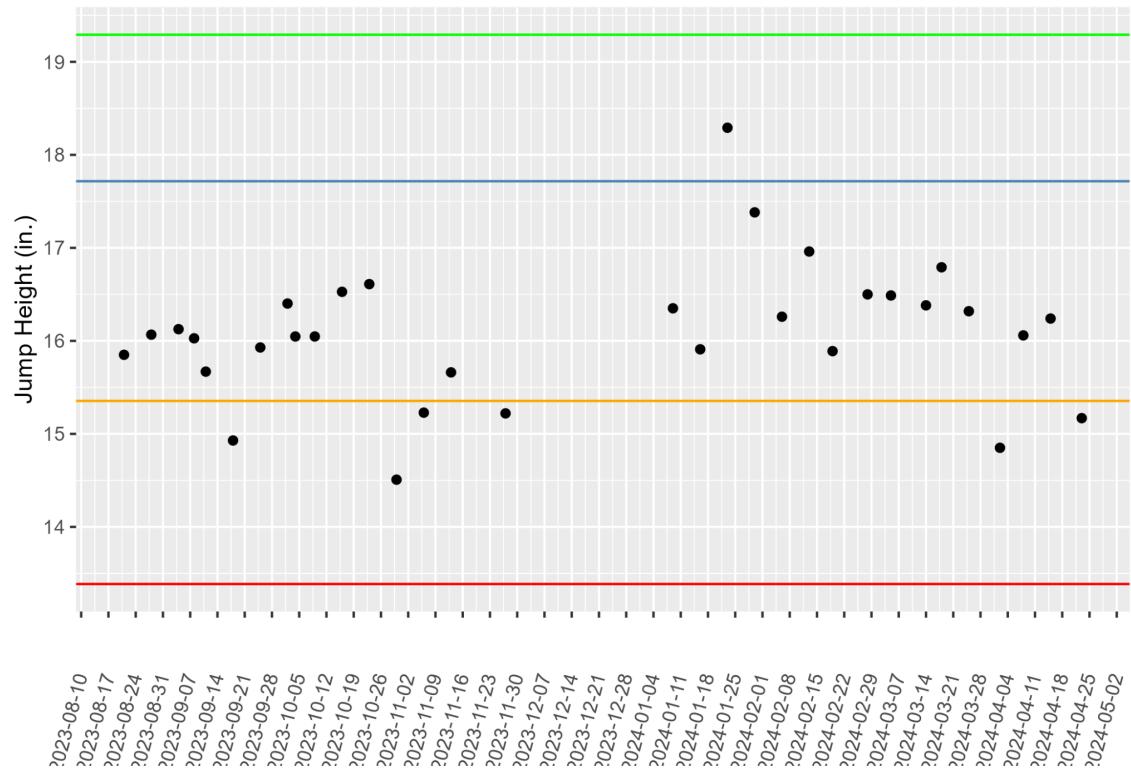
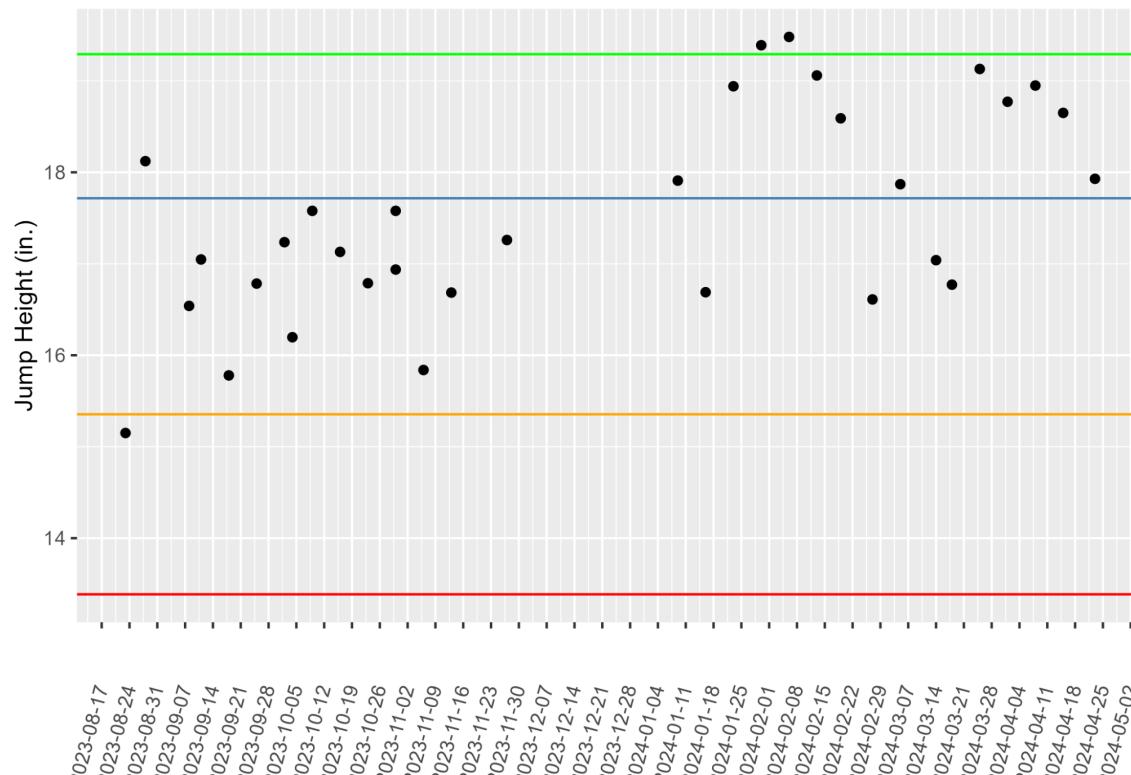


## Jump Height plots:

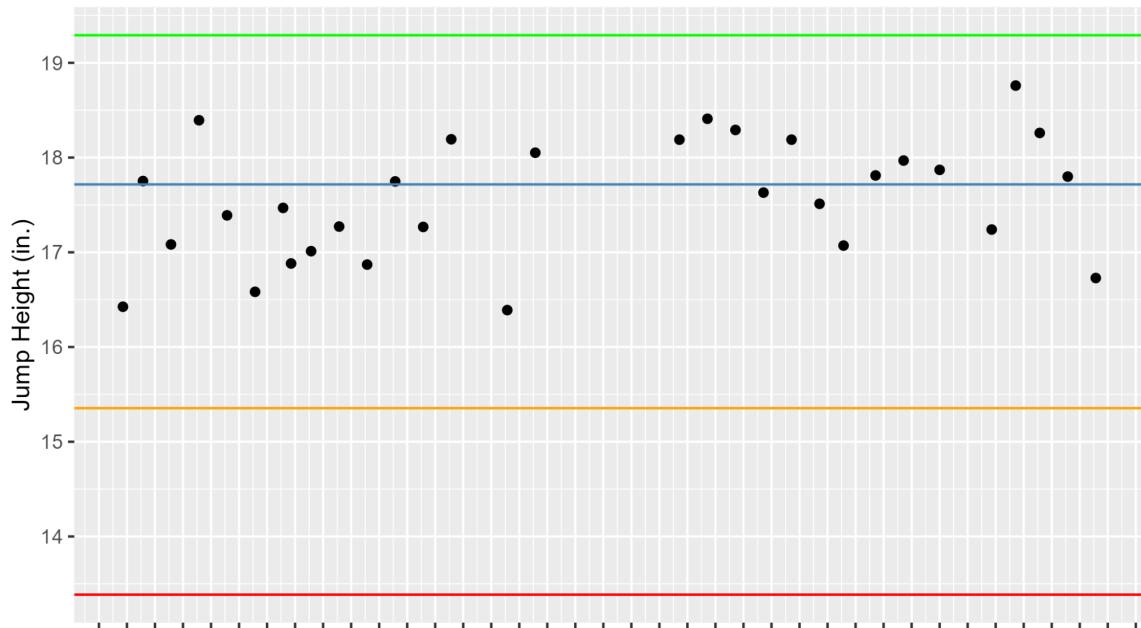
Jump Height Over Time for Jayden Melendez



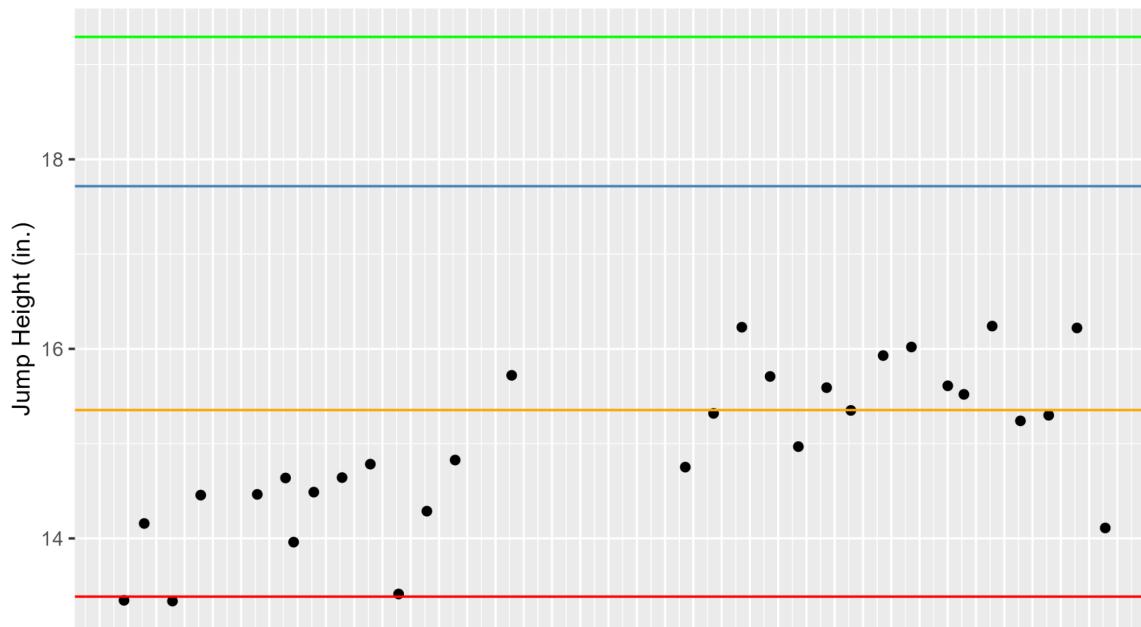
Jump Height Over Time for Josh Spiegel



### Jump Height Over Time for Justin Fogel

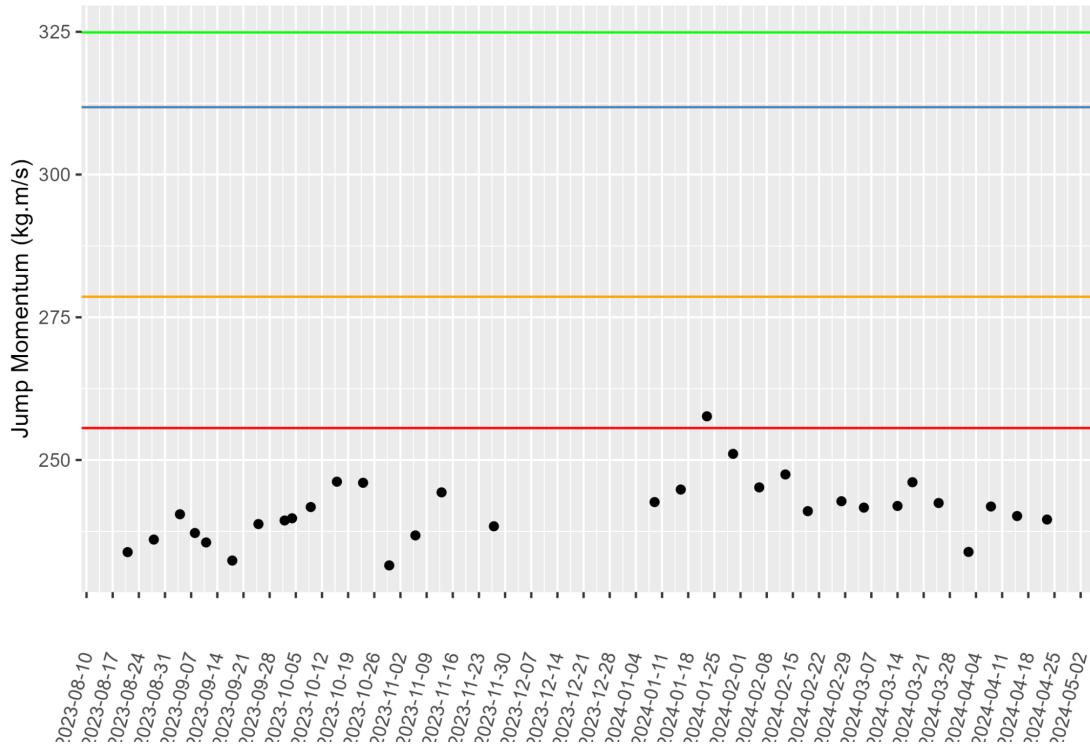


### Jump Height Over Time for Sebastian Pisacreta

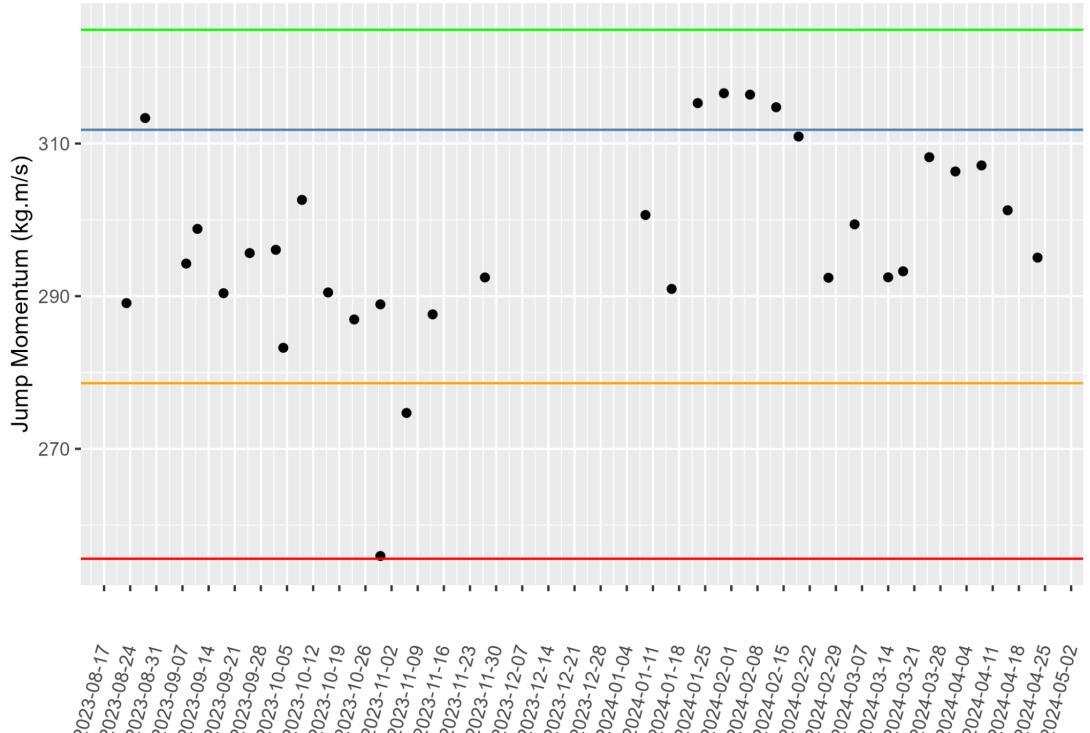


## Jump Momentum plots:

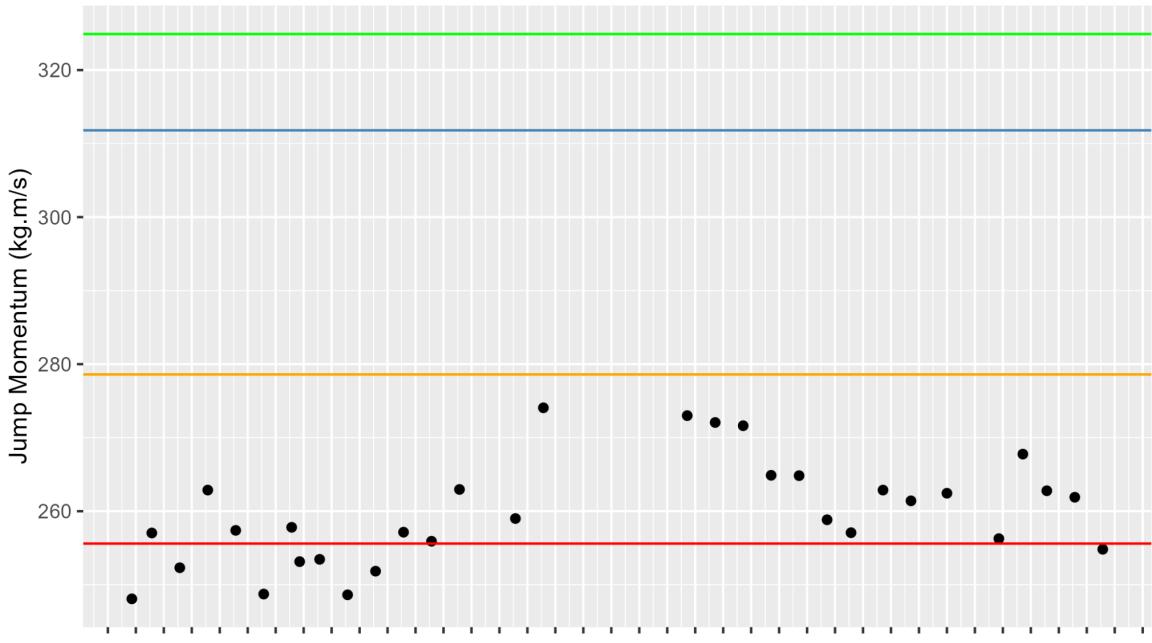
Jump Momentum Over Time for Jayden Melendez



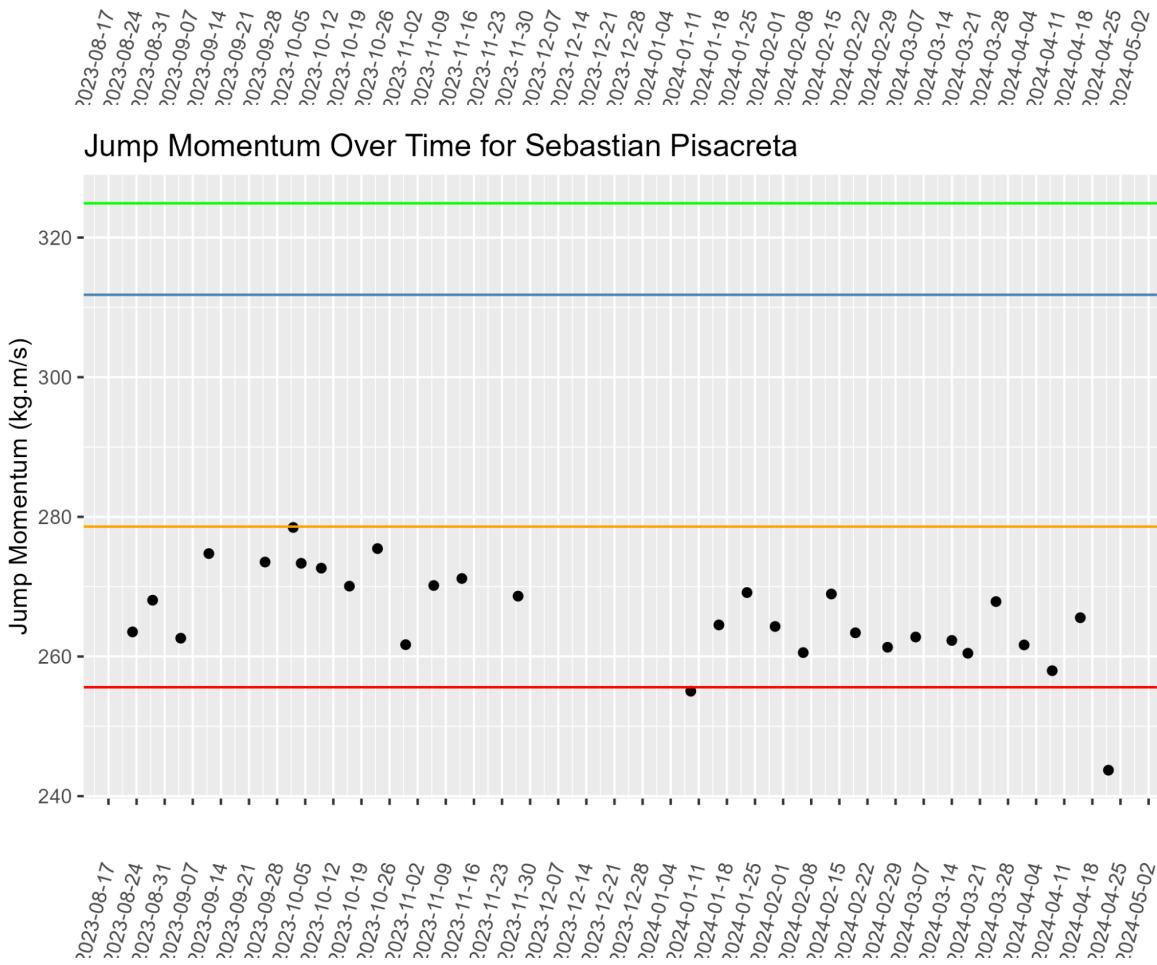
Jump Momentum Over Time for Josh Spiegel



### Jump Momentum Over Time for Justin Fogel

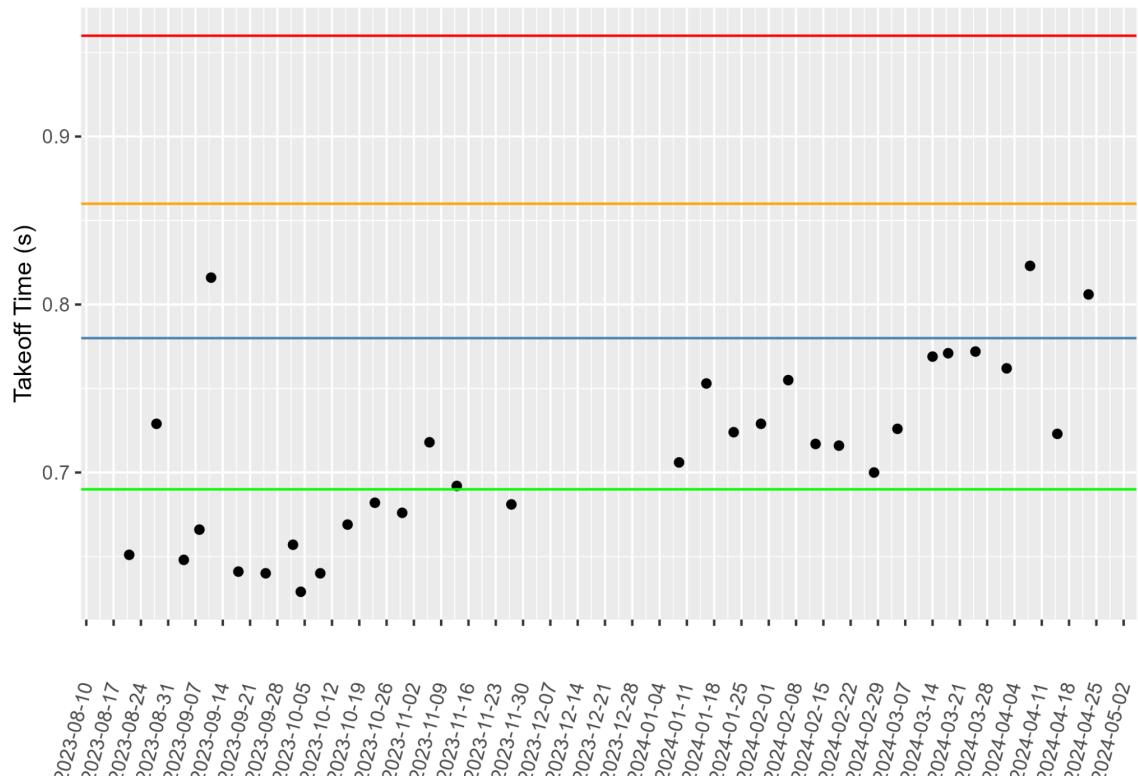


### Jump Momentum Over Time for Sebastian Pisacreta

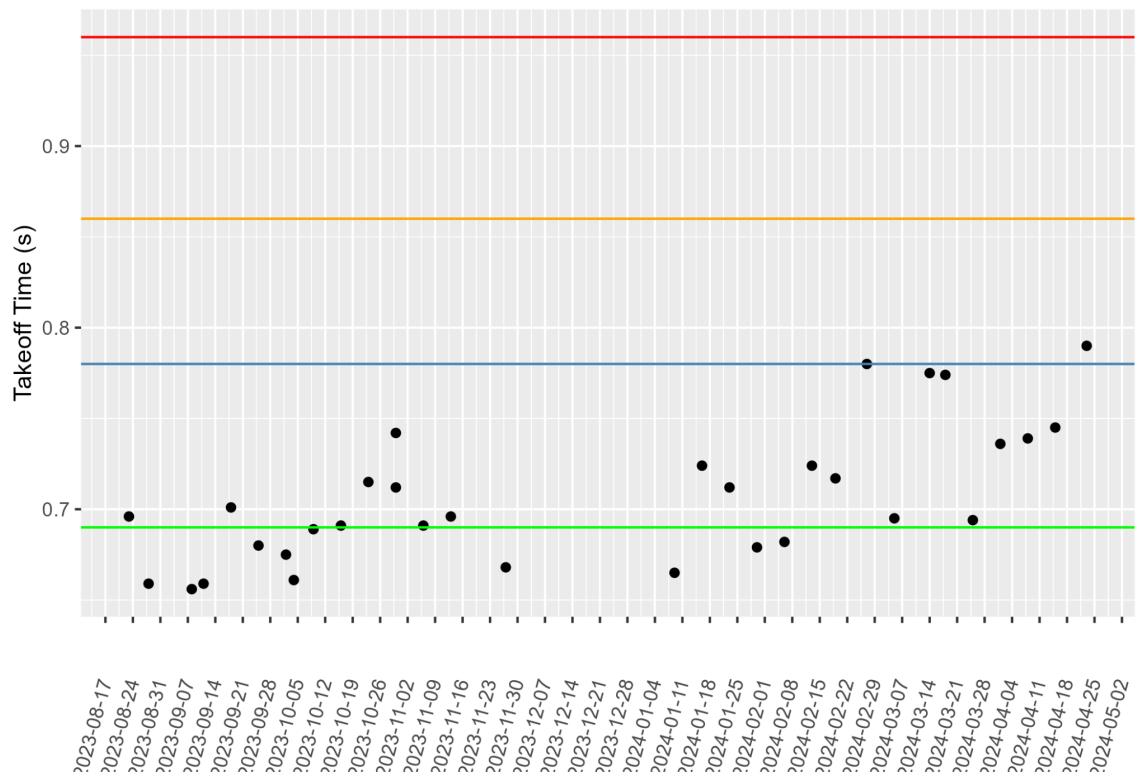


## Time to Takeoff plots:

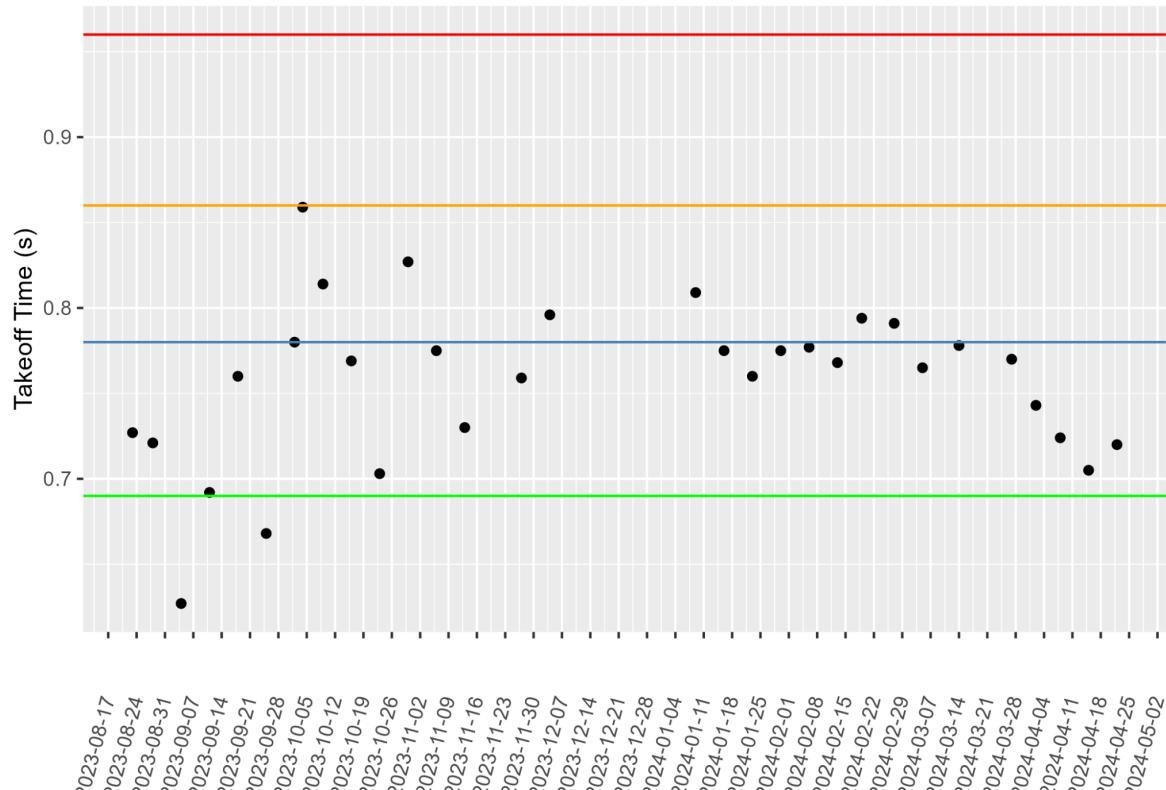
Time to Takeoff Over Time for Jayden Melendez



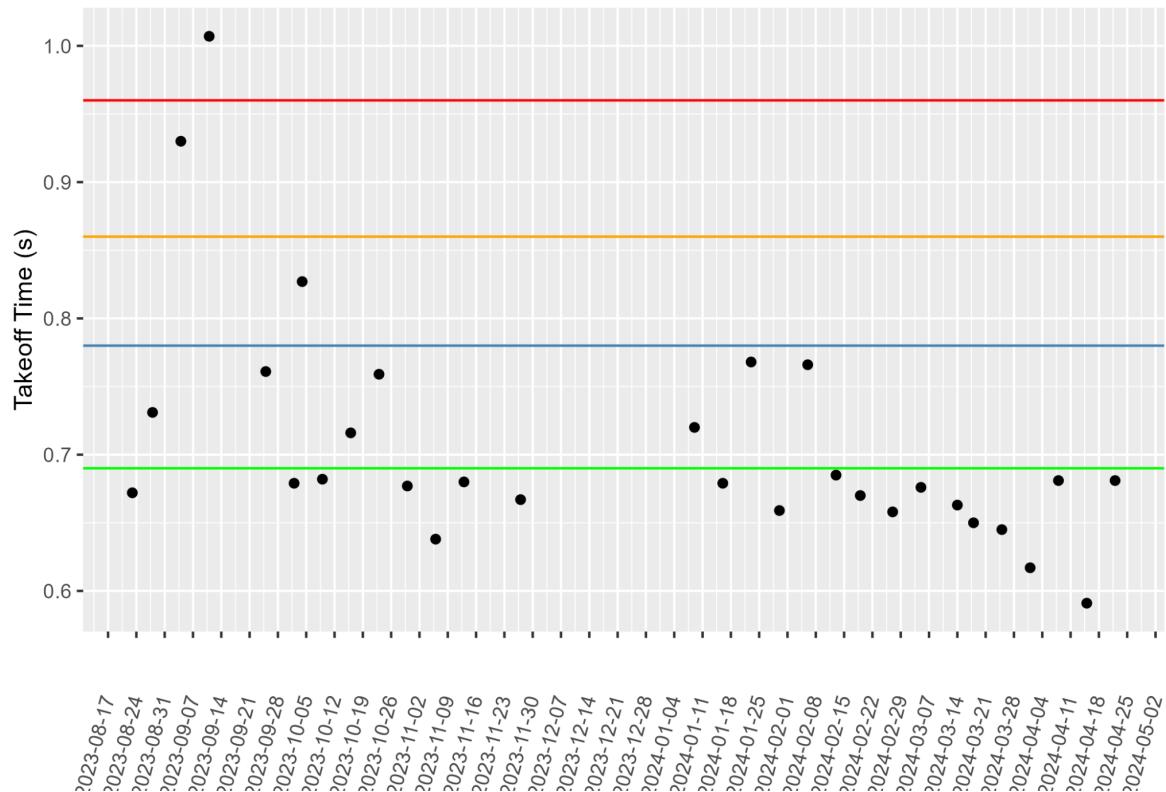
Time to Takeoff Over Time for Josh Spiegel



### Time to Takeoff Over Time for Justin Fogel

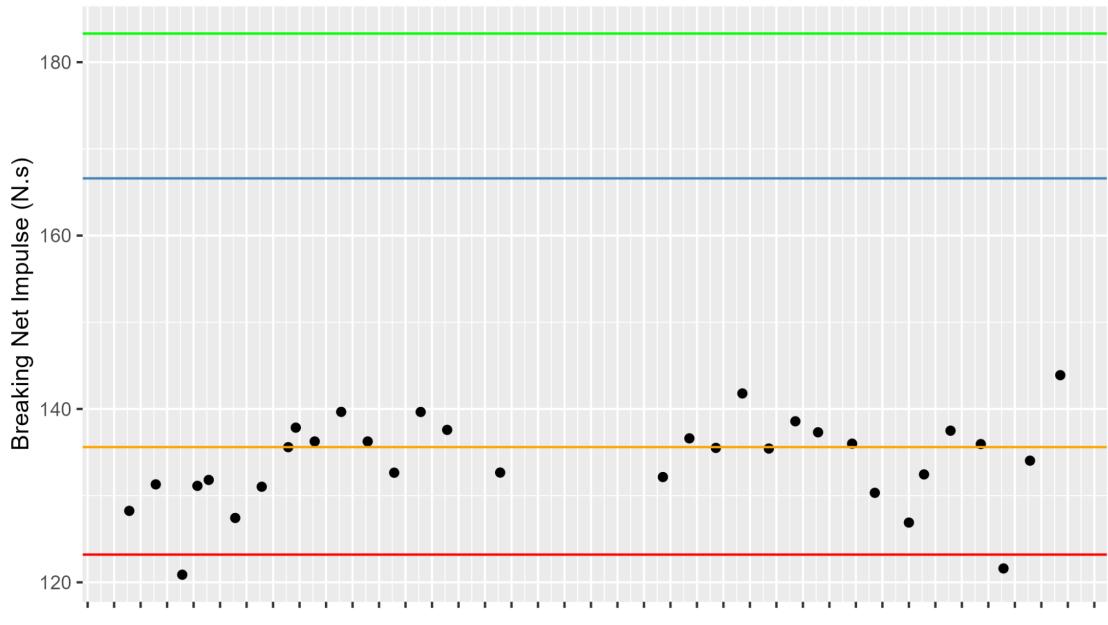


### Time to Takeoff Over Time for Sebastian Pisacreta

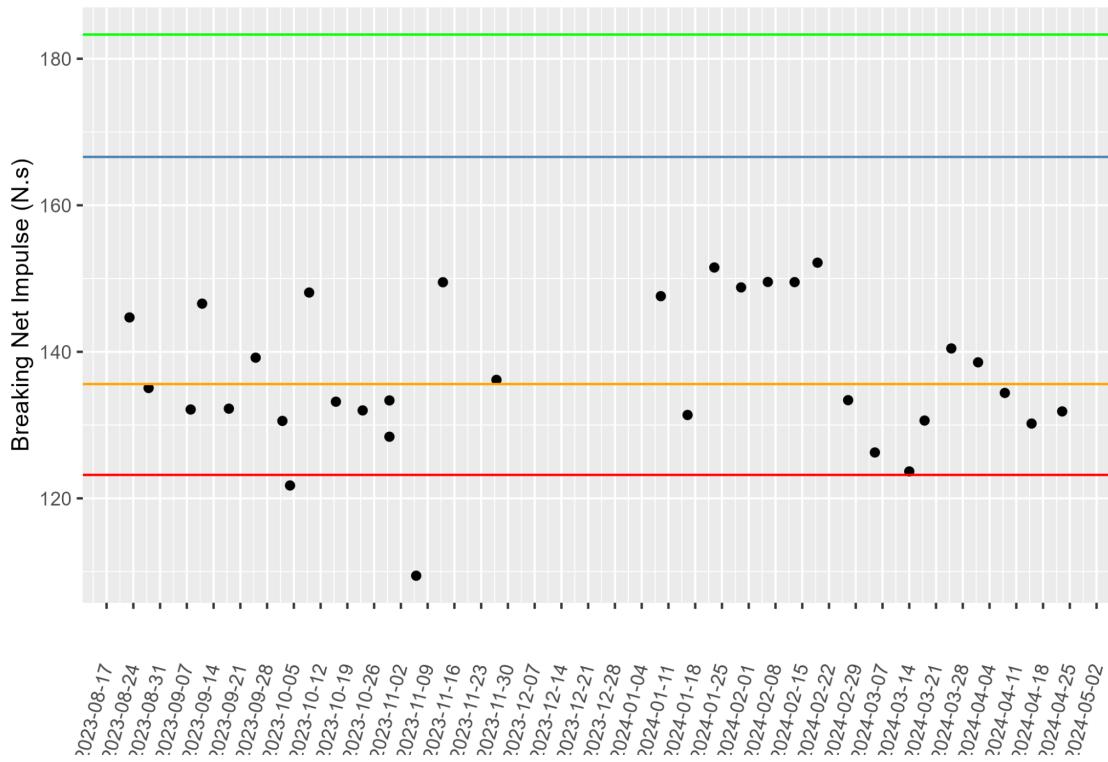


## Breaking Net Impulse plots:

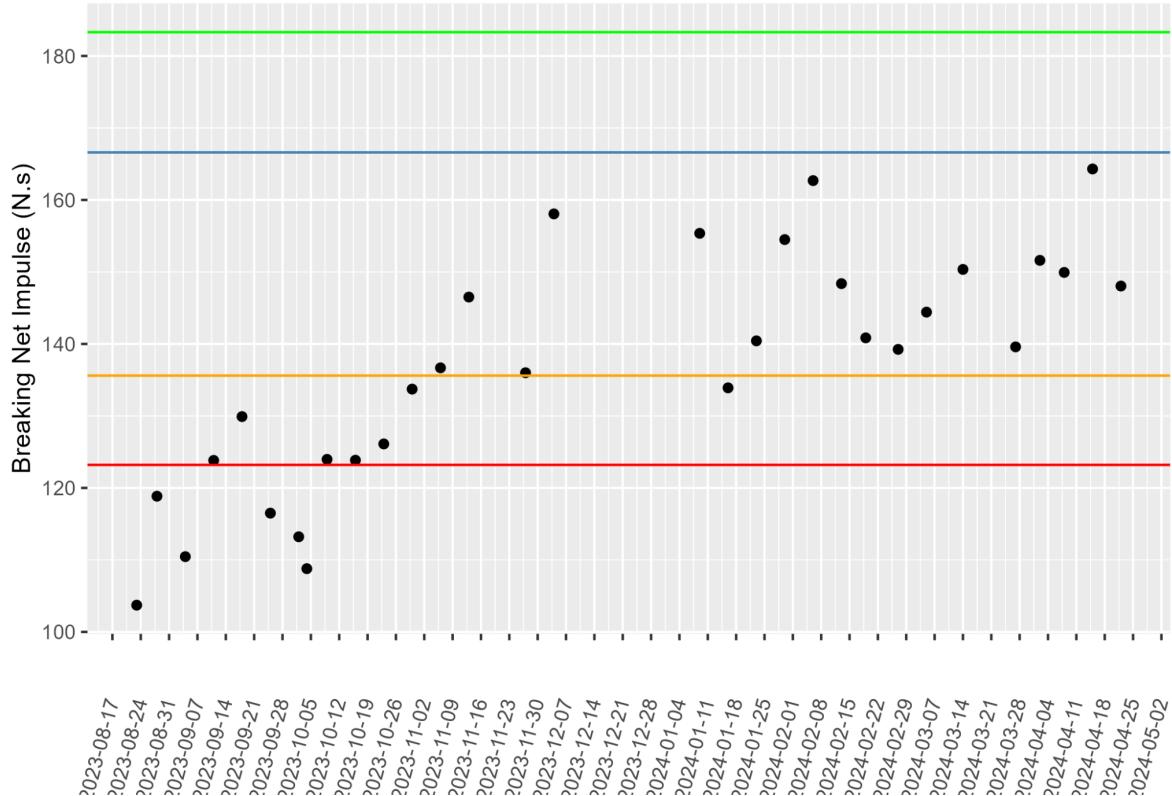
Breaking Net Impulse Over Time for Jayden Melendez



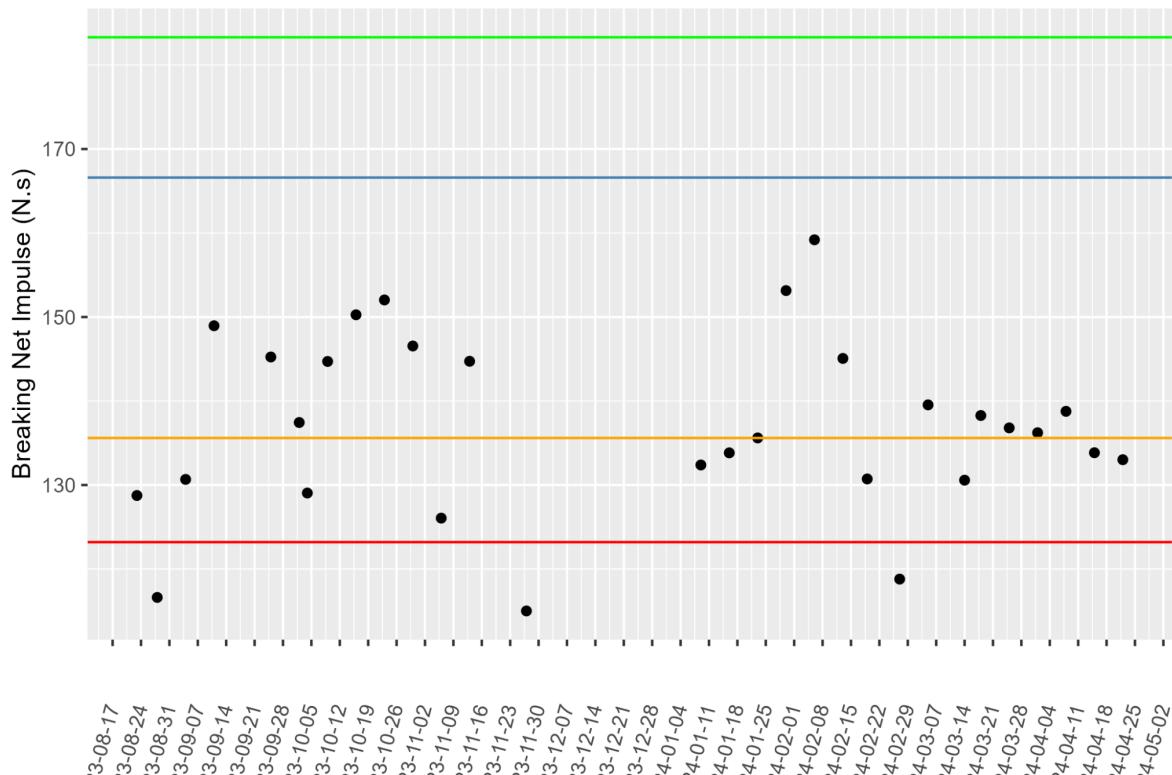
Breaking Net Impulse Over Time for Josh Spiegel



### Breaking Net Impulse Over Time for Justin Fogel

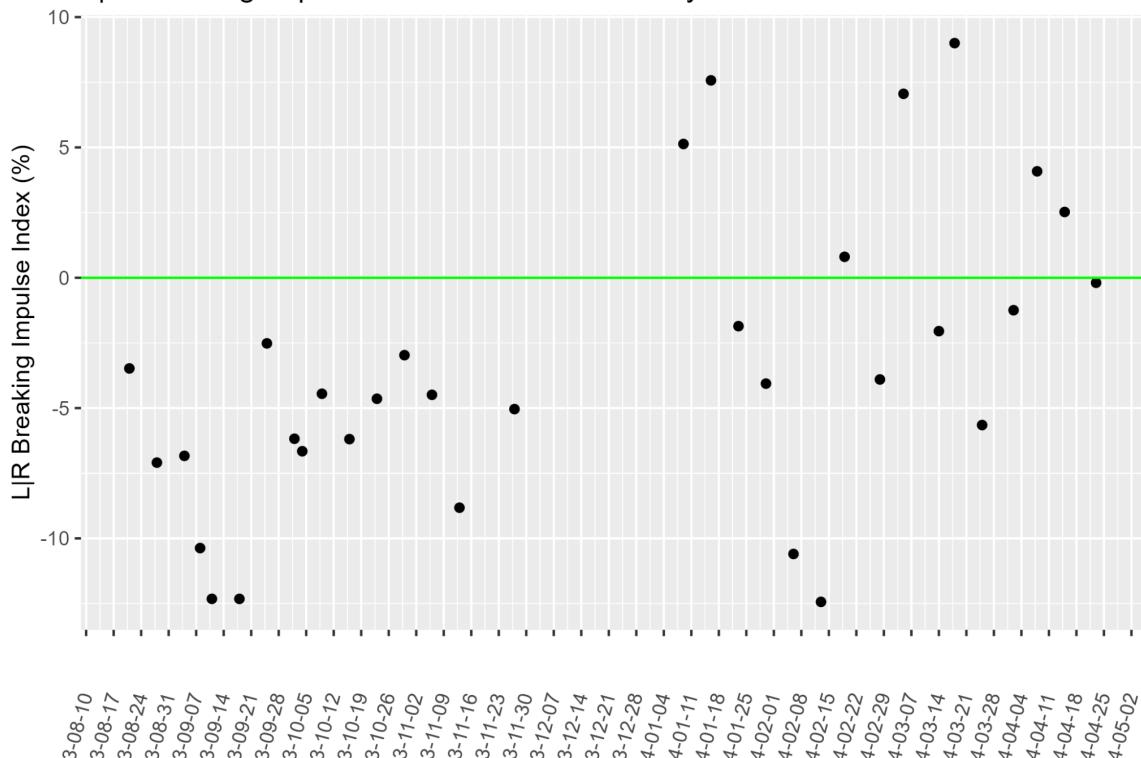


### Breaking Net Impulse Over Time for Sebastian Pisacreta

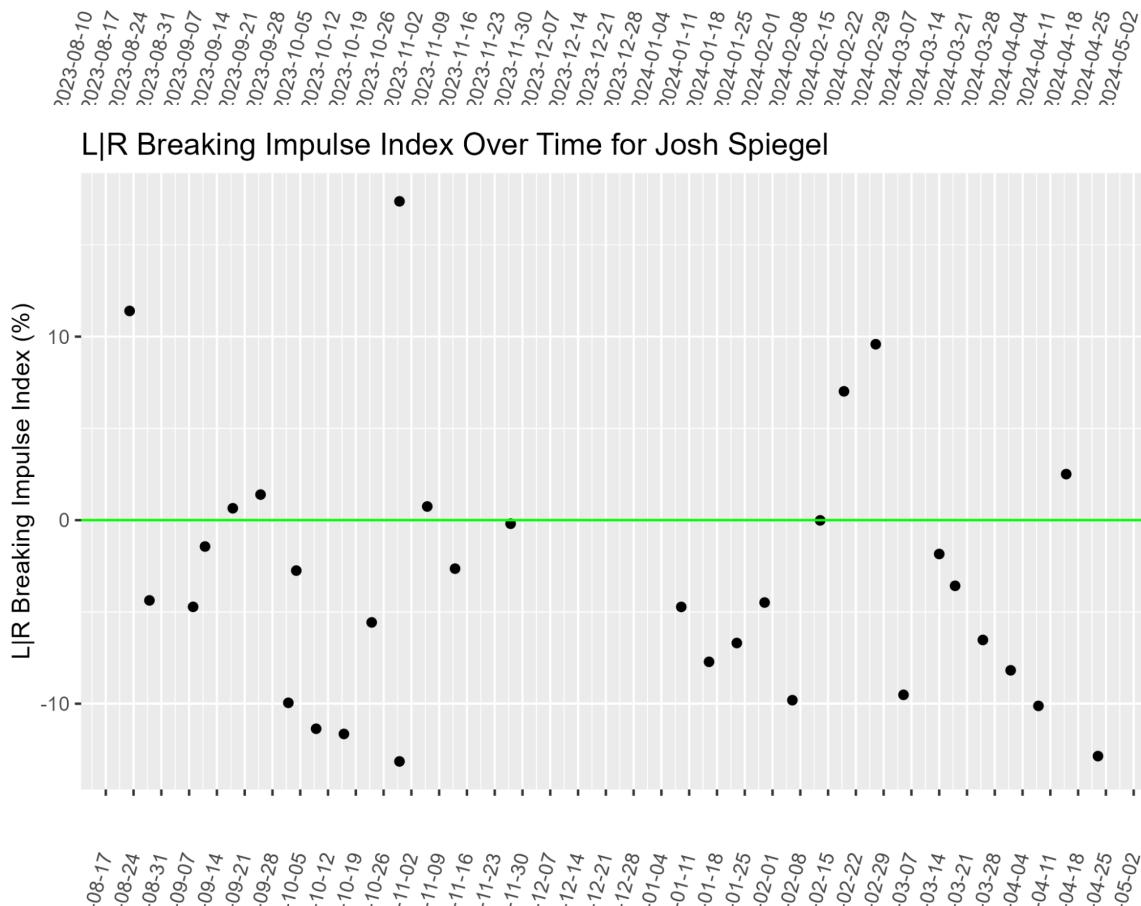


## L|R Breaking Impulse Index plots:

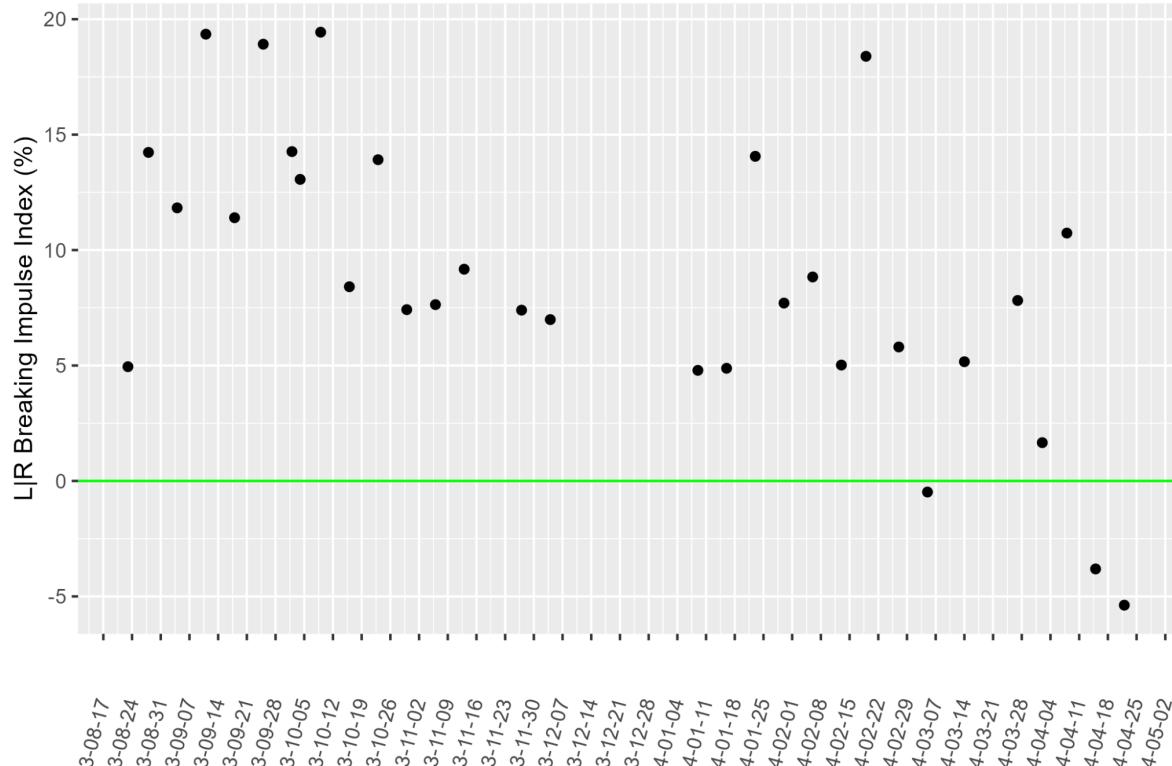
L|R Breaking Impulse Index Over Time for Jayden Melendez



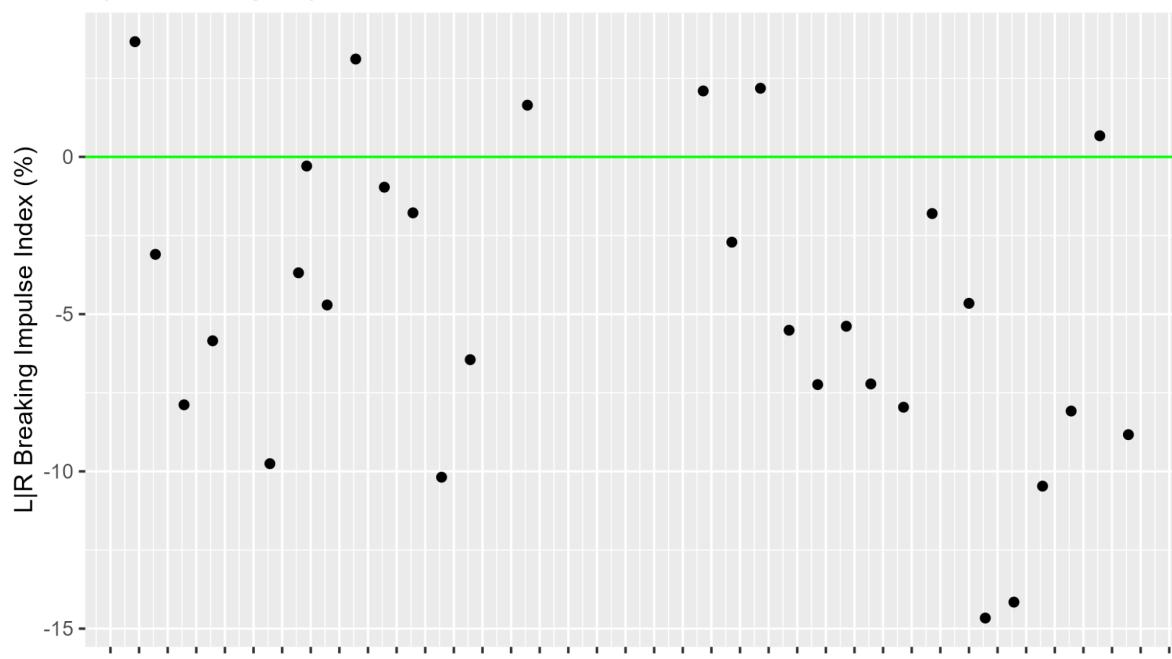
L|R Breaking Impulse Index Over Time for Josh Spiegel



### LJR Breaking Impulse Index Over Time for Justin Fogel



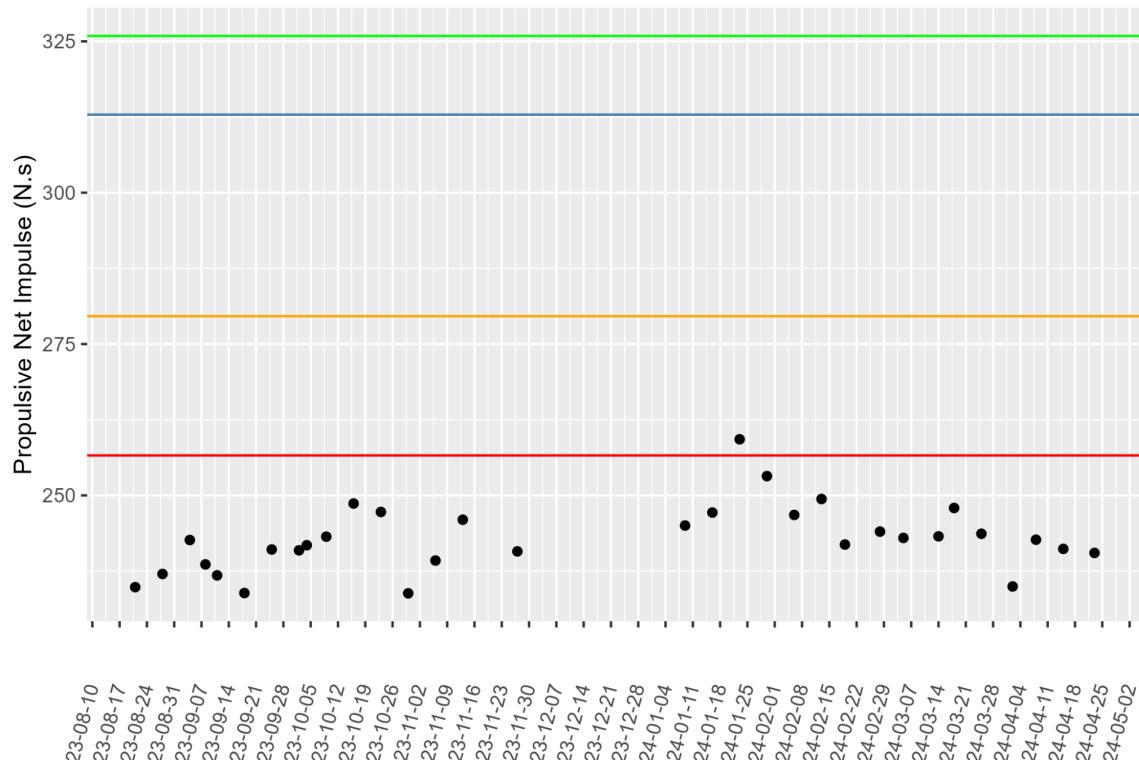
### LJR Breaking Impulse Index Over Time for Sebastian Pisacreta



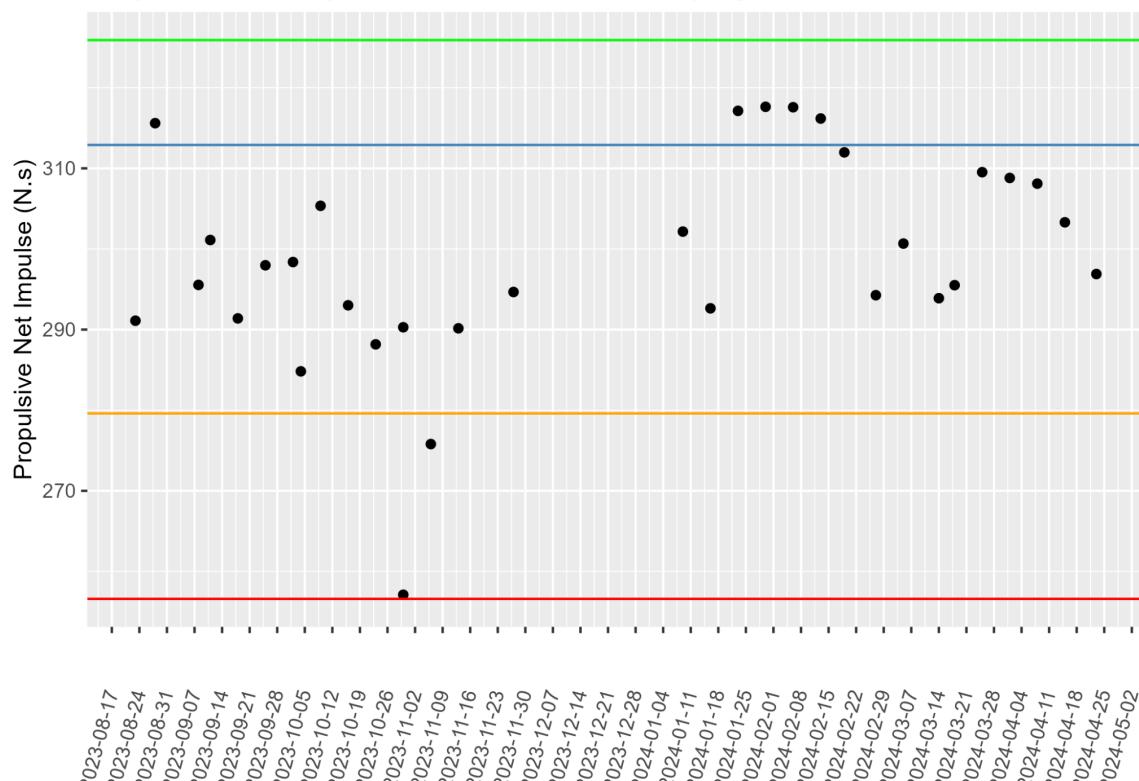
Legend:  
 - LJR Breaking Impulse Index for Justin Fogel (black dots)  
 - LJR Breaking Impulse Index for Sebastian Pisacreta (black dots)

## Propulsive Net Impulse plots:

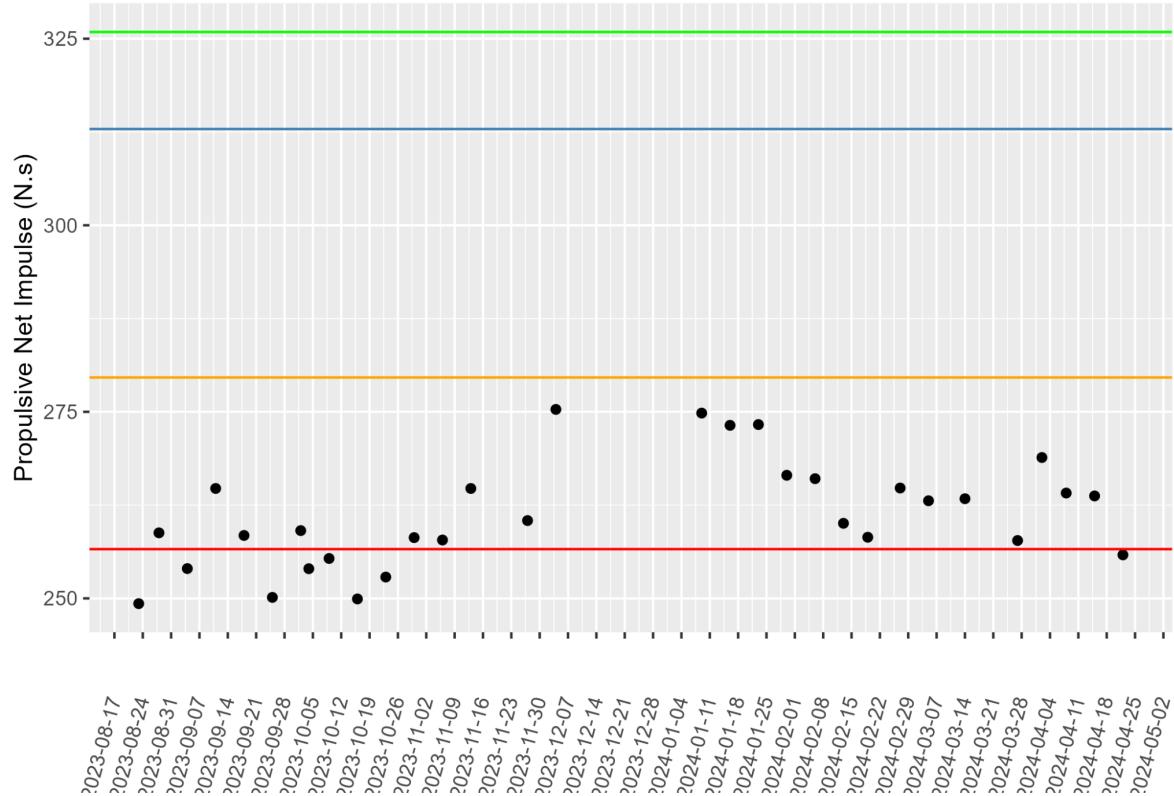
Propulsive Net Impulse Over Time for Jayden Melendez



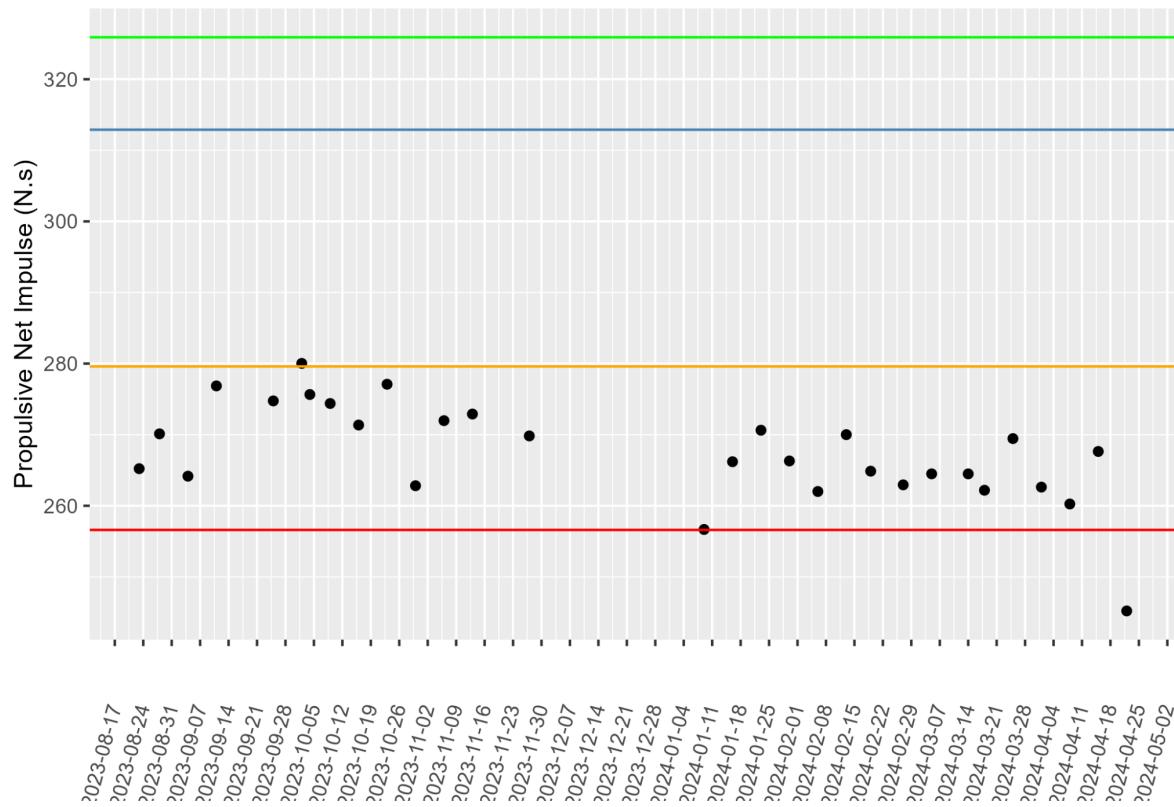
Propulsive Net Impulse Over Time for Josh Spiegel



### Propulsive Net Impulse Over Time for Justin Fogel

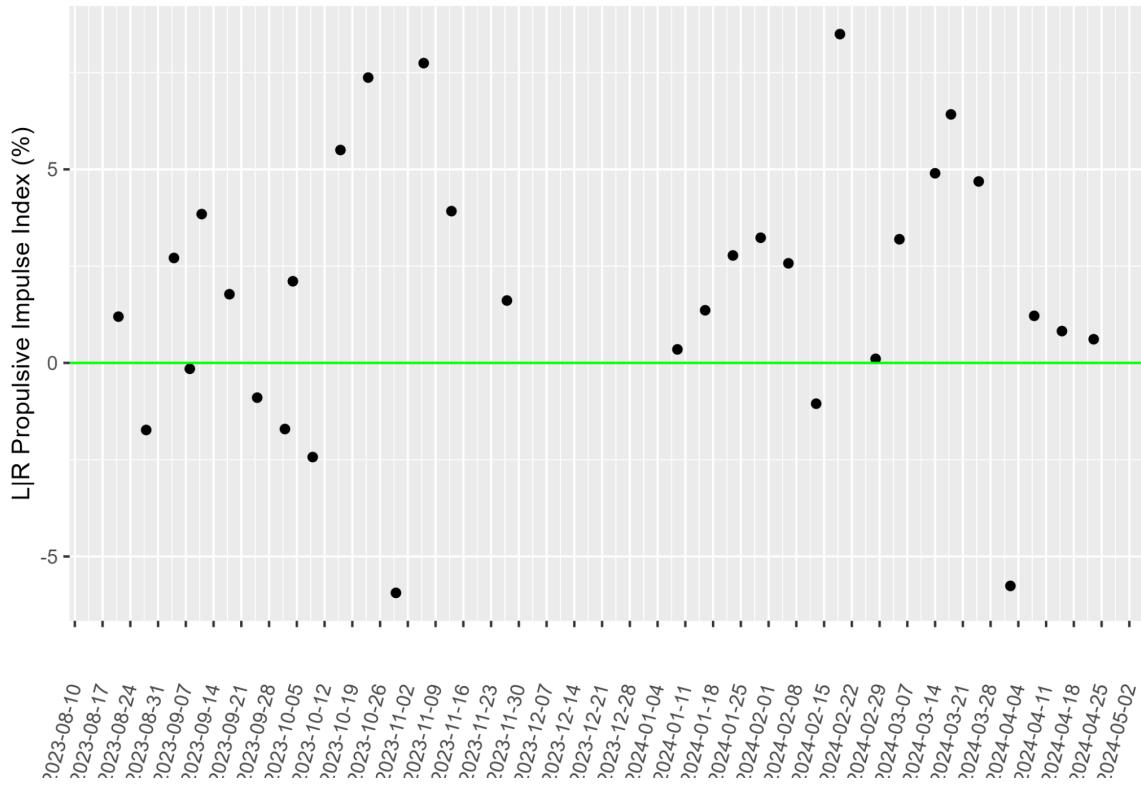


### Propulsive Net Impulse Over Time for Sebastian Pisacreta

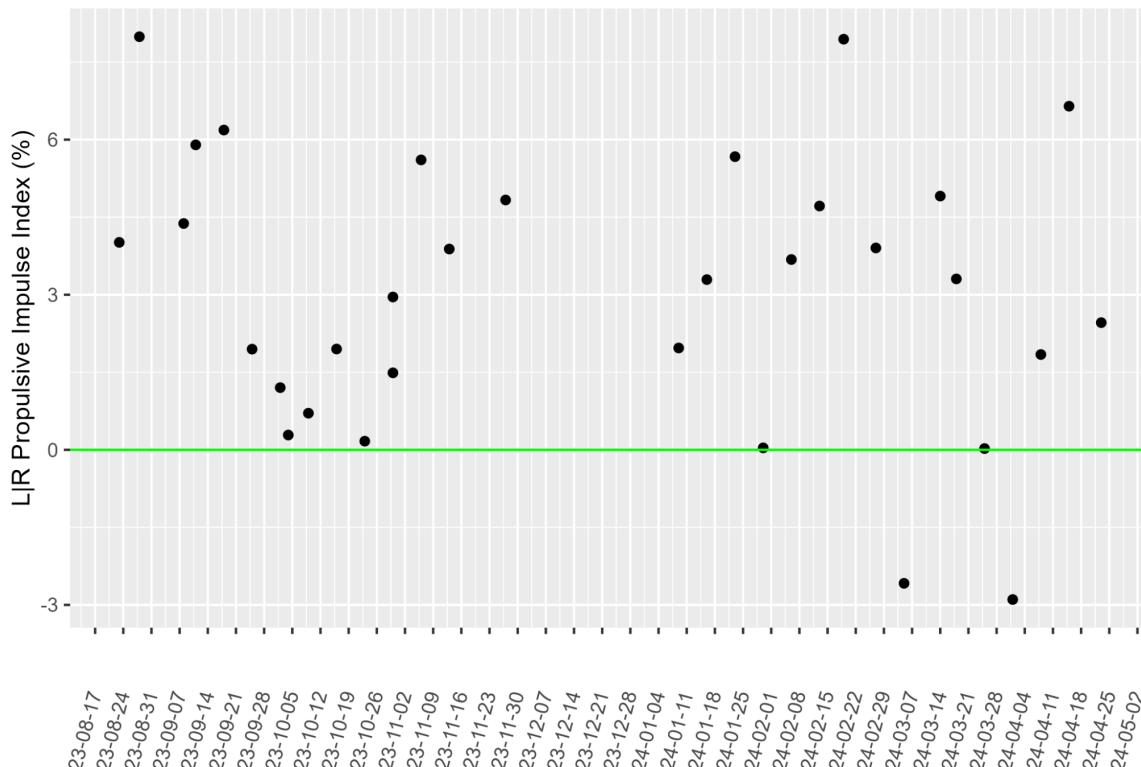


## L|R Propulsive Impulse Index plots:

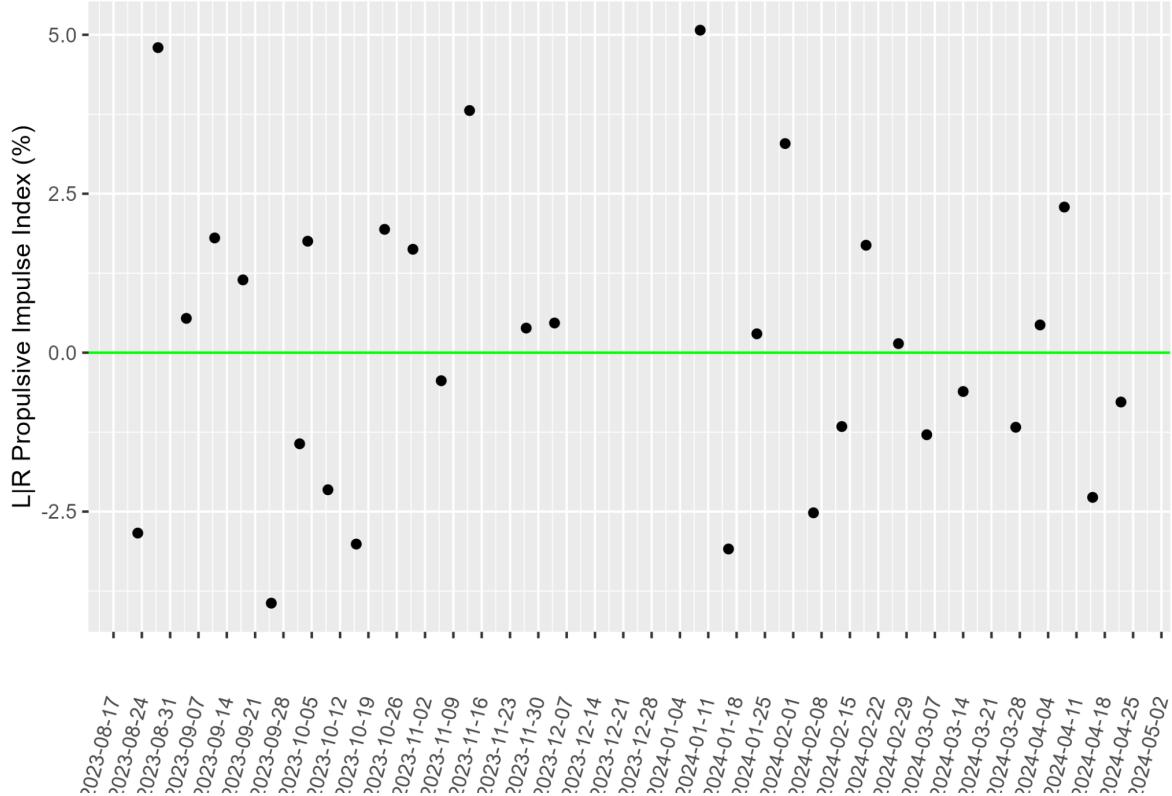
L|R Propulsive Impulse Index Over Time for Jayden Melendez



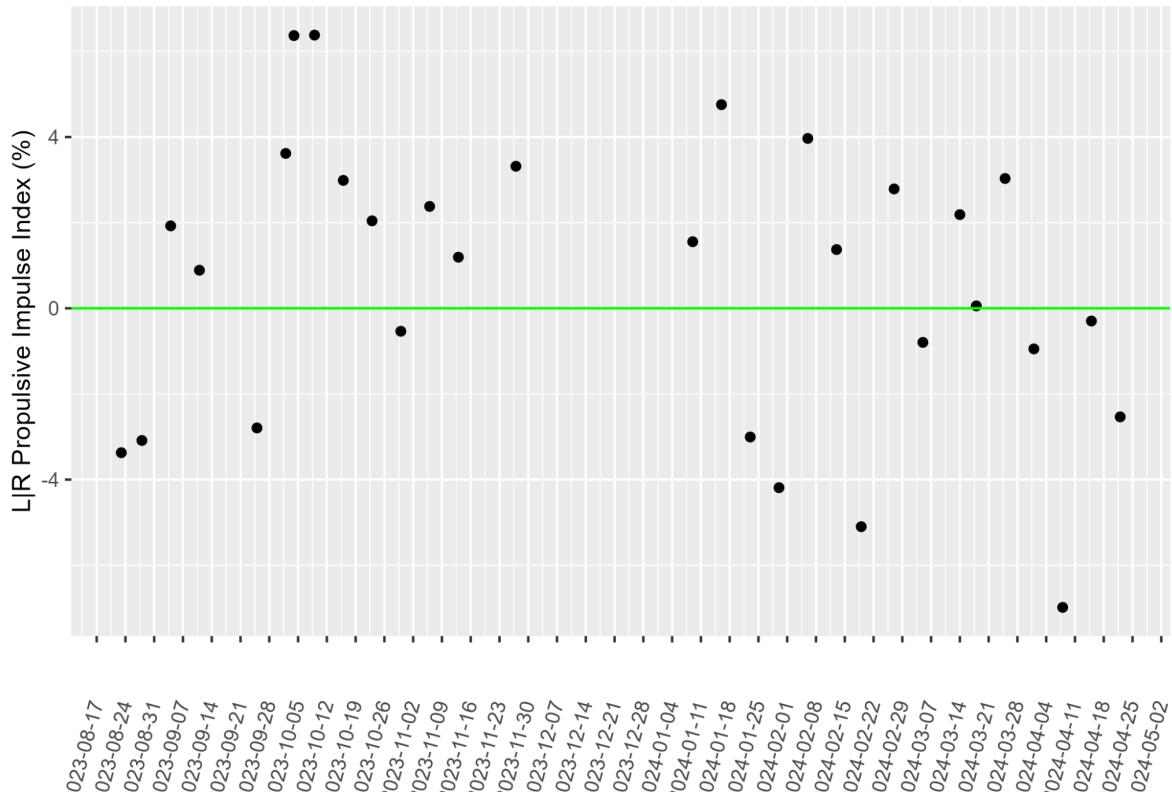
L|R Propulsive Impulse Index Over Time for Josh Spiegel



### L|R Propulsive Impulse Index Over Time for Justin Fogel

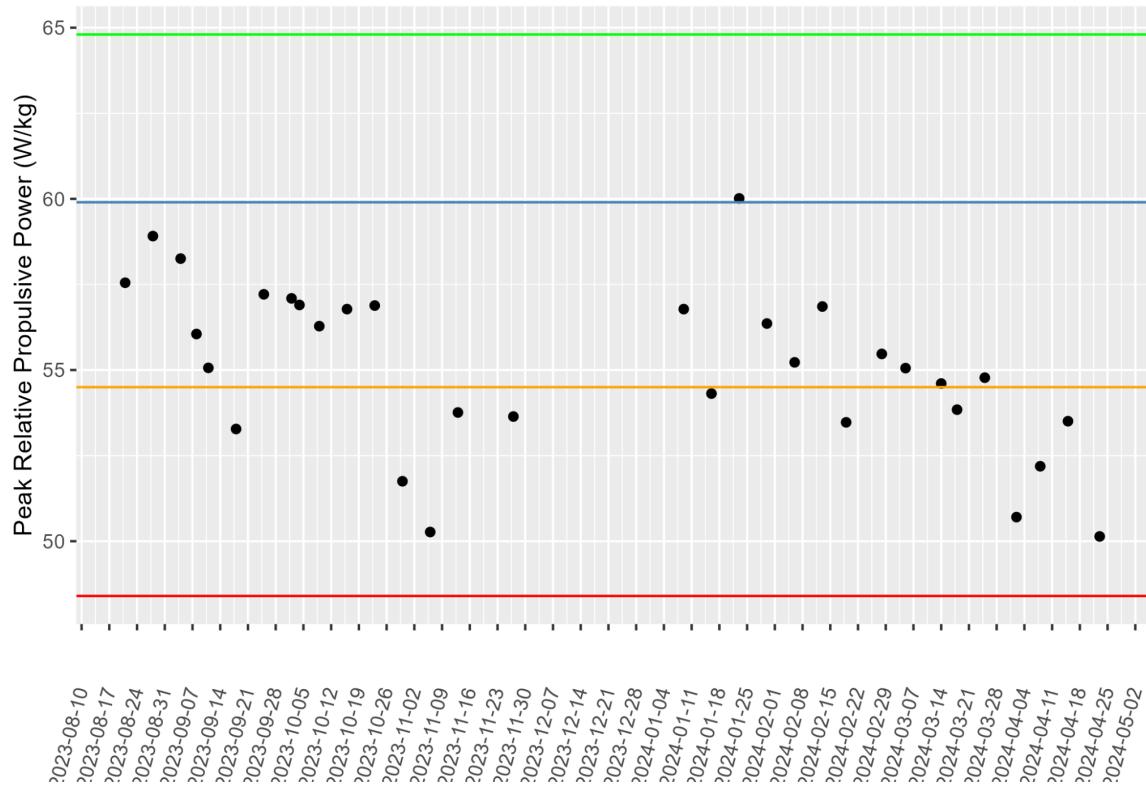


### L|R Propulsive Impulse Index Over Time for Sebastian Pisacreta

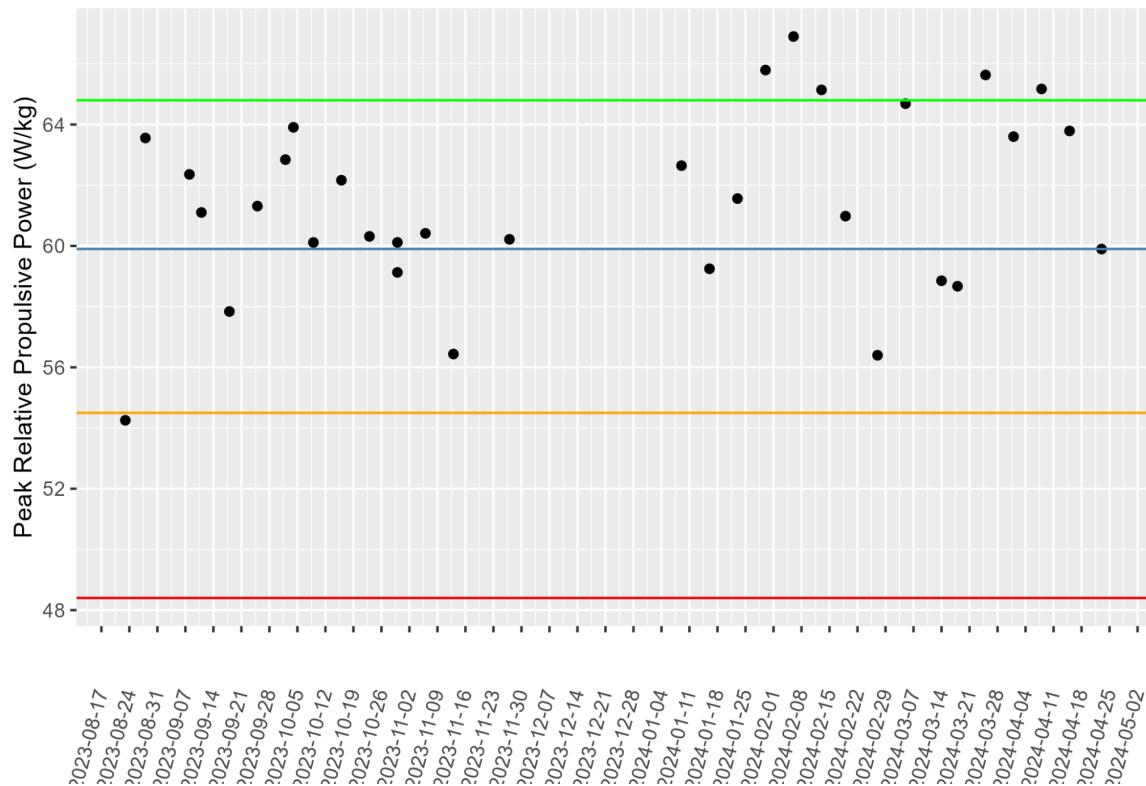


## Peak Relative Propulsive Power plots:

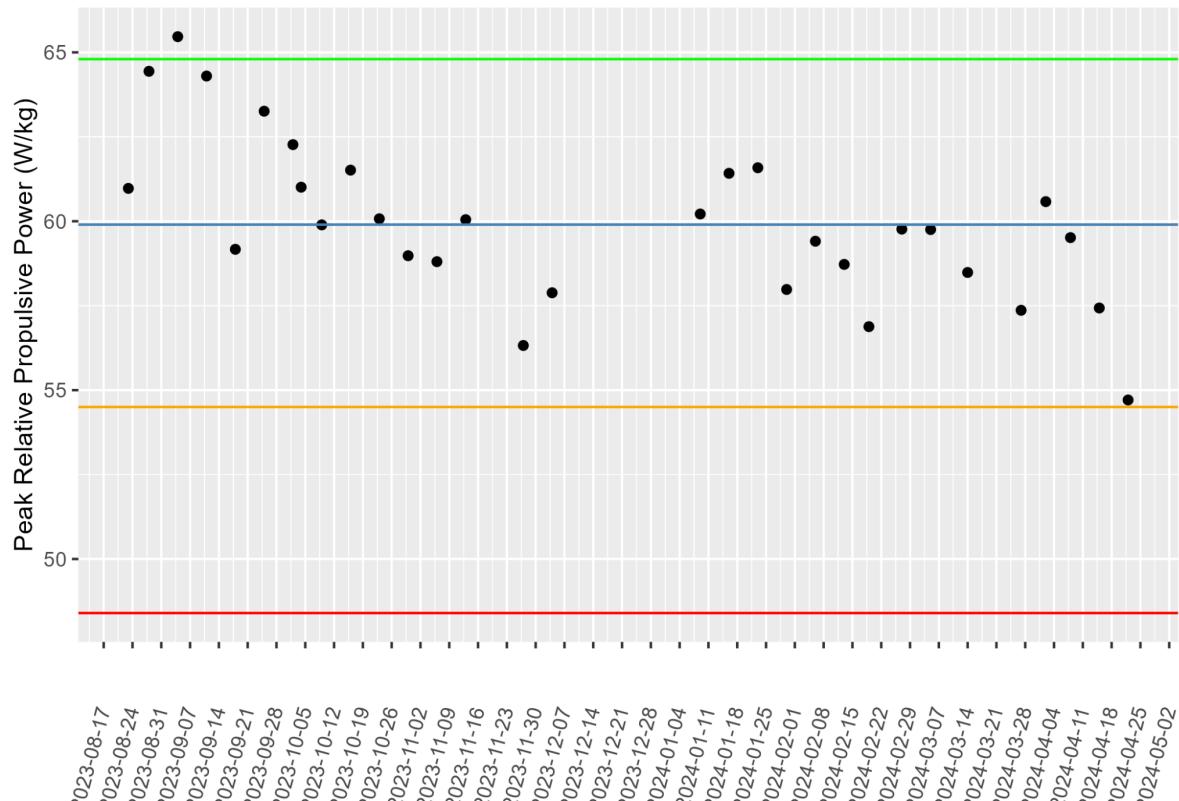
Peak Relative Propulsive Power Over Time for Jayden Melendez



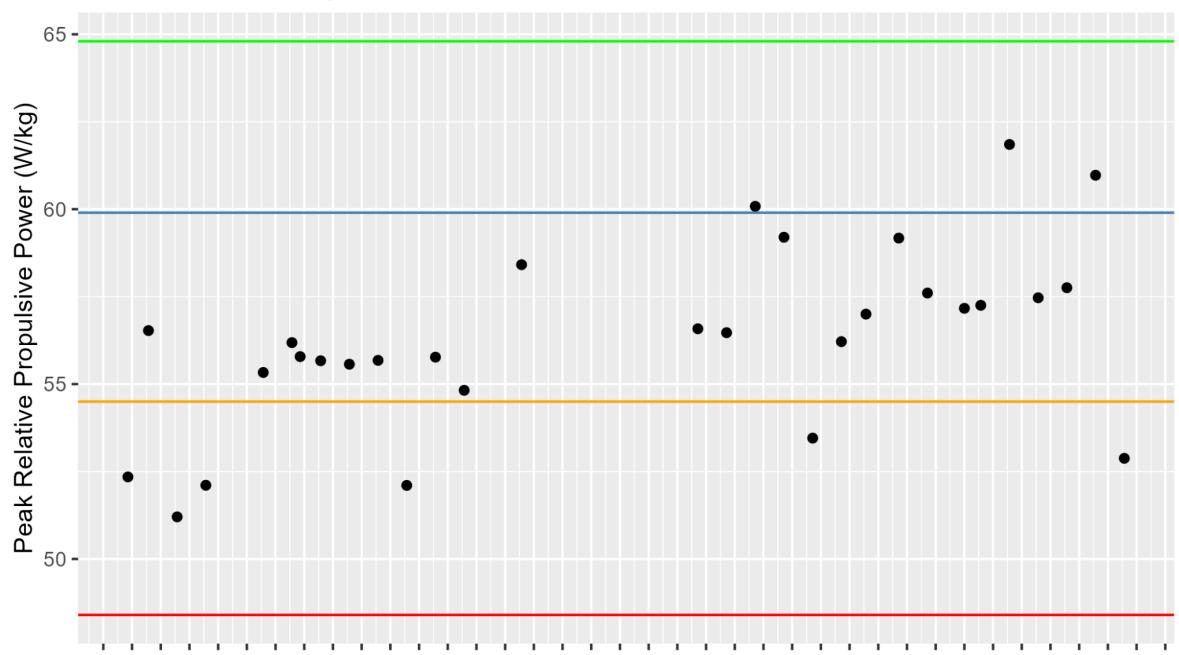
Peak Relative Propulsive Power Over Time for Josh Spiegel



### Peak Relative Propulsive Power Over Time for Justin Fogel



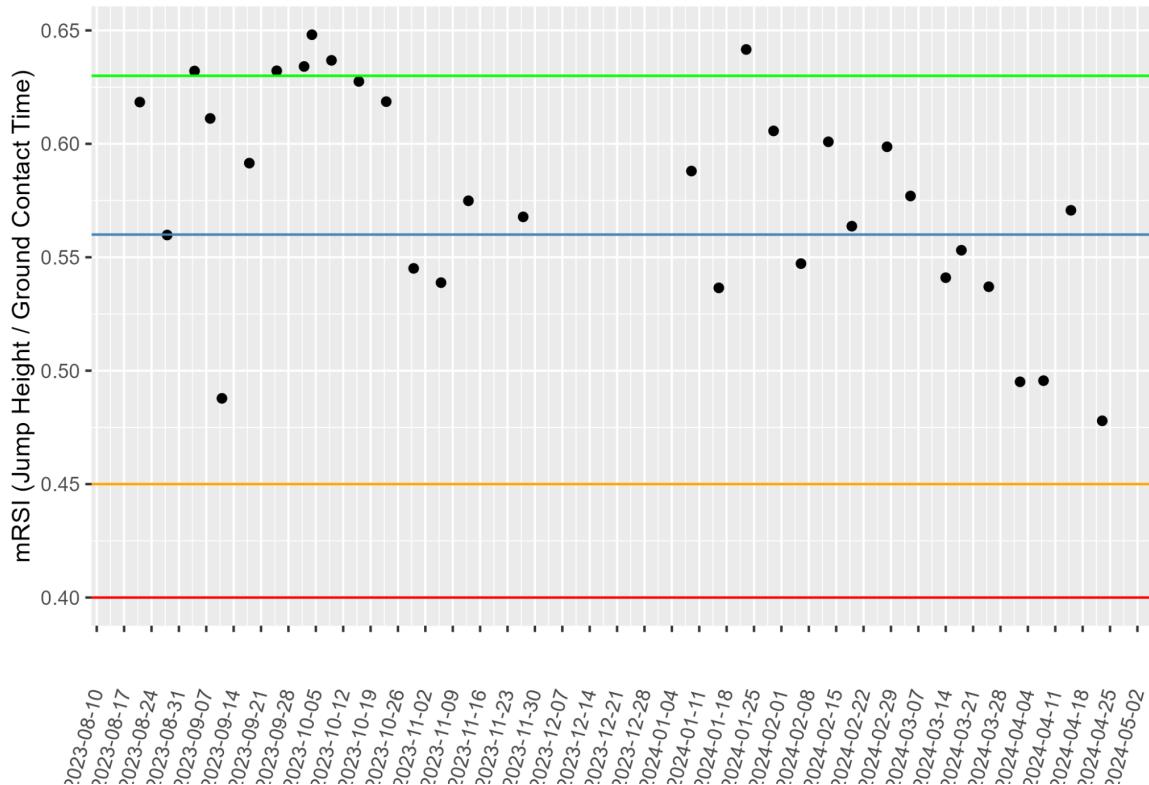
### Peak Relative Propulsive Power Over Time for Sebastian Pisacreta



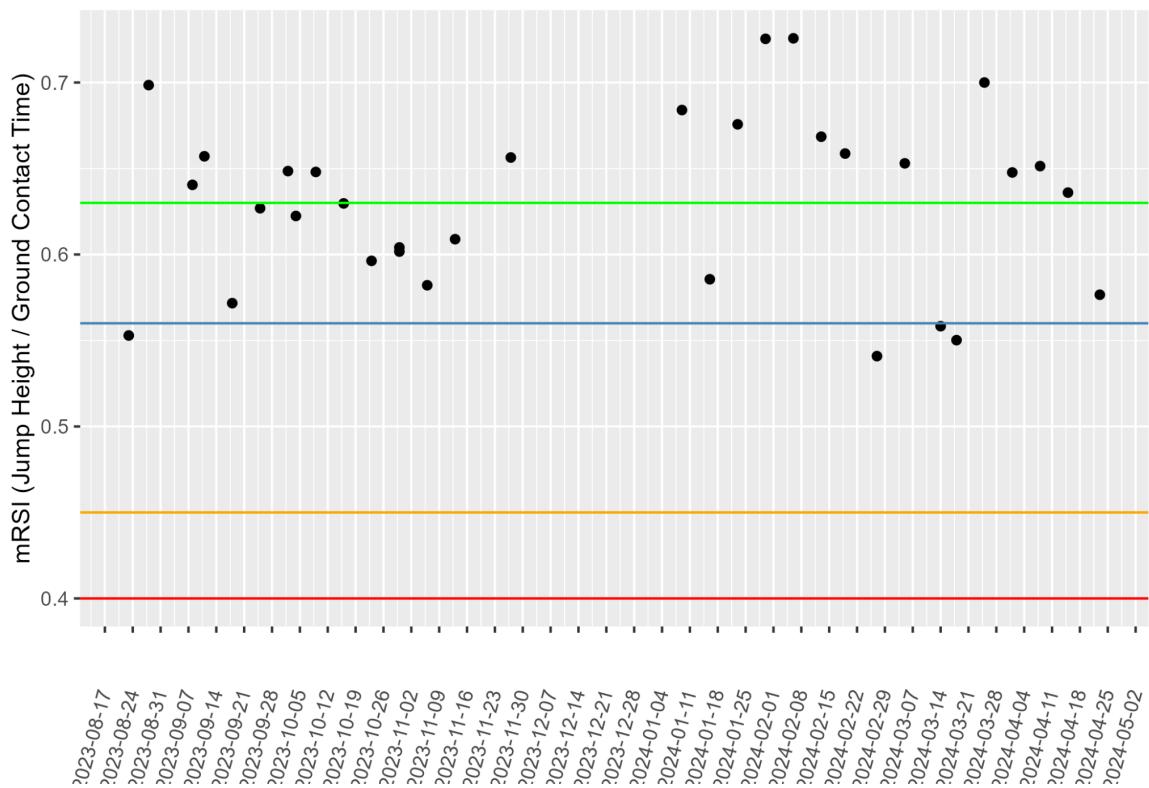
Scatter plot showing Peak Relative Propulsive Power (W/kg) for Sebastian Pisacreta over time. The y-axis ranges from 50 to 65 W/kg. The x-axis shows dates from 2023-08-17 to 2024-05-02. Three horizontal lines are drawn at approximately 54.5 W/kg (red), 60 W/kg (blue), and 64.5 W/kg (green). Data points are black dots.

### mRSI plots:

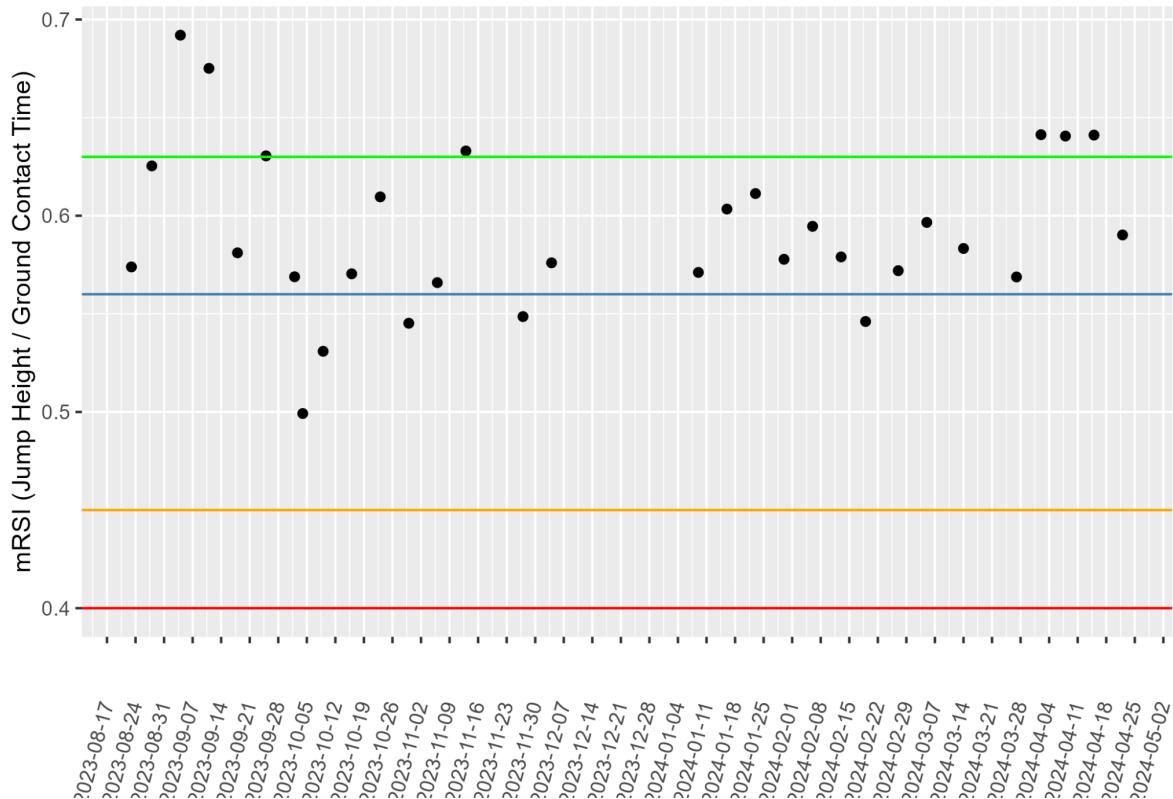
mRSI Over Time for Jayden Melendez



mRSI Over Time for Josh Spiegel



### mRSI Over Time for Justin Fogel



### mRSI Over Time for Sebastian Pisacreta

