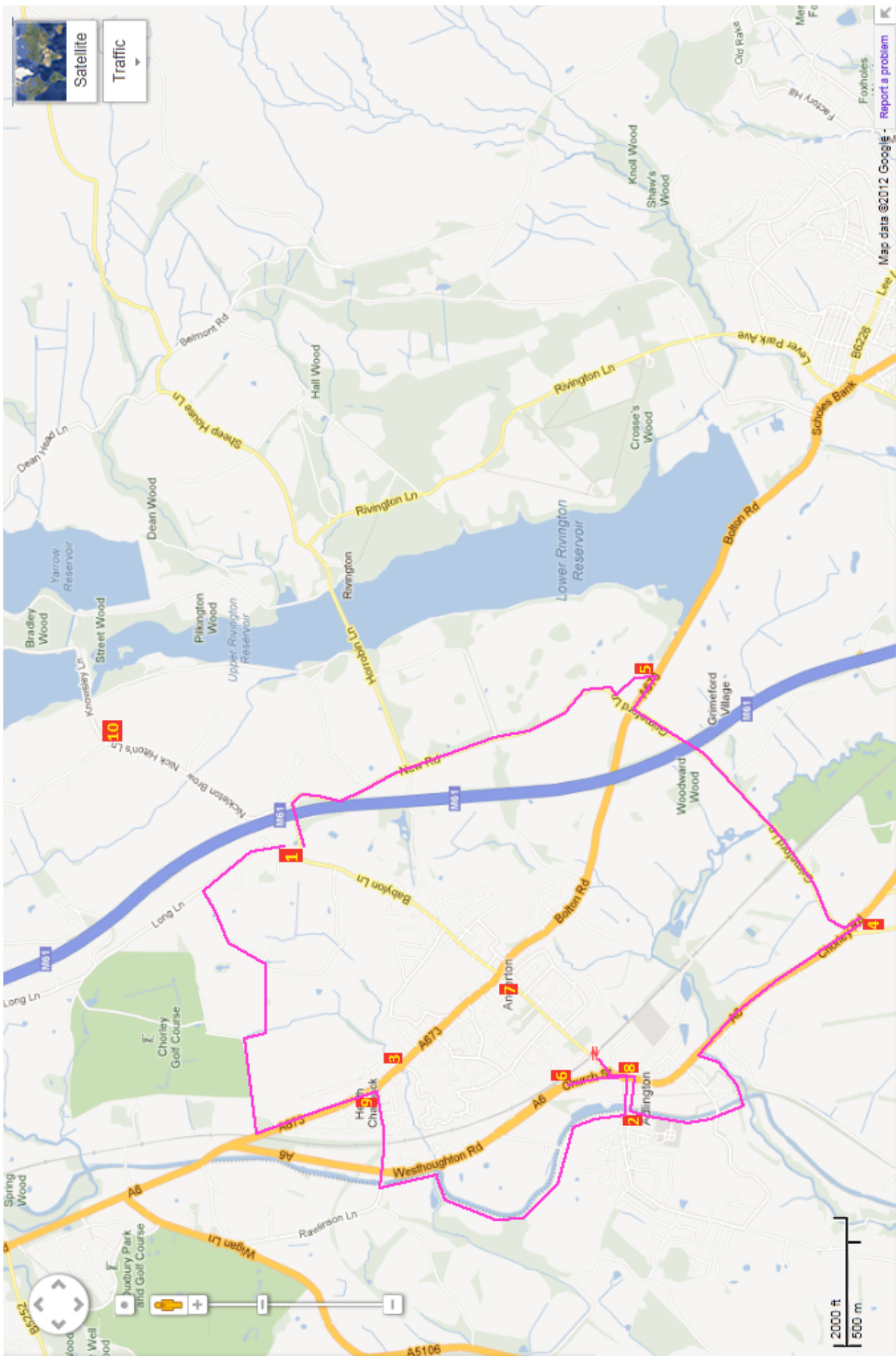


## Walk 4 - Local Favourite



Adlington Beer Circular

## Walk 4

### Local favourite

This walk is shorter than the full route, but takes in the Leeds/Liverpool Canal and the farmer's field. This is a nice, easy walk with great views but can be muddy in places.

1/ Leave the Train Station, on to Railway Road and turn left heading towards the mini roundabout, turn left at the mini roundabout, cross over the road and then turn immediate right after the Co-op, heading down Park Road. Head over the canal bridge and turn right on to the canal tow path, opposite the Bridge Inn (Don't worry, you will end up back here later on for a drink). In front of you is White Bear Marina. Keep left along the Canal until you get to Bridge 71. Just pass underneath the Bridge and leave the canal here, opposite Ellerbeck Narrowboats ([www.ellerbecknb.co.uk](http://www.ellerbecknb.co.uk)). Once you are on the footpath, head left, cross the main road (A6) and head up Rawlinson Lane. At the top end of Rawlinson Lane sits the first pub to visit, The White Horse. This walk should take about 20-25 minutes at decent speed.

2/ Leave the White Horse by the front door, turn left and continue down Chorley Road, towards Skew Bridge. Just before Skew Bridge on the opposite side of the road, you will see the sign for Chorley Golf Club. Please cross over and turn right up this road. At the top of the road, there will be a farmer's track on the right, please turn down here. A short way into the track, there will be steps/style into a farmers field. The first style takes you though the muddy patch, but you could continue to the second style just slightly further on the left, which has a dryer path. Go directly across the field and there are another set of steps at the opposite end, please go over these and take the left branch, which will eventually bring you to Long Lane. When you get to Long Lane, please turn right, cross over the road to the footpath and you will come to the Bay Horse situated on the right hand side. This will take around 20-25 minutes.

3/ Leave the Bay Horse by the front door, go across the road and over the motorway bridge. Do not turn left, instead, bend right and continue along New Road, which will bring you out at Luciano's at The Millstone after about 30 minutes.

4/ Leave Luciano's at The Millstone and head back towards Adlington along Bolton Road, cross over and take the first left down Grimeford Lane. This will take you under the motorway bridge and again, there is no path in places, so please take care. At the end of Grimeford Lane, look left, the Cherry Tree will be visible. This section should take around half an hour.

5/ Leave the Cherry Tree, turn left heading back towards Adlington down Chorley Road. Just after the small stone bridge at the "welcome to Chorley sign", there are some wooden steps (signed for the Adlington Circular Walk). Turn and descend the steps and follow the path keeping the river on your left, this will eventually head underneath the canal aqueduct. Turn immediate right up the steps which will lead you to the canal. Head left along the tow path and you will end up back at The Bridge where you first got on the canal, so go in for a drink. This section will take around 20-25 minutes.

6/ Leave The Bridge and turn right, going back over the bridge over the canal and you will see the White Bear over the road. Cross at the crossing and go in the White Bear. This will take less than 5 minutes.

7/ Leave the White Bear, turn right as if you were going back towards the station, however, do not turn right up to the station, cross over Railway Road at the mini roundabout, past Rajpoot on your right hand side and you will arrive at your final destination, the Spinners Arms. Again, this will take about 5 minutes to get here.

8/ Return to the Train Station or have a few more before you leave!