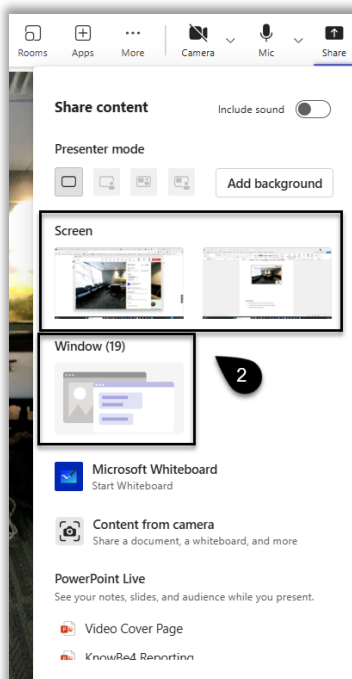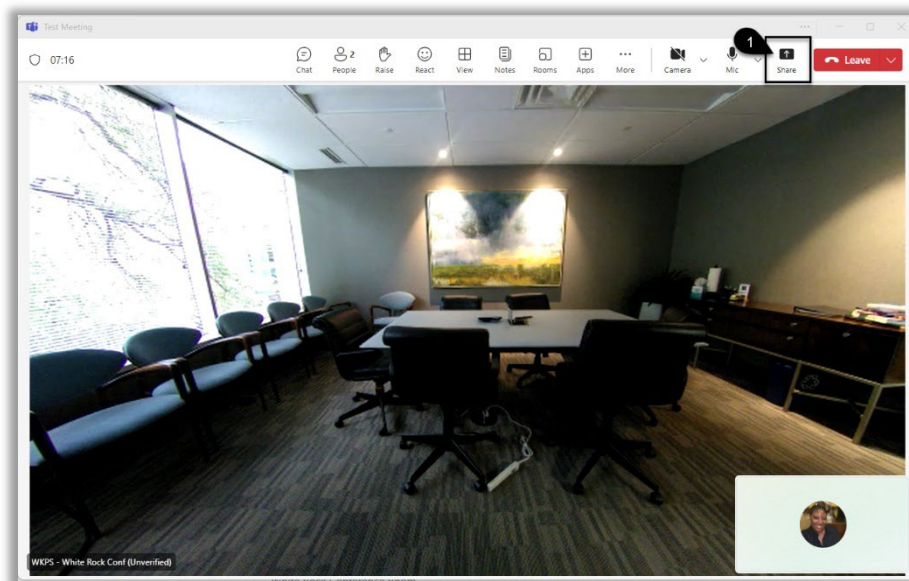# Neat Pad: Sharing a Screen (Teams)

Sharing a Screen

1. From your Desktop on your Teams screen click the Share icon.

2. Choose the content you would like to share (Screen or Window).

3. You will see a red line on the screen or window you have chosen to share.