

STEP 1, WEEK 8 READING AND WRITING

Reading assignment:

Yellow workbook pages 22 – 25

Suggested supplemental reading:

Tradition Six (the tradition of the month for June) in depth on pages 518-521 of the Red Book

This week's step study questions are found on page 33 of the yellow workbook under the heading "Powerlessness and Surrender":

1. What am I powerless over in Step One?

Page 2

Step 1 Week 8

2. What does surrender mean to me?

Page 3

Step 1 Week 8

3. If I surrender does that mean I will have no choices?

Page 4

Step 1 Week 8

4. Am I willing to admit my family is dysfunctional?

Page 5

Step 1 Week 8

5. Am I willing to admit I am powerless over the effects of growing up in a dysfunctional home and that my life is unmanageable?