

STEP 3, WEEK 3 READING AND WRITING

Reading assignment for this week:

Yellow workbook pages 62 through 64

Red Book Chapter 5

Suggested supplemental reading:

Melody Beattie, "Codependents' Guide To The Twelve Steps," pgs 46-48 (the first three pages of the Step Three chapter.)

Tradition Eight (the tradition of the month for August) in depth on pages 527-531 of the Red Book

This week's step study questions are found on page 66 of the yellow workbook under the heading "Made A Decision:"

1) What will happen if I make a decision to turn my will and my life over to the care of God as I understand God?

2) Can I talk to another ACA member about how they made a decision to turn over their will and life to a Higher Power?

Page 2

Step 3 Week 3

3) Do I realize that the Higher Power that brought me to ACA is still with me and will never abandon me?

4) Do I realize that God is the actual parent and has been there for me all along?

5) Do I believe that God hears my prayers?

6) Do I understand that I am cared for by God no matter what I have done?