Mr. Web Institute

WELCOME ASSIGNMENT - 02
Project Name:- Fitness BD

৬০ মার্কসের জন্য সময়সীমা: ৬ ফেব্রুয়ারি, ২০২৫ (রাত ১১:৫৯ ⏱)
৫০ মার্কসের জন্য সময়সীমা: ৭ ফেব্রুয়ারি, ২০২৫ (রাত ১১:৫৯ ⏱)
৩০ মার্কসের জন্য সময়সীমা: ৭ ফেব্রুয়ারির পর যে কোনও সময়।

1. Banner Section

- **Background Color: Ensures contrast and user attention.**
- **Heading & Text: Left-aligned for clarity and emphasis.**
- **Image Placement: Positioned on the right for a balanced layout.**
- **Call-to-Action (CTA): Buttons ("Join Club Now!" & "Download App") should be prominent.**
- **Alignment: Proper margin and padding to match Figma design.**

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2. Navigation Bar

- **Logo Placement: Left-aligned for branding.**
- **Menu Items:**
    - **Desktop: Full menu displayed.**
    - **Medium & Small Devices: Collapsible/hamburger menu for better usability.**
- **Active State: Highlight the current page for user clarity.**

3. Change Your Habits Section

- **Grid Layout:**
  - **Desktop: 4-column layout.**
  - **Medium: 2-column layout.**
  - **Small: Single-column stacked layout.**
- **Image & Text Spacing: Proper alignment and readability maintained.**

4. Run an Extra Mile Easily Section

- **Text Placement: Left-aligned with emphasis.**
- **Image Placement: Right-aligned for desktop; full-width for small devices.**
- **CTA Button: Clearly visible with proper padding.**

5. Trainings and Exercises Section

- **Grid Structure:**
  - **Desktop: Multi-column layout.**
  - **Medium: 2-column grid.**
  - **Small: Single-column stacked images.**
- **Hover Effects: Functional across all devices.**
- **Image Responsiveness: Proper resizing without distortion.**

6. BMI Calculator Section

- **Form Inputs: Properly aligned and readable across all devices.**
- **Calculate Button: Easily clickable with sufficient padding.**
- **BMI Chart:**
    - **Desktop: Side-by-side with form.**
    - **Medium & Small: Stacked vertically.**

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7. Meet Our Team Section

- **Card Layout:**
    - **Desktop: 3- or 4-column grid.**
    - **Medium: 2-column grid.**
    - **Small: Single-column layout.**
- **Images: Aspect ratio maintained.**
- **Hover Effect: Should be interactive.**

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8. Footer Section

- **Company Logo & Info: Centered or left-aligned depending on screen size.**
- **Quick Links:**
    - **Desktop: Multi-column.**
    - **Medium & Small: Single-column list.**
- **Copyright & Social Links: Properly spaced and visible.**

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9. Commit and No Lorem Ipsum

- **Minimum of 5 Commits: Ensure consistent, incremental progress throughout the project.**
- **No Placeholder Text: All content must be meaningful, relevant, and specifically tailored to the project.**

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10. Technology Used

- **HTML & CSS Only: No JavaScript or frameworks allowed.**

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11. Project Deployment (GitHub Pages & Netlify)

- **GitHub Pages: Used for version control and easy project access.**
- **Netlify Hosting: Ensures seamless continuous deployment, keeping the project up-to-date and accessible.**

✅ Responsive Design Adjustments

- **Desktop (Large Screens): Full layout with optimal spacing.**
- **Medium Devices (Tablets): Adjusted grids, collapsible menu, optimized spacing.**

- **Small Devices (Mobile): Single-column stacking, mobile-friendly navigation**

Assignment Submit Button

[Assignment Submit](#)

"**Assignment Submit**" এ ক্লিক করলে **Assignment Submit Form** ওপেন হয়ে যাবে |