1. Lifestyle is one of the important factors affecting insulin resistance

<https://onlinelibrary.wiley.com/doi/full/10.1111/jdi.13048>

2. Insulin pump becomes the first choice for diabetic patients

<https://www.pedagogyeducation.com/Class-Catalog/Infusion/Diabetes-Management-and-Insulin-Pumps.aspx?cmp=H1>

3. Progress in diabetes-related research is great

<https://diabetesconference.euroscicon.com/>

4. None

5. Insulin is not only an important regulator of blood sugar, but also a signal molecule essential for normal brain function in many evidences.

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6151331/>