



FIGHTING HUNGER **IN CENTRAL ALABAMA**

107 Walter Davis Drive ~ Birmingham, Alabama ~ 35209 (205) 942-8911 ~ FeedingAL.org

COMMUNITY FOOD BANK OF CENTRAL ALABAMA (CFBCA)

noun

Pipeline, hub, connector, center of activity

As Central Alabama's largest hunger relief organization, we annually distribute over 10 million nutritious meals through a network of 230 hunger relief agencies. Through these food pantries, soup kitchens, rehabilitation facilities, homeless shelters, and after-school programs, we are able to provide fresh produce, meats, dairy,

non-perishable foods, and household items to families in need. We are a constantly growing hub for food recovery, storage, and distribution.

meals can be provided for every dollar

MILLION MEALS

PROVIDED

DIRECTLY SUPPORTS **OUR PROGRAM**



We connect

- Hungry children with nutritional resources for success
- Individuals and corporations with opportunities to better our community

HUNGER

noun

Lack of food: strong desire to do something

Chronic hunger costs our community:

- Higher rates of disease from nutritional deficiencies
- Long-term chronic illnesses
- Poorer educational outcomes
- Lost economic productivity and higher health care expenditures

More than half of food insecure individuals have had to choose between paying for food, medicine, utilities, and transportation.





HUNGER AFFECTS

Working Children families Seniors Veterans People with disabilities

FOOD INSECURITY

noun

The state of being without reliable access to a sufficient quantity of affordable, nutritious food.

1 in 6 Central Alabamians and 1 in 4 children suffer from hunger and food insecurity throughout our 12-county community. With our community partners, we work to end this suffering by implementing programs in areas with the greatest need.

161 FOOD PANTRIES KIDS PROGRAMS AFTER SCHOOL RESIDENTIAL PROGRAMS

OUTREACH

noun

Extension of services beyond usual limits.

Our outreach programs serve particularly vulnerable communities with needs persisting beyond the scope of our distribution operation. Taking a holistic approach, we supplement our distribution efforts with direct service programs, nutrition education, SNAP assistance, and more. Our child hunger outreach program, Weekenders +, works with schools and other organizations to provide weekend food supplies for children who experience chronic hunger when school is out. The Mobile Pantry Program, another CFBCA initiative, delivers pantry staples and fresh produce each month to families in underserved communities often identified as food deserts.



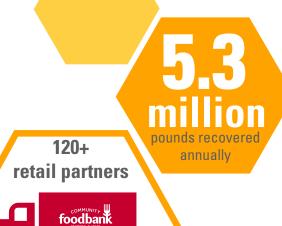
FOOD RECOVERY

noun

The practice of retrieving edible food that would otherwise go to waste and distributing it to those in need.

Each morning our truck fleet embarks on designated routes, visiting grocers and other retailers who donate, rather than throw away, their surplus food. This effort contributes over 5 million pounds of food to our program and prevents it from occupying landfills as waste. By recovering and repurposing otherwise wasted food resources, we are feeding our community's hungry in an environmentally-sustainable manner.

We source and recover surplus food not only from retailers, but from manufacturers, distributors, farmers, and people like you. Then we disseminate this product among our agency network, using \$0.95 of every donated dollar to directly and efficiently fight hunger in our service area.







FIGHT

verb

Strive to overcome, put forth determined effort.

At the CFBCA we believe that solving our region's problem with food insecurity relies on the strength of our partner network. Our collaboration with corporate and retail partners creates operational efficiency and saves financial resources for program support. Your monetary contributions, gifts of food, and volunteered time are the backbone of our fight to end hunger in Central Alabama. Please check out our website at FeedingAL.org for fun ways to get involved and help a hungry neighbor.



35209

The CFBCA has led the fight against hunger in our service area since 1982. We are an AIB Superior-rated facility for food safety, a certified member of Feeding America, the national food bank network, and a proud agency of the United Way of Central Alabama.