Regression Analysis of COVID-19 Spread in India and its Different

States

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Abstract: Linear and polynomial regression model has been used to investigate the COVID-19

outbreak in India and its different states using time series epidemiological data up to 26th May

2020. The data driven analysis shows that the case fatality rate (CFR) for India (3.14% with 95%

confidence interval of 3.12% to 3.16%) is half of the global fatality rate, while higher than the

CFR of the immediate neighbors i.e. Bangladesh, Pakistan and Sri Lanka. Among Indian states,

CFR of West Bengal (8.70%, CI: 8.21-9.18%) and Gujrat (6.05%, CI: 4.90-7.19%) is estimated

to be higher than national rate, whereas CFR of Bihar, Odisha and Tamil Nadu is less than 1%.

The polynomial regression model for India and its different states is trained with data from 21st

March 2020 to 19th May 2020 (60 days). The performance of the model is estimated using test

data of 7 days from 20th May 2020 to 26th May 2020 by calculating RMSE and % error. The

model is then used to predict number of patients in India and its different states up to 16th June

2020 (21 days). Based on the polynomial regression analysis, Maharashtra, Gujrat, Delhi and

Tamil Nadu are continue to remain most affected states in India.

Introduction

Since the outbreak of COVID-19 from the Wuhan city of China, the novel corona virus has gripped more than 200 countries around the globe and the number of patients and causality have been risen up to 52,04,508 and 3,37,687, respectively, as on 24th May 2020 [1]. On looking at the rate of spread and threat for human life, the World Health Organization (WHO) declared COVID-19 a pandemic on 11 March 2020 [2]. The first case of COVID-19 in India was found on 30 January 2020 in the state of Kerala in a student who had returned to home from Wuhan University, China and soon after the epidemic spread in the other part of country mostly due to the imported cases from outside the country. The outbreak of COVID-19 (SARS-CoV-2) in India and its different states has caused illness in 1,31,867 patients and 3867 deaths as on 25th May 2020 [3].

The symptoms COVID-19 include high fever, dry cough, body pain and respiratory distress. Its incubation period varies from 2 to 14 days and the most important mode of its transmission is respiratory droplets and contact transmission [4]. Some patients are also found to be asymptotic i.e. they do not show any symptoms [5]. Such cases are silent spreaders of virus and are most dangerous and difficult to trace out. In such situation a random testing may play important role to contain the spread of the virus at community level. So far in India, the community spread is at the cluster level in the cities like Mumbai, Chennai and Ahmedabad with number of patients as large as 30,500, 10,500 and 10,300, respectively [6].

In order to contain the spread of virus and to prevent its human-to-human transmission, Indian government had announced a nation-wide lockdown of 21 days from the midnight of 24th March 2020 and subsequent series of lockdowns of 19 days and 15 days. The 4th phase of

Lockdown 4.0, has started from 18th of May 2020. Since these measures have brought huge pressure on economy, therefore, to revive the economy, Prime minister Modi has announced a package of Rs. 20 lakh crores (20 trillion) on 12th May 2020. In the absence of a COVID-19 vaccine at the moment the only accepted way to attenuate the growth is to practice good hand hygiene, using masks compulsorily, restricting public gatherings, increasing quarantine facility, increasing dedicated COVID-19 hospitals, increasing sample testing and follow social distancing.

Although, several studies in the context of India have been reported recently by many researchers [7-15] to understand and analyze the dynamics of COVID-19 spread, but there are very limited studies on state wise analysis [16-18] of the outbreak. Looking at the diversity in population, population density and geographical conditions, the study of India as a whole may not provide actual status of the epidemic, therefore, each states of India which has huge populations as compared to the other part of world, need to analyze separately for the spread of coronavirus.

Statistical models are important tools to analyze the real-time data analysis of infectious disease. In this paper, we have utilized the linear and polynomial regression model to analyze the epidemic data of India and its different states. The short-term forecast of the expected patients in next three weeks are also estimated using polynomial regression. It is important to mention that the prediction made in this study is as good as the quality of data available and deviation from the trends in coming days may change the predictions as well.

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Method:

The epidemiological data of COVID-19 cases was collected from official website of Ministry of Health and Family Welfare, Government of India (https://www.mohfw.gov.in). We apply simple linear regression model to estimate case fatality rate (CFR) and recovery rate (RR) using data up to 26th May 2020 for Indian and its different states. We use cumulative number of confirmed cases as predictor variable and cumulative deaths or recovered cases as outcome variable. The day of reporting first death case or recovered case in each state was used as starting point in the linear regression model, doing so we discard the influence on CFR and RR due to initial stage outbreak with no deaths or recovery. The coefficient of determination (R²) is evaluated to determine the good fit of the model. The slope of the fitted line has been used to estimate the CFR and RR. The 95% confidence interval (CI) is calculated from the standard error of the slope. Also, the polynomial regression model is used to forecast the number of expected patients in next three weeks up to 16th June 2020. The least square polynomial has been determined for each state and the results are validated with statistical error analysis. Initial 90% data (60 days from March 21,2020 to May 19, 2020) was used for training the model and remaining 10% data (7 days from May 20, 2020 to May 26, 2020) for test purpose for validation of the model by calculating RMSE and % error. The trained and tested model is then used to predict number of patients from 27th May 2020 to 16th June 2020 in India and its different states.

Results and Discussion:

The simple linear regression analysis of number of deaths as a function of number of confirmed cases for India is shown in Figure 1(a). The coefficient of determination (R²) is calculated to be 0.997 which implies strong linear correlation between confirmed and death cases

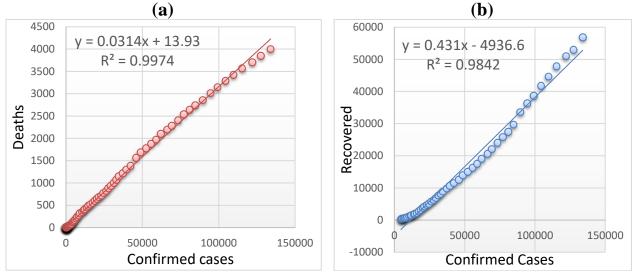


Figure 1: Linear regression model analysis of total number of cases with (a) total number of deaths (b) total number of recovered cases, in India (data taken up to 26th May 2020).

reported up to 26th May 2020 from the first death case. The case fatality rate (CFR) is estimated to be 3.14% with 95% confidence interval 3.12% to 3.16%. CFR of India is half of global fatality rate (6.38%), as on 26th May 2020 [19]. Note that the CFR (as on 26th May 2020) of most COVID-19-affected countries such as USA, Brazil, Spain, UK, Italy, France, Turkey and Iran is 5.95%, 6.24%, 11.40%, 14.18%, 14.26%, 19.57%, 4.62%, 5.47%, respectively, which is higher than India, whereas the CFR of Russia and Germany is lower (1.03% and 2.77%, respectively) than India [19]. The CFR of immediate neighbors Bangladesh, Pakistan and Sri Lanka is 1.43%, 2.07% and 0.78%, respectively, which is better than India [19].

The simple linear regression analysis of number of recovered cases as a function of number of confirmed cases for India is shown in Figure 1(b). The calculated R² of 0.984 implies linear correlation between confirmed and recovered cases (as on 26th May 2020). The recovery rate (RR) is estimated to be 43.1% with 95% confidence interval 41.4% to 44.7%, as compared

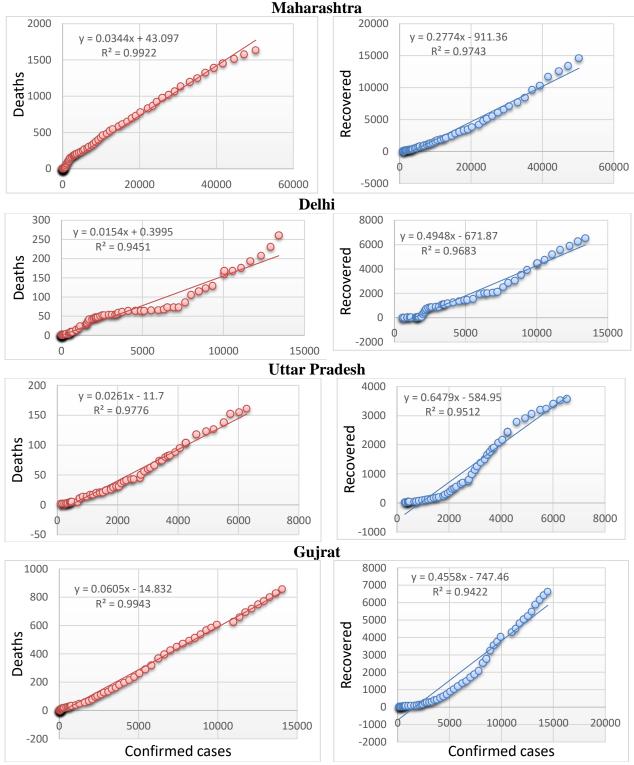


Figure 2: Linear regression model analysis of total number of cases with total number of deaths and recovered cases, in few representative states in India (data taken up to 26th May 2020).

to global 43.3% (as on 26th May 2020). The RR (as on 26th May 2020) of top virus hit countries such as USA, Brazil, Italy, France and Russia is 28.1%, 39.8%, 39.7%, 36.4% and 39.8% respectively, which is lower than India, whereas Spain (69.1%), Turkey (77.2%), Iran (78.5%) and Germany (89.5%) has RR much higher than world as well as India [20]. It is also important to mention that the outbreak of pandemic in Italy, USA, Spain, Iran and Germany was earlier than India. The RR of immediate neighboring countries of India *i.e.* Bangladesh, Pakistan and Sri Lanka are 20.9%, 33% and 48.9%, respectively, as on 26th May 2020 [20].

Table1: Case fatality rate (CFR) and recovery rate (RR) estimation for India and its different states (for data up to 26^{th} May 2020) using linear regression model. Statistical parameters (95% confidence interval and R^2) are also given.

States	Case Fatality Rate			Recovery Rate			
	CFR (%)	95% CI	\mathbb{R}^2	RR (%)	95% CI	\mathbb{R}^2	
India	3.14	3.12-3.16	0.997	43.1	41.4-44.7	0.984	
Jammu & Kashmir	1.14	1.09-1.18	0.965	58.1	56.01-60.1	0.988	
Haryana	1.44	1.37-1.5	0.973	66.6	61.2-71.9	0.943	
Uttar Pradesh	2.60	2.48-2.71	0.977	64.9	59.8-69.9	0.951	
Delhi	1.50	1.44-1.63	0.945	49.4	46.3-52.4	0.968	
Rajasthan	2.81	2.64-2.97	0.963	66.1	62.1-70.0	0.968	
Bihar	0.50	0.47-0.52	0.959	29.9	23.6-36.1	0.913	
Madhya Pradesh	4.82	4.59-5.05	0.973	63.1	58.4-67.7	0.959	
Andhra Pradesh	2.07	0.91-2.18	0.964	73.2	66.4-79.9	0.929	
Odisha	0.48	0.45-0.50	0.956	33.9	31.1-36.6	0.944	
Telangana	2.54	2.4-2.6	0.967	88.6	79.3-97.8	0.911	
West Bengal	8.70	8.21-9.18	0.964	36.8	34.4-39.1	0.960	
Maharashtra	3.40	3.37-3.50	0.992	27.7	26.3-29.1	0.974	
Karnataka	2.60	2.43-2.88	0.897	38.3	33.9-42.7	0.894	
Tamil Nadu	0.64	0.61-0.66	0.983	43.0	38.3-47.6	0.908	
Gujrat	6.05	4.90-7.19	0.994	45.0	42.6-47.3	0.942	

The number of deaths/recovered cases as a function of total confirmed cases for different states of India are shown in Figure 2 and Supplementary Information. R² for confirmed cases versus death (recovered) cases for different states varies from 0.897 to 0.994 (0.894 to 0.988). The CFR of West Bengal (8.70%, CI: 8.21-9.18%), Gujrat (6.05%, CI: 4.90-7.19%), Madhya Pradesh (4.82%, CI: 4.59-5.05%) and Maharashtra (3.40%, CI: 3.37-3.50%) is estimated to be higher than national rate *i.e.* 3.14 %, whereas CFR of Bihar, Odisha and Tamil Nadu is less than 1%. The RR of Telangana and Maharashtra is estimated to be highest and lowest with 88.6% (CI: 79.3-97.8%) and 27.7% (CI: 26.3-29.1%), respectively. CFR, RR and statistical parameters for different states are listed in Table 1. Considering the ongoing national and state wise variation in the number of cases, the CFR and RR is subject to change in the later stage.

Next, we consider the analysis of polynomial regression model for India and its different states. The first case of COVID-19 in India was reported on 30th Jan 2020, thereafter, in the month of February only three cases were reported. The substantial rise in the cases in India were reported after 20th march 2020. The number of confirmed patients as a function of number of days since 21st March 2020 is shown in Figure 3(a). The data from 21st March 2020 to 19th May 2020 (60 days) is used to train the regression model. The best fit for epidemiological data of India is estimated for least square third-degree polynomial with R²=0.999 as shown in Figure 3(a). The model is subsequently tested with data from 20th May 2020 to 26th May 2020 (7days) and validated with root mean square error (RMSE). The predicted patients for next three weeks from 27th May 2020 are plotted in Figure 3(b). The % error between actual and predicted data is estimated to be 2%. The number of patients by 16th June 2020 is estimated to be 306666.

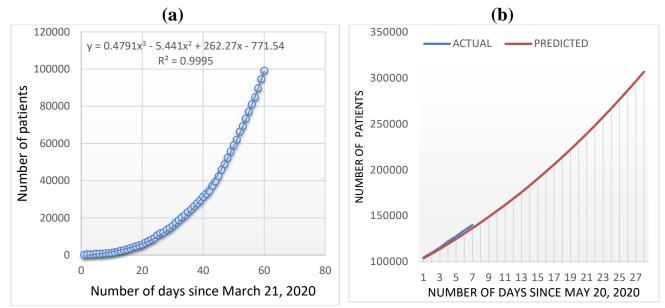


Figure 3: Polynomial regression model analysis for India. (a) Total number of cases as a function of training data set since March 21, 2020. (b) Total number of cases with test data from May 20, 2020 to May 26, 2020. Predicted patients from May 27, 2020 to June 16, 2020 are also plotted.

The number of confirmed patients as a function of number of days since 21st March 2020 for different states are shown in Figure 4 and Supplementary Information. The value of R² varies from 0.936 to 0.999. The degree of least square polynomial for different states varies from 2 to 3. The estimated number of patients in Maharashtra, Delhi, Gujrat and West Bengal are 119091, 32473, 29305 and 7174 with R² (% error) of 0.999 (4%), 0.998 (2%), 0.998 (3%) and 0.995 (3%), respectively. The expected number of patients by 16th June 2020, degree of least square polynomial, R², RMSE and % error for different states are listed in Table 2. Based on the polynomial regression analysis, Maharashtra, Gujrat, Delhi and Tamil Nadu are continue to remain most affected states in India till 16th June 2020.

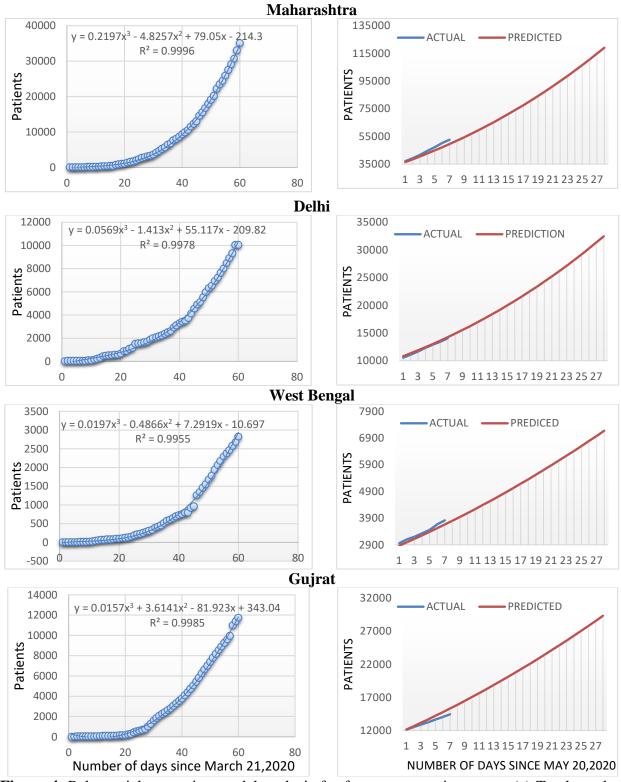


Figure 4: Polynomial regression model analysis for few representative states: (a) Total number of cases as a function of training data set since March 21, 2020. (b) Total number of cases as a function of test data from May 08, 2020 to May 19, 2020. Predicted patients from May 20, 2020 to June 02, 2020 are also plotted.

Table 2: Results of polynomial regression model with predicted number of infected peoples in India and its various states. Statistical parameters (R^2 , root mean square error and % error) are also given.

State	Degree of	\mathbb{R}^2	%	RMSE	Predicted number
	polynomial		Error		of patients till 16 th
					June 2020
India	3	0.999	2	2199	306666
Andhra Pradesh	3	0.997	2	70	3373
Bihar	3	0.986	24	545	4822
Delhi	3	0.998	2	198	32473
Gujrat	2	0.998	3	435	29305
Haryana	2	0.977	2	20	2085
Jammu & Kashmir	3	0.995	10	171	2520
Karnataka	3	0.994	23	464	2980
Kerala	3	0.991	14	128	1127
Madhya Pradesh	2	0.991	6	385	10865
Maharashtra	3	0.999	4	1856	119091
Odisha	3	0.970	6	68	4408
Punjab	2	0.936	35	705	6088
Rajasthan	2	0.997	8	524	11354
Tamil Nadu	3	0.988	9	1405	55233
Telangana	2	0.973	10	183	2075
Uttar Pradesh	2	0.996	8	483	9978
West Bengal	2	0.995	3	105	7174

Conclusions:

In summary, regression analysis was carried out to investigate the COVID-19 outbreak in India and its different states. Linear regression model is used to estimate case fatality rate (CFR) and recovery rate (RR) in India and its different states using time-series epidemiological data up to 26th May 2020. CFR for India is estimated to be 3.14% with 95% confidence interval of 3.12% to 3.16%. The recovery rate (RR) of India is estimated to be 43.1% with 95% confidence

interval of 41.4% to 44.7%, as compared to global 43.3% (as on 25th May 2020). Among Indian

states, CFR of West Bengal, Gujrat, Madhya Pradesh and Maharashtra is estimated to be higher

than national rate, whereas CFR of Bihar, Odisha and Tamil Nadu is less than 1%. The RR of

Telangana and Maharashtra is estimated to be highest and lowest, respectively. The polynomial

regression model is used to predict the number of patients in next three week. The model is

trained with data from 21st March 2020 to 19th May 2020 (60 days) and validated with test data

of 7 days from 20th May 2020 to 26th May 2020 and calculating RMSE and % error. The

predicted patients in India up to 16th June 2020 can reach as large as 3 lakhs. Based on the

polynomial regression analysis, Maharashtra, Gujrat, Delhi and Tamil Nadu are continue to

remain most affected states in India till 16th June 2020.

Conflict of Interest: We declare no conflict of interest.

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