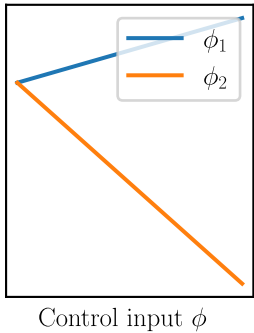
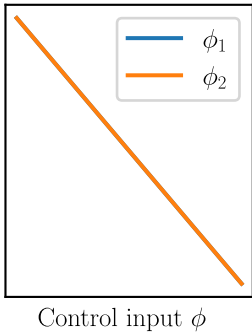


Torque on bend. strain:  $\tau_{\text{be}}$



Torque on shear strain:  $\tau_{\text{sh}}$



Torque on axial strain:  $\tau_{\text{ax}}$

