

Temporary Emergency Services' Spring Forward 5K

University of Alabama Rec Center

April 5th 2014 at 10:00am

Check-in begins at 9:00am

Registration: UA Rec Center

Name: _____

Gender: ____ Male ____ Female

Address: _____

T-Shirt Size: _____

City: _____

State: _____ Zip: _____

Phone: _____

Email: _____

Birth Date: _____

Age as of 4/5/2014: _____

Entry Fee: \$20 for students & adults

\$15 for participants under the age 16

\$5 item donation discount goes towards Delta Sigma Pi's Scholarship Fund in honor of Juston Martin

Donation Policy: Participants may receive \$1 off per clothing or food item donated toward their fee. Up to 5 items may be donated in order to receive a \$5 discount from entry fee price.

Donations can be brought to the TES office when participants come for packet pick-up. Money earned from donated items will go toward Delta Sigma Pi's Scholarship Fund in honor of Juston Martin.

Make checks payable to: Temporary Emergency Services

Mail to: Temporary Emergency Services

Spring Forward 5K

1705 15th Street

Tuscaloosa, AL 35401

Registration Packet Pick-Up: Pick up registration packets at Temporary Emergency Services before April 4th, 2014.

If you have any questions please contact us at: springforward5k@gmail.com

WAIVER

I, _____, acknowledge that participation in the Spring Forward 5K Race sponsored by Temporary Emergency Services is strictly voluntary and involves physical activity that could result in injury. I assume full responsibility for any injuries or damages that may occur or be caused by me including, without limitation, the affirmative negligence of Temporary Emergency Services, its owners, affiliates, parent company, employees, or agents. I completely release and discharge Temporary Emergency Services, its owners, affiliates, parent company, employees, and agents from all claims, damages, or other liabilities present or future, whether known, anticipated, or unknown that may result from or arise out of my participation in the Spring Forward 5K Race sponsored by Temporary Emergency Services.

I have read and understand the foregoing waiver. My signature below acknowledges my understanding and acceptance of the terms of this waiver and that I am participating in this activity voluntarily.

Print Name: _____

Signature: _____

Date: _____

Parent or Legal Guardian (if under 19)

Print Name: _____

Signature: _____

Date: _____

Witness: _____

RELEASE OF LIABILITY, ASSUMPTION OF THE RISK, AND INDEMNIFICATION

Purpose of this Form. This form is to be signed by the each Participant in the Activity. In consideration of the educational, social, recreational, and other benefits to be provided, the receipt and adequacy of which is acknowledged, Participant agrees as follows.

Definitions. The following terms have the stated meaning when used in this document:

- Participant – the student(s) participating in the Activity and all related activities that execute(s) this document.
- Potential Liabilities – any and all loss, injury, death, claims, actions, suits, proceedings, settlements, damages, costs, fees, and expenses, at law or equity, known and unknown, foreseen and unforeseen, including, but not limited to, attorney fees and costs of litigation, and liabilities arising out of, connected with, or resulting from Participant’s involvement in the Activity, such as medical expenses, other costs, injury, sickness, or death.
- Activity – the _____, in conjunction with or arranged by the _____ and to be held on or about _____, including all activities incidental or connected therewith.
- UA – The Board of Trustees of the University of Alabama, including the University of Alabama, foundations affiliated therewith, and their respective trustees, officers, employees, agents, representatives and volunteers.
- Group – the _____, who have arranged the Activity, and its members, officers, employees, and agents.

Liability Release. THIS IS A RELEASE OF LIABILITY. Participant knowingly and voluntarily waives, releases, exculpates, and discharges UA and the Group from and against any and all Potential Liabilities connected with the Activity. By signing this form, you voluntarily agree to discharge UA and the Group in advance from all such Potential Liabilities.

Indemnification. Participant agrees to hold harmless and indemnify UA and the Group from and against all Potential Liabilities related to or arising from Participant’s involvement in the Activity.

Assumption of Risk. Participant understands and acknowledges that there are risks, including significant risks, inherent in all activities that can result in loss, damages, injury, or death, including, without limitation: activities potentially related to the Activity; travel risks such as accidents, crashes, and risks from autos operated by UA or the Group as well as autos operated by other individuals or entities, poorly maintained roads, sidewalks, as well as criminal acts that can result in serious injury or death; premises risks, including those that may be owned by others and risks from water, such as drowning; injury risks from falls, collisions, or accidents (such as cuts, bruises, torn muscles, sprains, broken bones, etc.); outdoor risks, such as weather, lightning, heat or cold, bites, stings, allergic reactions, dehydration, hypothermia, drowning, sunburn, animals, and limited access to medical care; risks from others involved in the Activity y (such as transmitted illnesses or others’ actions); health risks, such as heart or respiratory events as well as other risks inherent in any strenuous activities, including things identified as “injury risks” herein; equipment risks, including failure, misuse, inherent risks, and risks from non-UA equipment; and other risks and hazards beyond the control of UA, the Group or others. Participant acknowledges that he/she has had an opportunity to investigate the Activity before executing this form and knowing and understanding all risks associated with the Activity, Participant nevertheless VOLUNTAIRLLY AGREES TO ASSUME AND ACCEPT ALL RISKS that potentially accompany participation in the Activity. Participant also agrees to take all reasonable steps to avoid any risks, injury or death.

RELEASE OF LIABILITY, ASSUMPTION OF THE RISK, AND INDEMNIFICATION

Health Care and Emergencies. Neither UA nor the Group accept responsibility or liability for providing health care services or health care insurance for Participant. Participant should consult his/her own medical care provider, and warrants his/her physical fitness to participate in the Activity. Participant authorizes UA and the Group to obtain any necessary medical treatment for Participant during the Activity. Participant agrees to be responsible for the payment of any fees and charges that may be imposed by any doctor or hospital facility in the provision of medical care to Participant. Further, Participant agrees to indemnify and hold UA and the Group harmless from any claim that may be made by a doctor of medical facility of said fees and charges incurred in the provision of medical care to Participant. If requested, the Participant may be required to provide the name(s) and contact number(s) for a parent, guardian, or other party that is a reliable contact in the event of emergencies.

Conduct. Participant agrees, for the duration of the Activity, to abide by all applicable federal, state, and local laws as well as the rules and regulations for the Activity. Participant also agrees to at all times to comply with UA's Student Code of Conduct, which applies to behavior on and off campus. Further, Participant agrees to follow posted signs as well as instructions and directions of any accompanying University or Group official or other official associated the Activity. Participant shall conduct himself/herself in a manner that brings honor to himself/herself, his/her family and his/her community.

ACKNOWLEDGEMENT. I, AS PARTICIPANT, ACKNOWLEDGE THAT I HAVE READ AND UNDERSTAND THIS ENTIRE DOCUMENT AND ITS EFFECT ON MY RIGHTS. RELYING WHOLLY UPON MY OWN JUDGMENT, BELIEF, AND KNOWLEDGE ABOUT THE RISKS ASSOCIATED WITH THE PROGRAM, WHICH INCLUDE SIGNIFICANT INJURY OR DEATH, AND THE EFFECT OF THIS DOCUMENT, I VOLUNTARILY AGREE TO EXECUTE THIS DOCUMENT AND PARTICIPATE IN THE PROGRAM. I ACKNOWLEDGE THAT NO ORAL REPRESENTATIONS, STATEMENTS, OR INDUCEMENTS HAVE BEEN MADE TO ME SEPARATE AND APART FROM THE TERMS OF THIS DOCUMENT. I VOLUNTARILY SIGN THIS AGREEMENT OF MY OWN FREE WILL FULLY INTENDING TO LEGALLY BIND MYSELF, MY HEIRS, SUCCESSORS, AND ASSIGNS TO ITS TERMS.

Participant Signature: _____ CWID: _____ Date: _____

Printed Name: _____ Phone: _____

Parent or Legal Guardian (if under the age of 19)

Signature: _____ Date: _____

Printed Name: _____ Phone: _____