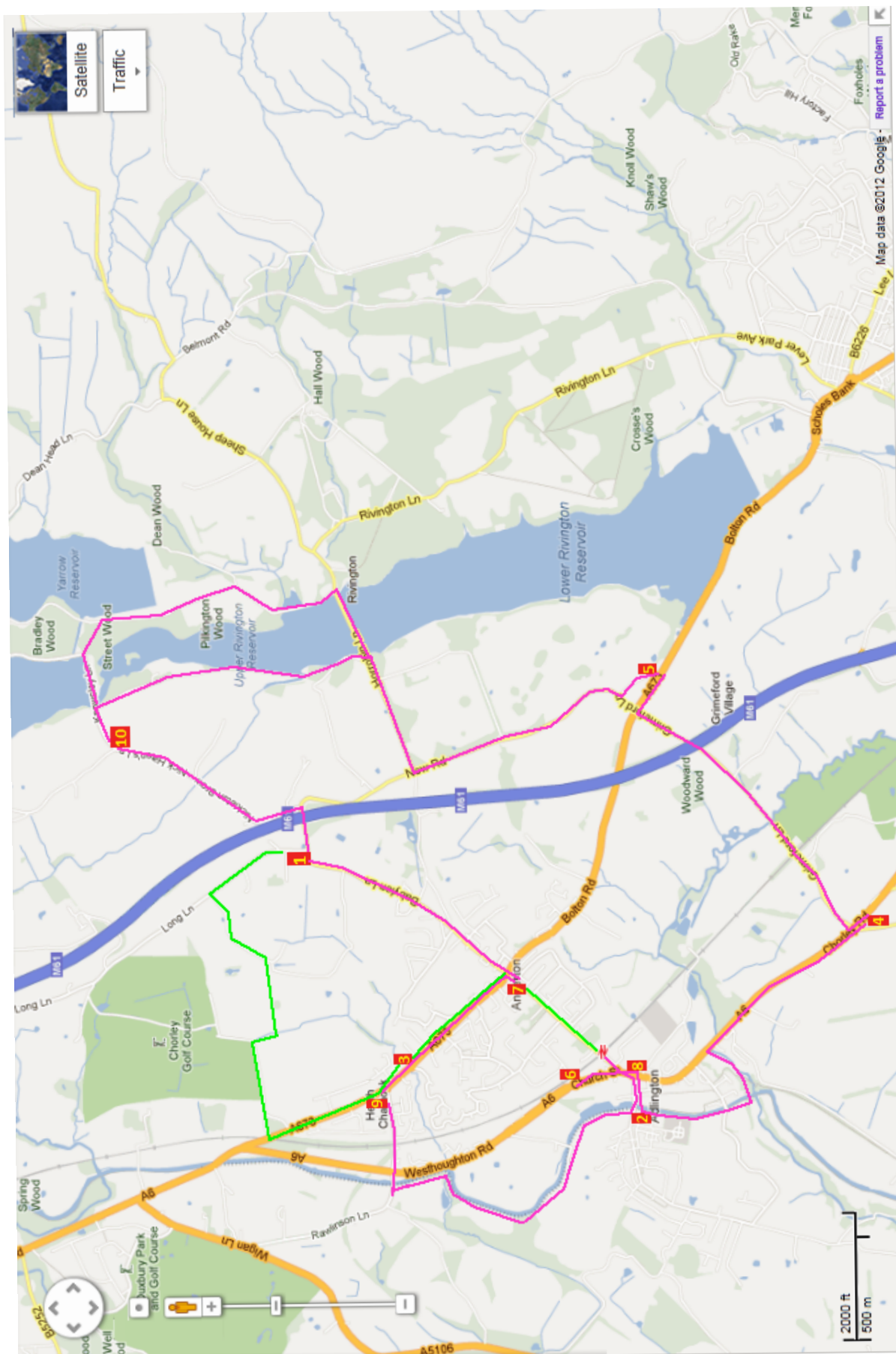


Walk 1 - The Full Monty



Walk 1

The Original 10

There are a few ways to go to take in these Pubs, however, this will take you along the Leeds/Liverpool Canal at the start, although you can use the road if you wish. An alternative route is noted at the bottom which has one section which may be muddy. This walk with a stop at 10 pubs and will take over 7 hours so make sure you start as soon as the Pubs open at 12 although it is easy enough to get back to the train station if you are pushed for time. There are some great views to be had on the full walk.

1/ Leave the Train Station, on to Railway Road and turn left heading towards the mini roundabout, turn left at the mini roundabout, cross over the road and then turn immediate right after the Co-op, heading down Park Road. Head over the canal bridge and turn right on to the canal tow path, opposite the Bridge Inn (Don't worry, you will end up back here later on for a drink). In front of you is White Bear Marina. Keep left along the Canal until you get to Bridge 71. Just pass underneath the Bridge and leave the canal here, opposite Ellerbeck Narrowboats (www.ellerbecknb.co.uk). Once you are on the footpath, head left, cross the main road (A6) and head up Rawlinson Lane. At the top end of Rawlinson Lane sits the first pub to visit, The White Horse. This walk should take about 20-25 minutes at decent speed.

2/ Leave the White Horse by the front door and look right, along Chorley Road. You should be able to see the next pub, The Cardwell Arms, on the opposite side of the road. It will take less than 5 minutes to get here.

3/ Turn left out of the Cardwell Arms, cross over the road, heading along Chorley Road, to the main set of traffic lights at the crossroads. Turn right down Railway Road and you will see the Top Spinners. This should take around 10 minutes to get here.

4/ When you leave the Top Spinners, take a left out of the door and go back to the traffic lights, cross over and head up Babylon Lane. Keep going up the hill, the Bay Horse is located at the top of Babylon Lane. You can enter by the rear door. This section should take about 10-15 minutes walk.

5/ Leave the Bay Horse via the Front Door and you will be facing the correct way. Cross straight over the road and over the motorway bridge, then take the road on the left hand side Nickleton Brow, there is a sign post at the end directing you to the Yew Tree. This section should take about 20-25 minutes.

6/ When you leave the Yew Tree, turn right out of the car park and you should come to a road going past the reservoir. On the right had side of the road, just before you get to the reservoir, take this path (The Street) which will bring you out onto Horrobin Lane. Turn right when you reach Horrobin Lane and continue to the 'Give way' sign at the end. Once there, turn left along New Road towards which will take you to Luciano's at The Millstone. There is no path in some places, so please take care here. This is probably the longest section and will take around 45 minutes to one hour.

7/ Leave Luciano's at The Millstone and head right, back towards Adlington along Bolton Road, cross over and take the first left down Grimeford Lane. This will take you under the motorway bridge and again, there is no path in places, so please take care. At the end of Grimeford Lane, look left, the Cherry Tree will be visible. This section should take around half an hour.

8/ Leave the Cherry Tree, turn left heading back towards Adlington down Chorley Road. Just after the small stone bridge at the "welcome to Chorley sign", there are some wooden steps (signed for the Adlington Circular Walk). Turn and descend the steps and follow the path keeping the river on your left, this will eventually head underneath the canal aqueduct. Turn immediate right up the steps which will lead you to the canal. Head left along the tow path and you will end up back at The Bridge where you first got on the canal, so go in for a drink. This section will take around 20-25 minutes.

9/ Leave The Bridge and turn right, across the bridge over the canal and you will see the White Bear over the road. Cross at the zebra crossing and go in the White Bear. This will take less than 5 minutes.

10/ Leave the White Bear, turn right as if you were going back towards the station, however, do not turn right up to the station, cross over Railway Road, walking past Rajpoot on your right hand side and you will arrive at your final destination, the Bottom Spinners. Again, this will take about 5 minutes to get here. Once you are ready to leave, the final walk will be back to the train station.

Alternative Route

This does not take in the canal and there could be a muddy section so you may want to wear walking boots or shoes.

1/ Leave the Station and turn right up Railway Road. Cross over and on the left hand side after about 5 minutes is the Top Spinners. Enter here for the first pub.

2/ Leave the Top Spinners, continue up Railway Road, but turn left at the traffic lights along Chorley Road. After 10-15 minutes, you will come to the Cardwell Arms on the right hand side of the road.

3/ When leaving the Cardwell, turn right to continue along Chorley Road, just slightly further on the left hand side of the road is the White Horse. This will take less than 5 minutes.

4/ Leave the White Horse by the front door, turn left and continue down Chorley Road, towards Skew Bridge. Just before Skew Bridge on the opposite side of the road, you will see the sign for Chorley Golf Club. Please cross over and turn right up this road. At the top of the road, there will be a farmer's track on the right, please turn down here. A short way into the track, there will be steps/style into a farmers field. The first style takes you though the muddy patch, but you could continue to the second style just slightly further on the left, which has a dryer path. Go directly across the field and there are another set of

Walk 1 - The Full Monty

steps at the opposite end, please go over these and take the left branch, which will eventually bring you to Long Lane. When you get to Long Lane, please turn right, cross over the road to the footpath and you will come to the Bay Horse situated on the right hand side. This will take around 20-25 minutes.

5/ Please see point 5 on the walk above, Leaving the Bay Horse and continue from this point.