

Summary

5 years - Behavioral Health
6 years - Leadership & Collaboration

5 years - Adult & Pediatric Psychiatry & Advocacy
5 years - Multi-discipline Strategy Management

Professional Experience

UnityPoint Health - Behavioral Health Services; Inpatient Pediatrics

October 2023 - Current

Behavioral Health Counselor

- Facilitate weekly psychoeducational groups focused on Adolescent Mental Health, Self, & Personal development.
- Provide weekly counseling, monitoring & management of ten patients
- Enable the safety, & well-being of patients through the use of de-escalation techniques & safety planning strategies
- ★ Via patient check-ins & progress evaluations, confirmed to have improved the well-being & stability of ~90 patients

Techstars

October 2023 - February 2024

Marketing & Promotions Lead

- Led targeted social media marketing strategy & campaigns via LinkedIn, X, Instagram.
- Managed ecosystem growth via newsletter maintenance, growing it to >1000 subscribers & 500 strategic stakeholders.
- ★ Communicated marketing materials to established strategic partnerships with the Technology Association of Iowa, Des Moines Business Record, Greater Des Moines Partnership, One Million Cups, Innovation Iowa, & University of Iowa JPEC.
- ★ Engaged acquisition channels & yielded ~100 orders w/ 100+ ticket resulting > \$1k in ticket revenue

University of Iowa - Behavioral Health Services; Adult Psychiatry

July 2022 - July 2023

Psychiatric Nursing Assistant

- Recorded patient health data into the EPIC system for EHR management.
- Assisted in the delivery of emergency Adult, Pediatric, & Geriatric Psychiatry patient care & service.
- ★ Assisted with Pediatric, Adult, Geriatric, & Emergency departments, defusing over 100 patients monthly

Integrated DNA Technologies

September 2021 to June 2022

Laboratory Technician II

- Entered & analyzed data to process Oligos COVID testing kits
- Maintained process & progress quality in test kit workflow to reduce downtime & enhance overall productivity.

Nisaa African Family Services

July 2019 - January 2022

Youth Advocate

- Planned & led 10+ sessions that educated our ecosystem of young African members on Sexual Assault, Mental Health, & Domestic Violence across NISSA's Iowa footprint.
- Spearheaded, & executed NISSA's digital strategy & engaged 1000s of African Students
- ★ Led NISSA's Gala of 100s of attendees across 5 successful events & performances each year.

Education

Bachelor of Science; Global Health Studies | University of Iowa

- Student Government Senator | Health & Equity, & Diversity & Inclusion Committees
- NAACP Youth Council President | Mental Health & Wellness Committee
- African Student Association | Treasurer
- Black Campus Ministries | Co-President

Associate of Arts; Liberal Arts | Des Moines Area Community College

Associate of Science; General Studies | Des Moines Area Community College

Meta Blueprint; Front End Developer Certification | Meta Technologies

- Gained proficiency in HTML5, CSS, JavaScript, Reactjs, Figma

Meta Blueprint; Back End Developer Certification | Meta Technologies

- Gained proficiency in Python, VS Code, Git, Bootstrap, GitHub

Google Foundations of User Experience (UX) Design | Google Inc

- Wireframe, user experience design, User experience, User Interface Design, figma, prototype, UX Research, Web Design

Achievement

Iowa City TechStars Startup Weekend

- ★ Earned 3rd place for creating an executable AI-powered Mental Health model focused on adolescents.

University of Iowa Tippie School of Business Startup Weekend

- ★ Earned 2nd place by creating an executable Software Application focused on identity verification & validation on dating apps.