



Tuscaloosa Track Club - Certified Course

The Crimson Christmas 5K Race

5K and 1 Mile Fun Run

Saturday, December 8, 2012

11 a.m. (flat/fast certified course)

Registration begins at 10 a.m.

Registration at Sokol Park / Willow Pavilion

5K begins at Sokol, left on Colony, Right on Northridge, and back to Sokol
1 Mile Fun Run immediately following race

Proceeds benefit:



Big Oak Ranch

A Christian home for children needing a chance

Awards:

Overall Male and Female - Top 1.

Top 2 in age groups:

Male and Female: 12 and under, 13-18, 19-24, 24-35, 35-44, 45-54, 55-64, 65 & up

5K Registration

\$25 advance (Preregistrants are guaranteed a t-shirt)

\$25 day of race

Make checks payable to North River Church

Please contact North River Church with questions - 344-4044

Deliver or mail form and payment to

North River Church

ATTN: Road Race Registration

4215 Rice Mine Road NE

Tuscaloosa, AL 35406

The Crimson Christmas 5K Race

December 8, 2012

Sokol Park

Please fill out a separate form for each family member - Forms with multiple registrants cannot be accepted

First Name (Please Print) _____ Last Name _____

Age (on Dec. 3rd) _____ Male _____ Female _____

Address _____

City _____ State _____ Zip _____ Phone # _____

Email: _____

I will participate in the following event:

5K _____ 1 Mile Fun Run _____

Adult T-Shirt Size:

S _____ M _____ L _____ XL _____ XXL _____

Children T-Shirt Sizes

M _____ L _____

Shirts are provided to all
pre-registered participants.

Office Use Only

REGISTRATION:

Individual Pre-Registration - Due November 16

PAID _____ (\$25.00)

Make checks out to
North River Church
4215 Rice Mine Rd NE
Tuscaloosa AL 35406

WAIVER AND RELEASE STATEMENT

(All Athletes must read and sign)

I know that running and walking a road race is a potentially hazardous activity. I should not enter unless I am medically able and properly trained. I assume all risks associated with my voluntary participation in this event, including but not limited to, falls, contact with other participants, the effects of the weather, including extreme temperatures, traffic and all conditions of the road, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry, I for myself, my heirs, executors, administrators, or anyone else who might claim on my behalf, covenant not to sue and WAIVE, RELEASE AND DISCHARGE North River Church, all sponsors, race officials, workers, and volunteers, their representatives, successors or assigns for any and all claims or liability, whether foreseen or unforeseen, for death, personal injury or property damage arising out of, or in the course of my participation in this event. I further grant full permission to the above mentioned sponsors, organizers and or agents authorized by them, to use any photographs, videotapes, motion pictures, recordings or other record of the event for any reasonable purpose.

Signature of Participant

Date

(or signature of Parent or Guardian if entrant is age 17 or under)