

# Proof of the arithmetic mean and geometric mean (AM-GM) inequality

MSciMath

## The Problem

We need to prove that for any positive numbers  $a, b$  we have:

$$\frac{a+b}{2} \geq \sqrt{a \cdot b},$$

and so, if  $a \geq 0$  and  $b \geq 0$ , then

$$\frac{1}{2}(a+b) \geq \sqrt{a \cdot b}$$

## The Proof

**Case 1:**  $a = b$

If  $a = b$ , then

$$\frac{1}{2}(a+a) \geq \sqrt{a \cdot a}$$

$$\begin{array}{l} \text{Left:} \\ \frac{1}{2}(a+a) = \frac{1}{2} \cdot 2a = a \end{array}$$

$$\begin{array}{l} \text{Right:} \\ \sqrt{a \cdot a} = \sqrt{a^2} = |a| = a \end{array}$$

**Case 2:**  $a = 0$  or  $b = 0$

if  $a = 0$

$$\frac{1}{2}(0+b) \geq \sqrt{0 \cdot b}$$

$$\begin{array}{l} \text{Left:} \\ \frac{1}{2}(0+b) = \frac{1}{2}b = \frac{b}{2} \end{array}$$

$$\begin{array}{l} \text{Right:} \\ \sqrt{0 \cdot b} = \sqrt{0} = 0 \end{array}, \text{ so:}$$

$$\frac{b}{2} \geq 0$$

if  $b = 0$

$$\frac{1}{2}(a+0) \geq \sqrt{a \cdot 0}$$

$$\text{Left:} \\ \frac{1}{2}(a+0) = \frac{1}{2}a = \frac{a}{2}$$

$$\text{Right:} \quad \sqrt{a \cdot 0} = \sqrt{0} = 0, \text{ so:}$$

$$\frac{a}{2} \geq 0$$

**Case 3:**  $a \neq b$

If  $a \neq b$ , then:

$$\frac{1}{2}(a+b) \geq \sqrt{a \cdot b}$$

$$a+b \geq 2\sqrt{a \cdot b}$$

$$(a+b)^2 \geq 4\sqrt{a \cdot b}^2$$

$$a^2 + 2ab + b^2 \geq 4 \cdot a \cdot b$$

$$a^2 - 2ab + b^2 \geq 0$$

$$(a-b)^2 \geq 0$$

## Conclusion

Since the square of any real number is always non-negative, this means that the original inequality is also always true.