



tcpara.org

205-562-3235



Be Brave 5K Registration/Map

Rec #830105-04

Cost: \$20 prior to April 14 and \$30 on April 15, no refunds

The first 150 registrants will receive a Be Brave 5K t-shirt

- Awards Party immediately following the race
- After Party featuring **The Burning Angels & Friends**, from Athens, GA, following Awards Party

Sunday, April 15 at 2 p.m.

1 p.m. registration opens

2 p.m. race/walk begins

Course begins/finishes in front of Wilhagan's Grill & Tap Room, 2209 4th Street, Tuscaloosa

Make checks payable to:
PARA

Mail to:
Attn: Kayla Carothers
McAbee Activity Center
3801 Loop Road
Tuscaloosa, AL 35404
205-562-3235

Name: _____ Male or Female

Address: _____

City: _____ State: _____

Zip: _____ Phone: _____

Age (on race day): _____ Birth Date: _____

Email: _____

Shirt Size (limited to first 150 entries)

Small Medium Large X-Large

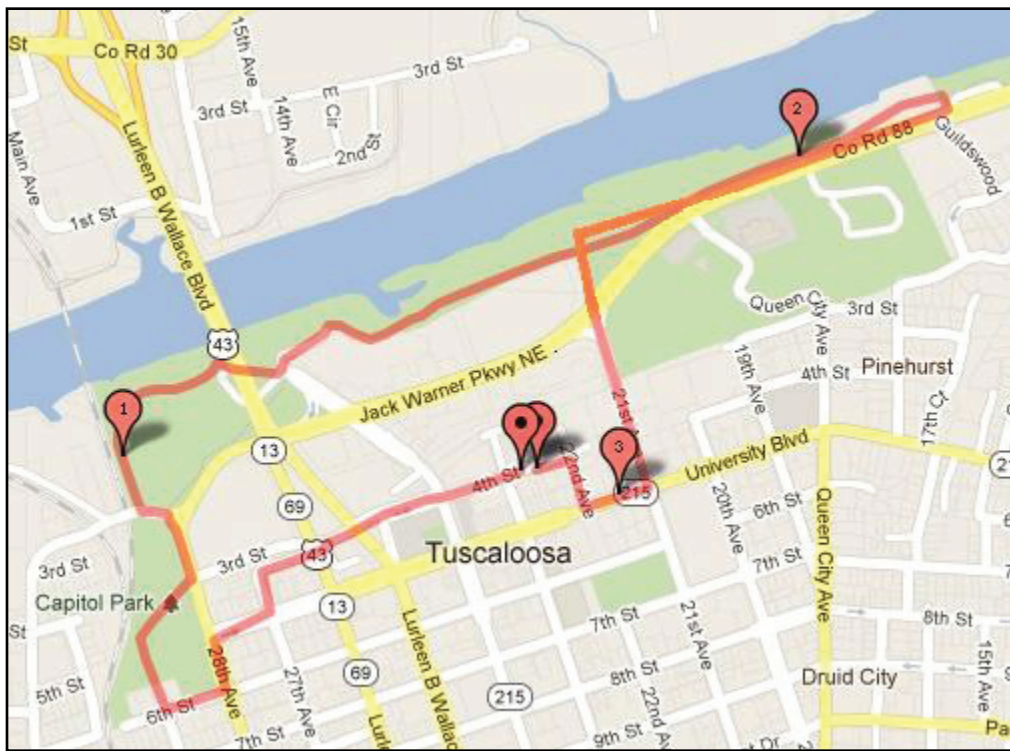
I hereby give my permission for (name of participant/child/ward) _____ to participate in this program/activity. I authorize the Tuscaloosa County Park & Recreation Authority, PARA to obtain necessary medical care and treatment for the participant/child/ward for any illness or injury occurring during the program, but I understand PARA is not assuming a duty to obtain medical treatment, make medical decisions, or render medical care or treatment to the participant/child/ward. I understand that PARA has NO ACCIDENT or MEDICAL PAYMENT INSURANCE COVERAGE for the participant/child/ward, and I agree to pay all reasonable medical costs incurred if treatment is obtained. I understand that PARA assumes no responsibility or liability for lost, stolen, or misplaced items. I release PARA and its agents, servants, and employees, from all claims, actions, causes of action and rights of recovery or reimbursement of any type that I or the child/ward have or may have in the future which arise from or are related in any manner to the program/activity (including but not limited to claims of bodily injury and property damage or loss), and I assume all risks and hazards incident to such program and transportation to and from the same. This instrument is signed both individually and on behalf of the child/ward. It is understood that PARA makes no representation, warranties, promises or assurances of any type or regarding the suitability or type of trip accommodations, attractions, transportation vehicles, or airlines. PARA is authorized to seek and give consent for emergency medical treatment for the participant if deemed necessary. It is understood that PARA provides no health, medical, or accident insurance for the participant.

Signature (*Parent/Guardian if minor)

Date

Witness Signature

Date



Be Brave 5K

Sunday, April 15 at 2 p.m.

Begins and ends at Wilhagan's Grill & Tap Room
tccpara.org and 205-562-3235