Zero Trust platform with Istio

Security BSides Krakow / 24 Sep 2022 Marek Szlagor

\$ whoami

- > 10 years of experience
- worked with embedded and cloud (read: shocked by carelessly rewiring devices and broke production by typo in yaml)
- last 2 years working for Remitly



What we will discuss

What is zero trust?



What is Istio?



3. How to make it work together? (9)



4. Demo 🗯

Zero Trust [networking]?

- 1. VPN / castle-and-moat
- 2. Trust nothing, require every request to be authorized
- 3. Implement in every system? Event in this legacy php one that nobody wants to touch?
- 4. oauth-proxy?



Assumption 1

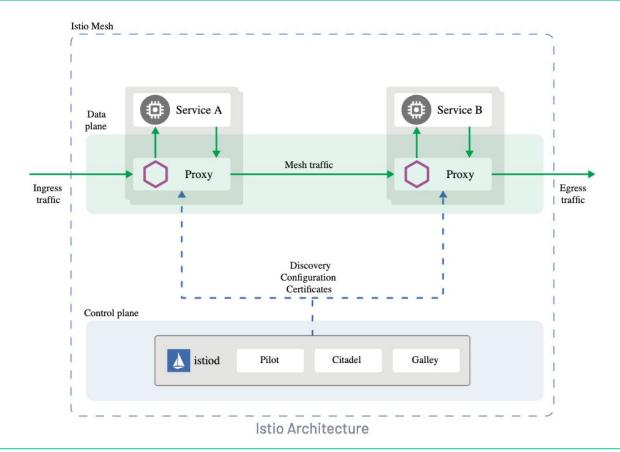
OIDC compatibile identity provider in your organization



Istio?

- Service mesh
- Envoy proxy with 'hot reloads' using admin API, L7 protocols support
- Observability, traffic management, security







Assumption 2

workload running on k8s cluster with Istio



RequestAuthentication

Configure sidecar to check if JWT provided is:

- issued by configured issuer
- not expired
- signed by trusted key

And refuse with 401 otherwise

```
apiVersion: security.istio.io/v1beta1
kind: RequestAuthentication
metadata:
  name: nginx-requestauthentication
spec:
  selector:
     matchLabels:
       app: nginx
iwtRules:
  - issuer: my-oidc.com
   jwksUri: <a href="https://my-oidc.com/oauth2/v1/keys">https://my-oidc.com/oauth2/v1/keys</a>
   forwardOriginalToken: true
   fromHeaders:
      - name: jwt-header-name
```



AuthorizationPolicy

Configure sidecar to check if:

- request was verified by RA
- has proper header[s], proper claims
- coming from allowed pod / ingress / ip
- sent to allowed path

And refuse with 403 otherwise

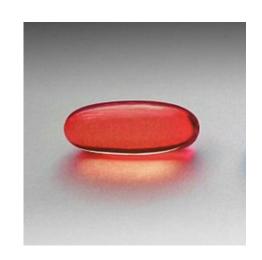
```
apiVersion: security.istio.io/v1beta1
kind: AuthorizationPolicy
metadata:
  name: nginx-authorizationpolicy
spec:
  selector:
    matchLabels:
      app: nginx
  rules:
    - from:
      - source:
         requestPrincipals: ["my-oidc.com/*"]
    when:
      - key: request.auth.claims[groups]
       values: ["admins", "testers"]
```



EnvoyFilter

"There is no such thing as containers in kernel"

"There is no such thing as RA and AP in Istio"

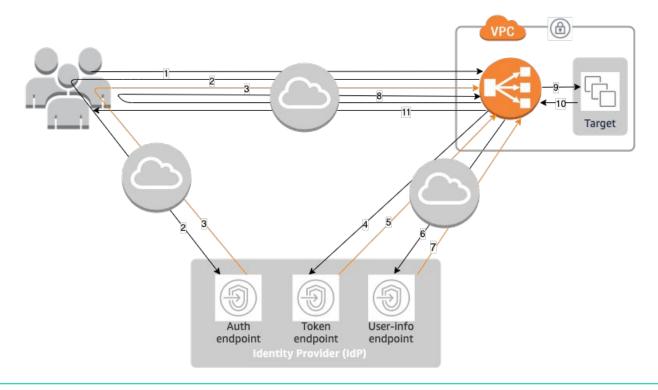


Envoy Filter - example Lua script

```
# get jwt claims form request
claims = request_handle:streamInfo():dynamicMetadata():get("istio_authn")["request.auth.claims"]
# add header with user email
email = claims["email"]
request_handle:headers():replace("x-user-email", email)
# log
path = request_handle:headers():get(":path")
request_handle:logWarn('{"user": "'..email..'", "path": "'..path..'"}')
```



Load Balancer with OIDC





Demo!

https://github.com/mszlgr/istio-oidc



Let's summarize

- Claims are verified as close to application as possible
- No changes in app's code required
- Unified format of access & audit logs
- Access policy that can be shared between multiple apps

