Appraisal Variable	Relevance	Desirability	Expectedness	Controllability
Values	RELEVANT	HIGH_DESIRABLE	MOST_EXPECTED	HIGH_CONTROLLABLE
		DESIRABLE	EXPECTED	-LOW_CONTROLLABLE
	IRRELEVANT	NEUTRAL	UNEXPECTED	
		UNDESIRABLE	MOST_UNEXPECTED	UNCONTROLLABLE
		HIGH_UNDESIRABLE		