

Green Valley Hospital - Discharge Summary

Patient Name: Muhammad Shoaib ID: 12321

Age/Gender: 23 / Male **Discharge:** 2025-09-19 16:30

Diagnosis: 23-year-old male presented with acute chest pain and shortness of breath. ECG showed ST-elevation in anterior leads and troponin I was elevated. Diagnosis: Acute myocardial infarction

(STEMI). Patient stabilized after reperfusion.

Procedure: Primary percutaneous coronary intervention (PCI) with drug-eluting stent placement to the left anterior descending artery. Post-procedure monitoring in CCU for 48 hours, hemodynamically stable at discharge.

Prescribed Medications:

Name	Dosage	Frequency	Duration
Aspirin	75 mg	Once daily	1 months
Clopidogrel	75 mg	Once daily	2 months
Atorvastatin	40 mg	Once daily	3 months

Lab Tests Performed:

- ECG: ST elevation in V1-V4

- Troponin-I: 2.4 ng/mL

Post Discharge Instructions:

- Continue all prescribed medications regularly

- Avoid strenuous physical activity for 2 weeks
- Adopt a low-fat, low-salt, and heart-healthy diet
- Monitor blood pressure and blood sugar daily

Doctor: Dr. Ahmed Raza Signature:

