



RIDERS INFORMATION PACK

Congratulations on your entry into the 2015 Golden Triangle Epic. Everything is ready now for the big day - all we need to do is get you there! This pack has valuable information for both you and any spectators who are coming with you. Please read through it to be sure you understand how it all works.

REGISTRATION / NUMBER COLLECTION

Registration is located at the Koolamurt Campsite, and open;

- **Saturday 25th April 2.00pm – 5.00pm, and**
- **Sunday 26th March from 8.00am (6.00am for 100milers).**

Please register at least one hour prior to your event starting.

All riders MUST produce a current MTBA licence or else a day license must be purchased at \$20 per rider.

Accommodation

Shared rooms are available for the Saturday night at \$15 per head.

There are only a couple of beds available, if you would like to stay onsite please email garry@fleetfocus.com.au

Event Village

The event village will provide a great atmosphere where we encourage your friends and family to visit and cheer you on as you cross the finish line.

Due to amazing reviews and a large volume of requests, the very well regarded **Pizza De Wheels** is back again for 2015, dishing up the best wood fired pizzas this side of Italy. It would not be a cycling event if we didn't mention the coffee. Nigel from **Hey Presto Espresso** is back serving his ever consistent, very high quality coffee, along with an array of baked good. In addition to the above, Russell & Tasman Nankervis will be running a **BBQ** & selling cold drinks to raise some much needed funds to assist them in following their dreams and race the MTB World Cup circuit in Europe this year.

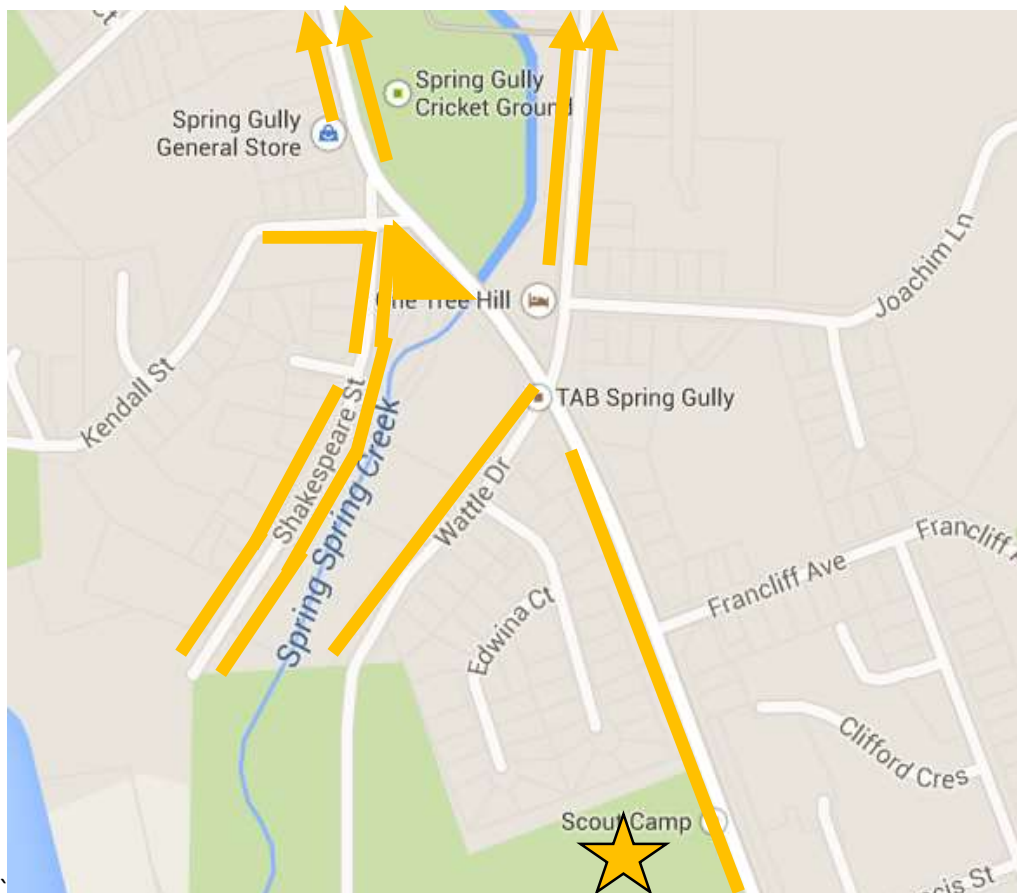
Dean from **Torq Australia** will also be on site providing free pre & post-race hydration for all competitors as well as having product for sale if you need a few extra gels to get you around the course.

Car Parking

With this many numbers, parking will be at a premium! Please keep an eye out for club volunteers around the below locations assisting you to find the closest park.

Whilst little formal car parking exists around the site we do have a vast array of street side parking. It is requested that you respect the local residence and adhere to all road laws when choosing your parking location, also, please consider the most economical orientation when parking your vehicle.

It is requested that all vehicles parked on **Wattle Drive & Shakespeare Street park 'Nose to fence'** additional parking is available along Retreat Road, and also at the Spring Gully oval. When exiting your vehicle please be cautious of passing cars.



For those who are staying overnight at the campsite, Onsite parking is available on a first in first served basis.

What To Bring

Each rider should carry a mobile phone, spare tube, patch kit, mini pump and multi tool. This is not compulsory but it is recommended. You must start the race with a minimum of one drink bottle and also be wearing an Australian Standards approved helmet.

Checkpoints (10KM, 26KM & 40KM)

- There will be a place at the start/finish for you to put bottle/gels etc to be transported to the checkpoint/s of your choice. Please ensure you have your name on bottles/food and they are bound together.
- If you require extra water we will have large water containers where you can fill bottles or hydration pack systems at the checkpoints.
- We will have half bananas, fruit cake at the checkpoints.
- Birzman will be providing their high quality floor pumps at all check points should you need a bit more air.
- There are two road crossings at the 8km and 45km points,
YOU MUST DISMOUNT AND WALK YOUR BIKE ACROSS THE ROAD,
when the marshal tells you that it is safe to. There will be limited water supplies available at these road crossing.

PLEASE RESPECT OUR PARKLAND AND DISPOSE OF LITTER IN BINS PROVIDED
– DO NOT LITTER. ANY RIDER SEEN LITTERING WILL BE DISQUALIFIED
IMMEDIATELY

SPECTATORS & RIDER HELPERS POINTS

All feeding/helping and viewing by spectator is to be done from the Event Village only,, there are to be no rider's assistance on sections of the course, all riders will need to either use the provided food / water at feed stations, or carry sufficient with them. The time between each checkpoint can be up to 2hrs depending on your speed, so plan appropriately.

CUT OFF TIMES

We would like everybody in the event to have the opportunity to finish, therefor we have pushed cut off times back as far as possible, covering off on your safety and our operations, ensuring that everyone makes it back to the event village before dark.

Cut off times as follows:

- 1.30pm – Last lap departure from Koolamurt campsite for 100k & 100Milers.
- 2.30pm – Road Crossing 1 closure.
- 2:45pm – Checkpoint 1 closure.
- 3.45pm – Checkpoint 2 closure.
- 4.30pm – Checkpoint 3 closure.
- 4.40pm – Road Crossing 2 closure.

We aim for no rider to finish after 5.00pm, as it is starting to get dark.

EVENT SCHEDULE

The full event schedule is posted on the event website:

<http://www.goldentrianglepic.com/index.php/event/schedule/>

Start times for each category is as follows:

- 100 Miler: 6:30am
- 100km (Non-Elite): 9.00am
- 100km (Elite): 10.00am
- 50km: 11- 11:30am – via wave start.
- 3.30pm Presentations for all categories.

Prizes

A minimum of three riders are required to make a category and for prizes to be awarded. Winners must be present to collect their prize, as nothing will be posted.

Thanks to our generous cash sponsors, Andy's Earthmovers and Central Victorian Isuzu Ute cash prizes will be awarded to 1st, 2nd and 3rd across all categories in the 50km, 100km & 100mile distances.

The 15km event is sponsored by Birzman who will award the podium with their high quality product.

There will be a large quantity of high quality spot prizes and other giveaways on the day thanks to the generous sponsorship of:

- Maxxis (Bikecorp)
- Birzman (Bikecorp)
- Rock 'n' Roll Lube (Bikecorp)
- Frameskin
- Tickets to the Kowalski Classic (Self Propelled Enterprizes)
- Bridge Road Brewers
- Seight
- Torq Nutrition

One lucky entrant that registered via Entryzone will take home the awesome Trek Superfly FS-8 thanks to the crew at Cyclescape.

-RACE RULES-

These rules can be added to before the start of the race

1. Registration

- All riders must register in person with their valid MTBA licence.
- Riders must affix race numbers to their bike as directed.

2. Road Rules

- The wearing of Standards approved helmet is mandatory, by Victorian law, for riders in all stages of the event, at all times.
- Riders must obey the directions (written or verbal) of event organisers and marshals at all times.
- Riders are to obey the Australian Road Rules during all stages on public roads, all roads are open to traffic at all times.
- Riders must yield to vehicles when intersecting fire/ maintenance trails off single track.

3. Race Briefings and Rules

- Attendance at race briefings is mandatory for all riders.
- Riders must obey all course directions, and are responsible for following the designated course.
- Failing to complete the whole course, taking shortcuts shall result in the rider being disqualified. It is the rider's responsibility to ensure that the correct course is followed.
- All riders must behave in a sporting manner. This includes not using abusive language or behaviour toward other riders and officials, and allowing faster riders to promptly overtake when safe to do so. Appeals must be lodged with the event commissaire within 15 minutes of the final times being posted for the event.
- All riders must carry out what they carry in. Littering will result in disqualification from the event.
- All bicycles are to be powered by human power alone.
- If a rider withdraws for any reason, they must notify an official as soon as practical.
- Riders pushing their bikes should give way at all times to those riding. They should attempt to walk on the least rideable portion of the trail.
- Riders are only eligible for a place in the category they entered.
- The Event Director has the right to call off the race either before or during for any reason relating to rider safety.
- If the race is called off after it has begun, as soon as you have been notified by a race official you are responsible for getting yourself back to the Event start/finish, with the assistance of race officials.

4. Accidents and Rendering Assistance

- Riders should render all possible assistance to any participant who is in distress or danger.
- In the event of injury or accident, riders must stop to assist an injured rider, prevent others from entering the accident zone, and ask passing riders to inform a race official at the nearest check point notifying them of the incident.
- If you stop to give assistance for a health or safety reason, a time adjustment will be made to your final time. Note that this does not apply if you stop to offer mechanical assistance.

The event village is located at:

**Koolamurt Scout Camp
44 Mandurang Road
Spring Gully, VICTORIA, 3550**

Directions to start/finish at Koolamurt Campsite from Bendigo CBD.

- From the Alexandra Fountain in the middle of Bendigo head up Mitchell Street.
- Continue along Mitchell Street over the railway bridge, with the railway station is on your right.
- Travel for 4 km you come to the Bendigo Cemetery which is on your right.
- Halfway past the cemetery turn left onto Spring Gully Road (sign posted to Sutton Grange).
- Travel on this Spring Gully Road (turns into Sedgwick Road) for approximately 2km
- (turns in to Sedgwick Rd) past the Spring Gully shop on right 2km, Bendigo Retirement Village on your left, Koolamurt on your right.

From Melbourne:

Travel on Calder Hwy all the way into Bendigo CBD. Undoubtable, your navigation device will have alternate routes to the above, please use your own discretion as to what path you follow.

[Click link for google link to Koolamurt](#)