

Directions: Teens: Fully chew two gummies daily.

Supplement Facts

Serving Size: 2 gummies
Servings Per Container: 30

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Calories	15	Vitamin B ₆	1.3 mg 76%
Total Carbohydrate	3 g 1%*	Folate	330 mcg DFE (200 mcg folic acid) 83%
Total Sugars	3 g **	Vitamin B ₁₂	2.4 mcg 100%
Includes 3g Added Sugars	6%*	Biotin	30 mcg 100%
Vitamin A	750 mcg 83%	Calcium	100 mg 8%
Vitamin C	75 mg 83%	Phosphorus	40 mg 3%
Vitamin D	15 mcg (600 IU) 75%	*Percent Daily Values are based on a 2,000 calorie diet.	
Vitamin E	13.5 mg 90%	**Daily Value not established.	
Vitamin K	75 mcg 63%		
Niacin	16 mg 100%		

Ingredients: Glucose Syrup, Sugar, Tricalcium Phosphate, Gelatin, Water, Ascorbic Acid; Less than 2% of: Biotin, Calcium Citrate, Calcium Lactate, Citric Acid, d-Alpha-Tocopheryl Acetate, FD&C Blue #1, FD&C Red #40, FD&c, tWith Vitamins B₃, B₆, B₁₂ and Biotin to help convert food to energy. Product of Germany Dist. by: Bayer HealthCare LLC Whippany, NJ 07981 the Bayer Cross. Graves and