

2nd Annual Holy Spirit

Titans for Tuscaloosa

5K Run/Walk

1 Mile Fun Run

T-shirts to the first 100 registered 5K entrants

Saturday, January 19, 2013

8:00 am

Registration 7:00 am

Entry Fee: \$20.00

\$10.00 for 1 Mile Fun Run

Make checks payable to:

HSA

Mail registration forms to:

Attn: Reenay Rogers

601 James I Harrison Pkwy East Tuscaloosa, 35405

Sokol Park

Registration and Race begins in parking lot on Ol' Colony road entrance

For more information contact: Allison Fuller (205) 826-5205

Proceeds benefit Holy Spirit Athletics
& American Cancer Society

Awards

1st Place Medals in Each Category – Female & Male

DOOR PRIZES will be awarded after the race

PLEASE PRINT CLEARLY:

Name: _____ Sex: M F

Street Address: _____

City: _____ State: _____ Zip: _____

Phone: () _____ Shirt size: S M L XL XXL

Age: _____ (as of date of race) Date of Birth (MM/DD/YYYY): _____

I, individually, (and/or as parent, and/or guardian of the named minor) for and in consideration of acceptance of this entry in the aforementioned event, do hereby release, remise, waive, and forever discharge the Sponsor, and any and all other supporting groups of this said racing event, together with all of their officers, agents, officials and employees from any and all liability, claims, demands, actions or cause of action whatsoever arising out of, or related to, any injury, illness, loss, or damage, including death, relating to participation in the aforesaid event. I further state I am in proper physical condition to participate in this event.

SIGNATURE: _____ DATE: _____

(Parent or Guardian for entrants under 18)