The Tale of the Sands By Idries Shah

We all fear change and yet change is the very essence of life. How does a stream cross the mighty, desolate desert? Can it allow itself to change its very form to survive the journey? *The Tale of the Sands* helps the reader absorb the lesson that change can transform us, if only we have the courage to embrace it.

The only characters in this book are a beautiful, flowing stream, a mighty, dry desert, the wind and the voice of faith that lives within us all. As the stream confronts its many fears of being subsumed by the wind, the voice reminds us that change allows us to grow, move and prosper.