CSE 587 - Data Intensive Computing Project Phase 1 Report

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Problem Statement

Analyze various NHANES datasets and predict people who are at risk of developing diabetes and depression

a. Discuss the background of the problem leading to your objectives. Why is it a significant problem?

Diabetes and Depression affects around 8% and 10% of the world population. Diabetes is one of the leading causes of death in the US. Depression is one of the most common mental health issues in the US. Depression can lead to suicide. It is estimated that 60% of the suicides are committed by people who were suffering from mood disorders.

Economic costs of both these diseases are huge. The global economic cost of diabetes was estimated to \$1.3 trillion dollars in 2015 and is projected to reach 2.1 trillion dollars by 2030. It was estimated that poor mental health costs the world economy 2.5 trillion dollars per year in 2010, this cost is expected to rise to 6 trillion dollars by 2030.

Diabetes and depression obviously are two of the top health issues in the world. Our project attempts to find how hours of sleep, blood pressure, hearing, body measurements, age, gender, and ethnicity are connected to diabetes and depression.

b. Explain the potential of your project to contribute to your problem domain. Discuss why this contribution is crucial?

According to "Diabetes and Depression"; a technical paper by Antonio Campbayo and Antonio Lobo. A bidirectional relationship has been proposed between the depression and diabetes. There have been studies that explore the relationship between blood pressure and depression, sleep and depression, age and depression, gender, and depression. Some risk factors for diabetes include age, gender, ethnicity, and body measurements among others. There have been studies that have linked hearing loss to diabetes. In this project, we are aiming to analyze all the possible factors for cause and effect of diabetes and create a model that predicts the risk of a person suffering from depression and diabetes.

Data Sources

We have used National Health and Nutritional Examination Survey (NHANES) dataset released by Centers for Disease Control and Prevention (CDC). NHANES is a survey conducted by the National Center for Health Statistics, a unit of CDC. This survey uses interviews, examinations, and laboratory tests for building the dataset.

For our study, we have used demographics, audiometry, blood pressure, glycohemoglobin, plasma fasting glucose, diabetes, mental health - depression screener and sleep disorders datasets for years 2015 - 2016 and 2017 - March 2020.

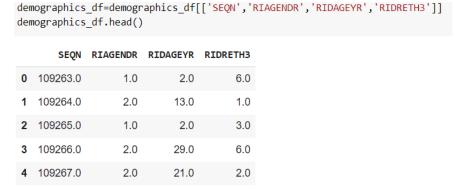
Data Cleaning

1. Drop irrelevant columns

Demographics dataset has 29 columns of which sequence number, age, gender and ethnicity are relevant to our project.



Sample of original demographics dataset



Sample of the demographics dataset after dropping irrelevant rows

2. Datatype changes of column

The columns of depression screen questions were of the type float64 which was not required since the values were of type integers. This also made understanding the values difficult. All the 9 columns were converted into type int64.



DPQ080

5.397605e-79 5.397605e-79

1.000000e+00 5.397605e-79

5.397605e-79 5.397605e-79

DPQ090

After changing the datatype to int64.

3. Removal of missing data

4 109282.0

The audiometry dataset had 487 rows which were missing data out of 5147 rows. These rows were removed.

```
# number of rows with missing data
audiometry df.isnull().any(axis=1).sum()
487
# total number of rows
audiometry df.shape[0]
```

5147

Number of rows with missing data and total number of rows

```
# drop rows with missing data
audiometry_df=audiometry_df.dropna()
# total number of rows
audiometry_df.shape[0]
```

4660

Number of rows after removing rows with missing values

4. Rows concatenation

There are two blood tests that are used to determine if a person is suffering from diabetes. They are glycohemoglobin test (A1C test) and fasting blood sugar test. NHANES has one dataset each corresponding to each test. So, to combine two datasets, one dataset was concatenated to another after determining if a person was suffering from diabetes.

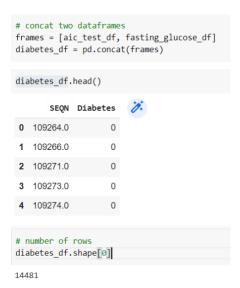


4744

Sample of fasting glucose dataset and number of rows in the dataset



Sample of glycohemoglobin dataset and number of rows in the dataset



Sample of combined dataset and number of rows in the dataset

5. Removing duplicate rows

After concatenating the two A1C and fasting blood sugar datasets, there were duplicates in the combined dataset. These duplicated were removed using sequence number.

```
# number of rows
diabetes_df.shape[0]
14481
```

Number of rows in combined dataset before removing duplicates

```
# drop duplicates
diabetes_df = diabetes_df.drop_duplicates('SEQN')
# number of rows
diabetes_df.shape[0]
9749
```

Number of rows in combined dataset after removing duplicates

6. Summation of values

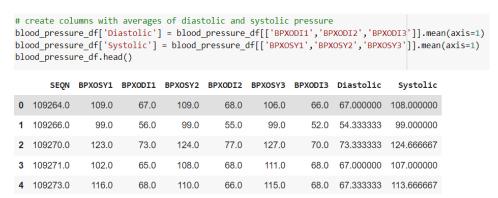
Each column in the Mental Health - Depression Screener corresponds to a question in the Patient Health Questionnaire. Depending on the response, each question/column is assigned a value between 0 and 3. The sum of all columns is then taken to determine if the person suffers from depression.

<pre>#sum the scores of each questions cols = ['DPQ010','DPQ020','DPQ030','DPQ040','DPQ050','DPQ060','DPQ070','DPQ080','DPQ090'] mental_health_df['SCORE'] = mental_health_df[cols].sum(axis=1) mental_health_df.head()</pre>												
	SEQN	DPQ010	DPQ020	DPQ030	DPQ040	DPQ050	DPQ060	DPQ070	DPQ080	DPQ090	SCORE	
0	109266.0	0	0	0	0	0	0	0	0	0	0	
1	109271.0	2	1	0	0	0	0	2	0	0	5	
2	109273.0	2	2	2	2	2	2	2	1	0	15	
3	109274.0	0	0	0	0	0	0	0	0	0	0	
4	109282.0	0	1	0	1	0	0	0	3	0	5	

Sample of the dataset after summing columns and saving total in new column 'Score'

7. Averaging the values

Two columns corresponding to diastolic and systolic readings were calculated by find the mean of all diastolic and systolic readings.



Sample of dataset after finding average diastolic and systolic readings

8. Categorizing values in a column

The value obtained by the summing scores of mental health depression screener dataset is used to find out the depression levels of each person. If the score is between 0 and 4, it is determined as no depression, 5 to 9 is considered as mild, 10 to 14 is considered as moderate, 15 to 19 is considered as moderately severe and 20 to 27 is considered as severe depression. Each of these categories is assigned a number that is 0 for none, 1 for mild, 2 for moderate, 3 for moderately severe and 4 severe.

```
mental_health_df['DEPRESSION']=pd.cut(mental_health_df['SCORE'], bins=[0, 4, 9, 14, 19, 27], include_lowest=True, labels=['0', '1', '2', '3','4'])
mental_health_df.head()

/usr/local/lib/python3.7/dist-packages/ipykernel_launcher.py:4: SettingWithCopyWarning:
A value is trying to be set on a copy of a slice from a DataFrame.

Try using .loc[row_indexer,col_indexer] = value instead

See the caveats in the documentation: https://pandas.pydata.org/pandas-docs/stable/user_guide/indexing.html#returning-a-view-versus-a-copy.

after removing the cwd from sys.path.

SEQN SCORE DEPRESSION

0 109266.0 0 0

1 109271.0 5 1

2 109273.0 15 3

3 109274.0 0 0

4 109282.0 5 1
```

Sample of the dataset after categorizing the score

9. Removing irrelevant data from columns

In mental health depression screener dataset, rows with values 7 or 9 corresponds to 'refused' and 'don't know' respectively. These values cannot be considered while calculating the total score of the depression screener questions. All these values converted to None datatype and then removed.

```
# number of rows
mental_health_df.shape[0]
8302
```

Number of rows before removing 7 and 9 values.

```
# replace 7 and 9 with none and drop those rows
mental_health_df = mental_health_df.replace({7: None})
mental_health_df = mental_health_df.replace({9: None})
mental_health_df=mental_health_df.dropna()
mental_health_df.shape[0]
```

8276

Converting 7 and 9 to none datatype and dropping them. Number of rows after removing 7 and 9

10. Merging of data

In demographics dataset, people are categorized as Mexican Hispanic and non-Mexican Hispanic. We have merged these data together into a single category of Hispanic to find the effect of being to the Hispanic ethnicity.

```
# merge hispanics together
demographics_df['RIDRETH3'].replace({2: 1},inplace=True)
demographics_df.head()
```

	SEQN	RIAGENDR	RIDAGEYR	RIDRETH3
0	109263.0	1.0	2.0	6.0
1	109264.0	2.0	13.0	1.0
2	109265.0	1.0	2.0	3.0
3	109266.0	2.0	29.0	6.0
4	109267.0	2.0	21.0	1.0

Sample of dataset after merging Mexican and non-Mexican Hispanic category into a single category

Exploratory Data Analysis

Exploratory Data Analysis (EDA) is a method or philosophy for data analysis that makes use of a range of tools (mainly graphical) to maximize understanding of a data collection; reveal the fundamental structure; extrapolate crucial variables; find abnormalities and outliers; test underlying hypotheses; create frugally priced models; and choose the best factor settings. We started with an aim to detect diabetes and its

factors causing elements. (National Health and Nutrition – NHANES) dataset. To analyze the dataset and extract relevant features related to Diabetes such as age, gender, ethnicity, sleeping hours, weight, height, BMI, diabetes, depression scores, blood pressure components i.e., diastolic, and systolic blood pressure. Additionally, we also acquire audiometry data such as high frequency hearing loss and speech frequency hearing loss. We also tried to take in account smoking data, physical activity data and Insulin data but dropped them as there was very little data available to draw inference between people who smoke and have diabetes.

We divide our exploratory data analysis process according to John Tukey's exploratory data analysis (EDA) process into statistical and graphical analysis.

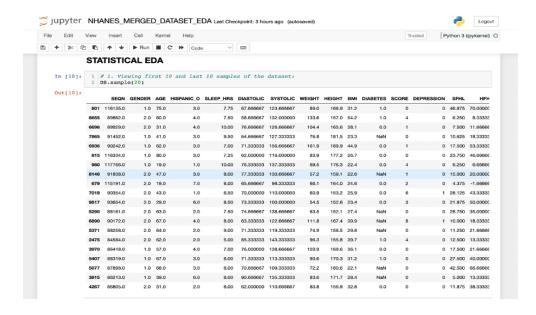
Statistical Exploratory Data Analysis:

1. Sample – data.sample()

Explanation:

In order to view the entire data, we used the sample() method with passing the number of items to sample in order to get a view of the first few and last few rows of the dataset.

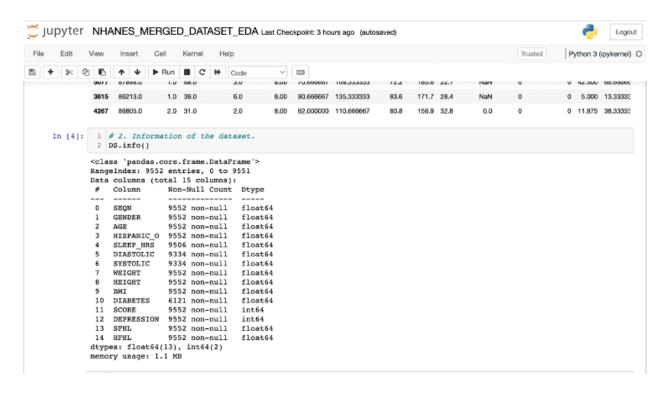
Screenshot:



2. Information – data.info()

Explanation:

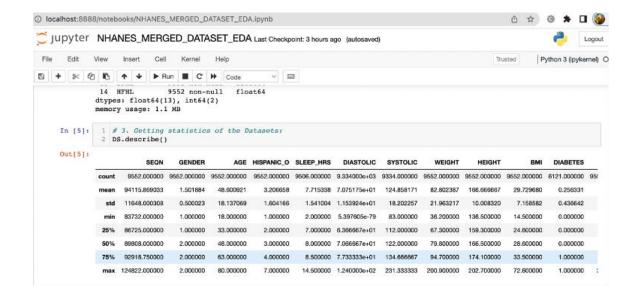
In order, to get complete information about the data set such as number of columns, name of columns, total number of rows in every column, type of data contained in it, we used *data.info()*



3. Describe – data.describe()

Explanation:

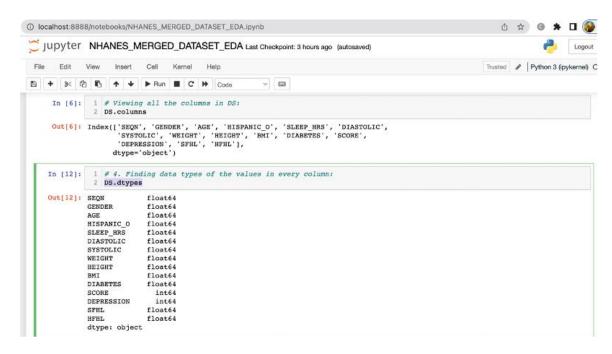
In order to get descriptive statistics of the entire dataset such as count, mean, standard deviation, minimum, maximum, 25%, 75% i.e., lower and upper percentiles and 50% i.e., median of data in each and every column. It summarizes the range of values in all columns as different columns have different ranges of measure. For e.g., blood pressure data such as systolic and diastolic has mmhg (millimeters of mercury) It also gives information about the shape of the distribution.



4. Data types - data.dtypes

Explanation:

In order to find the datatypes of every column, we used data.dtypes(). It gives information about the data type of the value contained in every column. This dataset includes weight(kg), height(cm) or hours(hrs.), which can be integer or float values. In order to work with this dataset, it is essential to know its data types.

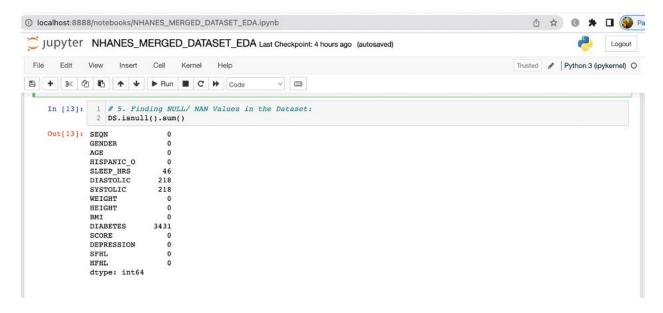


5. Summarization of the NaN values – *data.isnull().sum()*

Explanation:

To find if there's any missing values in the dataset, we first check if it contains any null value using isnull ()and then summarize it using sum(). Hence, it identifies the number of NaN values in each column of the dataset.

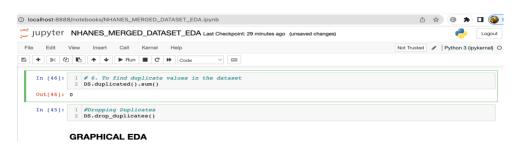
Screenshot:



6. Duplicates - data.duplicated().sum()

Explanation:

In order to find duplicate values in the dataset, we used data.duplicates().sum(); which gives the count of the duplicate values in the dataset. Duplicates contaminate training or test data. Hence, it is essential to remove duplicate values.



Graphical Exploratory Data Analysis:

7. Correlation Matrix - *data.corr(args**)*)

Explanation:

To understand the relationship between any two features in our data set, we used correlation matrix. According to this correlation matrix, we were able to derive some inferences such as the relationship between age and BMI(Body to Mass Index).

Ethnicity, height and diastolic; sleep hours and genders; weight and diabetes; diabetes, age, and BMI; depression and BMI; Speech frequency hearing loss, High frequency hearing loss, systolic and age. Above, relationships can be used for phase 2 feature modeling.

																- 1.0
GENDER	1	-0.019	-0.046	0.1	-0.092	-0.094	-0.23	-0.68	0.09	-0.048	0.1	0.085	-0.037	-0.083		
AGE	-0.019	1	-0.036	-0.025	0.068	0.44	0.0095	-0.12	0.07	0.34	-0.00094	0.012	0.2	0.28		- 0.8
DIASTOLIC SLEEP HRSHISPANIC_O	-0.046	-0.036	1	-0.054	0.087	-0.0058	-0.067	0.12	-0.14	-0.053	-0.033	-0.034	-0.043	-0.051		
SLEEP HRS	0.1	-0.025	-0.054	1	-0.062	-0.02	-0.091	-0.086	-0.06	-0.0018	0.0073	0.017	0.018	0.021		- 0.6
DIASTOLIC 9	-0.092	0.068	0.087	-0.062	1	0.44	0.14	0.1	0.1	-0.01	-0.00086	0.0012	-0.005	-0.0015		
SYSTOLIC [-0.094	0.44	-0.0058	-0.02	0.44	1	0.14	0.0091	0.15	0.21	0.0015	0.0061	0.11	0.15		- 0.4
WEIGHT	-0.23	0.0095	-0.067	-0.091	0.14	0.14	1	0.42	0.89	0.2	0.087	0.075	0.011	0.019		- 0.2
HEIGHT -	-0.68	-0.12	0.12	-0.086	0.1	0.0091	0.42	1	-0.034	-0.027	-0.055	-0.051	-0.027	-0.0034		
BMI -	0.09	0.07	-0.14	-0.06	0.1	0.15	0.89	-0.034	1	0.23	0.13	0.11	0.025	0.022		- 0.0
DIABETES	-0.048	0.34	-0.053	-0.0018	-0.01	0.21	0.2	-0.027	0.23	1	0.082	0.078	0.085	0.12		
SCORE	0.1	-0.00094	-0.033	0.0073	-0.00086	0.0015	0.087	-0.055		0.082	1	0.95	0.035	0.03		0.2
DEPRESSION	0.085	0.012	-0.034	0.017	0.0012	0.0061	0.075	-0.051	0.11	0.078	0.95	1	0.037	0.031		0.4
G H.S	-0.037	0.2	-0.043	0.018	-0.005	0.11	0.011	-0.027	0.025	0.085	0.035	0.037	1	0.93		
뒾 -	-0.083	0.28	-0.051	0.021	-0.0015	0.15	0.019	-0.0034	0.022	0.12	0.03	0.031	0.93	1		0.6
	GENDER -	AGE -	HISPANIC_0 -	SLEEP_HRS -	DIASTOLIC -	SYSTOLIC -	WEIGHT -	HEIGHT -	BMI -	DIABETES -	SCORE -	DEPRESSION -	SFH	HFHL -		

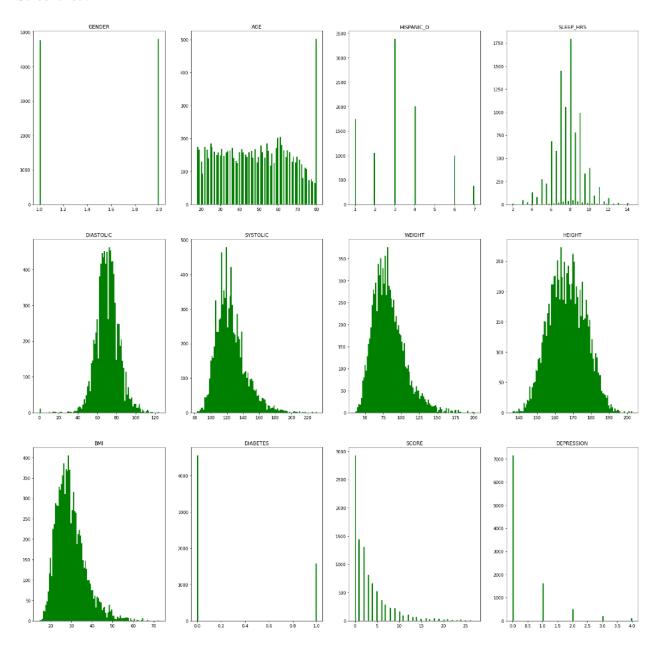
8. Distribution Plotting - Histograms - *data.hist(args**))*

Explanation:

The histogram graphically shows features such as center (i.e., the location) of the data; spread (i.e., the scale) of the data; skewness of the data; presence of outliers; and presence of multiple modes in the data. These features provide strong indications of the proper distributional model for the data.

It helped us in visualizing and understanding the dataset in a better way in terms of training and testing phase.

E.g., We can infer from the histogram that the average height of a person is between 160 to 170cm. Average sleep hours are between 8 to 9 hours.

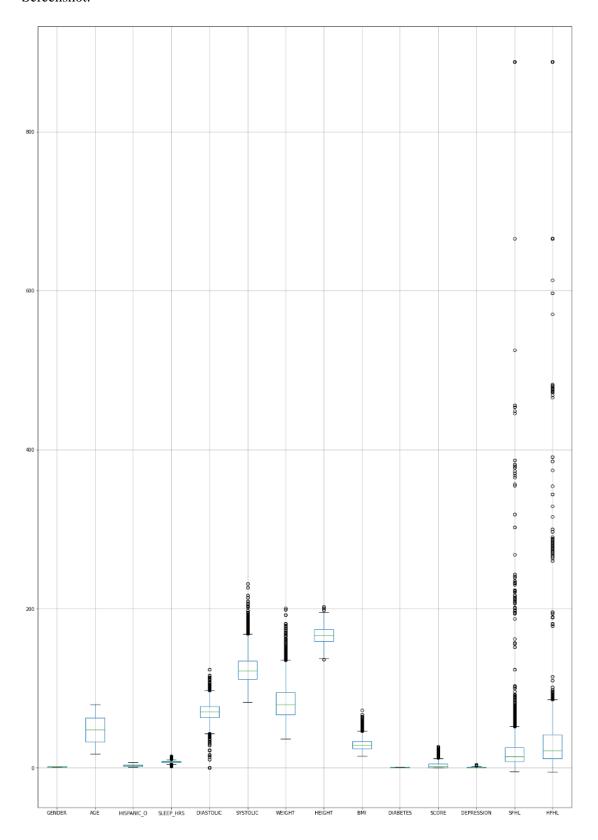


9. Box Plot – *data.boxplot(args**)*

Explanation:

Boxplots are a standardized way of displaying the distribution of data based on first quartile, median and third quartile. To understand outlier in the dataset, we use box plot. By default, the boxplot chart excludes any values outside of the 1.5 IQR (Interquartile Range) range, which eliminates the outlier values.

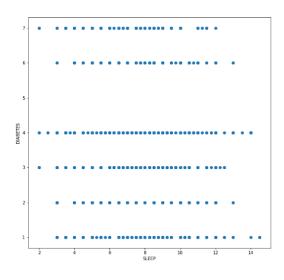
Box plot crucially identified the outliers in speech frequency hearing loss and high frequency hearing loss. This will help in dealing with the outliers in phase 2.

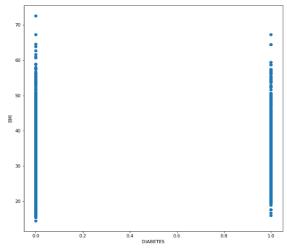


10. Scatter Plots:

Explanation:

Scatter plots help in determining the relationship between two variables. We tried to visualize the correlations which we found in the correlation matrix – heat map here. It is helpful in determining the relationship between sleep and diabetes and diabetes and BMI which will be helpful in the modeling phase.





REFERENCES:

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- 2. https://pandas.pydata.org/docs/user_guide/visualization.html
- 3. https://seaborn.pydata.org/generated/seaborn.heatmap.html
- 4. https://pubmed.ncbi.nlm.nih.gov/24743941/
- 5. https://pubmed.ncbi.nlm.nih.gov/21052874/