

## VishNU SAHASRANAMA

Shuklā ambaradaram Vishnum  
Shashi Varnam Chatur **B**hujam  
Prasanna Vadanam **D**hyāyet  
Sarva Vignopa Shāntaye || 1 ||

### POORVA PEETIKA

Vyāsam Vasishta naphāram  
Shakteh Poutram - akalmasham  
Parāshara - ātmajam vande  
Shuka thātham tapo nid<sup>h</sup>im || 3 ||

Vyāsāya Vishnu rōopaya  
Vyāsa rōopaya Vishnavē  
Namō vai Brahma nid<sup>h</sup>ayē  
Vāasishtāya namō namaha || 4 ||

Avikārāya shuddhāya  
Nithyāya Paramātmāne  
Sadaika rōopa rōopāya  
Vishnave Sarva Jishnnavē || 5 ||

Yasya Smarana Mātrena  
Janma Samsāra Bandhanāth  
Vimuchyatē namah - tasmai (namas / tasmai)  
Vishnavē prabhā Vishnavē || 6 ||

Aum namō Vishnavē prabhā Vishnavē

Sri Vaishampāyana uvācha

Shruthvā Dharmān - asheshena  
Pavanāni cha Sarvashaha  
Yudhishtirah Shāntanavam  
Punareva - abhi - abhashata (abhya / bhashatha) || 7 ||

### Yudhishtira uvācha

Kim - ēkam daivatam lokē

Kim vāpi - ēkam (vāpyē / kam) parāyanam

Stuvantah kam kam - archantah

Prāpnuyuh - manavāh (Prapnuyur / manavāh) shubham || 8 ||

Ko Dharmah sarva Dharmānām

bhavatah paramō mataha

Kim japan - muchyatē jantuhu

Janma samsāra bandhanāth (jantur / janma) || 9 ||

### Sri Bheeshma uvācha

Jagat prabhum dēva dēvam

Anantham purushōttamam

Stuvan - nāma sahasrēna

Purushaha satatōthitaha (Satatō / thitaha) || 10 ||

Tam-eva chā<sup>ā</sup>rchayan - nityam

**Bh**aktya Purusham - avyayam

**Dh**yāyan stuvan namasyan - cha

Yajamā<sup>ā</sup>nah tam - ē<sup>ē</sup>va cha (Yajamā<sup>ā</sup>nas / tam - eva cha) || 11 ||

Anā<sup>ā</sup>di nid<sup>ḍ</sup>hanam Vishnum

Sarva loka mahē<sup>ē</sup>shwaram

Loka - ad<sup>ḍ</sup>hyaksham Stuvan - nityam

Sarva duk<sup>ḥ</sup>hā<sup>ā</sup>tigo **bh**aveth || 12 ||

Brahmanyam sarva **Dh**armagnam

Lō<sup>ō</sup>kā<sup>ā</sup>nām Ke<sup>ē</sup>erthi Var<sup>ḍ</sup>hanam

Lō<sup>ō</sup>kanā<sup>ā</sup>tham Mahad - **bh**hō<sup>ō</sup>otam

Sarva Bhō<sup>ō</sup>otha **bh**havō<sup>ō</sup>**bh**avam || 13 ||

Esha me sarva **Dh**armā<sup>ā</sup>nām

**Dh**armō - Ad<sup>ḍ</sup>hikatamō mataha

Yat - **bh**aktyā Pundarē<sup>ē</sup>ekāksham

Stavaih archē<sup>ē</sup>n narah sadā (Stavair/archē<sup>ē</sup>n/narah) || 14 ||

Paramam Yō mahat - tējaha

Paramam Yō mahat - tapaha

Paramam Yō mahat - Brah̄mā (mahad/Brah̄mā)

Paramam Yah Parāyanam || 15 ||

Pavitrānām pavitram Yō

mangalānām cha mangalam

Daivatam devatānām cha

bhōotanām yōvyayah Pitā || 16 ||

Yatah Sarvāni Bhōothāni

bḥavantyādi Yugāgame

Yasminścha Pralayam yānthi

Punarēva yugakṣhayē || 17 ||

Tasya lōka Pradhānasya

Jagannāthasya Bhōopathē

Vishnōh - nāma (vishnor / nama) sahasram mēy

Shrunu pāpa Bhayāpaham || 18 ||