

# COMMON TICK MISCONCEPTIONS

## Myth

× Ticks are insects

× There is only one tick species in NJ

× Ticks are only active during warm months

× A tick "head" left in the skin can still transmit pathogens

× All NJ tick species transmit Lyme bacteria

× An infected tick will always make you sick

## Fact

✓ Ticks are arachnids

✓ There are 15 known tick species in NJ

✓ Ticks are active year-round

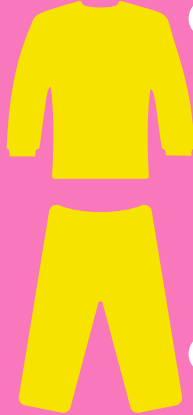
✓ A tick can only transmit pathogens with its body attached

✓ Only blacklegged "deer" ticks transmit Lyme bacteria

✓ An infected tick doesn't always transmit

# TICK BITE PREVENTION

## Clothing



✓ Wear light colored clothing



✓ Tuck pants into socks and shirt into pants

✓ Wear repellent treated clothing

## Repellent

✓ Use a repellent that contains DEET, picaridin, Oil of Lemon Eucalyptus, or IR3535



## Tick Checks



✓ Check everywhere!

✓ Especially behind the ears, knees, around the ankles, groin, head, and belly button



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SEE A TICK?

**NJ TICKS  
4 SCIENCE!**



SEND A TICK!