

# TUSCALOOSA TRACK CLUB

In Conjunction with

## the athlete's foot

announce the

### 2012 Turkey Trot

at Midtown Village

#### Registration Information

Race day registration begins at 7:00 am  
(at The Athlete's Foot in Midtown) race  
starts at 8:00 am.

Registration fees:

\$25:00 (single)+ \$5 after 11/10/12

\$30.00 (Family)+ \$5 after 11/10/12

Mail form and fees to:

Tuscaloosa Track Club

PO Box 20375

Tuscaloosa, AL 35402

Drop off forms at Athlete's Foot- Midtown

#### AWARDS!!!

FOR ALL AGE GROUPS

#### **Lots of Door Prizes**

**Brooks TAF Turkey Trot running  
Shirt will be given to the first 125  
entrants (\$30 value)**

Your registration fee will also be your membership to The  
Tuscaloosa Track Club for 2013. Members will receive a  
TTC shirt(family membership will receive 2 shirts).

Mail form and fees to: Tuscaloosa Track Club PO Box 20375 Tuscaloosa, AL 35402-0375/Drop off at The Athlete's Foot

Name \_\_\_\_\_ Sex M F  
Address \_\_\_\_\_ Phone \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Email \_\_\_\_\_

Age (on 11/17/12) \_\_\_\_\_ Date of Birth \_\_\_\_\_

Shirts size: S M L XL

Family Members Name: Sex Date of Birth

_____	_____	_____
_____	_____	_____
_____	_____	_____



I, individually, (and/or as parent, and/or guardian of the named minor) for and in consideration of acceptance of this entry in the aforementioned event, do hereby release, remise, waive, and forever discharge the sponsor (The Athlete's Foot) and any and all other supporting groups of this said race event, together with all of their officers, agent, officials, volunteers and employees from any and all liability, claim, demands, actions or cause of action whatsoever arising out of, or related to any injury, illness, loss, or damage, including death, relating to my participation in the aforesaid event. I further state that I am in proper physical condition and have trained properly to compete and participate in this event.

#### **TUSCALOOSA TRACK CLUB MEMBERSHIP WAIVER**

I know that running and volunteering to work in club races are potentially hazardous activities. I should not enter and run in club activities unless I am medically able and properly trained. I agree to abide by any decisions of a race official relative to my ability to safely complete the run. I assume all risks associated with running and volunteering to work in club races including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of the acceptance of my application for membership, I, for myself and anyone entitled to act on my behalf, waive and release the American Association of Running Clubs, the Tuscaloosa Track Club, and all sponsors, their representatives and successors, from all claims or liabilities of any kind arising out of my participation in these club activities, even though that liability may arise out of negligence or carelessness on the part of persons named in this waiver.

SIGNATURE: \_\_\_\_\_ DATE \_\_\_\_\_

Signature of legal guardian (if participant is under 18 years of age)