



Margaret Sun

About Me

I'm a Vinyasa Yoga Instructor. I place an emphasis in practicing gratitude and moving with your breath.

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I started practicing yoga after 3 knee surgeries and it has helped me tremendously.

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I teach a diverse range of students, from former Division 1 athletes to folks looking to incorporate more movement in their daily lives.

Contact Details

Phone: (408) 393-2498

Email: hi.margaret.sun@gmail.com

Website: sipofgratitude.com

Teaching Experience

Green Yogi - Berkeley, CA
October 2021 - Present

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Berkeley Ironworks - Berkeley, CA
August 2021 - Present

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Firefly Yoga Studio - Berkeley, CA
July 2021 - June 2022

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Gaia Yoga Studio - Richmond, CA
March 2021 - Present

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Outdoor Yoga Berkeley - Berkeley, CA
January 2021 - Present

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Oakland Hills Tennis Club - Oakland, CA
January 2020- Present

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Yoga to the People - Berkeley, CA
May 2019 - March 2020

Teacher Trainings

ALIGNED YOGA SCHOOL

300hr | 2021

YOGA TO THE PEOPLE

200 hr | 2019

Education

University of California, Berkeley
BA Sociology | 2018