



Crimson Christmas 5K

December 14, 2013

Sokol Park

5K and 1 Mile Fun Run

(Tuscaloosa Track Club - Certified Course)

**Race begins at 9 a.m.
Registration is at 8 a.m.**

Registration at Sokol Park / Willow Pavilion
5K begins at Sokol, left on Colony, Right on Northridge, and back to Sokol
1 Mile Fun Run immediately following race

\$20 Pre-Registration Fee
(Register before December 2nd to guarantee a t-shirt)
\$25 Day of Race

Proceeds Benefit:



Big Oak Ranch

A Christian home for children needing a chance

Make checks payable to North River Church

Deliver or mail form and payment to:

North River Church
ATTN: Road Race Registration
4215 Rice Mine Road NE
Tuscaloosa, Alabama 35406

Awards:

Overall Male and Female - Top 1.

Top 2 in age groups:

Male and Female: 12 and under, 13-18, 19-24, 24-35, 35-44, 45-54, 55-64, 65 & up

Please contact North River Church with questions at 344.4044

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Please fill out a separate form for each family member - Forms with multiple registrants cannot be accepted

First Name (Please Print) _____ Last Name _____

Age (on Dec. 14th) _____ Male _____ Female _____

Address _____

City _____ State _____ Zip _____ Phone# _____

Email: _____

I will participate in the following event:

5K _____ 1 Mile Fun Run _____

Adult T-shirt Size:

(Circle One)

S M L XL XXL

Children T-shirt Size:

(Circle One)

M L

Shirts are provided to all pre-registered participants.

Office Use Only

Registration:

Individual Pre-Registration -
Due December 2

Paid _____ (\$25.00)

Make checks payable to:

North River Church
4215 Rice Mine Road NE
Tuscaloosa, Alabama 35406

WAIVER AND RELEASE STATEMENT

(All Athletes must read and sign)

I know that running and walking a road race is a potentially hazardous activity. I should not enter unless I am medically able and properly trained. I assume all risks associated with my voluntary participation in this event, including but not limited to, falls, contact with other participants, the effects of the weather, including extreme temperatures, traffic and all conditions of the road, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry, I for myself, my heirs, executors, administrators, or anyone else who might claim on my behalf, covenant not to sue and WAIVE, RELEASE AND DISCHARGE North River Church, all sponsors, race officials, workers, and volunteers, their representatives, successors or assigns for any and all claims or liability, whether foreseen, for death, personal injury or property damage arising out of, or in the course of my participation in this event. I further grant full permission to the above mentioned sponsors, organizers and or agents authorized by them, to use any photographs, videotapes, motion pictures, recordings or other record of the event for any reasonable purpose.

Signature of Participant

Date

(or signature of Parent or Guardian if entrant is age 17 or under)