

# Synthesizing Physiological and Motion Data for Stress and Meditation Detection

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# Overview

- 1 Motivation
- 2 Contribution
- 3 Model: Physiological and Motion Data Synthesis
- 4 Data
- 5 Experiments and Analysis
- 6 Conclusion and Discussion

*Improving mental health via synthesizing signal for predicting affective states*

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1. Can we synthesize (predict) physiological and motion signal (data) ahead of time?

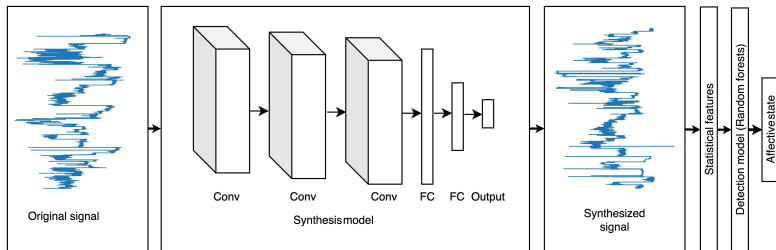
*Improving mental health via synthesizing signal for predicting affective states*

1. Can we synthesize (predict) physiological and motion signal (data) ahead of time?
2. If so, can we use the data to predict affective states?

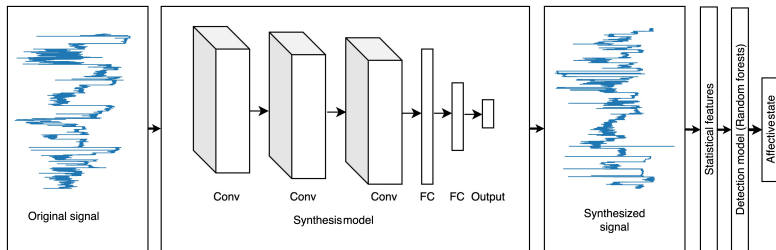
# Contributions

- Synthesized (predicted) physiological signal ahead of time
- Predicted affective states from the synthetic data
- Published first baseline results on meditation (/ relaxed state) detection from WESAD dataset.

# Physiological and Motion Data Synthesis



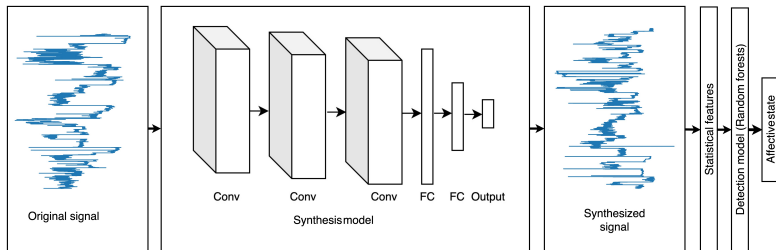
# Physiological and Motion Data Synthesis



- ep Predict (synthesize) futuristic data from current and previous observations



# Physiological and Motion Data Synthesis



- ep Predict (synthesize) futuristic data from current and previous observations
- ep Feed features (computed from the synthetic data) to affect detection model

# WESAD (Schmidt et al., ICMI 2018) Dataset

- Devices: RespiBAN and Empatica E4
- Signals: Acceleration, ECG, EMG, EDA, Temperature, Respiration
- Subjects: 15 (12 males and 3 females) grad students
- Data Collection
  1. **Neutral**: induce neutral affective state. 20 mins long
  2. **Amusement**: induce happy state. 6.5 mins long
  3. **Stress**: induce stress via public speaking and mental math tasks. 10 mins long
  4. **Meditation (/ relaxed)**: breathing exercise. 7 mins long

**Note:** *In this work, we only used data collected via RespiBAN device*

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- **Model validation:** 3-fold subject independent (non-overlapping subjects)

# Performance: Synthesis

Input feature vector size = 25

CCC Score: higher  $\rightarrow$  better

**Time T1:** Use **0.25** second of data to predict **0.01** second of data

| Signal | CCC score           |   |
|--------|---------------------|---|
|        | Time T1             | - |
| ACC X  | $0.9909 \pm 0.0054$ |   |
| ACC Y  | $0.9675 \pm 0.0272$ |   |
| ACC Z  | $0.9957 \pm 0.003$  |   |
| ECG    | $0.8104 \pm 0.0327$ |   |
| EMG    | $0.4381 \pm 0.6313$ |   |
| EDA    | $0.9928 \pm 0.0012$ |   |
| TEMP   | $0.95 \pm 0.0268$   |   |
| RESP   | $0.9895 \pm 0.0009$ |   |

# Performance: Synthesis

Input feature vector size = 25

CCC Score: higher  $\longrightarrow$  better

**Time T2:** Use **1** second of data to predict **0.04** second of data

| Signal | CCC score           |                     |
|--------|---------------------|---------------------|
|        | Time T1             | Time T2             |
| ACC X  | $0.9909 \pm 0.0054$ | $0.9856 \pm 0.0119$ |
| ACC Y  | $0.9675 \pm 0.0272$ | $0.9711 \pm 0.0081$ |
| ACC Z  | $0.9957 \pm 0.003$  | $0.992 \pm 0.0026$  |
| ECG    | $0.8104 \pm 0.0327$ | $0.5001 \pm 0.0922$ |
| EMG    | $0.4381 \pm 0.6313$ | $0.5837 \pm 0.0561$ |
| EDA    | $0.9928 \pm 0.0012$ | $0.9964 \pm 0.0009$ |
| TEMP   | $0.95 \pm 0.0268$   | $0.9401 \pm 0.0437$ |
| RESP   | $0.9895 \pm 0.0009$ | $0.9697 \pm 0.0065$ |

# Performance: Synthesis

Input feature vector size = 25

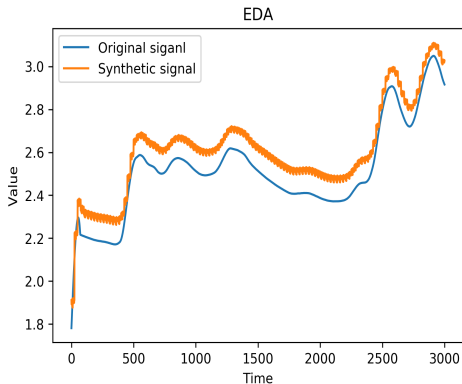
CCC Score: higher  $\longrightarrow$  better

**Time T3:** Use **2** seconds of data to predict **0.1** second of data

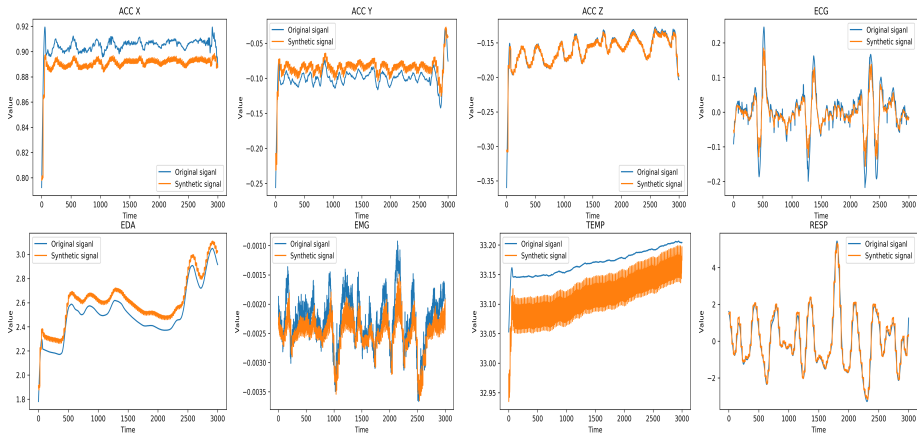
| Signal | CCC score           |                     |                     |
|--------|---------------------|---------------------|---------------------|
|        | Time T1             | Time T2             | Time T3             |
| ACC X  | $0.9909 \pm 0.0054$ | $0.9856 \pm 0.0119$ | $0.9899 \pm 0.0014$ |
| ACC Y  | $0.9675 \pm 0.0272$ | $0.9711 \pm 0.0081$ | $0.7882 \pm 0.2552$ |
| ACC Z  | $0.9957 \pm 0.003$  | $0.992 \pm 0.0026$  | $0.9943 \pm 0.0024$ |
| ECG    | $0.8104 \pm 0.0327$ | $0.5001 \pm 0.0922$ | $0.3995 \pm 0.0602$ |
| EMG    | $0.4381 \pm 0.6313$ | $0.5837 \pm 0.0561$ | $0.3407 \pm 0.4757$ |
| EDA    | $0.9928 \pm 0.0012$ | $0.9964 \pm 0.0009$ | $0.9927 \pm 0.0036$ |
| TEMP   | $0.95 \pm 0.0268$   | $0.9401 \pm 0.0437$ | $0.7405 \pm 0.1785$ |
| RESP   | $0.9895 \pm 0.0009$ | $0.9697 \pm 0.0065$ | $0.9563 \pm 0.0094$ |



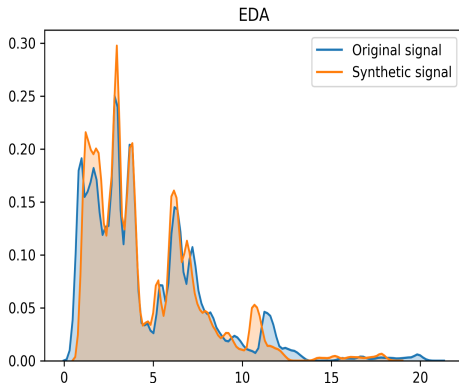
# Sample Signals (Original and Synthesis)



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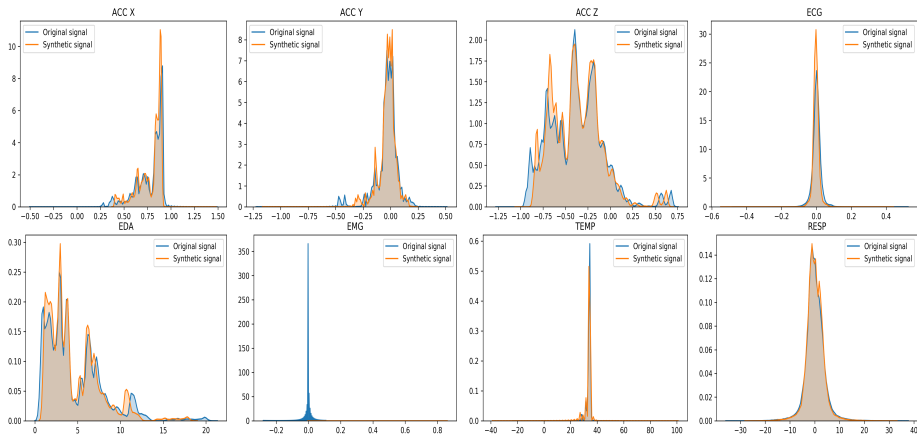


# Signal Distribution (Original and Synthesis)



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Learned the distribution for all signals except EMG



# Performance: Affect Prediction vs. Classification

| Detection Setting  | Original data   |                 |                 | Synthetic data  |                 |                 |
|--------------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|
|                    | Precision       | Recall          | F1-score        | Precision       | Recall          | F1-score        |
| Stress vs Baseline | $0.71 \pm 0.06$ | $0.68 \pm 0.10$ | $0.69 \pm 0.08$ | $0.71 \pm 0.10$ | $0.66 \pm 0.11$ | $0.68 \pm 0.10$ |

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| Stress vs Amusement | $0.54 \pm 0.11$ | $0.61 \pm 0.06$ | $0.57 \pm 0.10$ | $0.55 \pm 0.15$ | $0.56 \pm 0.07$ | $0.55 \pm 0.11$ |

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| Stress vs Amusement  | $0.54 \pm 0.11$ | $0.61 \pm 0.06$ | $0.57 \pm 0.10$ | $0.55 \pm 0.15$ | $0.56 \pm 0.07$ | $0.55 \pm 0.11$ |
| Stress vs Meditation | $0.72 \pm 0.05$ | $0.71 \pm 0.06$ | $0.71 \pm 0.06$ | $0.71 \pm 0.02$ | $0.7 \pm 0.02$  | $0.71 \pm 0.02$ |

# Performance: Affect Prediction vs. Classification

| Detection Setting    | Original data   |                 |                 | Synthetic data  |                 |                 |
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| Stress vs Amusement  | $0.54 \pm 0.11$ | $0.61 \pm 0.06$ | $0.57 \pm 0.10$ | $0.55 \pm 0.15$ | $0.56 \pm 0.07$ | $0.55 \pm 0.11$ |
| Stress vs Meditation | $0.72 \pm 0.05$ | $0.71 \pm 0.06$ | $0.71 \pm 0.06$ | $0.71 \pm 0.02$ | $0.7 \pm 0.02$  | $0.71 \pm 0.02$ |
| Stress vs Rest       | $0.76 \pm 0.03$ | $0.7 \pm 0.06$  | $0.73 \pm 0.04$ | $0.74 \pm 0.03$ | $0.67 \pm 0.07$ | $0.7 \pm 0.04$  |



# Summary, Challenges and Future Work

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- Predicted signal ahead of time using CNN
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- Achieved comparable results

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## ● Challenges and Future Work

- Synthetic data to synthesize data. (Noise, drift) → out of distribution (Alcorn et al., CVPR 2019)
- Influence of gender (male & female)
- Explore EMG and ECG