



MAIN STREET MAGNET

September 2020

Main Street United Methodist Church

North Main Street at Pinckney Street
P.O. Box 656 Abbeville, SC 29620

Phone 864/366-2367 Fax 864/366-2328

Email abbvmsumc@wctel.net
www.mainstreetumcabbeyville.org

Thoughts From Our Pastor

Is it already September?

Even if it does not seem like it could possibly be September, all the signs are upon us. School is back in full swing. The weather last week felt just a little Fall-like in the morning (I'm sure we will get one more good heat blast!). And God help us, Halloween candy has made its tempting appearance on store shelves everywhere! Despite some major differences this year, it looks like we will have some football to watch after all! Surely, then, it is September, that month of new routines and seasons. Even with the impact of COVID-19, the rhythm of those familiar seasonal routines remains.

This is also the time of year when we prepare for our annual Charge Conference, this year on **Tuesday October 20, at 5:30pm in the Greene Center**. Various leaders and teams of folks within the life of our church are already hard at work in preparing paperwork, budgets, and filling leadership rosters for the 2020 calendar year. Again this year the Committee on Lay Leadership will provide sign-up sheets for you to commit to the ministries of the church for the next calendar year. Of course Charge Conference is not the most fun thing we do as a church. Not even close. With Children's Sunday, World Communion, and our Annual Fall festival also usually in October, Charge Conference is likely to be an afterthought. But can I make one request as your Pastoral leader? Please pray for this process. However often you pray, include this part of the season in your prayers; For discernment, good stewardship of our gifts and graces, for our leaders, and for all Methodist churches who are doing the same thing.

Thank you and may God's richest blessings be upon you!

-Pastor Brian

Come Holy Spirit!

What is Inside

Pastor's Thoughts	1
People to Remember	2
Prayer Requests	2
Joys and Concerns	2
United Methodist Women	3
United Methodist Men	3
Youth News	3
Meetings	4
Choir News	4
Healing Hands	5
Birthdays/Anniversaries	6
Acolytes this Month	6
Calendar	6
Scripture Readings	7
Nursery Schedule	7
Other News	8-9

PEOPLE TO REMEMBER

- Mary Barnette – 5 Frank Pressley Dr., Due West, SC 29639
- Ruth Brock – 165 Brock Dr., Troy, SC 29848
- Jane Cox – Brooksdale Room 102 – 1408 Parkway Road, Greenwood, SC 29646
- Irene Deason – 401 Whip-O-Will Road, Abbeville, SC 29620
- Carroll Hagood – 1694 Cedar Springs Road, Abbeville, SC 29620
- Ned and Linda Himes – 307 HillCrest Drive, Abbeville, SC 29620
- Bob and Mary Hipsher – 100 Pineview Street, Abbeville, SC 29620
- Petra Jones – 502 Church St., Abbeville, SC 29620
- Col. Bob Lander – 5 Frank Pressley Dr., Due West, SC 29639
- Harvey Lansing – Abbeville Nursing Home Room 111 – P O Box 190, Abbeville, SC 29620
- David Littell – 107 Hillcrest Drive, Abbeville, SC 29620
- John and Cam Marchi – 108 Sunset Dr., Abbeville, SC 29620
- Rowena Parkenson – 306 Millwood Road, Abbeville, SC 29620
- Harold and Marion Prince – P O Box 699, Abbeville, SC 29620
- Leon & Patty Thompson – Wesley Commons Assisted Living – Apt. 6117 – 1110 Marshall Road, Greenwood, SC 29646
- Jane Williams – 257 Whip-O-Will Road, Abbeville, SC 29620
- Marjorie Wilson – 1500 Greenwood Street, Abbeville, SC 29620
- Beverly Wilson – 2623 Stevenson Road, Abbeville, SC 29620

Joys & Concerns

Please let the church office know of any joys or concerns of our church family

Prayer Requests

We pray for and intercede on behalf of:
Helen Speer; Jane Williams; Jane Cox;
Ruth Brock; Irene Deason; Kevin Bosler;
Heidi Pickens.

Deployment – Clay Hall

We are resetting our Prayer list. Please let us know individuals needing prayers or requested to be on Prayer list.

Please contact Pastor Brian or Church Office if you know someone in need of prayer.



IN MEMORIAM



PAUL GRIER WILLIAMS
DECEMBER 7, 1931 – AUGUST 11, 2020

U.M.W. NEWS

United Methodist Women

CIRCLE MEETINGS



Agnes Rogers Circle will not meet in September.

Ann Moore Circle is selling Main Street Ornaments. See page 7 for more information.

Lovely Lane Circle will not meet in September.

Susannah Wesley Circle will not meet in September.

All circles should nominate a lady for the UMW Woman of the Year award and turn the nomination in to Jane Agan.

U.M.M. NEWS

United Methodist Men

United Methodist Men
will meet on
September 13, 2020
at 8:00 a.m.
in the Greene Center



Children and Youth News



Youth News

The youth will start meeting again sometime in September on Sunday nights at 5:30 in the Youth building.

Upcoming Meetings and Events

**Church Office will be
closed September 7, 2020
in observance of Labor
Day**

Trustees September 21st

The next regular scheduled meeting of the Trustees will be Monday, September 21st, in the Youth Building at 5:30 p.m. All members of the Trustees should make plans to attend. If you will be unable to attend, please call the church office.

Finance Committee
will meet September 23rd at 6
pm in the Greene Center

**Charge Conference
will be
Tuesday
October 20, 2020 at
5:30 pm in the Greene
Center.**



Notes From the Choir



Worship planning has been very different over the past few months. Our song leaders have done a wonderful job providing music for our services and helping select music to enhance our worship.

I follow several church worship planning boards on social media and recently ran across the following bit of worship planning humor. Since we could all use a laugh, I thought I would share.

Worship Planning Covid19 Pandemic Edition

Breathe on Me, Breath of God.....NOPE
Precious Lord, Take My Hand.....NOPE
Just A Closer Walk with Thee.....NOPE
Gather Us In.....NOPE
Close to Thee.....NOPE

COULD WORK

Wash, O God, Our Sons and Daughters
Jesus Walked this Lonesome Valley
I Come to the Garden Alone
Trust and Obey

But seriously, certain hymns hold memories for each of us. If there is a hymn that you would love to hear one Sunday, please let me know. We will do our best to use it in an upcoming worship service.

Many of our song leaders have helped select hymns, with many using some of our old favorites. We know how music can speak to us and enhance our worship.

Kerri

TRUSTEE OF THE MONTH

Brandt Addis

SOUND TEC

Russell Wolfe

GREETERS

Julie Lewis, Mack Hite
Scott and Jenny Jackson
Alice McNeil, Barry Stone
Ray and Mary Beth Peck

*Come to a
Wedding Shower!*

Please join our
Main Street Church Family
as we celebrate the
upcoming marriage of

Megan Vaughn

and

Ben Glace

Sunday, September 13, 2020

3:00 -4:30 p.m.

Greene Center

*In addition, Ben and Megan will be outside near
the playground at the church from 2:30-3:00 if
you would like to drive thru to shower them from
afar*

Main Street United Methodist Church
Abbeville, South Carolina
We hope to see you there!

Registered at Belk, Walmart,
and Amazon



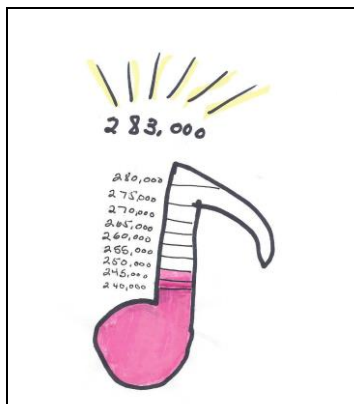
Keep the Music Flowing

Main Street United Methodist Church

Update

We have raised \$251,994 for the organ as of August 23, 2020. That is 89.04% of the total cost of \$283,000. The remainder is being collected over the 3 year faith promise campaign and the \$175,000 loan is being repaid.

Thank you for your participation in this campaign to keep the music flowing. Keep praying, keep working and keep giving.



Confirmation Class 2020

Lucille Mary Kollmann, Ella Kate Atkins,
Baylee Ann Wilson, and Jacob Brian Arant





September is National Cholesterol Education Month.

You've heard of good cholesterol (HDL) and bad cholesterol (LDL) but what does it all mean? High blood pressure and cholesterol — two factors that contribute to heart disease. Knowing what your LDL levels are can help you make more informed lifestyle decisions.

The Basics

What is cholesterol?

Cholesterol is a waxy substance (material) that's found naturally in your blood. Your body makes cholesterol and uses it to do important things, like making hormones and digesting fatty foods. You also get cholesterol by eating foods like egg yolks, fatty meats, and regular cheese. If you have too much cholesterol in your body, it can build up inside your blood vessels and make it hard for blood to flow through them. Over time, this can lead to a heart attack or a stroke.

What are the symptoms of high cholesterol?

There are no signs or symptoms of high cholesterol. That's why it's so important to get your cholesterol checked.

How often do I need to get my cholesterol checked?

The general recommendation is to get your cholesterol checked every 5 years. Some people need to get their cholesterol checked more or less often. Talk to your doctor about what's best for you.

How can I get my cholesterol checked?

Cholesterol is checked with a blood test called a lipid profile. During the test, a nurse will take a small sample of blood from your finger or arm. Be sure to find out how to get ready for the test. For example, you may need to fast (not eat or drink anything except water) for 9 to 12 hours before the test. There are other blood tests that can check cholesterol, but a lipid profile gives the most information.

What do the test results mean?

If you get a lipid profile test, the results will show 4 numbers. A lipid profile measures:

- Total cholesterol
- HDL (good) cholesterol
- LDL (bad) cholesterol
- Triglycerides

Total cholesterol is a measure of all the cholesterol in your blood. It's based on the HDL, LDL, and triglycerides numbers.

HDL cholesterol is the good type of cholesterol – so a higher level is better for you. Having a low HDL cholesterol level can increase your risk for heart disease.

LDL cholesterol is the bad type of cholesterol that can block your arteries – so a lower level is better for you.

Triglycerides are a type of fat in your blood that can increase your risk for heart attack and stroke

What can cause unhealthy cholesterol levels?

Causes of unhealthy HDL cholesterol levels include:

- Genetic (inherited) factors
- Type 2 diabetes
- Smoking
- Being overweight
- Not getting enough physical activity
- Taking certain medicines

Causes of unhealthy LDL cholesterol levels include:

- Having a family history of high LDL cholesterol
- Eating too much saturated fat, *trans fat*, and cholesterol

What if my cholesterol levels aren't healthy?

As your LDL cholesterol gets higher, so does your risk of heart disease. Take these steps to lower your cholesterol and reduce your risk of heart disease:

- Eat heart-healthy foods.

- Get active.

- If you smoke, quit.

Ask your doctor if you also need to take medicine to help lower your cholesterol.

Healthfinder.gov



Main Street UMC Ornaments

The Ann Moore Circle is selling Main Street United Methodist Church wooden ornaments for **\$10.00**.

Proceeds from the sales will be donated to the Christmas Angel Tree. We will be selling ornaments at church after the 9:00 service and before and after the 11:00 service on September 13, 20, and 27th. Also you may contact Conway Shirley (379-2396 or 379-4503), Becky Bowie (391-1253-), Beth Addis (378-6311), Lori Glace (378-1944), or Allison Addis (378-9577) to order ornaments.

Back to School Health Tips



To prevent infections, teach children to wash their hands frequently. Hand sanitizer will work but make sure it's got at least 60% alcohol to kill the germs. Teach them not to share personal items like cups or hats, which can spread head lice, and to cough into their sleeve, not their hand. And make them wear sunscreen--sunburns now can lead to skin cancer later.

Loose Change Sunday



Loose Change Sunday is September 27th. We will be collecting for Faith Home, a women's facility for drug and alcohol rehabilitation located in Abbeville.



September Birthdays

5	Melissa Tillman
6	Nancy Arnold
7	Ed Evans
	Kenny Arnold
8	Patty Thompson
	Jeri Stone
10	Jeane Campbell
	Danielle Morris
	William Arnold
11	Marjorie Wilson
12	Baylee Ann Wilson
13	Lola Marion Dale
15	Ruthie Edmunds
16	Adam Baughman
19	Gem Poteat
	Scott Jackson
20	Eddie McNeill
	Nicole Evans
21	John Baughman
	Mary Hispher
	Lucy Kollmann
	Jacob Brian Arant
	Bob Whiteside
23	Bill McNeil
	Kate Wilson
25	Riley Bowie
	Greg Potts
26	Bill Poteat
27	Elliott Moberg
29	Tom Howie
	Tucker Griffin
	Mike Erwin



September Anniversaries

3	Mr. and Mrs. Bill Poteat
6	Mr. and Mrs. Buddy Agan
10	Mr. and Mrs. Chris Griffin
24	Mr. and Mrs. Michael Herndon
30	Mr. and Mrs. Sam Jones

September Acolyte

No acolytes for September

Please put the above date on your calendar. This is the Sunday you are to be an acolyte for the morning worship service. If you cannot be acolyte on your day, PLEASE find a substitute or swap Sundays with someone.

Please come to Parament room no later than 10:45 a.m. on the Sunday morning you are to be acolyte.



LINK TO OUR CHURCH CALENDAR

(Click on this link while holding down the control key)





Don't forget! Main Street is the Beef Stew church. We provide Beef Stew to the UCMAC Food Pantry. As of July 31, UCMAC provided 45,190 lbs. of food to 1382 families in Abbeville County. You can help by providing cans of Beef Stew or money to purchase beef stew.

Nursery Schedule for September

No nursery for September



September Scripture Readings

- 6 Exodus 12:1-14
Psalm 149
Romans 13:8-14
Matthew 118:15-20
- 13 Exodus 14:19-31
Exodus 15:1b-11, 20-21
Romans 14:1-12
Matthew 18:21-35
- 20 Exodus 16:2-15
Psalm 105:1-6, 37-45
Philippians 1:21-30
Matthew 20:1-16
- 27 Exodus 17:1-7
Psalm 78:1-4, 12-16
Philippians 2:1-13
Matthew 21:23-32



Blessing of the Bookbags

On Sunday, August 16, Pastor Brian blessed student's backpacks. The congregation joined in a liturgy to ask a blessing on students, teachers, support staff and administrators as the new school year begins. Due to COVID-19 the students were unable to gather for a photo.



New Members



During the August 16th worship service we welcomed new members Don and Erin Moss Atkins Stone, and son, Clark Joseph Atkins, and daughters Ella Stone and Ella Atkins. Erin is JB Moss' sister.

MAIN STREET UMC
P O BOX 656
ABBEVILLE, SC 29620

ADDRESS SERVICE REQUESTED