body {

font-family: Arial, sans-serif;

margin: 0;

padding: 20px;

background-color: #f9f9fb;

}

header {

text-align: center;

}

header h1 {

font-size: 28px;

color: #2a6ebb;

}

nav ul {

list-style: none;

display: flex;

justify-content: center;

gap: 15px;

padding: 0;

background-color: #eee;

margin: 0;

}

nav ul li {

padding: 10px;

}

nav ul li a {

text-decoration: none;

color: #333;

}

main {

margin-top: 30px;

}

.prescription-container {

background: #fff;

padding: 20px;

max-width: 800px;

margin: auto;

box-shadow: 0 0 10px rgba(0,0,0,0.1);

}

footer {

text-align: center;

margin-top: 30px;

}