

Grand Prix Race

# 5k for Kenya Mission

## Run/Walk 2015

A Tuscaloosa Track Club Grand Prix Event

Saturday  
April 18

6:30 a.m. Registration  
8:00 a.m. Race begins

Sokol Park~Ol' Colony Road entrance

All proceeds go to Challenge Farm ([challengefarm.org](http://challengefarm.org)) and Tenderfeet Education Center ([tenderfeetkids.org](http://tenderfeetkids.org)) in Kenya!

TUSCALOOSA  
TRACK CLUB

\$20

Register by March 31

\$25

Register by April 14

\$30

Register after April 14



## Children's Challenge Run

8:45 a.m.-one mile fun run

\$10 registration. Children will receive a beaded necklace made by children at Challenge Farm & the option to get a pen pal from Challenge Farm!

# REGISTRATION

Visit [active.com](http://active.com)  
(search 5k for Kenya Mission Run/Walk)  
Visit [twccalabama.org](http://twccalabama.org)  
(click "Outreach")

Pancake Breakfast ~ T-Shirt ~ Door Prizes



# 5k for Kenya Mission

Run/Walk 2015  
OFFICIAL ENTRY FORM



Benefitting Challenge Farm (challengefarm.org) and  
Tenderfeet Education Center (tenderfeetkids.org)  
Tuscaloosa Track Club Grand Prix Event

Saturday, April 18, 2015, at 8:00 a.m.

Day-of registration and packet pickup begin at 6:30 a.m.

Sokol Park—Ol' Colony Road Entrance

**Entry fee includes:**

- T-shirts for ALL registered 5k entrants
- A delicious pancake breakfast after the run
- Door Prizes
- Handmade Kenyan prizes for 1st, 2nd, and 3rd in age categories, masters, grand masters, and overall

Maggie Raburn, Race Director (205) 242-9359

**Online registration is open at active.com.**

Search for 5k for Kenya Mission Run/Walk 2015.

\$20 if registration is received by March 31

\$25 if registration is received by April 14

\$30 after April 14 and day of event

Make checks payable to TWCC and mail with signed entry form to: The Way Community Church, P.O. Box 345, Northport, AL 35476

Name: \_\_\_\_\_ Gender: M F  
Street Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Email: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_  
Age: \_\_\_\_\_ (as of date of race) Date of Birth: \_\_\_\_\_  
Emergency Contact Name: \_\_\_\_\_  
Emergency Contact Phone: (\_\_\_\_) \_\_\_\_\_ T-shirt size: S M L XL XXL

**Liability Release individually (and/or as a parent and/or guardian of the above named minor) THIS IS A RELEASE OF LIABILITY.** Participant knowingly and voluntarily waives, releases, exculpates, and discharges The Way Community Church, any and all persons assisting in this racing event and sponsors of this racing event from and against any and all Potential Liabilities connected with the Activity. By signing this form, you voluntarily agree to discharge The Way Community Church, any and all persons assisting in this racing event and sponsors of this racing event and the Group in advance from all such Potential Liabilities. I further state I and/or the minor named above is in proper physical condition to participate in this racing event.

**Assumption of Risk.** Participant understands and acknowledges that there are risks, including significant risks, inherent in all activities that can result in loss, damages, injury, or death, including, without limitation: activities potentially related to this racing event; medical risks in participating in this racing event; injuries caused by poorly maintained roads, sidewalks, as well as criminal acts that can result in serious injury or death; premises risks, including those that may be owned by others and risks of injury from falls, collisions, or accidents (such as cuts, bruises, torn muscles, sprains, broken bones, etc.); outdoor risks, such as weather, lightning, heat or cold, bites, stings, allergic reactions, dehydration, hypothermia, drowning, sunburn, animals, and limited access to medical care; risks from others involved in the Activity (such as transmitted illnesses or others' actions); health risks, such as heart or respiratory events as well as other risks inherent in any strenuous activities, including things identified as "injury risks" herein; equipment risks, including failure, misuse, inherent risks, and risks from non-racing event equipment; and other risks and hazards beyond the control of The Way Community Church, any and all persons assisting in this racing event and sponsors of this racing event, or others. Participant acknowledges that he/she has had an opportunity to investigate the Activity before executing this form and, knowing and understanding all risks associated with the Activity, Participant nevertheless **VOLUNTARILY AGREES TO ASSUME AND ACCEPT ALL RISKS** that potentially accompany participation in the Activity. Participant also agrees to take all reasonable steps to avoid any risks, injury, or death.

\_\_\_\_\_  
Participant's Signature

Date: \_\_\_\_\_

\_\_\_\_\_  
Parent's or Guardian's Signature if participant is under 19 years of age

Date: \_\_\_\_\_

# Children's Challenge Run

Benefitting children of Kenya at  
Challenge Farm (challengefarm.org) and  
Tenderfeet Education Center (tenderfeetkids.org)

Saturday, April 18, 2015, at 8:45 a.m.

Sokol Park—Ol' Colony Road Entrance

Come help support Challenge Farm and Tenderfeet Education Center in Kenya by participating in the Children's Challenge Run. Children of all ages are invited to participate in this run. The course is almost one mile. Each runner will receive a beaded necklace made by the children living at Challenge Farm and the option of getting a pen pal from Challenge Farm. **Children's Challenge Run registrations and a check for \$10 made payable to TWCC should be mailed to TWCC, P.O. Box 345, Northport, AL 35476 no later than Tuesday, April 14, or you may bring your completed form with your check or cash to the run on April 18.**

Parents, older children, and other adults are encouraged to participate in the 5k for Kenya being held the same day at 8:00 a.m. Visit [twccalabama.com](http://twccalabama.com) and click the "Outreach" button on the left for more information. You may contact Maggie Raburn, Race Director, at 205-242-9359 if you have any questions.

Name: \_\_\_\_\_ Gender: M F

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_

Age: \_\_\_\_\_ (as of date of run) Date of Birth: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_

Emergency Contact Phone: (\_\_\_\_) \_\_\_\_\_

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\_\_\_\_\_  
Participant's Signature

Date: \_\_\_\_\_

\_\_\_\_\_  
Parent's or Guardian's Signature

Date: \_\_\_\_\_