

# ADD0

ALL DAY DEVOPS

NOVEMBER 6, 2019

Kaslin Fields

## *Geek's Guide to DevOps Cultural Transformations*



# Kaslin Fields

- Cloud Advocate at Oracle
- CNCF Ambassador
- Cloud Native, DevOps, Kubernetes
- Tech Comic Creator
  - <https://kaslin.rocks>
- Customer Meetings

 kaslinfields





# How can I help customers going through “DevOps Transformations”?

- What questions do they have?
- What roles are involved?
- What tools do they need?
- Who’s asking?



# Solving Problems



# Breaking it Down

- Chronological – what is the timeline of a DevOps transformation?
- By Skill – what are the skills an individual needs to be successful on this journey?
- By Role – what are the unique challenges an individual faces in a DevOps transformation based on their role in the organization?



# How do DevOps Transformations Happen?



# How do Enterprises transform?

- Slowly
- In fits and starts
- Unevenly



# DevOps *CULTURAL* Transformation





# The Tools for the Job – Psychology and Neuroscience.

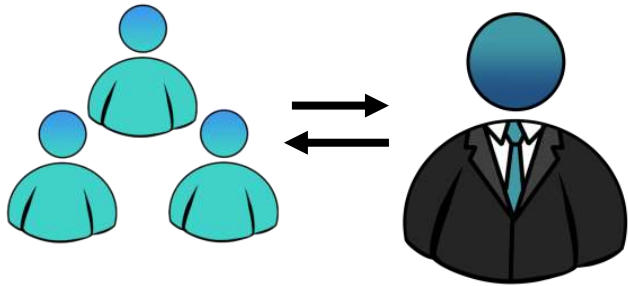
- **Psychology** – “scientific discipline that studies mental states and processes and behaviour in humans and other animals.” (Encyclopedia Britannica)
- **Neuroscience** – “any or all of the sciences, such as neurochemistry and experimental psychology, deal with the structure or function of the nervous system and brain.”

<https://www.britannica.com/science/psychology>

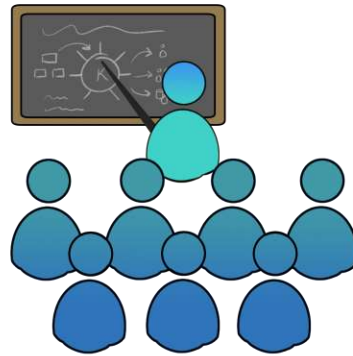
<https://www.lexico.com/en/definition/neuroscience>



# What Does a DevOps Transformation Look Like? (Simplified)



**Step 1**



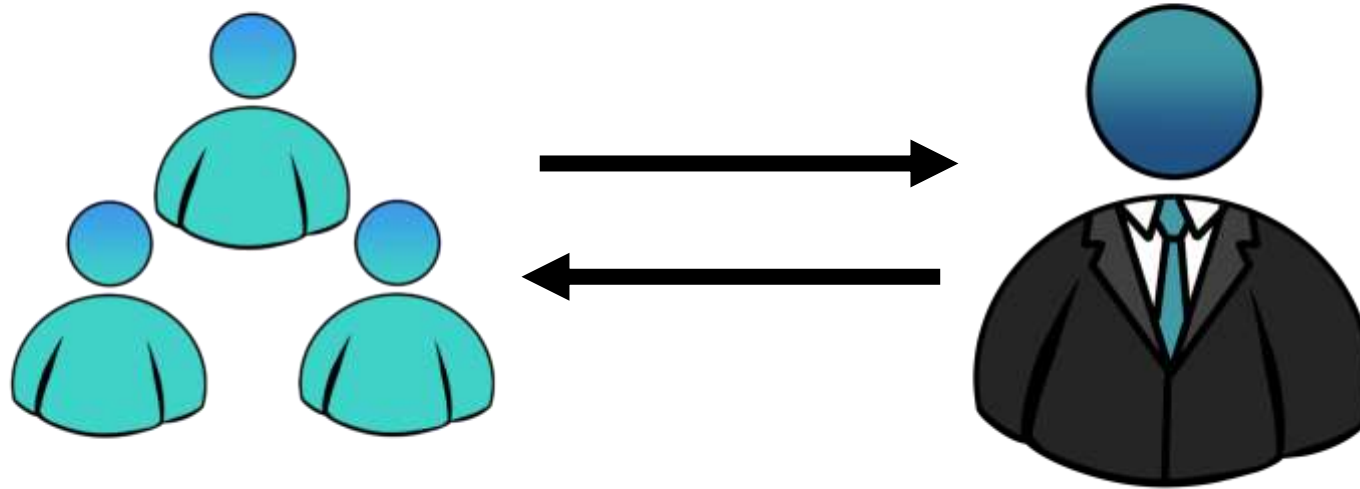
**Step 2**



**Step 3**



# Step 1: The Power of Persuasion

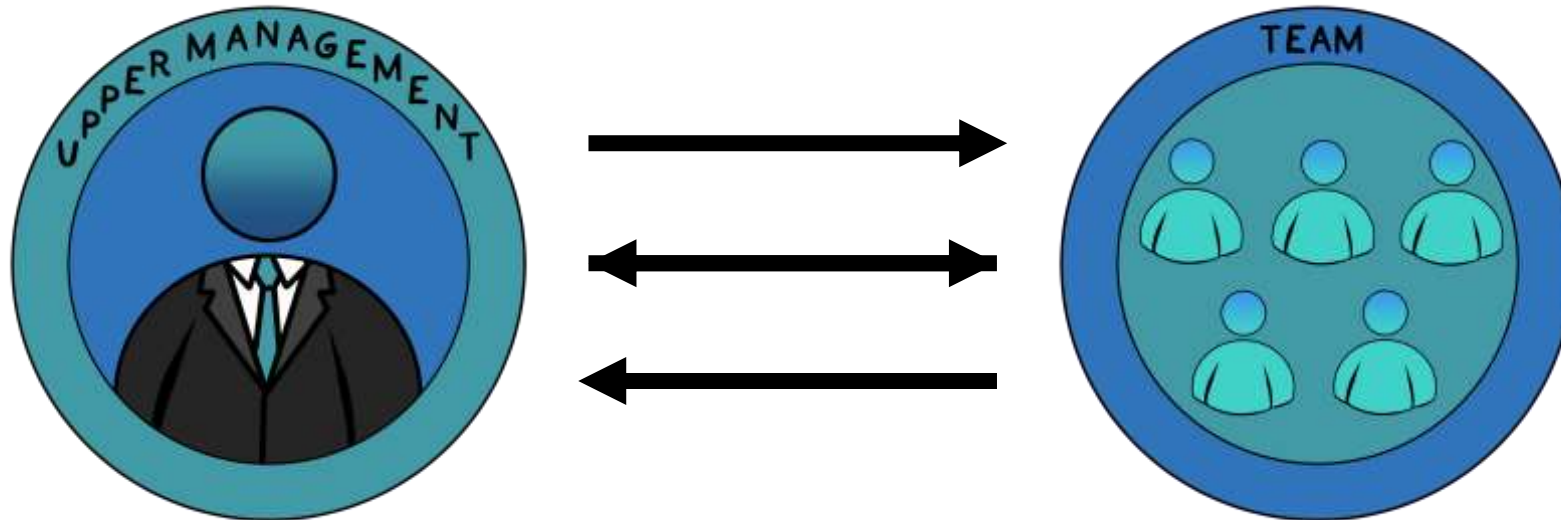


**“How do I convince X that we need to embrace DevOps?”**





# “How do I convince X that we need to embrace DevOps?”



# Persuasion in Psychology

- Persuasion in Psychology
  - Well studied for decades
  - Textbooks, best-selling books, and research papers
  - “Influenced, The Psychology of Persuasion” by Robert Cialdini (1984)



# Persuasion in Neuroscience

- Persuasion in Neuroscience
  - Relatively new
  - Often rather specific
  - “The neuroscience of persuasion: A review with an emphasis on issues and opportunities” –by John T. Cacioppo , Stephanie Cacioppo and Richard E. Petty



# Robert Cialdini's 6 Principles of Persuasion

- **Reciprocity**
- **Scarcity**
- **Authority**
- **Consistency**
- **Liking**
- **Consensus**



# Robert Cialdini's 6 Principles of Persuasion

- **Principle: Authority**
  - “This is the idea that people follow the lead of credible, knowledgeable experts.”
- **Action: Demonstrate Your/Your Group's Authority**
  - Area of Expertise
    - If switching to DevOps affects your area, then you should use authority to describe why that would be a positive change.
  - Prototyping/Demos
    - A picture's worth a thousand words

# Robert Cialdini's 6 Principles of Persuasion

- **Principle: Liking**

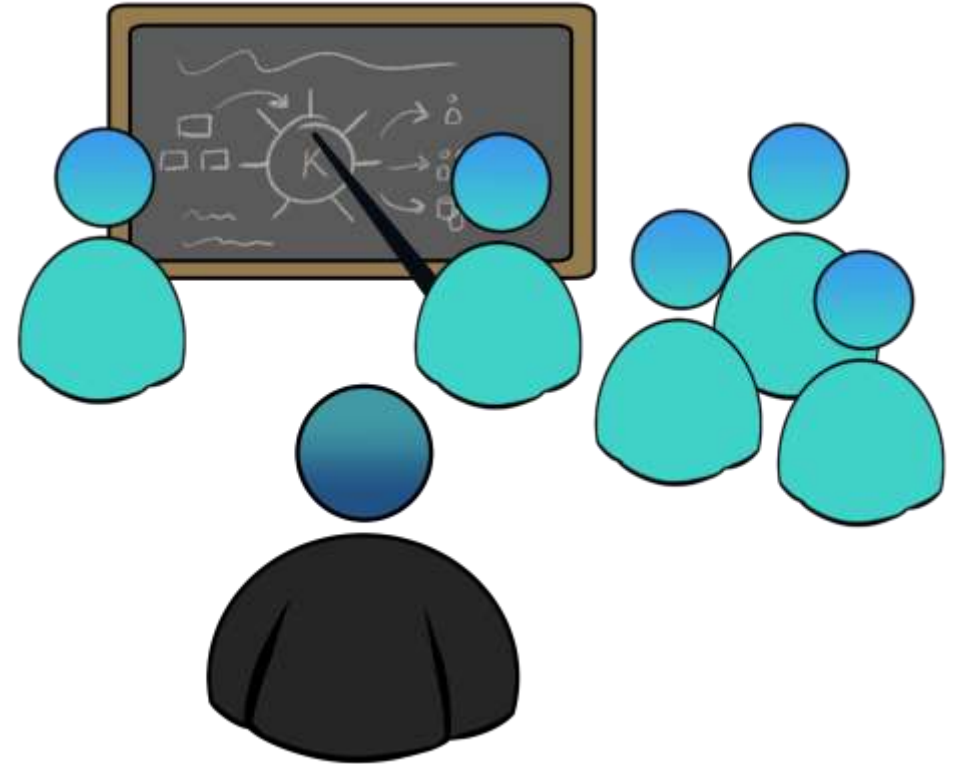
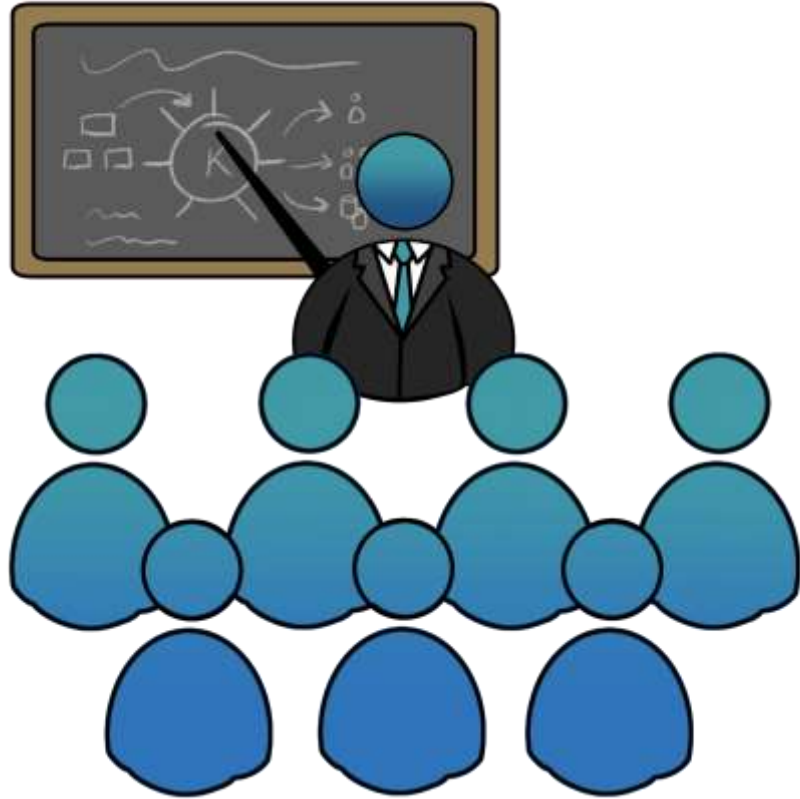
- “People prefer to say yes to those that they like.”
- “We like people who are similar to us, we like people who pay us compliments, and we like people who cooperate with us towards mutual goals.”

- **Action: Teamwork Makes the Dream Work**

- “People who are similar to us” – We all work together at the same company toward the same goals
- Be Complimentary – don't bash old approaches for the heck of it.
- Show how the team will have greater success through DevOps, furthering your mutual goals.

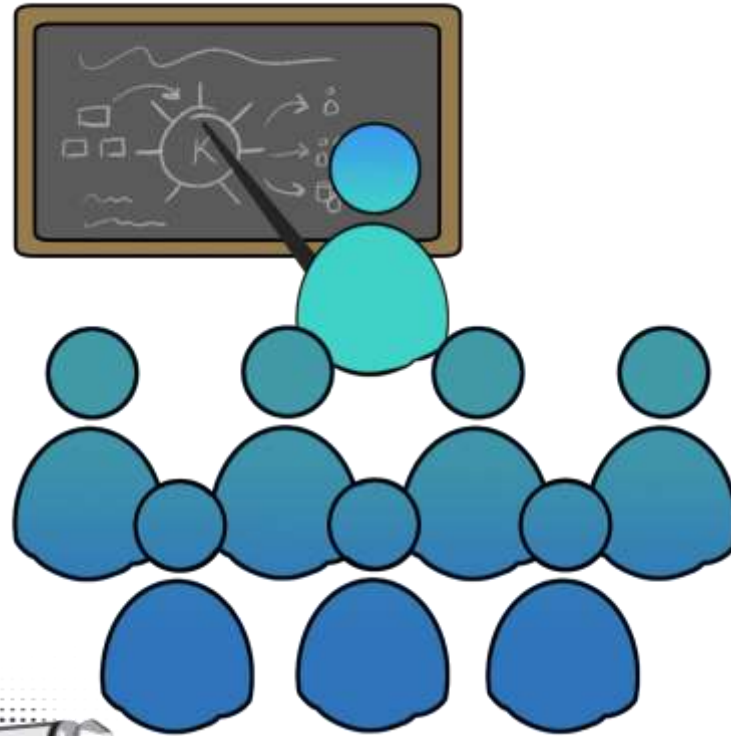
# Robert Cialdini's 6 Principles of Persuasion

- **Principle: Consensus**
  - “Especially when they are uncertain, people will look to actions and behaviors of others to determine their own.”
- **Action: There's Safety [and Power] in Numbers**
  - Trying to convince one powerful exec – or a stubborn team? Try convincing less powerful people or related first, then use those examples to improve your argument



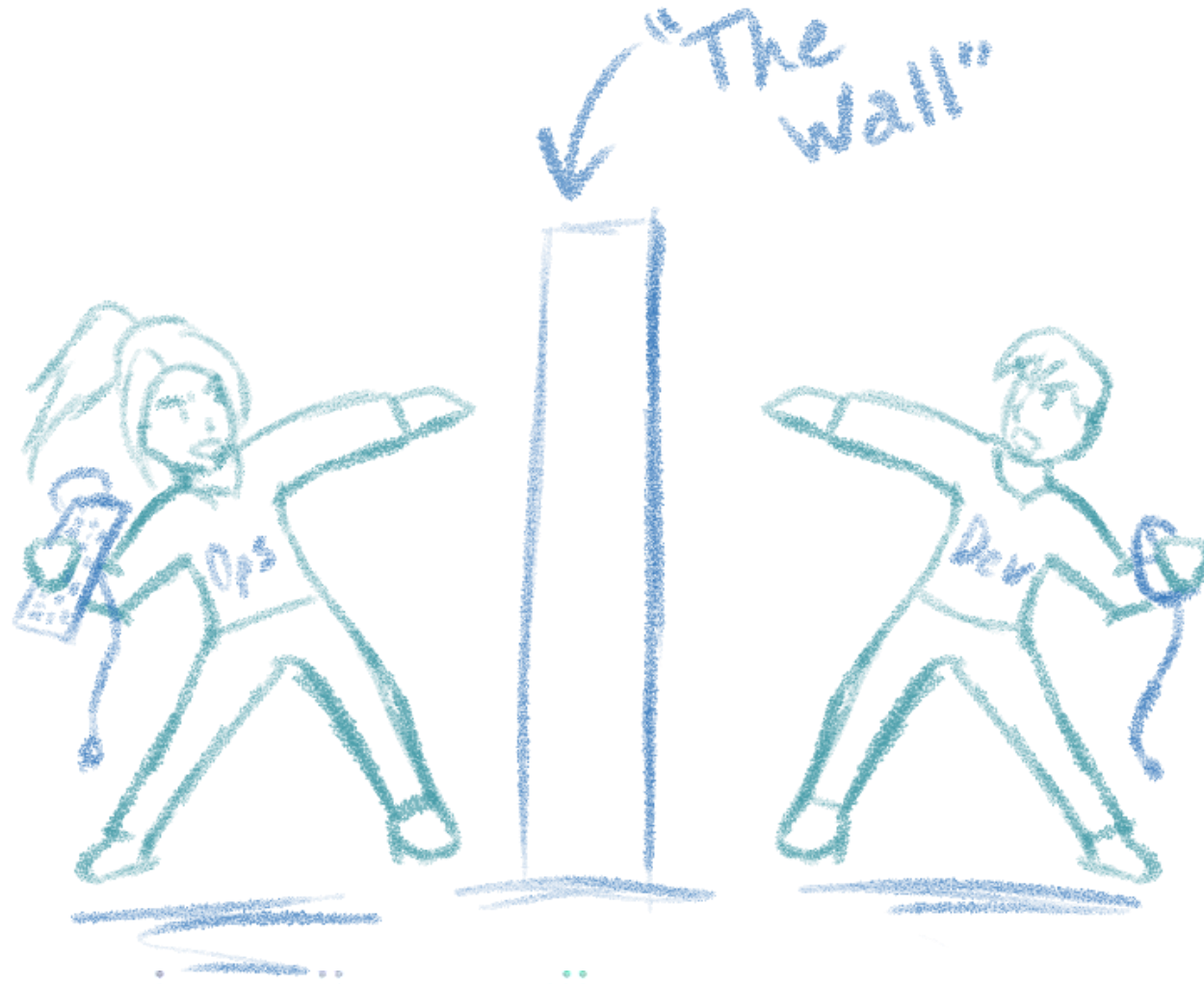


## Step 2: Learning Together



**DevOps**  
**=**  
**Dev + Ops**







Art from:  
“Welcome to the Doggy Daycare: Containers to a System Engineer”  
<http://kaslin.rocks/container-primitives-comic/>



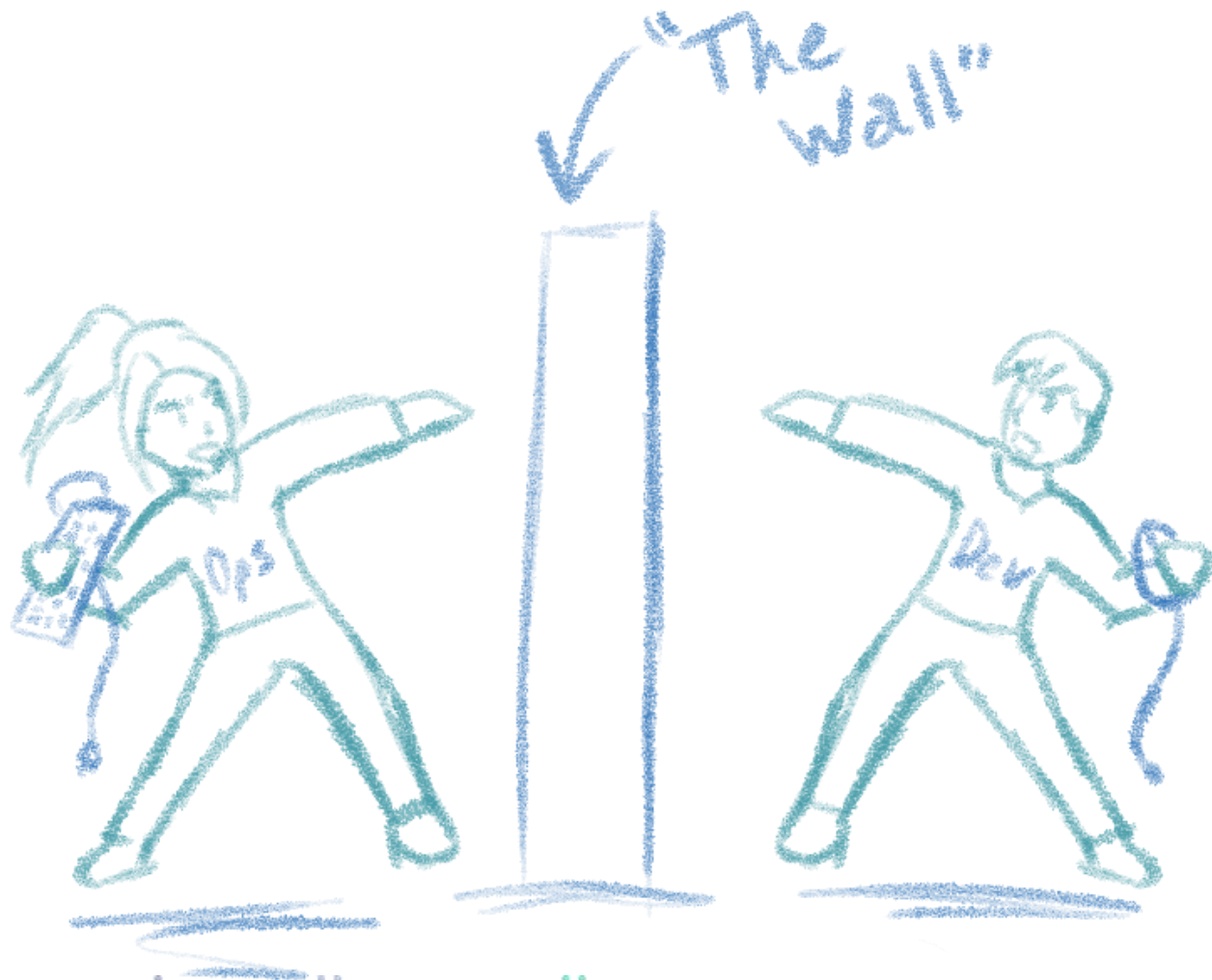
# Why Inspiring Stories Make Us React: The Neuroscience of Narrative

Paul J. Zak, Ph.D

- Team with more than a decade of research on the effect of oxytocin on the human brain
- Oxytocin produces “prosocial” behaviors
- Emotional narratives produce oxytocin

Zak, Paul J. “Why inspiring stories make us react: the neuroscience of narrative.” *Cerebrum : the Dana forum on brain science* vol. 2015 2. 2 Feb. 2015

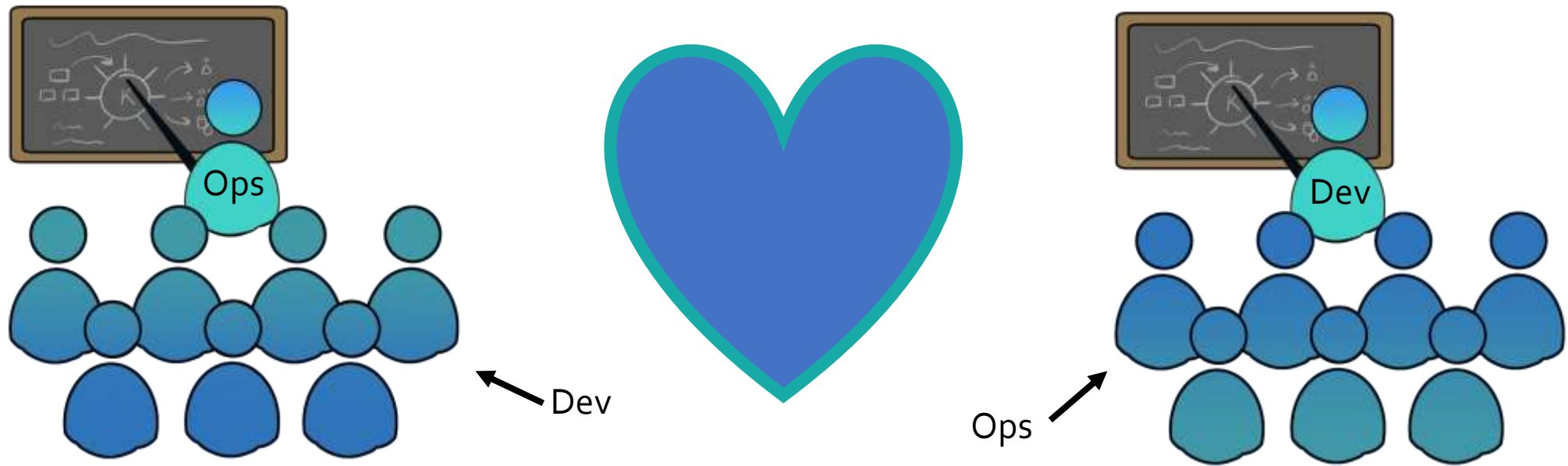




# The Challenge: Avoid Blame

- Putting people on the defensive releases cortisol and adrenaline – fight or flight
- Oxytocin brings people together



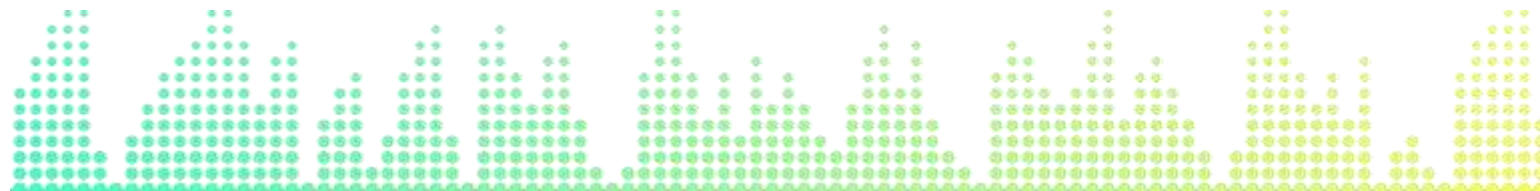




“After years of experiments, I now consider oxytocin the neurologic substrate for the Golden Rule: If you treat me well, in most cases my brain will synthesize oxytocin and this will motivate me to treat you well in return.” – Paul J Zak, Ph.D.

Why Inspiring Stories Make Us React: The Neuroscience of Narrative

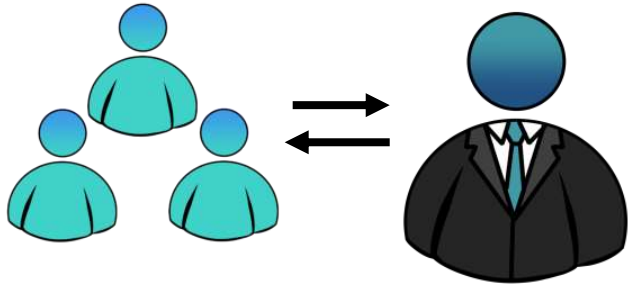
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4445577/>



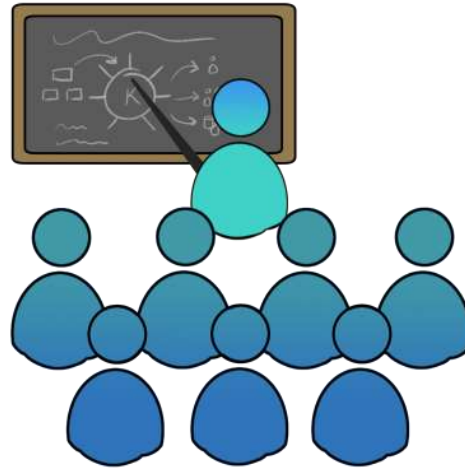
## Step 3: Let's DevOps!



# How to DevOps



**Persuasion**



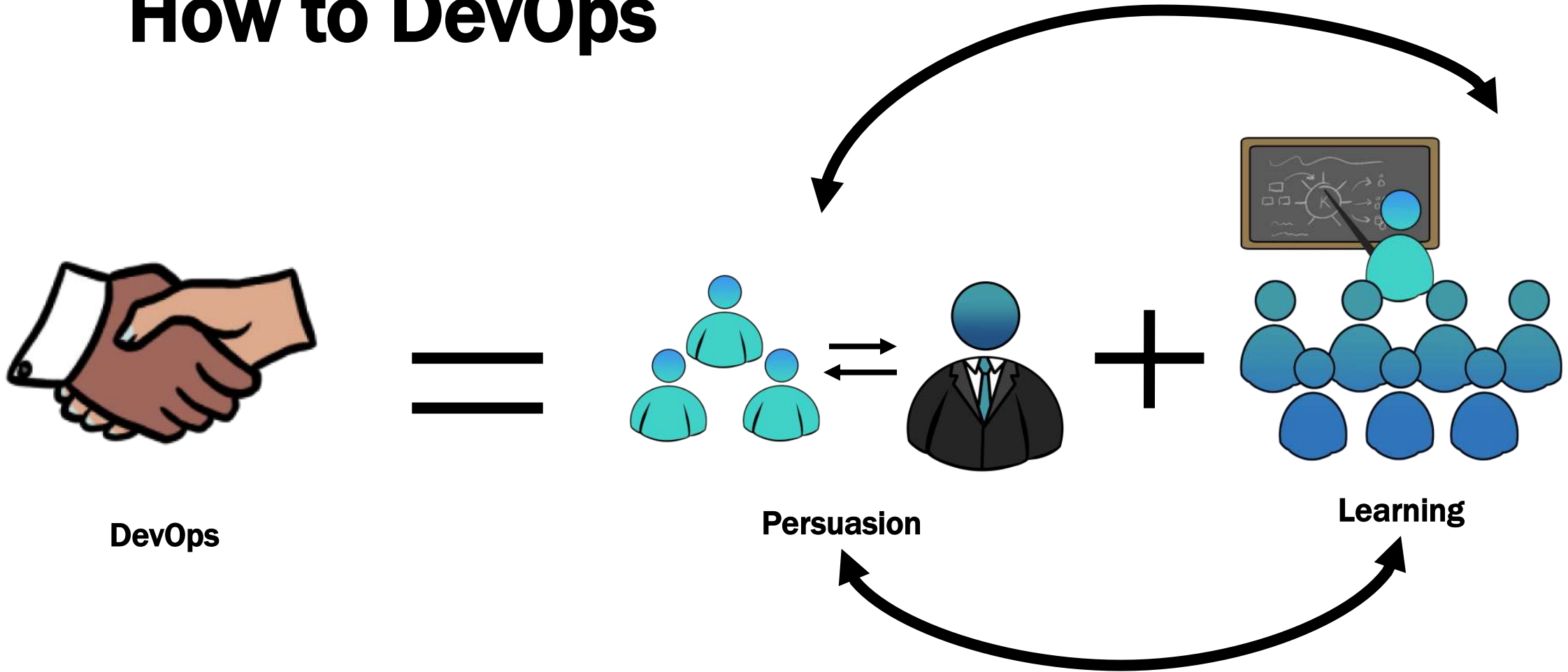
**Learning**



**DevOps**



# How to DevOps





“When you want to motivate, persuade, or be remembered, start with a story of human struggle and eventual triumph. It will capture people’s hearts – by first attracting their brains.” – Paul J Zak, Ph.D.

Why Your Brain Loves Good Storytelling

<https://hbr.org/2014/10/why-your-brain-loves-good-storytelling>

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