# Carnet de Bord

Bachelor Thesis Supervised learning on EEG signals for clinical diagnosis

# Vocabulary

#### Vocabulary

- EEG signals = differences of potentials in between various areas of the brain, measured in Volts
- MEG signals = flux of magnetic fields / strength of a magnetic field at a given location in a given direction, measured in Tesla or Tesla / m
- Splitting the dataset: train (fit the parameters i.e. weights), validation (tune the hyperparameters i.e. architecture → avoid overfitting) & test sets
- k-fold cross validation: split the data into k folds / sets where each fold is used as a testing set at some point

#### Time series analysis - Vocabulary

- SNR = Signal to Noise Ratio → should be as high as possible, MEG has a better SNR than EEG
- Multimodal signal = multiple modalities i.e. EEG, EOG, EMG etc.
- Power Spectrum Density (PSD) / periodogram: répartition fréquentielle de la puissance d'un signal suivant les fréquences qui le composent
  - Different sleep stages have different signatures (by visualising the PSD) ???
- Spectrogram = frequency content over time

# Important commands

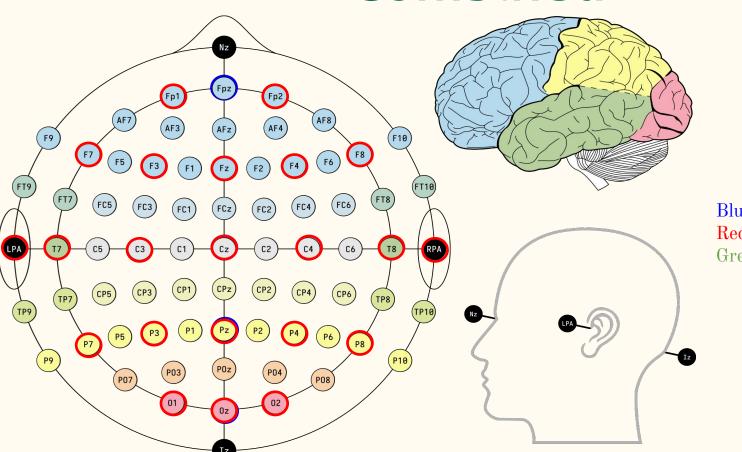
nice -n 5 python myscript.py to share processing resources

To install Braindecode: pip install -U https://github.com/braindecode/braindecode/archive/master.zip

eval "\$(/home/parietal/msolal/miniconda3/bin/conda shell.bash hook)"

# Datasets

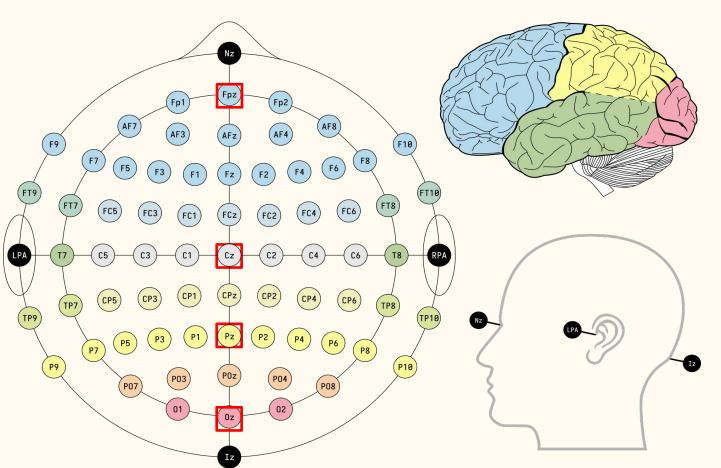
### Combined



Blue: SleepPhysionet

Red: MASS
Green: Clinical

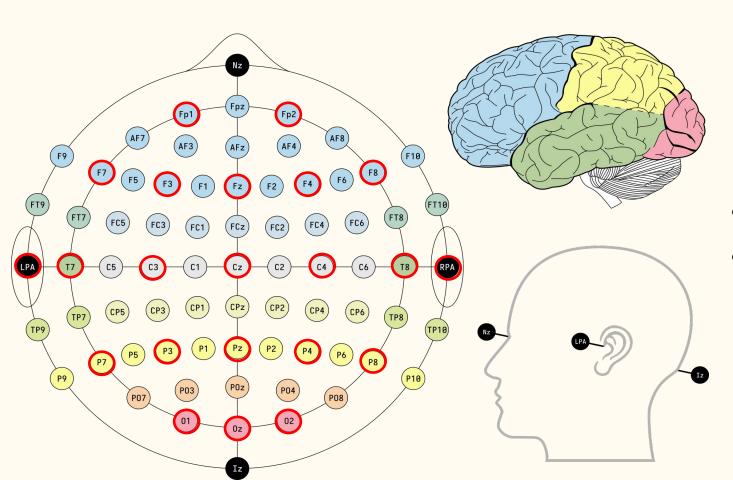
# SleepPhysionet



- 1 EOG channel: horizontal
- 1 EMG channel: submental

https://physionet.org/content/sleep-edfx/1.0.0/

#### **MASS**



- 2 EOG channels: left and right
- 3 bipolar EMG channels: Chin1, Chin2, Chin3

#### https://www.readcube.com/articles/10.1111/jsr.12169

- cc-ss-xxxx: cc is the cohort number, ss is a subset number and xxxx is a record number
- 62 subjects including 28 male and 34 female
- Age: mean, standard deviation, min, max:

  C1/SS3

  Total

  42.5

  18.9

  20

  69

  Men

  40.4

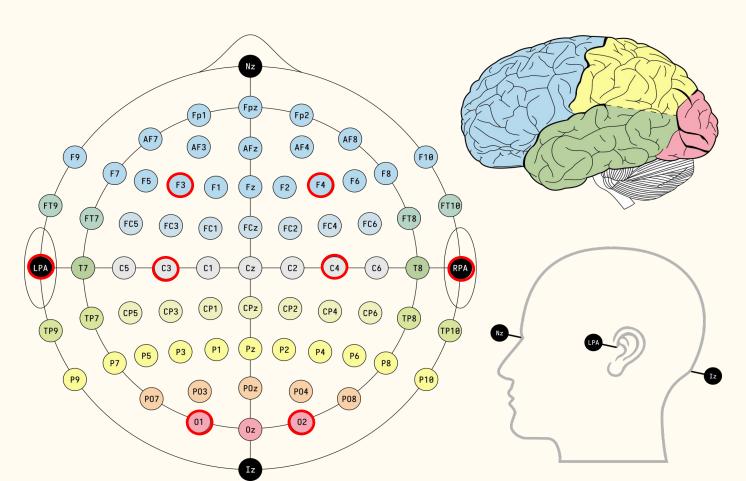
  19.4

  20

  69

  69
- Channels for records 01-03-0001-39 (except 0036) + 01-03-0041-44 (A):
  - O ['ECG I', 'EEG A2-CLE', 'EEG C3-CLE', 'EEG C4-CLE', 'EEG Cz-CLE', 'EEG F3-CLE', 'EEG F4-CLE', 'EEG F7-CLE', 'EEG F8-CLE', 'EEG Fp1-CLE', 'EEG Fp2-CLE', 'EEG Fz-CLE', 'EEG O1-CLE', 'EEG O2-CLE', 'EEG Oz-CLE', 'EEG P3-CLE', 'EEG P4-CLE', 'EEG P2-CLE', 'EEG T4-CLE', 'EEG T5-CLE', 'EEG T6-CLE', 'EMG Chin1', 'EMG Chin2', 'EMG Chin3', 'EOG Left Horiz', 'EOG Right Horiz']
- Channels for records 01-03-0040 + 01-03-0047-64 (B):
  - o ['ECG I', 'EEG C3-LER', 'EEG C4-LER', 'EEG Cz-LER', 'EEG F3-LER', 'EEG F4-LER', 'EEG F7-LER', 'EEG F8-LER', 'EEG F91-LER', 'EEG F92-LER', 'EEG Fz-LER', 'EEG O1-LER', 'EEG O2-LER', 'EEG D3-LER', 'EEG P4-LER', 'EEG P2-LER', 'EEG T3-LER', 'EEG T4-LER', 'EEG T5-LER', 'EEG T6-LER', 'EMG Chin1', 'EMG Chin2', 'EMG Chin3', 'EOG Left Horiz', 'EOG Right Horiz', 'Resp Belt Abdo', 'Resp Belt Thor']
- LER = linked-ear reference with a 10k\Omega resistance; CLE = computed linked-ear

## **Clinical**



- MASS dataset:
  - T5, T6 became P7, P8
  - o T3, T4 became T7, T8
- A1, A2 are also called M1, M2 near the ears

# Weekly logbook

## Week 1.

11th - 15th January

- Cours AI4Health
  - Regarder les vidéos du cours
  - Faire les notebooks

#### Articles

- [1] A Deep Learning Architecture for temporal sleep stage classification using multivariate and multimodal time series, Chambon et al.
- [2] A Deep Learning Architecture to detect events in EEG signals during sleep, Chambon et al.
- Get familiar with Google Colab
- DATAIA Seminars.
  - Can current neural networks
     provide a satisfactory model of the
     human brain, S. Dehaene

#### Sleep Stage Classification [1]

- 5 sleep stages: Wake, REM (Rapid Eye Movement), N1, N2, N3 (Non Rapid Eye Movement)
  - have distinct time and frequency patterns and differ in proportions over a night
- Approaches.
  - App1. Extract features using expert knowledge about the signal
  - App2. Learn feature representation from the raw signal directly
- Challenge. The data is imbalanced (more data for certain classes)
  - Sol1. Reweight the loss function so that the cost of making an error on a rare sample is larger
  - Sol2. BALANCED SAMPLING, feed the network with batches of data which contain as many data points from each class (each batch has 20% of samples of each class since there are 5 classes) → requires using balanced accuracy metrics

#### Event Detection [2]

• SleepStagerChambon2018 cf notebook 5 from AI4Health

#### Typical pre-processing techniques

- Get rid of the artifacts (eye blinks, high frequency / environmental noise, heart beats, drift i.e. sensors moving)
- Low-pass filtering: 30Hz cutoff frequency
- Downsampling to a sampling rate around 100Hz / 128Hz
  - Speed-up computations
  - o I'm not sure I understand what this means
- Normalizing each 30s sample (zero mean and unit variance)
- Sometimes convert from volt to microvolt

### Week 2.

18th - 22nd January

- Articles
  - [3] Uncovering the structure of clinical EEG signals with self-supervised learning, Banville et al. + notebook
  - o BT Agathe
- HSS/BIO 361 Sciences cognitives
- Get familiar with PyTorch

  <a href="https://pytorch.org/tutorials/be">https://pytorch.org/tutorials/be</a>
  <a href="mailto:ginner/deep learning 60min bl">ginner/deep learning 60min bl</a>
  <a href="mailto:itz.html">itz.html</a>
- Sleep Staging w. MASS dataset

#### Self Supervised Learning

- Self Supervised Learning (SSL)
  - Unsupervised learning approach that learns representations from unlabeled data, exploiting the structure of the data to provide supervision
  - Reframe an unsupervised problem as a supervised one
  - Comprises a PRETEXT and a DOWNSTREAM task
    - Downstream task: what we are interested in but limited / no annotations
    - Pretext task: must be sufficiently related to the ownstream task such that similar representations should be employed to carry it out + must be possible to generate annotations for this task using the data alone

#### SSL to study the structure of clinical EEG signals [3]

- Relative Positioning (RP)
  - how to discriminate pairs of time windows based on their relative position
- Temporal Shuffling (TS)
- Contrastive Predictive Coding (CDC)
  - o moins bien compris
- Downstream tasks: sleep staging & pathology detection
- Datasets: PC18 (Physionet Challenge) + TUHab (TUH abnormal)

# Week 3.

25<sup>th</sup> - 29<sup>th</sup> January

#### Articles

- Montreal Archive of Sleep Studies: an open-access resource for instrument benchmarking and exploratory research, O'Reilly et al.
- MEG/EEG group study with MNE: recommendations, quality assessments and best practices, Jas et al.
- Sleep staging w. MASS dataset
- Created GitHub repository
- Sleep staging cleanup //Braindecode
- Olivier's data

#### Montreal Archive of Sleep Studies, Session 3 (MASS SS3)

- cc-ss-xxxx: cc is the cohort number, ss is a subset number and xxxx is a record number
- 62 subjects including 28 male and 34 female
- Age: mean, standard deviation, min, max:

  C1/SS3

  Total

  42.5

  18.9

  20

  69

  69

  Women

  44.2

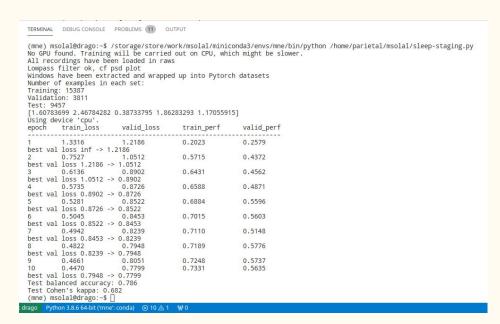
  18.6

  20

  69
- Channels for records 01-03-0001-39 (except 0036) + 01-03-0041-44 (A):
  - O ['ECG I', 'EEG A2-CLE', 'EEG C3-CLE', 'EEG C4-CLE', 'EEG Cz-CLE', 'EEG F3-CLE', 'EEG F4-CLE', 'EEG F7-CLE', 'EEG F8-CLE', 'EEG Fp1-CLE', 'EEG Fp2-CLE', 'EEG Fz-CLE', 'EEG O1-CLE', 'EEG O2-CLE', 'EEG Oz-CLE', 'EEG P3-CLE', 'EEG P4-CLE', 'EEG P3-CLE', 'EEG T4-CLE', 'EEG T5-CLE', 'EEG T6-CLE', 'EMG Chin1', 'EMG Chin2', 'EMG Chin3', 'EOG Left Horiz', 'EOG Right Horiz']
- Channels for records 01-03-0040 + 01-03-0047-64 (B):
  - O ['ECG I', 'EEG C3-LER', 'EEG C4-LER', 'EEG Cz-LER', 'EEG F3-LER', 'EEG F4-LER', 'EEG F7-LER', 'EEG F8-LER', 'EEG F91-LER', 'EEG Fp2-LER', 'EEG Fz-LER', 'EEG O1-LER', 'EEG O2-LER', 'EEG Oz-LER', 'EEG P3-LER', 'EEG P4-LER', 'EEG P2-LER', 'EEG T3-LER', 'EEG T4-LER', 'EEG T5-LER', 'EEG T6-LER', 'EMG Chin1', 'EMG Chin2', 'EMG Chin3', 'EOG Left Horiz', 'EOG Right Horiz', 'Resp Belt Abdo', 'Resp Belt Thor']
- LER = linked-ear reference with a  $10k\Omega$  resistance; CLE = computed linked-ear
- ullet Record 01-03-0036: No matching events found for Sleep stage 3/4 (event id 4)
- Why are we using SS3?

#### Sleep Staging with the MASS dataset

- MASS SS3 Montreal Archive of Sleep Studies, session 3
- Had to wait a few days to get the SSH access
- Took code from AI4Health tuto 6 and adapted it to MASS dataset
- Got nice results with 30 subjects (incl. 10 testing)
- use only records A + ignore subject 01-03-0036
- Split the code:
  - main, datasets, models, training, visualisation



30 subjects, incl 10 test

#### Olivier's data

- 466 records with annotations
- Check missing CSV / EDF files
- O2\*: ABlo590819 ['EEG F3', 'EEG F4', 'EEG C3', 'EEG C4', 'EEG O1', 'EEG M1', 'EEG M2', 'EMG Ment', 'ECG', 'EMG Tib-L', 'E MG Tib-R', 'Resp Therm', 'Resp Thor', 'Resp Abd', 'SaO2 SaO2', 'SaO2 HR', 'SaO2 Pulse', 'BodyPos BodyPos', 'EEG O2\*', 'EOG eog-r', 'EOG eog-l', 'Sound Ronf', 'Resp Flux', 'Resp Flw2', 'BodyPos Pos']
- M1#2, M2#2: AFan740527 ['EEG F3', 'EEG F4', 'EEG C3', 'EEG C4', 'EEG O1', 'EEG O2', 'EOG E2', 'EOG E1', 'EMG Chin1', 'EMG Tib-L', 'EMG Tib-R', 'Resp Cann Raw', 'Resp Thor', 'Resp Abd', 'SaO2 SaO2', 'EEG M1#2', 'EEG M2#2', 'Sound Ronf', 'Resp Ther', 'ECG', 'Unspec Flux', 'Unspec PULS', 'BodyPos Pos', 'Unspec BP RAW', 'Unspec BP LVL', 'Unspec BEAT']
- no O2\*, no M1#2, no M2#2: BOfr660513 ['EEG F3', 'EEG F4', 'EEG C3', 'EEG C4', 'EEG O1', 'EEG O2', 'EEG M1', 'EEG M2', 'EMG Chin1', 'ECG', 'EMG Tib-L', 'EMG Tib-R', 'Resp Therm', 'Resp Thor', 'Resp Abd', 'SaO2 SaO2', 'SaO2 HR', 'SaO2 Pulse', 'Sound Mic', 'BodyPos BodyPos', 'EOG E1#1', 'EOG E2#1', 'Resp Flux', 'Resp Flw2', 'BodyPos Pos']

# Week 4.

1<sup>st</sup> - 5<sup>th</sup> February

- Code organisation: Braindecode style
- Experiments: MASS & Sleep Physionet Dataset
- Olivier's data: formatting of annotations + conversion to BIDS
- MASS dataset conversion to BIDS

#### Olivier's data

- Annotations files: keep all validated annotations + add events missing in between validated events
- Combine raw and annotations files into BIDS format
  - $\circ$  We set line freq to  $50 \mathrm{Hz}$
- Have a look at the different channels, rename them correctly and give them the right types
- Created ClinicalData class to deal with these files

#### Data formatting

- Convert all datasets to BIDS format?
- Converting MASS to the BIDS format
  - Get the correct channels names
  - Get the correct channels types
  - Get rid of EEG prefix in EEG channels /!\ also changes the unit
  - How to deal with artefacts annotations?

### Week 5.

8<sup>st</sup> - 13<sup>th</sup> February

- BIDS conversion: MASS & clinical datasets
- Clinical annotations

#### BIDS Conversion - MASS & Clinical

- Rename channels without changing the units
- Respiratory channels should be of type 'resp' and not 'misc'
- Reference channel isn't always the same

#### Experiments

- Sleep scoring on MASS dataset
  - $\circ$  ERROR: 20 and 21 channels  $\rightarrow$  should all have 20 channels
- Sleep scoring on clinical dataset
  - overlapping events
  - $\circ$  problems with annotations in Olivier's data  $\rightarrow$  have a look into that

#### Clinical annotations

- Select validated events
- get\_prev and get\_next to get rid of NO events overlapping with YES events
- Merge identical events, i.e. events with same description
- Compute offset + check if offset and onset are ok

### Week 6.

 $15^{th}$  -  $19^{th}$  February

- Clinical annotations
- Experiments

#### Clinical annotations

- Finished writing code to get correct annotations
- Talk w. Olivier about overlapping NO events
- Still need to figure out what to do when idx is the last one of the data
  - O MEga720912
  - O MOas 940705
  - O WAre750130
  - OZch790212
  - O PRma490730
- coma390828 mouline dans le vide, what is happening?
- Should change events.tsv files, no need to restart entire BIDS conversion?

#### Experiments

- MASS-60-usual\_split
- SleepPhysionet-60-usual\_split
- What about crop\_wake\_mins?
  - o adjusted tmax and tmin

## Week 7.

22<sup>th</sup> - 27<sup>th</sup> February

- Clinical annotations
- Experiments
- Shuffle windows dataset before split
- 10 epochs
- Downsample to 100Hz to be able to compare SleepPhysionet & MASS
- Preprocessing? Comment gagner du temps? Save pre-processed dataset

### Clinical dataset

- Removed recordings ['Hena690502annot.csv', 'Demi471006annot.csv', 'PAch711105annot.csv', 'TRhe570716annot.csv', 'Mosy850124annot.csv', 'GRre720825annot.csv', 'CAad580107annot.csv', 'DAci800823annot.csv', 'LOe1520325annot.csv', 'BApa990220annot.csv', 'More780128annot.csv'] because they had no validated data
- Removed recordings with False onset-offset

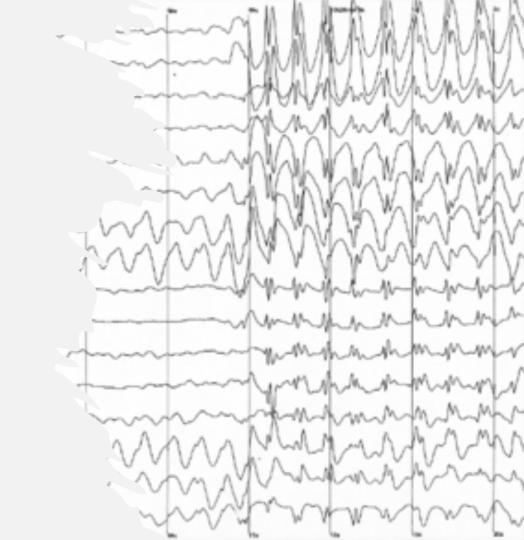
# Lightning Talk

# Lightning Talk My Bachelor Thesis in 3 minutes

# **Sleep Stage Scoring**

Maëlys Solal, BX2021

Supervised by Alexandre Gramfort and Dr Olivier Pallanca



### Sleep

#### •Sleep stages and sleep cycle

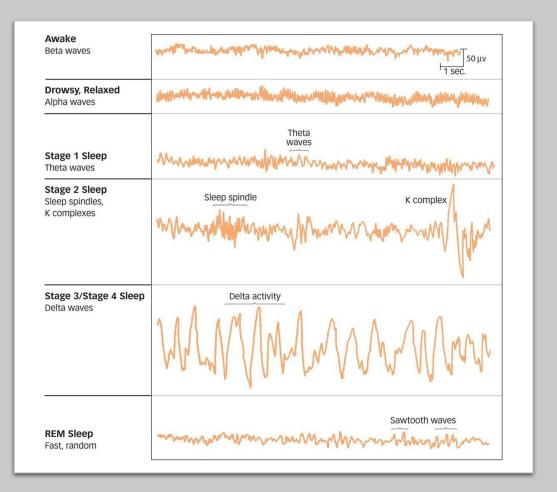
- Wake (W)
- Rapid Eye Movement (REM)
- Non REM1 (N1)
- Non REM2 (N2)
- Non REM3 (N3)

#### Polysomnography

- Includes EEG (brain's electrical activity), EOG (eyes), EMG (muscles), ECG (heart)
- Used for clinical diagnosis (insomnia, sleep apnea etc.)

#### •Sleep stage scoring

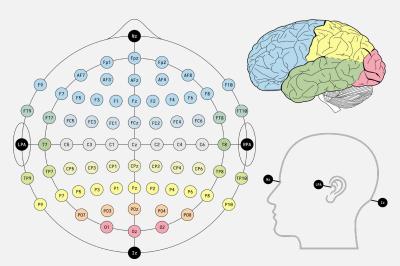
- According to a precise set of rules
- Done by hand by sleep scorers
- Quite tedious process



### Motivations and main objectives

#### Data

- MASS (Montreal Archive of Sleep Study)
- SleepPhysionet
- Clinical dataset from Dr Olivier Pallanca



### Model

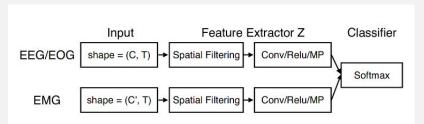


Fig. 1. Network general architecture: the network processes C EEG/EOG channels and C' EMG channels through separate pipelines. For each modalitity, it performs spatial filtering and applies convolutions, non linear operations and max pooling (MP) over the time axis. The outputs of the different pipelines are finally concatenated to feed a softmax classifier.

Ref. Chambon, S., Galtier, M., Arnal, P., Wainrib, G. and Gramfort, A. (2018) A Deep Learning Architecture for Temporal Sleep Stage Classification Using Multivariate and Multimodal Time Series. IEEE Trans. on Neural Systems and Rehabilitation Engineering 26: (758-769)

## Results: Balanced Accuracy depending on training and testing dataset

	SleepPhysionet	MASS
SleepPhysionet	0.680	0.545
MASS	0.650	0.734

• EEG channels: FpzCz, PzOz

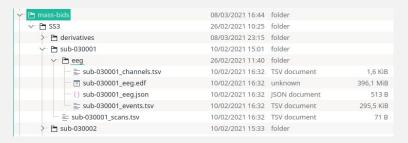
• Learning rate: 0.0005

• Batch size: 8

• Number of epochs: 10

### Converting PSG data to BIDS

• Simple way to organise neuroimaging and behavioral data





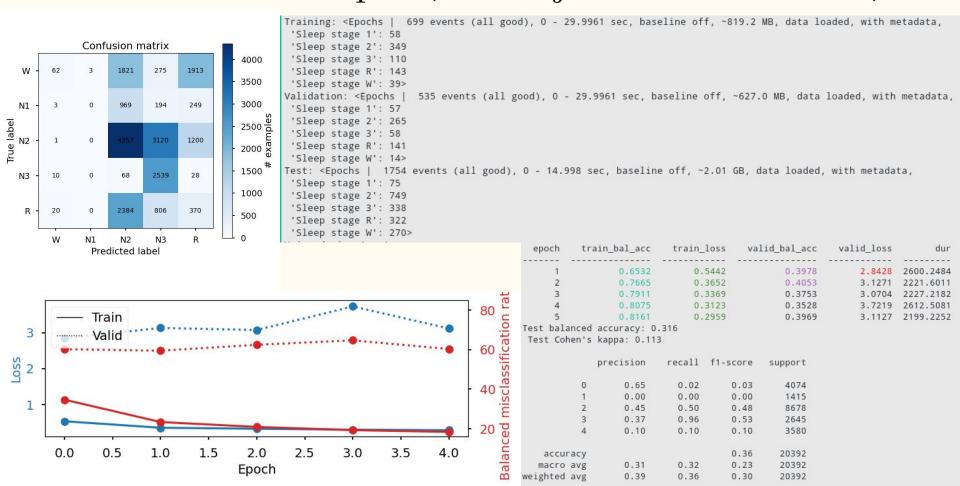
- Meticulous work : channels names, types, units, annotations, EEG reference
- Simplifies how we load the data
  - write raw bids
  - read\_raw\_bids
- Simplifies preprocessing + saving preprocessed data



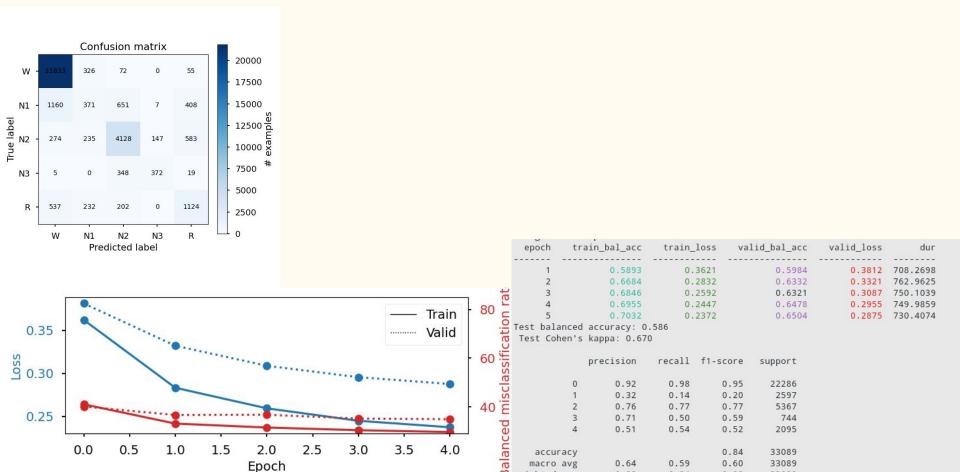
Gorgolewski, K.J., Auer, T., Calhoun, V.D., et al. (2016). The brain imaging data structure, a format for organizing and describing outputs of neuroimaging experiments. Scientific Data, 3 (160044). doi:10.1038/sdata.2016.44

# Results

## MASS-all-usual\_split (62 subjects, 0.6\_0,2\_0,2)



### $Sleep Physionet - 60 - usual\_split \ {\scriptsize (60 \ subjects, \ 0.6\_0, 2\_0, 2)}$



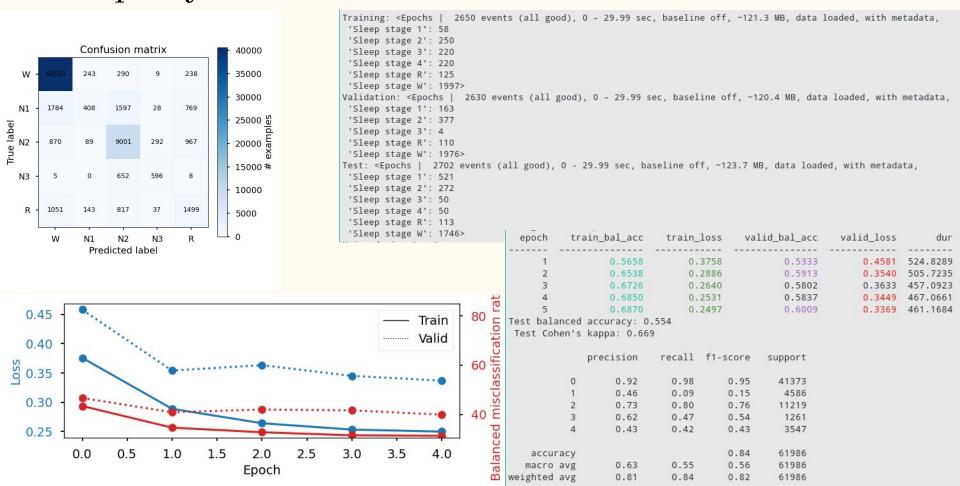
0.82

0.82

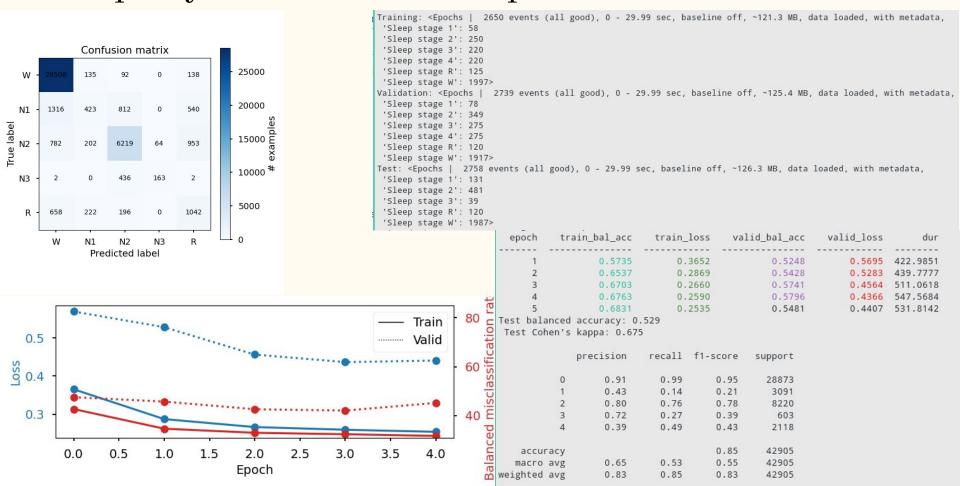
0.84

33089

### $Sleep Physionet-all-05\_02\_03 \hspace{0.2cm} \hbox{\scriptsize (76 subjects, 0.5\_0,2\_0,3)}$



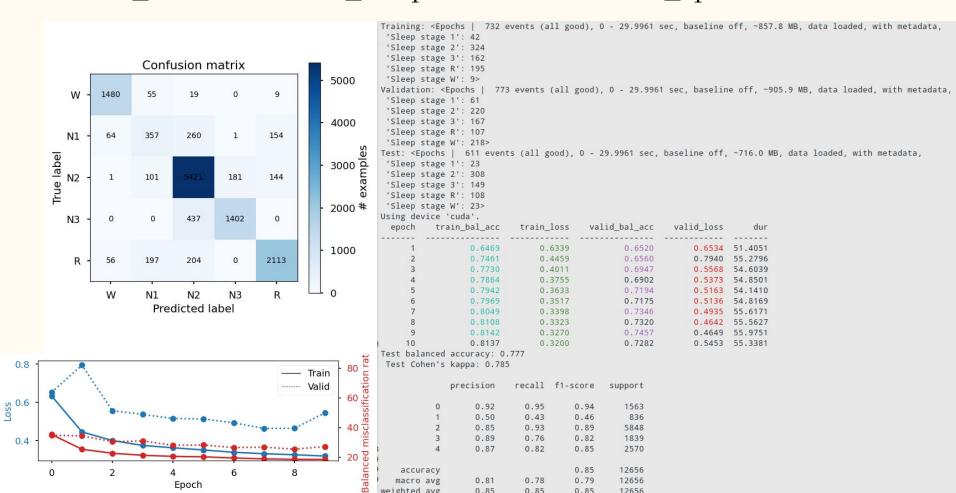
### $Sleep Physionet-all-usual\_split \ {\scriptsize (76 \ subjects, \, 0.6\_0, 2\_0, 2)}$



## Changes

- 10 epochs instead of 5
- Shuffle windows before splitting into train, valid and test datasets

### $MASS\_256-all-batch8\_10epochs-shuffle-usual\_split \ (sampling \ freq = 256)$



0.85

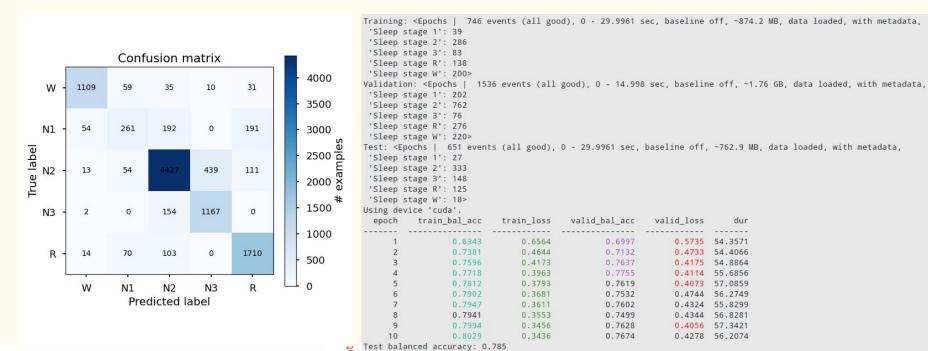
0.85

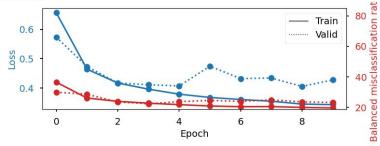
0.85

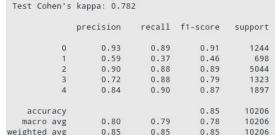
12656

weighted avg

### $MASS\_100-all-batch8\_10epochs-shuffle-usual\_split~(sampling\_freq=100)$







# References

BIDS: Gorgolewski, K.J., Auer, T., Calhoun, V.D., Craddock, R.C., Das, S., Duff, E.P., Flandin, G., Ghosh, S.S., Glatard, T., Halchenko, Y.O., Handwerker, D.A., Hanke, M., Keator, D., Li, X., Michael, Z., Maumet, C., Nichols, B.N., Nichols, T.E., Pellman, J., Poline, J.-B., Rokem, A., Schaefer, G., Sochat, V., Triplett, W., Turner, J.A., Varoquaux, G., Poldrack, R.A. (2016). **The brain imaging data structure, a format for organizing and describing outputs of neuroimaging experiments**. Scientific Data, 3 (160044). doi:10.1038/sdata.2016.44

EEG-BIDS: Pernet, C. R., Appelhoff, S., Gorgolewski, K.J., Flandin, G., Phillips, C., Delorme, A., Oostenveld, R. (2019). **EEG-BIDS, an extension to the brain imaging data structure for electroencephalography**. Scientific data, 6 (103). doi:10.1038/s41597-019-0104-8