## The script works as follows

Steps	Activity
1	Create data frame to hold activity numbers and
	labels
2	Read in the test data and merge it with activity file
	subject data
3	Read in the training data data and merge it with
	activity file subject data
4	Merge the test and training data
5	Select <b>ONLY</b> activity measures with means and
	standard deviations
6	Merge activity labels with the dataset generated so
	far
7	Melt the data so that it can be reshaped
8	Creates a second, independent tidy data set with the
	average of each variable for each activity and each
	subject
9	Write the final data frame to an output csv file