

## **STEP 4, WEEK 2 READING AND WRITING**

### **This week's reading assignment:**

Red Book page 106, first paragraph

Red Book page 110, the two paragraphs beginning with "In Step Four, . . ."

### **Suggested supplemental reading:**

"The Family Myth," an article by Mark Sichel and Alicia L. Cervini, found online at <http://www.psybersquare.com/family/myth.html>

Friel, John and Linda, "Adult Children: The Secrets of Dysfunctional Families," pages 82-83.

Tradition Nine (the tradition of the month for September) in depth on pages 532-537 of the Red Book

### **This week's step study questions:**

The Family Secrets Inventory on **page 82 of the yellow workbook**. The following questions are adapted from the Family Secrets Inventory:

Describe one of your family's "story lines" or images that was presented to friends and outsiders.

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**Step 4 Week 2**

**What was the family reality beneath the story line or carefully presented public image?**



