



# BAKHITA ACADEMY EXAMINATIONS BOARD

## 2020 MOCK EXAMINATIONS FOR STANDARD 8

### EXPRESSIVE ARTS & LIFE SKILLS (100 MARKS)

#### Life skills

1. Knowing your feelings, weakness and strengths is called \_\_\_\_\_
  - A. Strong feeling
  - B. Self esteem
  - C. Self- awareness
  - D. Life skills
2. Who is a vulnerable child?
  - A. Children who are not well protected
  - B. Orphans
  - C. Street children
  - D. A child with HIV positive
3. These are challenges that the youth encounter except;
  - A. Orphan hood
  - B. Mental disturbance
  - C. Sexual abuse
  - D. Drug and substance abuse
4. The best way of managing problem associated with home based care and support is:
  - A. Train the care providers on how to take care of the patients
  - B. Give them kitchen tools
  - C. Provide the patient with ARVs
  - D. Organizing care support committee
5. What is the effect of academic failure caused by stress
  - A. School drop out
  - B. Mental anxiety
  - C. Death
  - D. None of the above
6. The barriers to peaceful conflict resolutions are
 

1. Medication	3. Arbitration
2. Bribery	4. Prejudice
A. 1 and 4	C. 3 and 4
B. 2 and 4	D. 1 and 3
7. Barriers means \_\_\_\_\_
 

A. Obstacles	C. Results
B. Outcomes	D. All are correct
8. How can we overcome the problem of congestion in hospitals?
  - A. By employing more Doctors
  - B. By having enough medicine in all hospitals
  - C. By following family planning methods
  - D. By introducing home based care centers.
9. The following are processes of HTC except;
  - A. Pre – counseling
  - B. The client is told of the test results
  - C. The client is given ARVS
  - D. The client under goes post counseling
10. It is important to be assertive in order to \_\_\_\_\_
  - A. Promote one's identity
  - B. To show high self esteem
  - C. To live good life
  - D. Enjoy your days of life

#### Expressive Arts

11. What is the meaning of the word "Traditional?"
 

A. Dances	C. Originality
B. Costumes	D. Gulu wamkulu
12. What is the meaning of the word "Contemporary"
 

A. Modern	C. New
B. Foreign	D. All answers are correct
13. An example of a situation in which learners imitate is in \_\_\_\_\_
 

A. Air patterns	C. Mirroring
B. Aerobics	D. Weaving
14. Give two types of communication
  - A. Drum and whistle
  - B. Mortor and pestle
  - C. Bow and Arrow
  - D. Verbal and non – verbal

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15. Good example of verbal communication is \_\_\_\_\_

- A. Language                      C. Posters  
B. Gestures                      D. Leaves

16. Two examples of cross-cutting issues are

- A. Fighting and deforestation  
B. Floods and Earth quakes  
C. Famine and prostitution  
D. None of the above

17. What do you call the official that ensure that all the agreed rules are followed in athletics

- A. Starter                      C. Umpire  
B. Field marshal              D. Referee

18. The two major groups of musical instruments are

- A. Banjo and guitar  
B. Malimba and drum  
C. Mangolongonda and badza  
D. Tuned and untuned

19. What are percussions?

- A. Are drums  
B. Are untuned musical instruments  
C. Are shakers  
D. Are tuned musical instruments

20. What name is given to the men in a play

- A. Drama                      C. Actors  
B. Characters                  D. Actresses

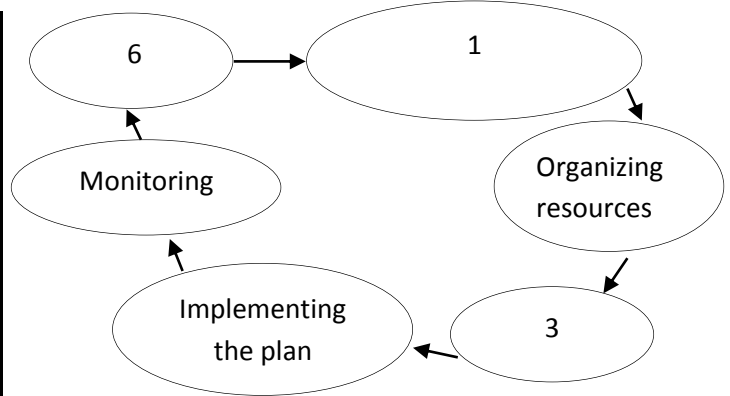
## SECTION B

Answer all questions in the space provide on end of each question.

21. State any two characteristics of people with low self -esteem

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ (2 marks)

Study the diagram below and use it to answer question 22 and 23.



22. What name is given to the diagram above  
\_\_\_\_\_ (2 marks)

23. List the appropriate words in the blanks spaces.  
\_\_\_\_\_  
\_\_\_\_\_ (6 marks)

**Read the story below and answer the questions that follows**

*Mary is a quiet girl. She is always alone. She does not like playing with others. She stays with her step mother who does not like her. Her step mother does not prepare breakfast for her. She always send Mary to sell scones before she goes to school.*

24. Why is she not playing with others?

\_\_\_\_\_  
\_\_\_\_\_ (2 marks)

25. What kind of self -esteem is Mary experiencing

\_\_\_\_\_ (1 mark)

26. If you were Mary, what would you do to improve your self -esteem

\_\_\_\_\_  
\_\_\_\_\_ (2 marks)

27. What do the following words mean?

i. Assertiveness

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

ii. Sex

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

iii.

Stress

\_\_\_\_\_

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\_\_\_\_\_ (6 marks)

**Read the story below and answer the questions that follows.**

*John and James were good friends. They were both in standard 8. One day, as they were going to school, they came across a match box in which there was a K2, 000.00 note. John said that the money was his, but James claimed that the money belonged to both of them because the match box was identified by both of them. The two boys started quarrelling over the money and ended up fighting. Fortunately, Mrs. Matekenya who was working in her garden nearby stopped them from fighting. She advised them to share the money equally.*

*In the end, this idea was accepted and the money was shared fairly between them. The two boys continued to live as friends.*

a. Why were the boys fighting?

\_\_\_\_\_  
\_\_\_\_\_ (1 mark)

b. What do they do with money in the end?

\_\_\_\_\_  
\_\_\_\_\_ (2 marks)

c. Identify the skills used in the story to end the conflict

\_\_\_\_\_  
\_\_\_\_\_ (2 marks)

d. Describe any two factors that help to improve communication

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ (4 marks)

28. Give the differences between General and Personal space

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ (2 marks)

29. Give four components of General space

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ (4 marks)

30. What is the other name for Personal space

\_\_\_\_\_  
\_\_\_\_\_ (1 mark)

31. Give two artistic that needs personal space

\_\_\_\_\_  
\_\_\_\_\_ (2 marks)

32. What is rhythm?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ (2 marks)

33. What is mirroring?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ (2 marks)

34. What are aerobics?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ (1 mark)

35. Give three examples of clothes or attire that have a meaning for the specific occasions

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ (3 marks)

36. Give three examples of contemporary dancing styles

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ (3 marks)

37. Draw two artistic items and label them

(10 marks)

**END OF THE QUESTION PAPER.**

**NAME :** \_\_\_\_\_ **DATE :** \_\_\_\_\_ **NUMBER:** \_\_\_\_\_