









Instructions

- ▶ Please use a black or blue pen to complete this form.
- ▶ Mark 🗷 to indicate your answer.
- ▶ If you want to change your answer, mark **■** on the wrong answer.

1.	Is there more than one person age 18 or older living in this household?
	Yes No → GO TO A1 on the next page
2.	Including yourself, how many people age 18 or older live in this household? MailHHAdults
3.	The adult with the next birthday should complete this questionnaire. This way across all households, HINTS will include responses from adults of all ages.
4.	Please write the first name, nickname, or initials of the adult with the next birthday. This is the person who should complete the questionnaire.

Si prefiere recibir la encuesta en español, por favor llame 1-888-738-6812



A: Looking For Health Information

A1.	Have you ever looked for information about
	cancer from any source?

- 1 Y	eekCancerI es	info
2 N	• → GO T	O A3 belov

A2. Based on the results of your most recent search for information about cancer, how much do you agree or disagree with each of the following statements?

		Strongly agree	Somewhat agree	Somewhat disagree	Strongly disagree
a.	It took a lot of effort to get the information you needed	1	2	3	4
b.	You felt frustrated during your search for the information	1	2	3	4
C.	You were concerned about the quality of the information	1	2	3	4
d.	CancerConcernedOuality The information you found was hard to understand	1	2	3	4

A3. In general, how much would you trust information about cancer from each of the following? #

		Not at	A little	Some	A 10¢
a.	A doctor	4	3	2	1
b.	CancerTrustDoctor Family or friends CancerTrustFamily	4	3	2	1
C.	Government health agencies	4	3	2	1
d.	Charitable organizations CancerTrustCharities	4	3	2	1
e.	Religious organizations and				
	leaders	4	3	2	1
f.	CancerTrustReligiousOrgs Scientists CancerTrustScientists	4	3	2	1

A4. How often do health recommendations from ontradict one

ex	perts seem to conflict or c
an	other?
	HealthRecsConflict
1	Never
2	Rarely
3	Often

4 Very Often

A5.	How often do health recommendations from experts seem to change over time? HealthRecsChange Never Rarely Often Very Often
	B: Using the Internet to Find Information
B1.	Do you ever go online to access the Internet or World Wide Web, or to send and receive e-mail? UseInternet 1 Yes 2 No → GO TO B5 on the next page
▼ B2.	When you use the Internet, do you access it through
a. b.	Internet Dialup A high-speed service such as DSL, cable, FiOS, Wi-Fi, or satellite?
В3.	In the past 12 months, have you used the Internet to take care of any of the following health-related needs?

a.	Look for health or medical information	1	2
b.	Send a message to a health care provider or a health care provider's office	1	2
C.	View medical test results	1	2
d.	Electronic2 TestResults Make an appointment with a health care provider Electronic2_MadeAppts	1	2

B4. How satisfied are you with your Internet connection at home to meet health-related needs?

	nection

1	Extremely	satisfied
---	-----------	-----------

3	Somewhat satisfied





Yes No

B5.	How confident are you that you can find helpful health resources on the Internet? ConfidentInternetHealth	B10. Would you be willing to share health data from your wearable device with
		Yes No
	Completely confident Very confident	a. your health care provider? 1 2
		a. your health care provider?1 2 WillingShareData HCP b. your family or friends?1 2
	3 Somewhat confident	WillingShareData_Fam
	4 A little confident	D44 11 1 11 - 10 6 6 6
	5 Not confident at all	B11. Have you shared health information from either an electronic monitoring device or
B6.	Please indicate if you have each of the	smartphone with a health professional
ъо.	following.	within the last 12 months?
	· ·	SharedHealthDeviceInfo
	Mark all that apply.	1 Yes 2 No
ſ	1 Tablet computer (for example, an iPad,	Not Applicable – I do not use a smartphone or
\dashv	Samsung Galaxy, Motorola Xoom, or Kindle Fire)	electronic monitoring device
	HaveDevice Tablet Smartphone (for example, an iPhone, Android,	
1 '		B12. Sometimes people use the Internet to
	Blackberry, or Windows phone) HaveDevice SmartPh Basic cell phone only HaveDevice_CellPh GO TO B8	connect with other people online through
	1 I do not have any of the above J	social media. Examples of social media
Ţ	HaveDevice_None	sites include Facebook, Twitter, TikTok,
▼ B7.	HaveDevice_Cat	YouTube, and Instagram.
БΙ.	In the past 12 months, have you used a health or wellness app on your tablet or	In the past 12 months, how often did you
	smartphone?	_ · · · · · · · · · · · · · · · · · · ·
		do the following?
	UsedHealthWellnessApps2	_
	UsedHealthWellnessApps2 1 Yes	_
	UsedHealthWellnessApps2 1 Yes 2 No	_
	UsedHealthWellnessApps2 1 Yes	_
	UsedHealthWellnessApps2 Yes No I do not have any health apps on my tablet	Amost every day At least once a week a monthes Less than once a month
B8.	UsedHealthWellnessApps2 Yes No I do not have any health apps on my tablet	a. Visited a social media site 1 2 3 4 5
B8.	 UsedHealthWellnessApps2 Yes No I do not have any health apps on my tablet or smartphone In the past 12 months, have you used an electronic wearable device to monitor or track 	a. Visited a social media site 1 2 3 4 5 SocMed Visited b. Shared personal health information on social media 1 2 3 4 5
B8.	 UsedHealthWellnessApps2 Yes No I do not have any health apps on my tablet or smartphone In the past 12 months, have you used an electronic wearable device to monitor or track your health or activity? For example, a Fitbit, 	a. Visited a social media site 1 2 3 4 5 SocMed Visited b. Shared personal health information
B8.	 UsedHealthWellnessApps2 Yes No I do not have any health apps on my tablet or smartphone In the past 12 months, have you used an electronic wearable device to monitor or track 	a. Visited a social media site 1 2 3 4 5 SocMed Visited b. Shared personal health information on social media 1 2 3 4 5 SocMed SharedPers c. Shared general health-related information on social
B8.	 UsedHealthWellnessApps2 Yes No I do not have any health apps on my tablet or smartphone In the past 12 months, have you used an electronic wearable device to monitor or track your health or activity? For example, a Fitbit, Apple Watch, or Garmin Vivofit. 	a. Visited a social media site 1 2 3 4 5 SocMed_Visited b. Shared personal health information on social media SocMed_SharedPers c. Shared general health-related information on social media (for
B8.	 UsedHealthWellnessApps2 Yes No I do not have any health apps on my tablet or smartphone In the past 12 months, have you used an electronic wearable device to monitor or track your health or activity? For example, a Fitbit, Apple Watch, or Garmin Vivofit. WearableDevTrackHealth 	a. Visited a social media site 1 2 3 4 5 SocMed SharedPers c. Shared general health-related information on social media (for example, a news article) 1 2 3 4 5 SocMed SharedGen
B8.	 UsedHealthWellnessApps2 Yes No I do not have any health apps on my tablet or smartphone In the past 12 months, have you used an electronic wearable device to monitor or track your health or activity? For example, a Fitbit, Apple Watch, or Garmin Vivofit. WearableDevTrackHealth Yes 	a. Visited a social media site 1 2 3 4 5 SocMed Visited b. Shared personal health information on social media 1 2 3 4 5 SocMed SharedPers c. Shared general health-related information on social media (for example, a news article) 1 2 3 4 5 SocMed SharedGen d. Interacted with people who have similar health or
B8.	 UsedHealthWellnessApps2 Yes No I do not have any health apps on my tablet or smartphone In the past 12 months, have you used an electronic wearable device to monitor or track your health or activity? For example, a Fitbit, Apple Watch, or Garmin Vivofit. WearableDevTrackHealth Yes 	a. Visited a social media site 1 2 3 4 5 SocMed Visited b. Shared personal health information on social media 1 2 3 4 5 SocMed SharedPers c. Shared general health-related information on social media (for example, a news article) 1 2 3 4 5 SocMed SharedGen d. Interacted with people who have similar health or medical issues on social
	 UsedHealthWellnessApps2 Yes No I do not have any health apps on my tablet or smartphone In the past 12 months, have you used an electronic wearable device to monitor or track your health or activity? For example, a Fitbit, Apple Watch, or Garmin Vivofit. WearableDevTrackHealth Yes No → GO TO B11 in the next column In the past month, how often did you use a wearable device to track your health? 	a. Visited a social media site 1 2 3 4 5 SocMed Visited b. Shared personal health information on social media 1 2 3 4 5 SocMed SharedPers c. Shared general health-related information on social media (for example, a news article) 1 2 3 4 5 SocMed SharedGen d. Interacted with people who have similar health or medical issues on social media or online forums 1 2 3 4 5 SocMed Interacted
	 UsedHealthWellnessApps2 Yes No I do not have any health apps on my tablet or smartphone In the past 12 months, have you used an electronic wearable device to monitor or track your health or activity? For example, a Fitbit, Apple Watch, or Garmin Vivofit. WearableDevTrackHealth Yes No → GO TO B11 in the next column In the past month, how often did you use	a. Visited a social media site 1 2 3 4 5 SocMed_Visited b. Shared personal health information on social media SocMed_SharedPers c. Shared general health-related information on social media (for example, a news article) 1 2 3 4 5 SocMed_SharedGen d. Interacted with people who have similar health or medical issues on social media or online forums 1 2 3 4 5 SocMed_Interacted e. Watched a health-related video on a social media site
	 UsedHealthWellnessApps2 Yes No I do not have any health apps on my tablet or smartphone In the past 12 months, have you used an electronic wearable device to monitor or track your health or activity? For example, a Fitbit, Apple Watch, or Garmin Vivofit. WearableDevTrackHealth Yes No → GO TO B11 in the next column In the past month, how often did you use a wearable device to track your health? FreqWearDevTrackHealth 	a. Visited a social media site 1 2 3 4 5 SocMed_Visited b. Shared personal health information on social media 1 2 3 4 5 SocMed_SharedPers c. Shared general health-related information on social media (for example, a news article) 1 2 3 4 5 SocMed_SharedGen d. Interacted with people who have similar health or medical issues on social media or online forums 1 2 3 4 5 SocMed_Interacted e. Watched a health-related video on a social media site (for example, YouTube) 1 2 3 4 5
	 UsedHealthWellnessApps2 Yes No I do not have any health apps on my tablet or smartphone In the past 12 months, have you used an electronic wearable device to monitor or track your health or activity? For example, a Fitbit, Apple Watch, or Garmin Vivofit. WearableDevTrackHealth Yes No → GO TO B11 in the next column In the past month, how often did you use a wearable device to track your health? FreqWearDevTrackHealth Every day 	a. Visited a social media site 1 2 3 4 5 SocMed_Visited b. Shared personal health information on social media SocMed_SharedPers c. Shared general health-related information on social media (for example, a news article) 1 2 3 4 5 SocMed_SharedGen d. Interacted with people who have similar health or medical issues on social media or online forums 1 2 3 4 5 SocMed_Interacted e. Watched a health-related video on a social media site
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	 UsedHealthWellnessApps2 Yes No I do not have any health apps on my tablet or smartphone In the past 12 months, have you used an electronic wearable device to monitor or track your health or activity? For example, a Fitbit, Apple Watch, or Garmin Vivofit. WearableDevTrackHealth Yes No → GO TO B11 in the next column In the past month, how often did you use a wearable device to track your health? FreqWearDevTrackHealth Every day Almost every day 1-2 times per week 	a. Visited a social media site 1 2 3 4 5 SocMed_Visited b. Shared personal health information on social media 1 2 3 4 5 SocMed_SharedPers c. Shared general health-related information on social media (for example, a news article) 1 2 3 4 5 SocMed_SharedGen d. Interacted with people who have similar health or medical issues on social media or online forums 1 2 3 4 5 SocMed_Interacted e. Watched a health-related video on a social media site (for example, YouTube) 1 2 3 4 5



B13. How much of the health information that you see on social media do you think is false or misleading? MisleadingHealthInfo I do not use social media → GO TO B15 below A little Some A lot
B14. How much do you agree or disagree with
the following statements?
Strongly agree Somewhat Somewhat disagree Strongly disagree
a. I use information from social
media to make decisions about
my health
media in discussions with my
health care provider
health information on social media is true or false
d. Most of the people in my social
media networks have the same
views about health as me
SocMed_SameViews B15. Who do you think has the main
responsibility for reducing the amount of
false or misleading health information on
social media?
Mark only <i>one</i> .
ResponsibleReduceMisInf
1 The news media
Social media platforms like Facebook, Twitter, or YouTube
The government
Individual social media users
Medical providers and health care systems
91 Other – Specify → ResponsibleReduceMisInf_OS

C: Your Health Care

C1. **In the past 12 months**, not counting times you went to an emergency room, how many times did you go to a doctor, nurse, or other health professional to get care for yourself?

FreqGoProvider

None → GO TO C5 on the next page

1 time
2 times
3 times
4 times
5 5-9 times
6 10 or more times

C2. Overall, how would you rate the quality of health care you received in the past

12 months?

- QualityCare

 | Type | | Proplement | Proplem
- Excellent
- Very goodGood
- 4 Fair
- 5 Poor



C3.		The following questions are communication with all doc other health professionals y the past 12 months.	tors	, nur	ses,	
		How often did they do each of the following?	Always	Usually	Sonetime	Never
	a.	Give you the chance to ask all the health-related questions you had	1	2	3	4
	b.	Give the attention you needed to your feelings and emotions	1	2	3	4
	C.	FeelingsAddressed Involve you in decisions about your health care as much as you wanted	1	2	3	4
	d.	Make sure you understood the things you needed to do to take care of your health	1	2	3	4
	e.	UnderstoodNextSteps Explain things in a way you could understand	1	2	3	4
	f.	ExplainedClearly Spend enough time with you	1	2	3	4
	g.	Spend enough time with you SpentEnoughTime Help you deal with feelings of uncertainty about your health or health care HelpUncertainty	1	2	3	4
С	4.	In the past 12 months, when	n qe	tting	car	e

for a medical problem, was there a time when you had to bring an X-ray, MRI, or other type of test result with you to the appointment?

> BringTest 1 Yes

2 No

C5. In the past 12 months, did you delay or not get medical care you felt you needed—such as seeing a doctor, a specialist, or other health professional?

DelayNeededCare

No, I received the medical care I felt I needed

I did not need any medical care in the past 12 months

C6. Are you covered by any kind of health insurance or health care plan, including employer-sponsored insurance, prepaid plans, or government plans such as Medicare, Medicaid or TRICARE?

HealthInsurance2

1 Yes

2 No

C7. How confident are you filling out medical forms by yourself?

ConfidentMedForms

4 Not at all

3 A little

2 Somewhat

1 Very

C8. How much do you trust the health care system (for example, hospitals, pharmacies, and other organizations involved in health care)?

TrustHCSystem

4 Not at all

3 A little

2 Some

1 A lot

C9. Have you ever been treated unfairly or been discriminated against when getting medical care because of your race or ethnicity?

DiscriminatedMedCare

Yes

2 No



D: Telehealth

D1. A telehealth visit is a telephone or video appointment with a doctor or health professional.

In the past 12 months, did you receive care from a doctor or health professional using telehealth? ReceiveTelehealthCare

- 1 Yes, by video
- 2 Yes, by phone call (voice only with no video)
- 3 Yes, some by video and some by phone call

4 No telehealth visits in the past 12 months

D2. In the past 12 months, were you offered the option to have a telehealth visit for any medical care you tried to schedule?

OfferedTelehealthOption

- 1 Yes
- 2 No → GO TO E1 on the next page
- I did not try to schedule any medical care in the past 12 months → GO TO E1 on the next page
- D3. Did you choose **not** to participate in a telehealth visit for any of the following reasons?



GO TO D4

in the next

column

- a. I preferred to have the appointment(s) in person.....
- c. I thought the telehealth technology would be difficult to use.....

THNo TooDifficult



If you have not had a telehealth visit in the last 12 months, go to E1 on the next page

Otherwise, go to D4 in the next column

D4.	Why did you choose a telehealth visit(s) for
	yourself?

Yes No

		100	110
a.	The health care provider recommended or required the visit use telehealth THYES HCPRecommended	1	2
b.	I wanted advice about whether I needed in-person medical care	1	2
	I wanted to avoid possible infection at the doctor's office or hospital (for example, COVID-19 or flu)	1	2
d.	It was more convenient than going to the doctor (for example, less travel or wait times)	1	2
e.	I could include family or other caregivers in my appointment	1	2

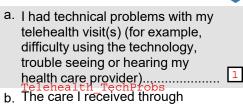
D5. What was the primary reason for your most recent telehealth visit? RecentTelehealthReason

Mark only one.

THYes IncludeOthers

- 1 Annual visit
- Minor illness/acute care (for example, fever, sinus infection)
- Managing my chronic health condition/disease (for example, high blood pressure, diabetes, heart disease, obesity, cancer)
- 4 Medical emergency
- Mental health, behavioral, or substance abuse issues (for example, depression, anxiety, drug or alcohol abuse)
- 6 Other

D6. In general, how much do you agree or disagree with the following statements regarding your telehealth visit(s)?



c. I was concerned about the privacy of my telehealth visit(s)..... 1

Telehealth_ConcernedPrivacy

2 3

2 3 4

2 3 4

59749



E: Medical Records

Next, we are going to ask you some questions about online medical records. Online medical records, also known as patient portals, are secure websites that allow people to access their health records and communicate with health care providers using a computer or smartphone health app.

E1. Have you ever been offered online access to your medical records (for example, a patient portal) by your...

		Yes	No	Know
a.	health care provider?	1	2	3
b.	health insurer?	1	2	3
	OfferedAccessInsurer3			

E2. Have any of your health care providers, including doctors, nurses, or office staff ever encouraged you to use an online medical record or natient nortal?

160	ord or patient portars
	HCPEncourageOnlineRec2
1	Yes
2	No

E3. For the next set of questions, please think about the online medical record or patient portal offered to you by a health care provider or insurer.

> How many times did you access your online medical record or patient portal in the last 12 months? AccessOnlineRecord2

5 I do not have an online medical record or patient

		portal that was offered to me by a health care provider or insurer. → GO TO E7 on the next page
	0	0 → GO TO E7 on the next page
ſ	1	1 to 2 times
J	2	3 to 5 times
\bigcap	3	6 to 9 times
Į	4	10 or more times

E4. How did you access your online medical record or patient portal?

	HowAccessOnlineRecord2
1	Арр
2	Website
3	Both app and website
4	Don't know

E5. In the past 12 months, have you used your online medical record or patient portal to...

a.	Look up test results?	1	2
b.	Download your health information to your		
	computer or mobile device, such as a cell		
	phone or tablet?	1	2
C.	RecordsOnline DownloadHealth Electronically send your medical		
٠.	information to a third party (such as		
	another health care provider, a family		
	member, or a smartphone health		
	app)?	1	2
	RecordsOnline Send3rdParty	ت	تـــا
d.	RecordsOnline Send3rdParty View clinical notes (a health care provider's		
	written notes that describe your visit)?	1	2
	RecordsOnline_ViewNotes		

Yes No

		ı	_
E6.	How easy or difficult was it to understand the health information in your online medical record or patient portal?		F: Caregiving
	UnderstandOnlineMedRec2 Very easy Somewhat easy Somewhat difficult Very difficult	F1.	Are you currently caring for or making health care decisions for someone with a medical, behavioral, disability, or other condition?
E7.	Which of the following organizations/ providers do you have an online medical record or patient portal with? Your medical record could include specific types of health data, such as insurance claims, prescription information, and laboratory test results.		Mark all that apply. 1 Yes, a parent/parents 2 Yes, a spouse/partner 2 Caregiving Spouse 1 Yes, a child/children that needs special care due to a medical condition or disability 2 Yes, another family member 2 Caregiving AnotherFam 2 Yes, a friend or other non-relative 2 Caregiving Friend 3 Yes a friend or other non-relative 3 Yes a friend or other non-relative 3 Yes a friend or other non-relative
	Mark all that apply. 1 My primary care doctor's office OnlinePortal PCP 1 Other health care provider(s) such as a specialty provider, counselor, or dentist OnlinePortal OthHCP My insurer(s) OnlinePortal Insurer 1 Clinical laboratory that performs lab tests OnlinePortal Lab	↓ F2.	Do you provide any of this care professionally as part of a job (for example, as a nurse or professional home health aide)? Caregiving Professional Yes
E8.	portal or online medical record?	F3.	Please think about the individual for whom you are currently providing the most care. Please check all conditions for which you have provided care for this person.
igcup	MultipleOnlinePortals 1 One → GO TO F1 in the next column 2 More than one		Mark all that apply. 1 Cancer Caregiving Cancer 1 Alzheimer's, confusion, dementia, forgetfulness,
E9.	Have you ever used an app like 'Apple Health Records' or 'CommonHealth' to combine your medical information from different patient portals or online medical records into one place? UsedPortalOrganizerApp Yes No		brain injury, stroke, or other neurological issue Caregiving AlzNeuro A short-term but serious condition such as recovery from surgery or an injury A long-term illness such as high blood pressure, hypertension, diabetes, heart disease, heart attack, lung disease, or emphysema Caregiving LongTerm Difficulty moving around such as an orthopedic issue, a musculoskeletal issue, or an aging-related issue Caregiving OrthoAging A mental health issue, substance abuse, intellectual or developmental issue Caregiving Mental Health Other - Specify → Caregiving Other Caregiving Other Caregiving Other_OS Not sure/don't know Caregiving NotSure
			Caregiving_NotSure CaregivingCond_Cat



F4.	Think about the individual for whom you are currently providing the most care. How many times did you access that person's online medical record in the last 12 months? Caregiving AccessMedRec2 Care recipient does not have an online medical record None 1 1 to 2 times 2 3 to 5 times 3 6 to 9 times 4 10 or more times			
	G: Genetic Testing			
G1.	Genes are inherited from your parents and are passed down from one generation to the next through the family tree. Genetic tests can determine your genetic makeup.			
	Which of the following types of genetic tests have you heard of ?			
	Mark all that apply.			
	Ancestry testing to understand where you and your relatives come from (for example, tests offered by companies such as Ancestry or 23andMe) HeardGenTest Ancestry2 Personal trait testing to understand whether you have genes that are linked to certain characteristics like enjoying the taste of cilantro (for example, tests offered by companies such as Ancestry or 23andMe)			
	Ancestry or 23andMe) HeardGenTest PersonalTrait Testing for specific diseases to understand your risk of getting certain diseases such as breast cancer, colon cancer, cardiovascular (heart) disease, diabetes, or dementia/Alzheimer's HeardGenTest SpecificDisease Prenatal genetic carrier testing to determine the			
	risk that a man and a women will have a baby with certain diseases such as cystic fibrosis or Tay SachsHeardGenTest_Prenatal Other-Specify HeardGenTest_Other_OS			
	I have not heard of any genetic tests → GO TO H1 HeardGenTest, None			

HeardGenTest Cat

G2. From which of the following sources did you read or hear anything about genetic tests?

Mark all that apply.

1	Internet (Social media, Google searches) TestSource IntSocMed
	Other media (TV, radio, newspaper, magazine) TestSource OthMedia
1	Health care provider and/or counselor
1	TestSource HCPCounselor Family or friend TestSource FamFriend
	TestSource Paint Tend I have not heard about genetic tests → GO TO H1 TestSource NotHeard
	TestSource Cat

G3. Which of the following types of genetic tests have you **had**?

Mark all that apply.

1	Ancestry testing to understand where you and
	your relatives come from (for example, tests
	offered by companies such as Ancestry or
1	23andMe) HadTest3 Ancestry2 Personal trait testing to understand whether you
	have genes that are linked to certain
	characteristics like enjoying the taste of cilantro

Ancestry or 23andMe)
HadTest3 PersonalTrait

Testing for specific diseases to understand your risk of getting certain diseases such as breast cancer, colon cancer, cardiovascular (heart) disease, diabetes, or dementia/Alzheimer's

(for example, tests offered by companies such as

- Prenatal genetic carrier testing to determine the risk that a man and a women will have a baby with certain diseases such as cystic fibrosis or Tay Sachs HadTest3 Prenatal
- 1 Other-Specify → HadTest3_Other_OS
- Not sure what type of genetic test → GO TO H1 I've had HadTest3_NotSure
- I have not HAD any genetic tests → GO TO H1

 HadTest3_NotHad

 HadTest3_Cat



G4.	If you had a genetic test for disease risk (including prenatal carrier testing), how did you get the test?		If you had a genetic test, who did you share the results with?	
			Mark all that apply.	
	Mark all that apply.		Your health care provider SharedRes4 HCP Genetic counselor	
0.5	1 A genetic counselor ordered the test RiskTest_Counselor 1 My health care provider other than a genetic counselor ordered the test RiskTest_HCP 1 I ordered the test directly from the laboratory or company on the Internet RiskTest_TestCo 1 I have notThad any genetic test for disease risk RiskTest_NotHad RiskTest_Cat		SharedRes4 Counselor Spouse/partner SharedRes4_Spouse Parents SharedRes4_Parent Siblings Children SharedRes4_Child Friend SharedRes4_Friend Other SharedRes4_Other Did not share the results	
G5.	What were the reasons you had genetic testing?		SharedRes4_NotShared SharedRes4_Cat	
	Mark all that apply.	G8.	If you had a genetic test, what did you	
			expect would happen to your test results after the test? GenTestExpectations	
	Doctor's recommendation ReasonTest DocRec Understand my family ancestry ReasonTest UnderstandFam Find relatives		Mark only one.	
	ReasonTest_FindFam Learn more about personal traits that may be influenced by genetics ReasonTest_PersTraits Learn more about my risk for certain diseases (for		The laboratory or company that did the test would only share my test results with me and/or my health care provider → GO TO G10 on the next page	
	example, cancer or heart disease) ReasonTest DiseaseRisk Understand things like what diet might be best for me ReasonTest_LearnStrategies		The laboratory or company that did the test may also share my test results with other groups	
C6	 Prenatal testing - for example, carrier testing ReasonTest Prenatal I received the test as a gift ReasonTest Gift Other-Specify → ReasonTest_Other ReasonTest_Cat Overall how confident are your that your	G 9.	In addition to you and your health care provider, who did you think the laboratory that did your genetic test would share your results with?	
G6.	Overall, how confident are you that your genetic testing results are correct and accurate?		results with:	
			Mark all that apply.	
	ConfidentTestAccurate Completely confident Very confident Somewhat confident A little confident Not confident at all		Scientific researchers for research purposes LabShare_ScientificRes Other for-profit companies for commercial purposes such as pharmaceutical companies or companies that gather and sell health data LabShare_ForProfitCo Law enforcement agencies for legal purposes LabShare_LEAgencies Insurance companies LabShare_InsCo LabShare_Cat	



G10.	If you had a genetic test, who helped you understand the results?	H2.	ability to take good care of your health? OwnAbilityTakeCareHealth
	Mark all that apply.		1 Completely confident
	1 Your health care provider		2 Very confident
	UndGenTest3 HCP Genetic counselor		3 Somewhat confident
	UndGenTest3 Counselor Spouse/partner		4 A little confident
	UndGenTest3 Spouse Parents - Parent		5 Not confident at all
	UndGenTest3_Parent Siblings UndGenTest3_Cibling		
	UndGenTest3_Sibling Children UndGenTest3 Child	H3.	In general, how easy or hard do you find it to
	Triend UndGenTest3 Friend		understand medical statistics? UndMedicalStats
	Other UndGenTest3 Other		1 Very easy
	No one helped me understand the results		2 Easy
	UndGenTest3_NoOne UndGenTest3_Cat		3 Hard
G11	How have you changed your behavior		4 Very hard
O 11.	based on the results of genetic testing?		A 1 6 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1
	Mark all that apply.	H4.	Are you deaf or do you have serious difficulty hearing?
	1 I changed my lifestyle (for example, increased		Deaf 1 Yes
	physical activity, changed diet, or quit smoking)		2 No
	BehavChg ChgLifeStyle I started taking or changed dietary supplements		
	BehavChg_DietSupp I changed medications	H5.	Do you have friends or family members that
	BehavChg_Meds I did more health screenings		you talk to about your health?
	BehavChg MoreScreenings I did fewer health screenings BehavChg_FewerScreenings		TalkHealthFriends 1 Yes
	1 Other - Specify → BehavChg_Other		2 No
	I have not changed my behavior based on genetic		
	testing BehavChg_NoChg	Н6	Has a doctor or other health professional
	BehavChg_Cat	110.	ever told you that you had any of the
	H: Your Overall Health		following medical conditions:
			Yes No
H1.	In general, would you say your health is? GeneralHealth		
	1 Excellent	a.	Diabetes or high blood sugar?
	2 Very good	b.	High blood pressure or hypertension? 1 2 MedConditions HighBP
	3 Good	C.	A heart condition such as heart attack, angina, or congestive heart failure? 1
	4 Fair	Ч	MedConditions HeartCondition Chronic lung disease, asthma,
	5 Poor	u.	emphysema, or chronic bronchitis? 2
		۵	MedConditions_LungDisease Depression or anxiety disorder?
		0.	MedConditions_Depression
		T .	



H7.	About how tall are you without shoes? Height_Feet, Height_Inches	H12. Please respond to each item by marking one box per row.
	Feet and Inches	S S S
H8.	About how much do you weigh, in pounds, without shoes? Weight Pounds	a. I feel left out
H9.	During the past 7 days, how many hours of sleep did you get on average per night? AverageSleepNight Hours of sleep per night	Feel PeopleBarelyKnow C. I feel isolated from others 5 4 3 2 1 Feel Isolated d. I feel that people are around me but not with me 5 4 3 2 1 Feel PeopleNotWithMe
⊔ 10	Please respond to each item by marking one	J: Environment and Health
a. b. c.	box per row. My life has meaning	J1. How much do you think climate change will harm your health? ClimateChgHarmHealth A lot Some A little Not at all Don't know J2. During the past 12 months, how many times have you had a sunburn (even a small part of your skin turns red or hurts for 12 hours or more) from too much sun exposure? TimesSunburned Sunburns in past 12 months (IF 0 THEN GO TO J5 on the next page)
a.	Little interest or pleasure in	
b.	doing things	
C.	Hopeless Feeling nervous, anxious, or on edge	
d.	Nervous Not being able to stop or control worrying	
	Worrying	59749

J3. On the most recent time you were sunburned, what were you doing when you were sunburned?

Mark all that apply.

1	Working at your job
\perp	Working at your job Sunburned JobOutside
1	Working outside at your own home or a
_	family/friend's home
_	family/friend's home Sunburned HomeOutside
1	Sunbathing [—]
一	Sunburned_Sunbathing
1	Swimming Sunburned_Swimming
1	Everging (running biking aports) (de not include
	Exercise (running, hiking, sports) (do not include
	swimming) Sunburned Exercise
1	Sunburned Exercise
Τ.	Watching a sporting event Sunburned_SportingEvent
1	Attending an outdoor event or venue (a concert,
لثا	•
	the zoo, a fair, etc.) Sunburned OutdoorEvent
1	
لتا	Day-to-day activities Sunburned_DayToDay
1	Other
	Sunburned Other
1	Don't know

SunburnedAct Cat J4. Were you drinking alcohol at any of the times when you were sunburned?

> Sunburned_Alcohol 1 Yes 2 No

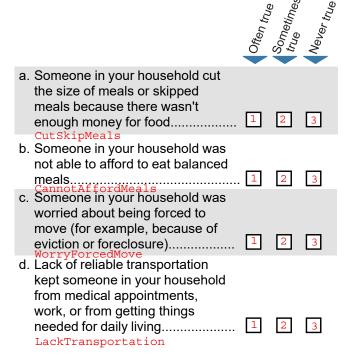
Sunburned Dk

J5. After several months of not being in the sun very much, if you went out in the sun for an hour without sunscreen, a hat or protective clothing, which one of these best describes what would happen to your skin?

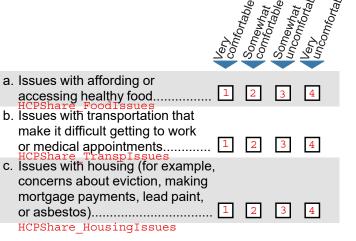
SunEffectAfter1Hour 1 Get a severe sunburn with blisters 2 Have a moderate sunburn with peeling 3 Burn mildly with some or no tanning 4 Turn darker without sunburn 5 Nothing would happen to my skin

K: Social Determinants of Health

K1. In the past 12 months, how often were the following things true?



K2. If you were experiencing one of the issues below, how comfortable would you be with your health care providers sharing your information about these issues with each other for your treatment purposes?





L: Health and Nutrition

L1. Think about the last time you ordered food in a fast food or sit down restaurant, did you notice calorie information listed next to the food on the menu or menu board?

NoticeCalorieInfoOnMenu

1 Yes

2 No

L2. These are examples of one drink of alcohol:



During the past 30 days, how many days per week did you have at least one drink of any alcoholic beverage?



During the past 30 days, on the days when you drank, about how many drinks did you drink on average? DrinksPerDay

Average drinks per day

L4. For males: During the past 30 days, how many times did you have 5 or more alcoholic drinks on one occasion?

> For females: During the past 30 days, how many times did you have 4 or more alcoholic drinks on one occasion?

DrinksOneOccasion

1 Never

2 1 or 2 times

3 to 5 times

4 6 to 10 times

5 11 or more times

L5. In the next 12 months, I am likely to...

AlcoholIntent

1 Drink less alcohol than I do now

2 Drink about as much alcohol as I do now

3 Drink more alcohol than I do now

I do not drink alcohol now, and do not plan on drinking alcohol in the future

L6. Have you ever heard or read that alcohol increases the risk of cancer?

HeardAlcoholIncreaseCancer

1 Yes

2 No

3 Don't know

L7. In the past 12 months, have you heard about the negative health consequences of drinking alcohol from doctors or other health care professionals?

HCPAlcoholConsequences2

l¹l Yes

No → GO TO L9 below

I have not had any medical appointments in the past 12 months → GO TO L9 below

L8. Which of the following health consequences of alcohol did the doctor or other health care professional discuss?

Mark all that apply.

1 Alcoholism

cohol Alcoholism

Cancer

cohol Cancer

1 Diabetes hol Diabetes

Heart Disease

1 Liver Disease

HCPAlcohol_Liver

HCPAlcohol Cat

L9. Compared to drinking no alcohol, do you think that having 1-2 alcoholic drinks per day...AlcoholRiskHealth

1 Decreases risk of future health problems

2 Has no effect on the risk of future health problems

3 Increases risk of future health problems

4 Don't know



M: Physical Activity and Exercise

M1. In a typical week, how many days do you do any physical activity or exercise of at least moderate intensity, such as brisk walking, bicycling at a regular pace, and swimming at a regular pace (do not include weightlifting)?

TimesModerateExercise

None → GO TO M3 below

1 day per week

2 days per week

3 days per week

4 days per week 5 days per week

6 6 days per week

7 days per week

M2. On the days that you do any physical activity or exercise of at least moderate intensity, how long do you typically do these activities?

HowLongModerateExerciseMinutes
Minutes of physical
activity per day

M3. In a typical week, outside of your job or work around the house, how many days do you do leisure-time physical activities specifically designed to strengthen your muscles such as lifting weights or circuit training (do not include cardio exercise such as walking, biking, or swimming)?

TimesStrengthTraining

None

1 day per week

2 days per week

3 days per week

4 days per week

5 days per week

6 days per week

7 days per week

M4. During the past 7 days, how much time did you spend sitting on a typical day at home or at work? This may include time spent sitting at a desk, visiting friends, reading, driving or riding in a car, or sitting or lying down to watch television.

		mt otter
ı		AverageTimeSitting
		Hours sitting per day

N: Tobacco Products

N1. In the **past 3 months**, how often, if at all, have you noticed the health warnings on cigarette packs?

CigPackWarnings

1 I did not see any cigarette packs in the last 3 months

2 Never

3 Rarely

4 Sometimes

5 Often

6 Very often

7 Don't know

N2. For the next few questions please think about all tobacco products, including cigarettes, e-cigarettes, smokeless tobacco, cigars, pipes, hookah, roll-your-own, and heated tobacco products

During the **past 3 months**, have you noticed or heard any *anti-tobacco messages* (that is, messages that talk about the dangers of tobacco products or encourage quitting) in any of the following places?

Mark all that apply.

1	Inside or outside stores that sell tobacco products (including product displays and signs)
1	(including product displays and signs) AntiTobacco Stores On billboards (including by the roadside, places like
1	bus stops, or on trains) AntiTobacco_Billboards At a pharmacy
1	AntiTobacco Pharmacy In bars or restaurants AntiTobacco BarRest
1	At events (including fairs, markets, festivals, sporting events, or music concerts) AntiTobacco_Events
1	On radio AntiTobacco Radio On television or streaming platforms (including
 [1]	Netflix or Hulu) Anti Tobacco TV On social media (including Facebook, Twitter,
	TikTok, YouTube, or Instagram) AntiTobacco SocMed Other websites or online sources
1	AntiTobacco_OthOnline In print newspapers or magazines
1	AntiTobacco PrintMedia In the mail or an email sent to you AntiTobacco Mail Email
1	Other - Specify → AntiTobacco_Other AntiTobacco_OS
1	I did not notice any anti-tobacco messaging AntiTobacco_DidNotNotice
	AntiTobacco Cat

N3. During the past **3 months**, have you noticed or heard tobacco products being *advertised*, *marketed*, *or promoted* in any of the following places?

Mark all that apply.

1	Inside or outside stores that sell tobacco products (including product displays and signs)
1	TobaccoAds Stores On billboards (including by the roadside, places like
_	bus stops, or on trains) TobaccoAds_Billboards
1	At a pharmacy TobaccoAds_Pharmacy
1	In bars or restaurants TobaccoAds BarRest
1	At events (including fairs, markets, festivals, sporting
_	events, or music concerts) TobaccoAds Events
1	At temporary or mobile sales locations or kiosks
	(including shopping centers, parked in the street,
_	other places, but not at specific events) TobaccoAds_PopUps On radio
1	On radio TobaccoAds Radio
1	On television or streaming platforms (including
	Netflix or Hulu) TobaccoAds IV
1	On social media (including Facebook, Twitter,
	TikTok, YouTube, or Instagram) TobaccoAds_SocMed.
1	Other websites or online sources
1	TobaccoAds_OthOnline In print newspapers or magazines
1	TobaccoAds PrintMedia In the mail or an email sent to you
	TobaccoAds_MailEmail
	Other - Specify - TobaccoAds_OS
1	I did not notice any tobacco products being
	advertised, marketed, or promoted TobaccoAds_DidNotNotice
	TobaccoAds_Cat
	ave you smoked at least 100 cigarettes in
yo	ur entire life?
1	Smoke100
	Yes
2	No
Но	ow often do you now smoke cigarettes?
1	SmokeNow
브	Every day
2	Some days
3	Not at all



N4.

N5.

N6. The next few questions are about electronic cigarettes (e-cigarettes) that contain **nicotine**. You may also know them as vapes, vape-pens, tanks, mods or pod-mods. E-cigarettes are battery powered devices that contain a liquid that is vaporized and inhaled.

> Compared to smoking cigarettes, would you say that using e-cigarettes that contain nicotine is...?

ElectCiqLessHarm2

1 Much less harmful

2 Less harmful

Just as harmful

4 More harmful

5 Much more harmful

7 I don't know

N7. Have you ever used an e-cigarette, even one or two times?

UsedECigEver

1 Yes

No → GO TO O1 in the next column

Do you now use an e-cigarette every day, some days, or not at all?

UseECiqNow

Every day

2 Some days

3 Not at all

O: Cancer Screening and Awareness

O1. How interested are you in having a cancer screening test in the next year?

InterestedCaScreening

Not at all

2 A little

3 Somewhat

4 Verv

5 Not applicable/I am up-to-date with screening tests

O2. In the last 12 months, how much did worry about COVID-19 cause you to delay or avoid having a cancer screening test?

COVIDDelayCaScreening

1 Not at all

2 A little

3 Some

4 A lot

5 Not applicable (I had not planned to have a screening test)

O3. At any time in the past year, did a doctor or other health professional talk with you about having a low-dose CT (LDCT) scan to check for lung cancer?

DocTalkLDCT

1 I have never heard of this test

² Yes

3 No

4 Don't know

O4. For males: GO TO O5 on the next page

For females: How long ago did you have your most recent Pap test to check for cervical cancer?

WhenPapTest

A year ago or less

2 More than 1, up to 2 years ago

More than 2, up to 3 years ago

More than 3, up to 5 years ago

More than 5 years ago

6 I have never had a Pap test

7= I am male (Web only)

O5. There are a few different tests to check for colorectal cancer in people who have no symptoms. These tests include:

> A **colonoscopy** - For this test, a tube is inserted into your rectum and you are given medication that may make you feel sleepy. After the procedure, you need someone to drive you home.

> A **sigmoidoscopy** - For this test, you are awake when the tube is inserted into your rectum. After the test you can drive yourself home.

> A **stool blood test** - For this test, you collect a stool sample at home, and then provide it to a doctor or lab for testing.

> Has a doctor or other health professional ever told you there are a few different tests to detect colorectal cancer?

DocTellColorectalTests

- 1 Yes
- 2 No
- I have never discussed these tests with a doctor or other health professional
- O6. Have you ever heard of **HPV**? HPV stands for Human Papillomavirus. It is not HCV, HIV, HSV, or herpes.

HeardHPV Yes No → GO TO O8 below

O7. Do you think **HPV** can cause cervical cancer? HPVCauseCancer Cervical

- 1 Yes
- 2 No
- 3 Not sure

O8. A vaccine to prevent **HPV** infection is available and is called the HPV shot, cervical cancer vaccine, or GARDASIL®.

> Before today, have you ever heard of the cervical cancer vaccine or HPV shot?

HeardHPVVaccine2

- 1 Yes
- 2 No

P: Beliefs About Cancer

Think about cancer in general when answering the questions in this section.

P1. How worried are you about getting cancer?

FreqWorryCancer

- 1 Not at all
- 2 Slightly
- 3 Somewhat
- 4 Moderately
- 5 Extremely

P2. Compared to other people your age, how likely do you think you are to get cancer in your lifetime?

ChanceGetCancer2

- I already had cancer
- Very unlikely
- 3 Unlikely
- 4 Neither likely nor unlikely
- 5 Likely
- 6 Very likely
- 7 I don't know

P3. How much do you agree or disagree with each of the following statements?



a. It seems like everything causes cancer.....

EverythingCauseCancer



 There's not much you can do to lower your chances of getting

- PreventNotPossible c. There are so many different recommendations about preventing cancer, it's hard to know which ones to follow...... 1 2 3 'ooManyRecommendations
- d. When I think about cancer, I automatically think about death.....

			_
1	2	3	

CancerFatal



P4. How much do you think that each of the following could increase a person's chance of developing cancer?
A lot A little Not at all Don't know
a. Drinking soda or other sugar-sweetened drinks
P5. How much do you think that each of the following could increase a person's chance of developing cancer?
A little Not at all Don't knc
a. Eating too much processed meat (for example: bacon, lunch meats, hot dogs)
example: beef, pork, ham)
bakery foods, desserts)
IncreaseCancer_NEFruitVeg e. Not getting enough sleep 1 2 3 4 IncreaseCancer_NESleep
P6. The following questions are about progress in the treatment of cancer. Please answer based on what you believe; there are no right or wrong answers.
A Ittle A Ittle A Imost n Don't kn
a. How much progress has been made in preventing cancer? 1 2 3 4 5 CaProgress Prevention b. How much progress has been
b. How much progress has been made in curing cancer?

	Q. Sunson motory				
Q1.	Have you ever been diagnosed as having cancer? EverHadCancer Yes No → GO TO Q4 on the next page.				
Q2.	. What type of cancer did you have?				
	Mark all that apply.				
	Bladder cancer CaBladder Bone cancer CaBreast Breast cancer CaBrain Cervical cancer (cancer of the cervix) CaCervical CaCervical CaCervical CaBrain CaBrain CaBrain CaCervical C				
	1 Other - Specify → CaOther CaOther_OS Cancer_Cat				
Q3.	At what age were you first told that you had cancer? WhenDiagnosedCancer				
	Years old				



Q4.	Have any of your first- or second-degree biological relatives (parents, brothers and sisters, children, grandparents, aunts and uncles, nieces and nephews) ever had cancer? FamilyEverHadCancer2 Yes No Not sure	R5.	R5. Which of the following best describe your current occupational status? Mark all that apply. 1 Employed Occupation Employed 1 Unemployed for 1 year or more Occupation 1YUnemployed 1 Unemployed for less than 1 year Occupation Less1YUnemployed 1 Homemaker Occupation Homemaker Student Occupation Student
	R: You and Your Household		1 Retired Occupation_Retired Disabled Occupation_Disabled 1 Other-Specify → Occupation_Other Occupation_Other
R1.	What is your age?		Occupation_Other_OS Occupation_Cat
	Age Years old	R6.	What is your marital status? MaritalStatus Mark only one.
R2.	On your original birth certificate, were you listed as male or female? BirthGender 1 Male 2 Female		 Married Living as married or living with a romantic partner Divorced Widowed Separated Single, never been married
R3.	What is your current gender identity? Mark only one. GenderIdentity Male Female Transgender Gender non-conforming Other - Specify → GenderIdentity_OS	R7.	What is the highest grade or level of schooling you completed? Education Less than 8 years 8 through 11 years 12 years or completed high school Post high school training other than college (vocational or technical) Some college
R4.	In the past 30 days, did you usually work 35 hours or more per week in total at all jobs or businesses?		College graduatePostgraduate
	WorkFullTime 1 Yes 2 No	R8.	Are you of Hispanic, Latino/a, or Spanish origin? One or more categories may be selected.
			Mark all that apply.
			 No, not of Hispanic, Latino/a, or Spanish origin NotHisp Yes, Mexican, Mexican American, Chicano/a Mexican Yes, Puerto Rican PuertoRican Yes, Cuban Cuban Yes, another Hispanic, Latino/a, or Spanish origin OthHisp Hisp_Cat

		1	_
R9.	What is your race? One or more categories may be selected.	R12.	Including yourself , how many people live in your household?
	Mark all that apply.		TotalHousehold
	White White Black or African American Black		Number of people
	American Indian or Alaska Native AmerInd Asian Indian AsInd Chinese	R13.	How many children under the age of 18 live in your household?
	Chinese Filipino Japanese Korean		ChildrenInHH Number of children under 18
	Vietnamese Vietnamese Vietnamese Other Asian OthAsian Native Hawaiian Hawaiian Guamanian or Chamorro Guamanian Samoan Other Pacific Islander OthPacIsl Race_Cat2	R14.	Thinking about members of your family living in this household, what is your combined annual income, meaning the total pre-tax income from all sources earned in the past year? IncomeRanges 1 \$0 to \$9,999 2 \$10,000 to \$14,999
R10.	. How much do you agree or disagree with the following statement?		3 \$15,000 to \$19,999 4 \$20,000 to \$34,999 5 \$35,000 to \$49,999
	I have a strong sense of belonging to my own ethnic, racial, and/or cultural group. EthnicGroupBelonging Strongly agree Agree Neither agree nor disagree		6 \$50,000 to \$74,999 7 \$75,000 to \$99,999 8 \$100,000 to \$199,999 9 \$200,000 or more
	DisagreeStrongly disagree	R15.	Which one of these comes closest to your own feelings about your household's income?
R11.	Do you think of yourself as SexualOrientation Mark only one.		IncomeFeelings Living comfortably on present income Getting by on present income Finding it difficult on present income
	Heterosexual, or straightHomosexual, or gay or lesbianBisexual		Finding it very difficult on present income
	91 Something else – Specify		
	SexualOrientation_OS		



R16.	We invite you to participate in future health surveys for the National Cancer Institute (NCI). These studies are voluntary and will involve answering surveys like this one a few times a year. You will receive a \$20 Amazon e-gift card once you have registered.
	If you are interested in participating, please write your email address in the box below. You will then receive an email with instructions for how to register for future surveys. Your email will be kept private and will only be used to send you information about future surveys.
	E-mail:
	Thank you!
	We would like to send you \$30 as a token of appreciation for your participation in HINTS. You have the choice to receive \$30 as an electronic Amazon gift card code via email, or to receive a check in the mail at the address where you received this survey.
	To receive a \$30 Amazon gift card, please provide your email address:
	E-mail:
	To receive a \$30 check, please provide your first and last name:
	First name:
	Last name:
	Please write legibly and return this questionnaire in the postage-paid envelope within 2 weeks.
	If you have lost the envelope, mail the completed questionnaire to:
	HINTS Study Westat 1600 Research Boulevard Rockville, MD 20850

