

VISHNU SAHASRANAMA

Shukla ambaradaram vishnum
Shashi varnam chatur bhujam
Prasanna vadanam dhyayet
Sarva vignopa shantaye

POORVA PEETIKA

Vyasam vasishta napharam
Shakteh poutram - akalmasham
Parashara - atmajam vande
Shuka thatham tapo nidhim

Vyasaya vishnu roopaya
Vyasa roopaya vishnave
Namo vai brahma nidhaye
Vaasishtaya namo namaha

Avikaraya shuddhaya
Nithyaya paramatmane
Sadaika roopa roopaya
Vishnave sarva jishnnave

Yasya smarana matrena
Janma samsara bandhanath
Vimuchyate namah - tasmai (namas / tasmai)
Vishnave prabha vishnave

Aum namo vishnave prabha vishnave

Sri vaishampayana uvacha

Shruthva dharman - asheshena
Pavanani cha sarvashaha
Yudhishtirah shantanavam
Punareva - abhi - abhashata (abhya / bhashatha)

Yudhishtira uvacha

Kim - ekam daivatam loke

Kim vapi - ekam (vapye / kam) parayanam

Stuvantah kam kam - archantah

Prapnuyuh - manavah (Prapnuyur / manavah) shubham

Ko dharmah sarva dharmanaam

Bhavatah paramo mataha

Kim japan - muchyate jantuhu

Janma samsara bandhanath (jantur / janma)

Sri Bheeshma uvacha

Jagat prabhum deva devam

Anantham purushottamam

Stuvan - nama sahasrena

Purushaha satatohitaha (Satato / thitaha)

Tam-eva chaārchayan - nityam

Bhaktya Purusham - avyayam

Dhyāyan stuvan namasyan-cha

Yajamaānah tam-eva cha (Yajamaānas/tam-eva cha)

Anāadi nidhanam vishnum

Sarva loka mahēshwaram

Loka - adhyaksham Stuvan - nityam

Sarva dukhātigo Bhaveth

Brahmanyam sarva Dharmangnam

Lōkānām Kēerthi Vardhanam

Lōkanātham Mahad - Bhōotam

Sarva Bhōotha Bhavōdbhavam

Esha me sarva Dharmānām

Dharmō - Adhikataṁ mataha

Yat - Bhaktyā Pundareekāksham

Stavaih archēn narah sadā (Stavair/archēn/narah)

