

VISHNU SAHASRANAMA

Shukla ambaradaram vishnum
Shashi varnam chatur bhujam
Prasanna vadanam **ḍhyayet**
Sarva vignopa shantaye

POORVA PEETIKA

Vyasam vasishta napharam
Shakteh poutram - akalmasham
Parashara - atmajam vande
Shuka thatham tapo **niḍhim**

Vyasaya vishnu **rō̄paya**
Vyasa **rō̄paya** vishnave
Namō vai brahma **niḍhaye**
Vā̄asishtaya **namō** namaha

Avikaraya shudd^haya

Nithyaya paramatmane

Sadaika r^oopa r^oopaya

Vishnave sarva jishnnave

Yasya smarana matrena

Janma samsara band^hanath

Vimuchyate namah - tasmai (namas / tasmai)

Vishnave prabha vishnave

Aum nam^o vishnave prabha vishnave

Sri vaishampayana uvacha

Shruthva d^harman - asheshena

Pavanani cha sarvashaha

Yud^hishtirah shantanavam

Punareva - abhi - abhashata (abhya / bhashatha)

Yudhishtira uvacha

Kim - ekam daivatam loke

Kim vapi - ekam (vapye / kam) parayanam

Stuvantah kam kam - archantah

Prapnuyuh - manavah (Prapnuyur / manavah) shubham

Ko d̥harmah sarva d̥harmanāam

Bhavatah paramō mataha

Kim japan - muchyate jantuhu

Janma samsara band̥hanath (jantur / janma)

Sri Bheeshma uvacha

Jagat prabhum deva devam

Anantham purushottamam

Stuvan - nama sahasrena

Purushaha satatothitaha (Satato / thitaha)

Tam-eva chāarchayan - nityam

Bhaktya Purusham - avyayam

Dhyāyan stuvan namasyan-cha

Yajamaānah tam-eva cha (Yajamaānas/tam-eva cha)

Anāadi nidhanam vishnum

Sarva loka mahēshwaram

Loka - adhyaksham Stuvan - nityam

Sarva dukhātigo Bhaveth

Brahmanyam sarva Dharmangnam

Lōkānām Kēerthi Vardhanam

Lōkanātham Mahad - Bhōotam

Sarva Bhōotha Bhavōdbhavam

Esha me sarva Dharmānām

Dharmō - Adhikataṁ mataha

Yat - Bhaktyā Pundareekāksham

Stavaih archēn narah sadā (Stavair/archēn/narah)

