



INVITES YOU TO



RUN FOR THE RED

Time: 9:00am
Registration: 8 - 8:45am
Date: 1/23/2010
Pre-register by: 1/15/10

Entry fees:
\$15.00 for pre-registered
runners \$20.00 for
race-day registration

The 5K will start at the UA Rec Center and wind through the UA campus. Water and snacks will be provided!

PRIZES

Male and Female Runners:

First place- \$100

Second prize- \$75

Third prize- \$50

Masters- \$50

Age group Winners!

T-shirts provided to all participants!*

*While supplies last.

**NICK SABAN
AUTOGRAPHED
FOOTBALL RAFFLED
DAY OF RACE!**

Course certified by Tuscaloosa Track Club

Proceeds will go to benefit the

West Alabama Chapter of the American Red Cross



**American
Red Cross**

Mail form and entry fee to:
Nucor Steel Tuscaloosa
Attention: Stacey Hayes
1700 Holt Rd NE
Tuscaloosa, AL 35404

Phone: 205-562-1202

Name _____

Address _____

Phone _____

Shirt Size: S M L XL

Sex _____

Age on Race Day _____

Runner _____ Walker _____

Waiver: I agree that neither Nucor Steel Tuscaloosa, Inc nor the West Alabama Chapter of the American Red Cross will be held accountable for any lost or stolen items or injury that may occur during my participation in said event.

Signature _____ Date _____

Signature of parent/guardian if under 18 years of age _____ Date _____