



GLOBAL CARE, LOCAL IMPACT

Let's build
a **better**
world together

Shaping the future, known for our
strong commitment to
empowerment.

Together, we're igniting a
transformative tomorrow for all.



Why was NIVARAN born ?

Nivaran Foundation was born from a personal encounter with the dire need for sustainable solutions in underprivileged communities. Committed to creating lasting change, we focus on five key areas: healthcare, education, environmental stewardship, child welfare, , and community development. Through compassion, innovation, and action, we aim to empower underserved communities and make a meaningful, lasting impact by bridging these critical gaps.



66%
of Nepali lacks
tertiary healthcare



3/5
families face
healthcare inequity



46%
of children suffer
from malnutrition



89.3%
solid waste
is not managed in
Nepal, NSO 2024



11.4%
unemployment rate
acc. to Nepal Labor
Force Survey, 2017/18



The Nivaran Foundation in Nepal is partnering with local communities to create sustainable development through initiatives in healthcare, education, environment, children and community development. The foundation aims to empower individuals and foster strong partnerships for lasting positive change. Their mission is to ensure that everyone has the opportunity to thrive and contribute to building a stronger, more sustainable Nepal.



OUR VISION

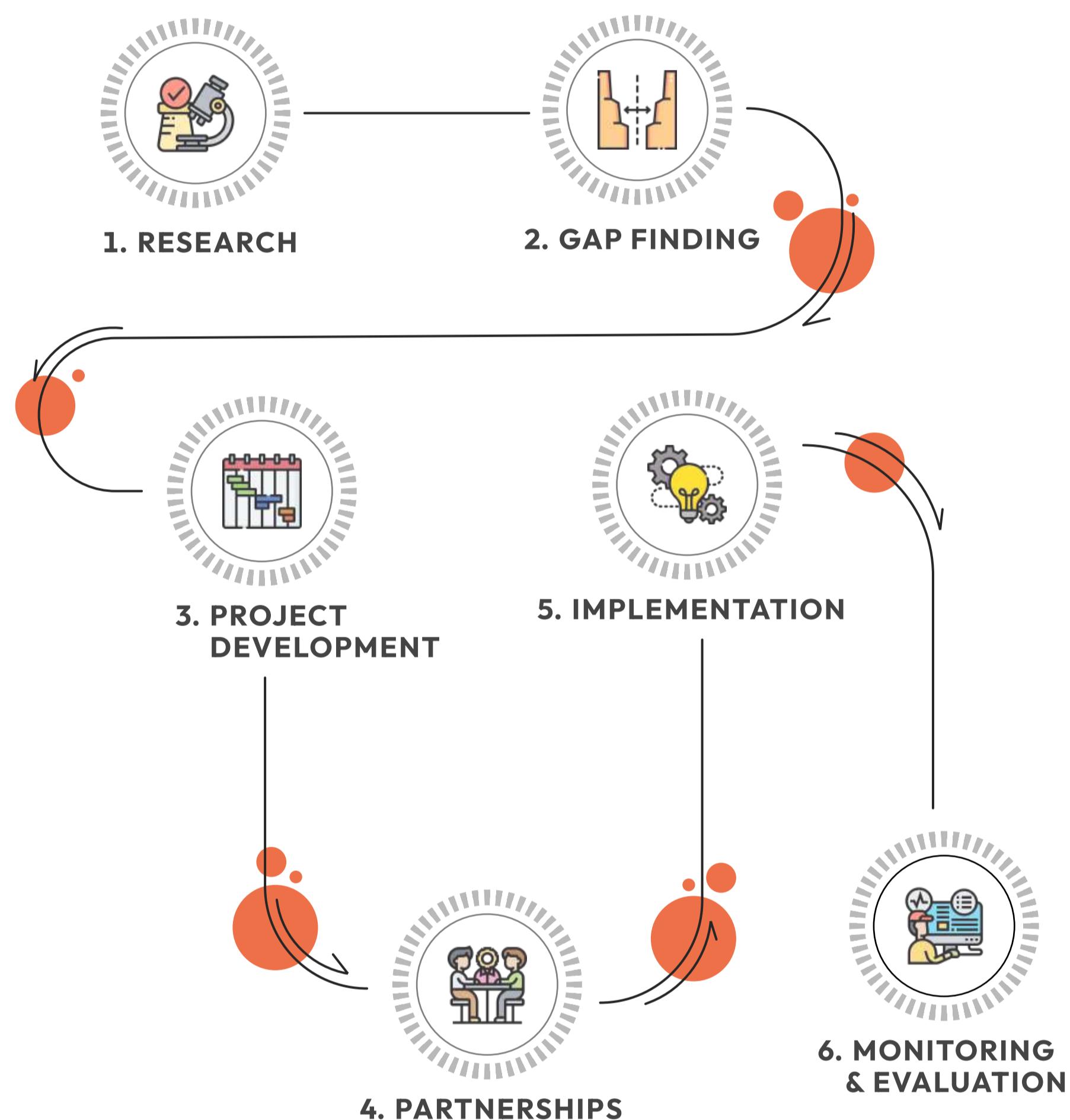
Empowering communities for sustainable futures



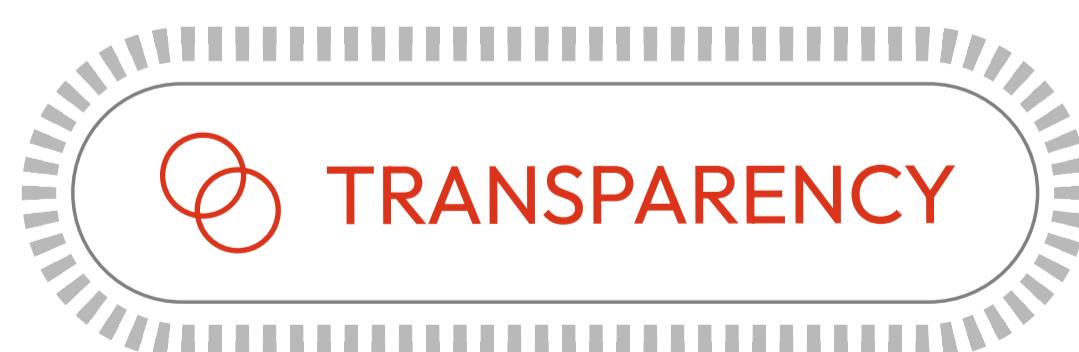
OUR MISSION

Strengthening communities by implementing sustainable development initiatives that tackle critical issues in healthcare, education, environment, child welfare and community development

MODALITY



VALUES

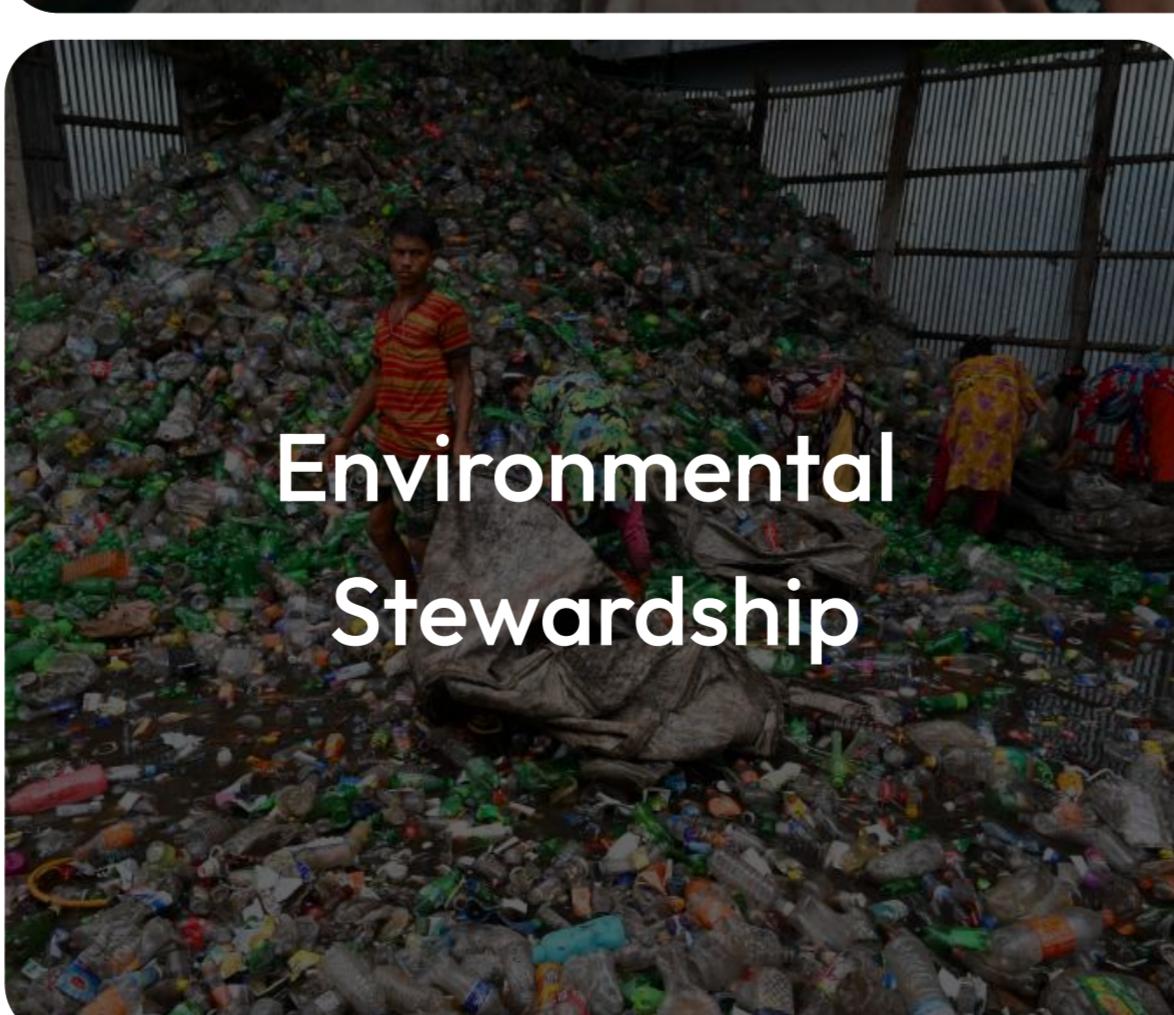
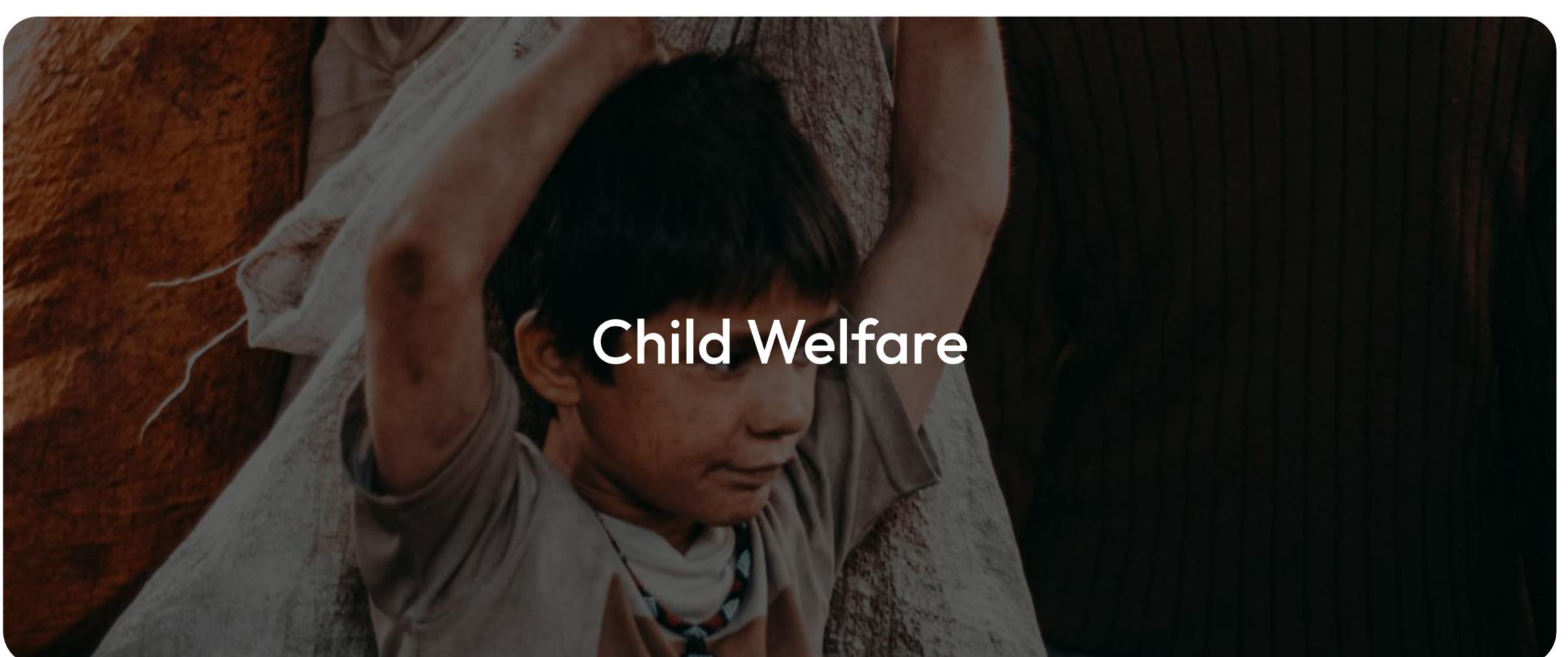
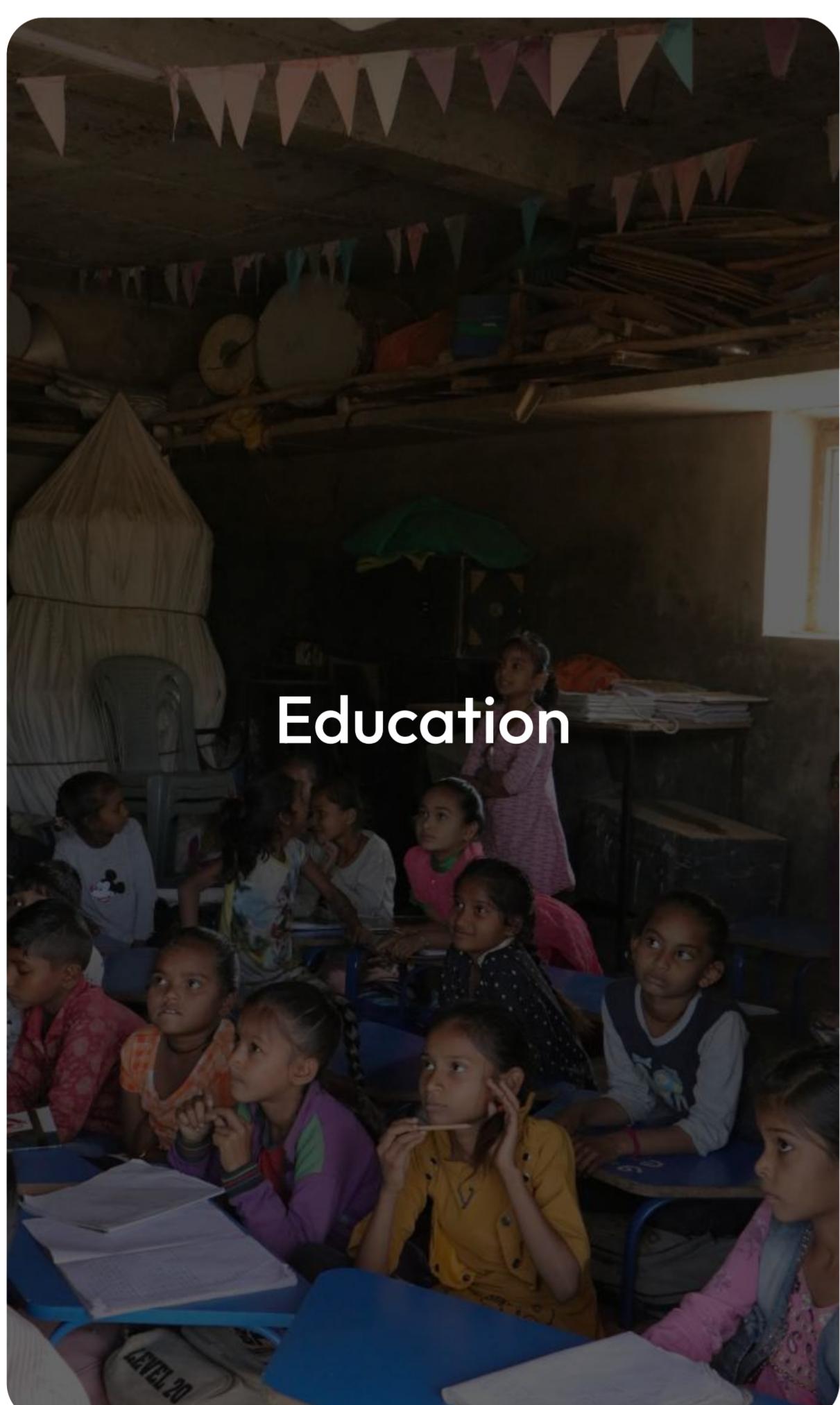


THE CRISIS WE FACE

The majority of rural communities in Nepal face a **severe lack** of basic healthcare services, leading to **preventable deaths** from minor health issues. As a result, these communities remain **marginalized** and **disadvantaged**. Additionally, children in these areas often lack access to **educational facilities** and the awareness necessary to foster personal and community development. **Environmental degradation** further exacerbates these challenges, impacting health, livelihoods, and the future of these communities. These issues are deeply interconnected and cannot be addressed in isolation. In response, Nivaran Foundation has developed projects that address the root causes and foster **lasting sustainable solutions** partnering with like-minded stakeholders.

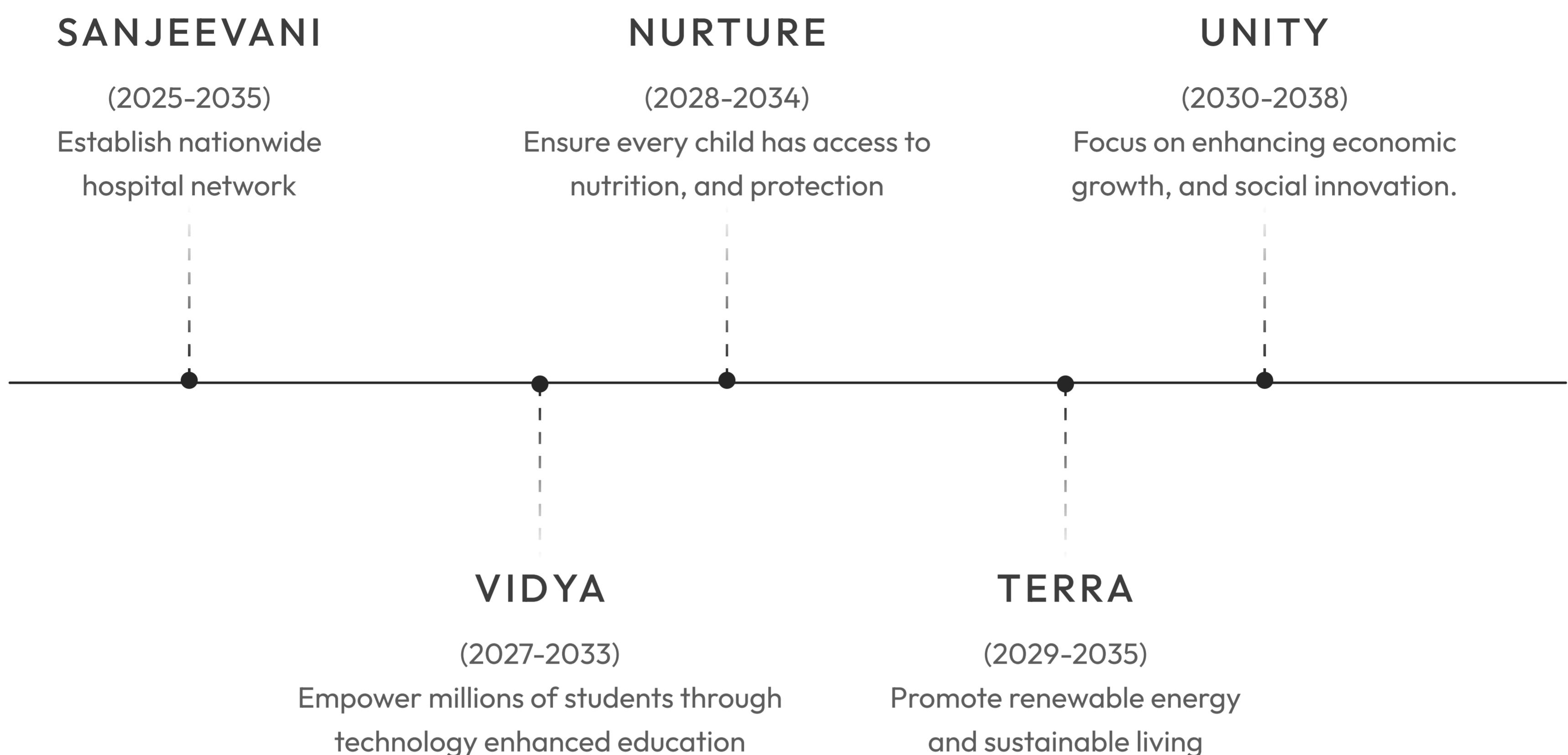
OUR INITIATIVES

Nivaran's 5 Pillars of Transformation address interconnected needs, creating a synergistic impact for lasting change.



MILESTONES & ROADMAP

Turning Vision into Reality: A Step-by-Step Journey



VISION FOR 2030 AD

 Sanjeevani Phase-I & II	 WHO Compliant Health Camps & Centers	 200 Global Nutrition Centers
 100 Digital Learning Centers	 100 Forest Restoration Projects	 3 Million⁺ Population Impacted

The VISIONARIES

Board of Directors

Board members			Non-executive	
Mukesh Thakur President	Christine Fox Vice-President	Alison Brown Treasurer	Ram Dat Thakur Non-executive	Chandra Devi Non-executive
Martha Smith General Secretary				

Executive Leadership

Jitendra Barahi Executive Director	Laxman Phuyal Program Director / Finance Director
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Finance and Administration

Pranav Ashok HR Manager	Anju Poudel Finance Manager
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Fundraising and Development

Lok Prasad Poudel Fundraising & Development Coordinator	Ujwal Subedi Fundraising & Development Manager	Bandita Magar Fundraising & Development Officer
Barsha Pandey Fundraising & Development Officer	Uma Adhikari Donor Relations Officer	Shreya Aher Risk Analyst & Grant Writers

Operations and Logistics

Kushal Sharma Bastakoti Operations Manager	Rajeet Nakarmi Operations Officer	Milan Rokaya Operations Assistant
Asish Poudel Graphics Designer	Bijay Gautam Photographer	

Communications and Public Relations

Deeparshan Khadka Communications Director	Prasuna Gyawali PR /Marketing Assistant
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Project
SANJEEVANI

“ Empowering lives by bridging gaps in healthcare
access and education
through community-driven solutions. ”

15th May, 2025

Initiate Phase-I

2026

Phase-II Expansion Assessment

2027

15 Hospital Operational by EOY (Phase-III)

Q2 2025

Launch Healthcare Centers

Q4 2026

Evaluation of Services

2029

Phase-IV Initiation

Targeted results



20% → 50 %

Diseases prevention rate



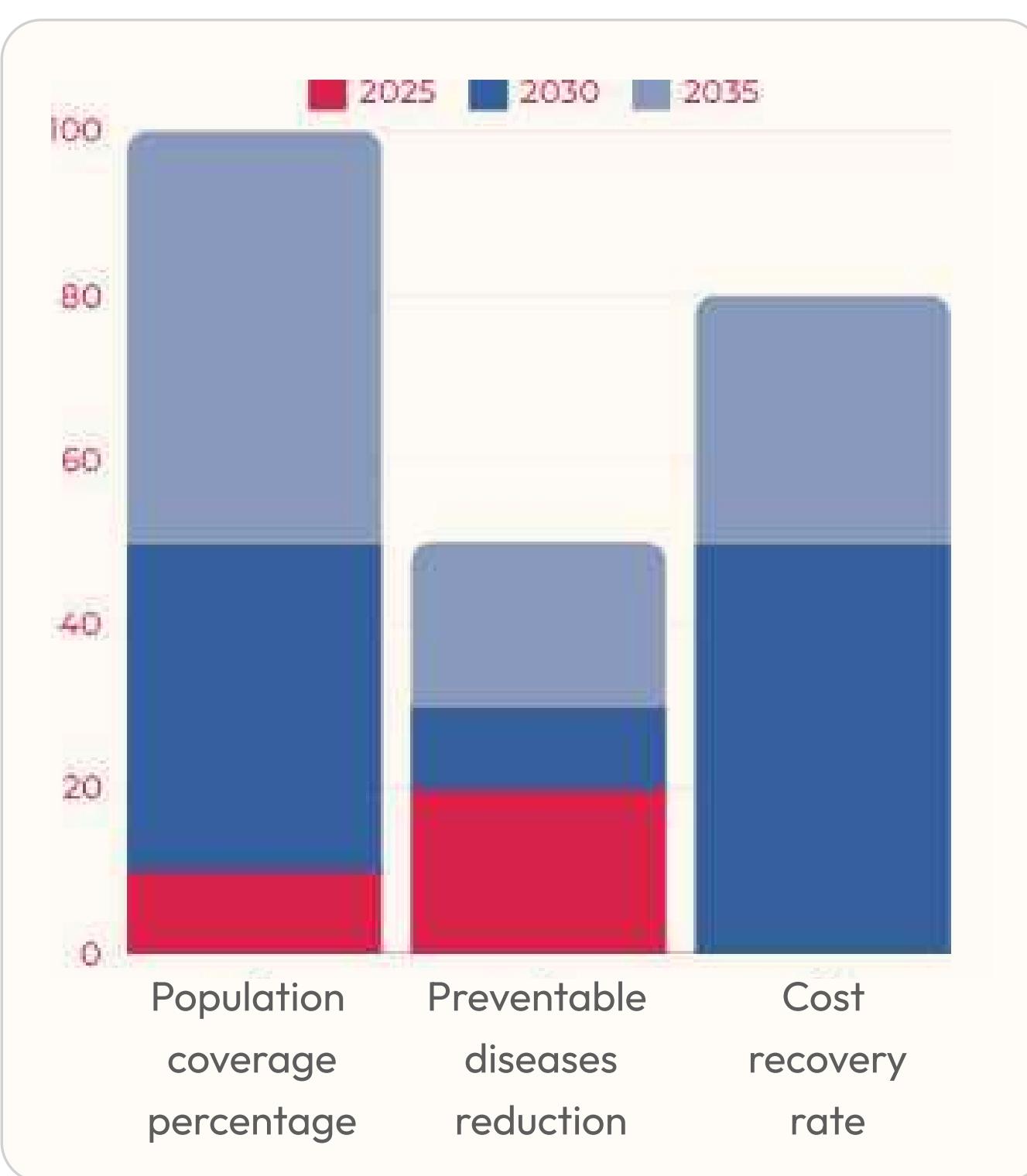
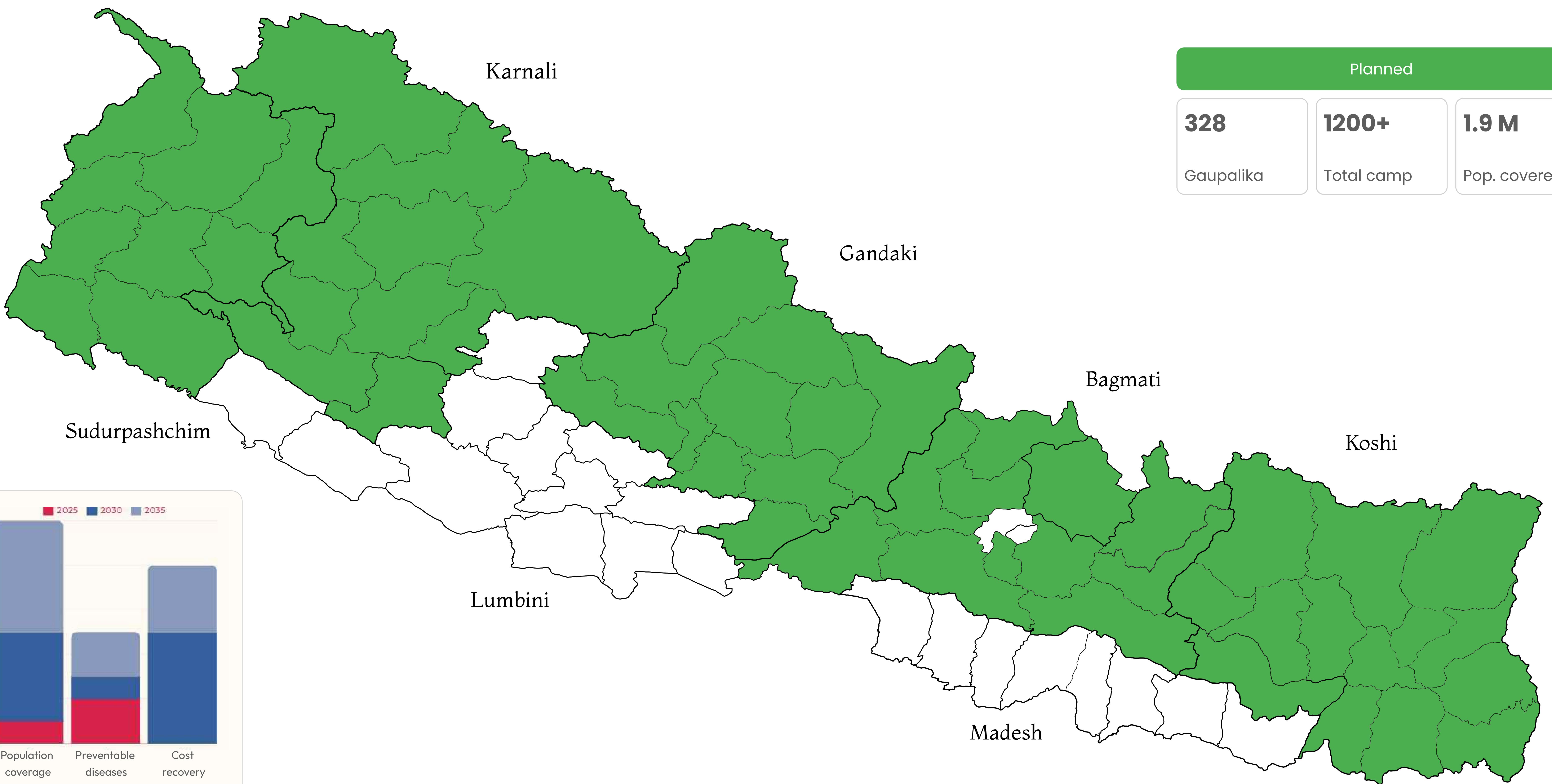
300 → 10,000

Daily patient treatment

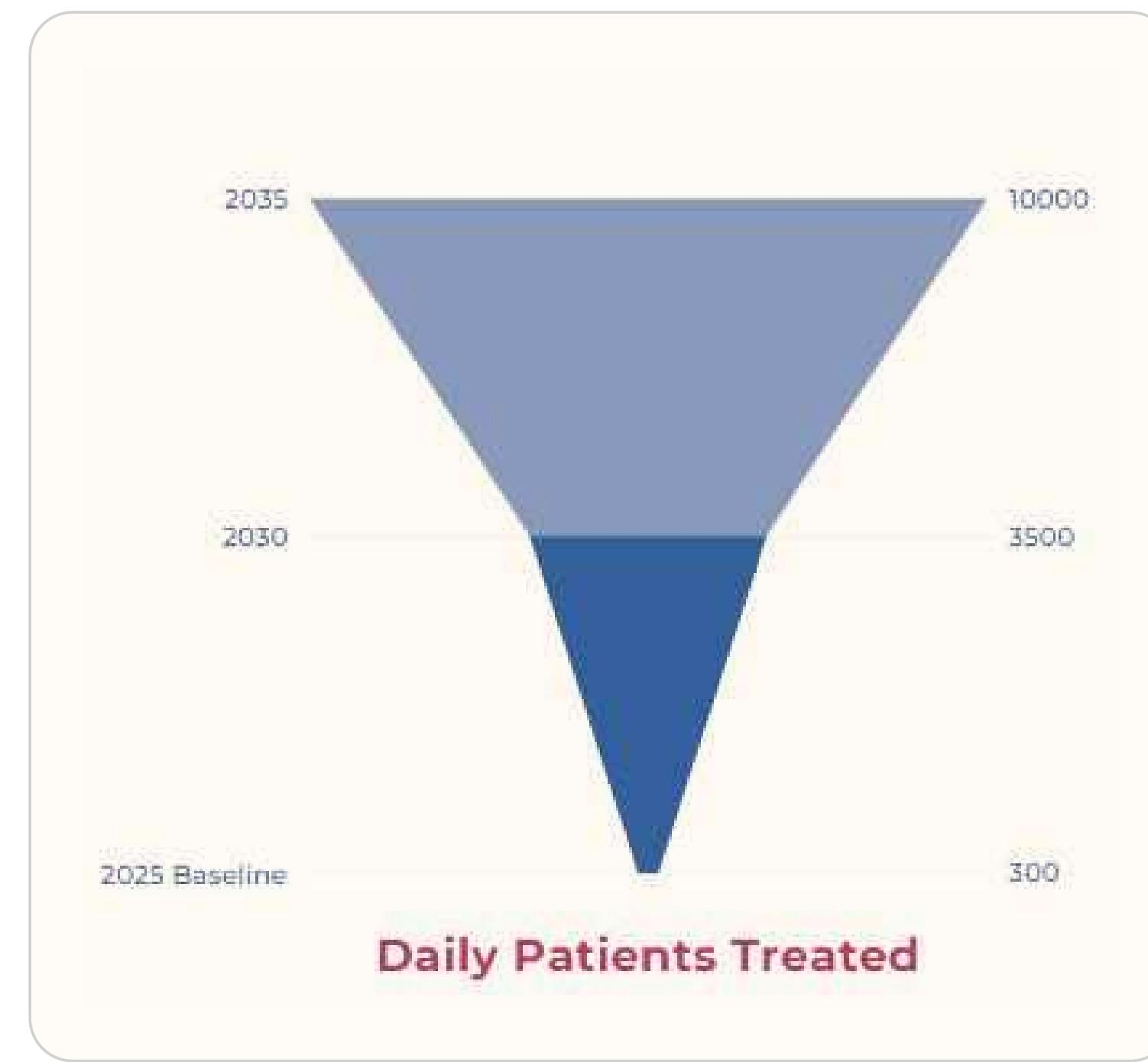


All Over Nepal

Population health access



Metrics	2025 Baseline	2029 Target	2034 Target
Population coverage (%)	10%	50%	100%
Healthcare access villages	83	486	Nationwide
Daily patient capacity	170	3,500	10,000 +
Reduction in preventable diseases (%)	0%	30%	50%
Cost Recovery Ratio (%)	0%	50%	80%



UPCOMING PROJECTS



Project **VIDYA**

Communities Benefited
1,000

Empowering communities worldwide through accessible and high-quality education.

Timeline

Phase I (2027-2029)

Phase II (2029-2031)

Phase III (2031-2033)

Projected impact metrics

5 million

student enrollment by 2033

85%

achieve completion rate.

20,000

train educators globally

90%

maintain teacher retention



Project **NURTURE**

Impact
1,00,000 Families

Creating a world where every child has the opportunity to grow, learn, and prosper.

Timeline

Phase I (2028-2030)

Phase II (2030-2032)

Phase III (2032-2034)

Projected impact metrics

80%

decrease in malnutrition rate

95%

vaccination coverage

90%

reduction in child abuse

30 min.

maintain avg. response time



Project
TERRA

Engagement
1M Participation

Creating sustainable ecosystems through innovation and community action.

Timeline

Phase I (2029-2031)

Phase II (2031-2033)

Phase III (2033-2035)

Projected impact metrics

50%

decrease in carbon emission

30%

increase in global forest

70%

reduction of landfill waste

60%

shift towards renewable sources



Project
UNITY

Empower
3,50,000 Youths

Building resilient communities through empowerment, innovation, and collective action.

Timeline

Phase I (2030-2032)

Phase II (2033-2035)

Phase III (2036-2038)

Projected impact metrics

10,000

business creation

1,00,000⁺

job creation

50%

growth in income

1,000

community projects

“The secret of making progress is getting started.”

OUR GLOBAL PARTNERS AND SUPPORTERS



ANTHROPIC

faber



Direct Relief



**Together, we can make a
global impact !**



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