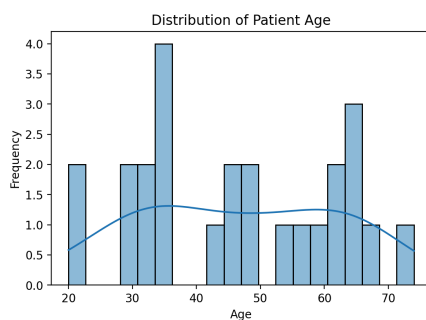


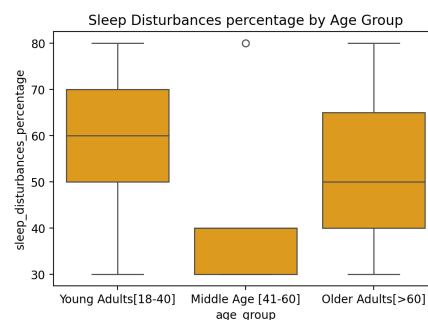
Dashboard

Descriptive Analysis

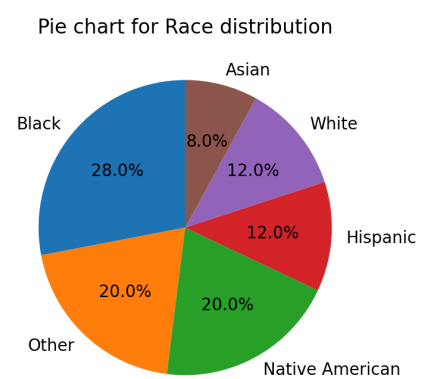
AGE & Sleep Disturbances percentage Analysis



The age groups are fairly balanced in size but not equal. The middle-aged and older groups might be slightly smaller or larger than the youngest group of patients (7–10). This balance is good for comparing sleep disturbances across age groups because no single group dominates the sample.



Sleep disturbances are highest in younger patients (≤ 40), lowest in middle-aged patients (41–60), and moderate in older patients (> 60). Study also shows that variability factor increases with age: middle-aged group is consistent at lower values, while older adults show the widest range of experiences.



Pie chart shows that the dataset has more patients with Black, Other and Native American categories, than the White, Hispanic, and Asian populations. This is important when interpreting sleep-related statistics, as race distribution could influence trends or comparisons.