

## VISHNU SAHASRANAMA

Shuklā ambaradaram Vishnum

Shashi Varnam Chatur **B**hujam

Prasanna Vadanam **D**hyāyet

Sarva Vignopa Shāntaye || 1 ||

## POORVA PEETIKA

Vyāsam Vasishta naphāram

Shakteh Poutram - akalmasham

Parāshara - ātmajam vande

Shuka thātham tapo nid<sup>h</sup>im || 3 ||

Vyāsāya Vishnu rōopaya

Vyāsa rōopaya Vishnavē

Namō vai Brahma nid<sup>h</sup>ayē

Vāasishtāya namō namaha || 4 ||

Avikāṛāya shuddh āya

Nithyāya Paramātmāne

Sadaika rōopa rōopāya

Vishnave Sarva Jishnavē || 5 ||

Yasya Smarana Mātrena

Janma Samsāra Bandhanāth

Vimuchyatē namah - tasmai (namas / tasmai)

Vishnavē prabhā Vishnavē || 6 ||

Aum namō Vishnavē prabhā Vishnavē

### Sri Vaishampāyana uvācha

Shruthvā Dharmān - asheshena

Pavanāni cha Sarvashaha

Yudhishtirah Shāntanavam

Punareva - abhi - abhashata (abhya / bhashatha) || 7 ||

## Yudhishtira uvācha

Kim - ēkam daivatam lokē

Kim vāpi - ēkam (vāpyē / kam) parāyanam

Stuvantah kam kam - archantah

Prāpnuyuh - manavāh (Prapnuyur / manavāh) shubham || 8 ||

Ko Dharmah sarva Dharmānām

bhavatah paramō mataha

Kim japan - muchyatē jantuhu

Janma samsāra bandhanāth (jantur / janma) || 9 ||

## Sri Bheeshma uvācha

Jagat prabhum dēva dēvam

Anantham purushōttamam

Stuvan - nāma sahasrēna

Purushaha satatōthitaha (Satatō / thitaha) || 10 ||

Tam-eva chāarchayan - nityam

**B**haktya Purusham - avyayam

**D**hyāyan stuvan namasyan - cha

Yajamaānah tam - ēva cha (Yajamaānas / tam - eva cha) || 11 ||

Anāadi nidhanam Vishnum

Sarva loka mahēshwaram

Loka - adhyaksham Stuvan - nityam

Sarva dukh ātigo bhaveth || 12 ||

Brahmanyam sarva Dharmagnam

Lōkānām Kēerthi Vardhanam

Lōkanātham Mahad - bh ootam

Sarva Bhōōtha bhavōdbhavam || 13 ||

Esha me sarva Dharmānām

**D**harmō - Adhikataṁ mataha

Yat - bhaktyā Pundarēekāksham

Stavaih archēn narah sadā (Stavair/archēn/narah) || 14 ||

Paramam Yō mahat - tējaha

Paramam Yō mahat - tapaha

Paramam Yō mahat - Brah̄mā (mahad/Brah̄mā)

Paramam Yah Parāyanam || 15 ||

Pavitrānām pavitram Yō

mangalānām cha mangalam

Daivatam devatānām cha

bhōotanām yōvyayah Pitā || 16 ||

Yatah Sarvāni Bhōothāni

**B**havantyādi Yugāgame

Yasmin**ś**cha Pralayam yānthi

Punarēva yugak**ś**hayē || 17 ||

Tasya lōka Pradh̄ ānasya

Jagannā **t**hasya **B**h oopathē

Vishnōh - nāma (vishnor / nama) sahasram mēy

Shrunu pāpa **B**hayāpaham || 18 ||

Yāni nāmāni gouṇaṇi

vikṇ yāthāni mahātmanaha

Rishibḥih Parigēethāni

thāni vakshyāmi Bhōotayē || 19 ||

Rishirnām nām sahasrasya

Vēdavyāso mahāmunihi

chando - anushtup thathā devō

Bhagavān devakī sutah || 20 ||