black Horse which is the next stop. This should take around 10-15 minutes.

5/ Leaving the Black Horse, please turn left along Long Lane, however, please be careful as there is no path in places. Carry on and stay on this road. After around 30-35 minutes, you will reach the Bay Horse on the right hand side.

6/ Leave via the rear door and go down Babylon Lane, straight down to the traffic lights. Go straight across the junction using the crossing, over to Railway road and on your right is the Top Spinners. This will take 15-20 minutes.

7/ Turn right out of the Top Spinners and make your way back down Railway Road back to the station. You could always complete the walk back at the Bottom Spinners for a true circular.