

VISHNU SAHASRANAMA

Shuklā ambaradaram vishnum
Shashi varnam chatur **bhujam**
Prasanna vadanam **dhyāyet**
Sarva vignopa shāntaye

POORVA PEETIKA

Vyāsam vasishta naphāram
Shakteh poutram - akalmasham
Parāshara - ātmajam vande
Shuka thātham tapo nidhim

Vyāsāya vishnu rōopaya
Vyāsa rōopaya vishnavē
Namō vai brahma nidhayē
Vāasishtāya namō namaha

Avikārāya shuddhāya

Nithyāya paramātmāne

Sadaika rōopa rōopāya

Vishnave sarva jishnnavē

Yasya smarana mātrena

Janma samsāra bandhanāth

Vimuchyatē namah - tasmai (namas / tasmai)

Vishnavē prabhā vishnavē

Aum namō vishnavē prabhā vishnavē

Sri vaishampāyana uvācha

Shruthvā dharmān - asheshena

Pavanāni cha sarvashaha

Yudhishtirah shāntanavam

Punareva - abhi - abhashata (abhya / bhashatha)

Yudhishtira uvācha

Kim - ēkam daivatam lokē

Kim vāpi - ēkam (vāpyē / kam) parāyanam

Stuvantah kam kam - archantah

Prāpnuyuh - manavāh (Prapnuyur / manavāh) shubham

Ko dharmah sarva dharmānām

Bhavatah paramō mataha

Kim japan - muchyatē jantuhu

Janma samsāra bandhanāth (jantur / janma)

Sri Bheeshma uvācha

Jagat prabhum dēva dēvam

Anantham purushōttamam

Stuvan - nāma sahasrēna

Purushaha satatōthitaha (Satatō / thitaha)

Tam-eva chāarchayan - nityam

Bhaktya Purusham - avyayam

Dhyāyan stuvan namasyan-cha

Yajamānah tam-ēva cha (Yajamānas/tam-eva cha)

Anādi nidhanam vishnum

Sarva loka mahēshwaram

Loka - adhyaksham Stuvan - nityam

Sarva dukhātigo Bhaveth

Brahmanyam sarva Dharmagnam

Lōkānām Kēerthi Vardhanam

Lōkanātham Mahad - Bhōotam

Sarva Bhōotha Bhavōdbhavam

Esha me sarva Dharmānām

Dharmō - Adhikataṁ mataha

Yat - Bhaktyā Pundarēekāksham

Stavaih archēn narah sadā (Stavair/archēn/narah)

