1.
tblPeople
(pid) -> firstName, lastName, state, city, street, zip, phoneNumber
tblPlayers
(pid) -> tid
tblcoaches
(pid) -> yearsCoached
tblHeadCoaches
(hid) ->
tblAssistantCoaches
(aid) ->
tblTeamsAssistantCoaches
(tid, aid) -> ageGroup
tblTeams
(tid) -> hid, ageGroup, teamName

3. Unfortunately made table is not in 3NF because I have redundant data. The attribute ageGroup is in both the TeamsAssistantCoaches and Teams tables, but it's not being used as a key, I'm using it as a unique constraint.