



COMFI

Lounge Set

#2102

VERSION A



VERSION B



BACK



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NEED A LITTLE INSPIRATION?

Follow @patternscout on Instagram for pattern updates and project ideas. Check out the hashtag below to see other projects in the sewing community online.

@patternscout
#pscomfipants #pscomfishorts
#pscomfitee

PATTERN LICENSING AND BUYER RIGHTS:

This sewing pattern is intended only for you, the buyer, and should not be reproduced, resold or redistributed in any way.

PATTERN DETAILS

DESCRIPTION:

The Comfi Tee and Pants lounge set is a basic knit tee and pull-on pants pattern. The Comfi Tee is fitted throughout the bodice and sleeves with options for long or short sleeves. The Comfi pants fit close in the hips with a relaxed fit in the legs, and feature anchored inseam pockets and a grown-on waistband gathered with elastic. *The finished waist of the pants is designed to sit about 1" (2 to 3 cm) below the natural waist.*

VERSION A TEE features a crew neck.

VERSION B TEE features a scoop neck.

VERSION A PANTS are full length pants with a straight, wide leg and 28" (71 cm) inseam.

VERSION B PANTS are shorts with a 3" (7.6 cm) inseam.

RECOMMENDED FABRICS:

Comfi Tee: two-way and four-way stretch, light to medium weight knit fabrics with at least 50% horizontal stretch* recommended. Jersey, rib knit, cotton/spandex blends, and brushed poly/spandex are ideal.

Comfi Pants: two-way and four-way stretch light to medium weight knit fabrics with at least 20% horizontal stretch* recommended. Jersey, rib knit, and cotton/spandex blends are ideal for lightweight pajama pants. French terry, sweatshirt fleece, ponte, brushed poly/spandex blends, and heavier weight rib knits are ideal for sturdier lounge pants.

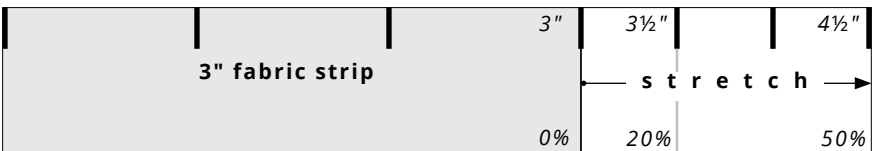
NOTIONS:

- Pants / shorts only:** 2" (5 cm) wide elastic ([see chart on pg 3](#) for lengths per size)

*Test your fabric's stretch percentage:

If you can stretch a 3" strip of fabric to 3½" or more, it will work well for the Pants.

If you can stretch a 3" strip of fabric to 4½" or more, it will work well for the Tee and Pants.



BEFORE YOU BEGIN:

- Take your measurements and choose your size** based on your measurements in the [size chart](#) provided. You may find that your measurements place you between two or more sizes. It is recommended to grade between sizes since this pattern is designed for a close fit. Select a size before buying fabric, as your fabric requirements will depend on your size and the version you decide to sew.
- Launder your fabric** in the same way you plan to launder the finished garment. This will pre-shrink the fabric and prevent shrinkage of the finished garment when you clean it.
- Consider making a muslin to test the fit of your finished garment.** A muslin can be quickly completed by basting together the main pattern pieces using a knit fabric with similar properties to the fabric you plan to use. Sewing a quick muslin to test the fit is always recommended. Once you have a fit you love, you can return to the pattern over and over again for a quicker sew.
- This pattern is drafted from a base size 12 with an average height of 5'9".** The bust, waist, and hip locations of the pattern are approximate and your vertical measurements may vary from these lines. Some adjustment may be required ([such as adjusting the overall length of the bodice, sleeve length, or inseam](#)) for the best fit on your body.
- Review the pattern instructions, [construction notes](#), and [glossary](#)** to understand the steps ahead of time and anticipate any terms or techniques that may require extra attention.

SUGGESTED TOOLS + ADDITIONAL SUPPLIES

- coordinating thread
- cutting mat
- ruler and rotary cutter
- stretch or jersey sewing machine needle
- twin stretch sewing machine needle (optional)
- fabric scissors
- iron and ironing board/surface
- tailor's chalk or fabric pen with disappearing ink
- safety pins
- straight pins

SIZING + YARDAGE¹

See next page for finished garment measurements

SIZE	0	2	4	6	8	10	12	14	16	18	20	22	24	26	28	30
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BODY MEASUREMENTS INCHES²

HIGH BUST ²	29	30	31	32	33	34½	36	38	40	42	44	46	48	50	52	54
FULL BUST B CUP ²	31	32	33	34	35	36½	38	40	42	44	46	48	50	52	54	56
FULL BUST C CUP ²	32	33	34	35	36	37½	39	41	43	45	47	49	51	53	55	57
FULL BUST D CUP ²	33	34	35	36	37	38½	40	42	44	46	48	50	52	54	56	58
WAIST	23	24	25	26	27	28½	30	32	34	36	38	40	42	44	46	48
FULL HIP ³	35	36	37	38	39	40½	42	44	46	48	50	52	54	56	58	60

BODY MEASUREMENTS CM²

HIGH BUST ²	74	76	79	81	84	88	91	97	102	107	112	117	122	127	132	137
FULL BUST B CUP ²	79	81	84	86	89	93	97	102	107	112	117	122	127	132	137	142
FULL BUST C CUP ²	81	84	86	89	91	95	99	104	109	114	119	124	129	134	139	144
FULL BUST D CUP ²	84	86	89	91	94	98	102	107	112	117	122	127	132	137	142	147
WAIST	58	61	64	66	69	72	76	81	86	91	97	102	107	112	117	122
FULL HIP ³	89	91	94	97	99	103	107	112	117	122	127	132	137	142	147	152

SUGGESTED ELASTIC LENGTHS INCHES (rounded to nearest 1/4")

PANTS WAIST ⁴	24	25	26	27	28	29 1/2	31	33	35	37	39	41	43	45	47	49
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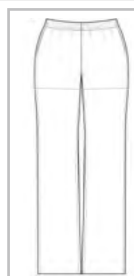
SUGGESTED ELASTIC LENGTHS CM (rounded to nearest cm)

PANTS WAIST ⁴	61	63	66	68	71	75	78	84	89	94	99	104	109	114	119	124
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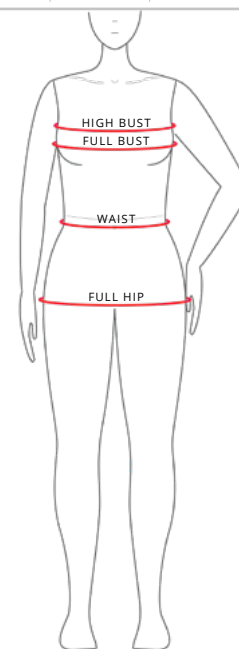
COMFI TEE REQUIRED FABRIC - yards (meters)⁵ based on 58" (147 cm) wide fabric⁶

SIZE	LONG SLEEVE	SHORT SLEEVE
0-8	1 (.9)	¾ (.7)
10-20	1 ½ (1.4)	1 (.9)
22-30	1 ¾ (1.6)	1 ¼ (1.1)



COMFI PANTS REQUIRED FABRIC - yards (meters)⁵ based on 58" (147 cm) wide fabric⁶

SIZE	PANTS	SHORTS
0-12	1 ½ (1.4)	¾ (.7)
14-20	2 ¼ (2)	1 (.9)
22-30	2 ¾ (2.5)	1 ¼ (1.1)



NOTES:

1. This pattern is drafted from a base size US 12 with an average height of 5'9" (175 cm). [See Construction Notes on pg 7 for lengthening/shortening recommendations.](#)
2. Choose your Tee size based on your HIGH BUST measurement first, then find the FULL BUST cup size that is closest to your FULL BUST measurement. If your full bust measurement is greater than the D cup size, it is recommended to select the next size up. [See Finished Garment Measurements, pg 4.](#)
3. Choose your Pants size based on your FULL HIP measurement. Grading between the waist and hip is not recommended unless your waist measurement is *greater* than your hip measurement. In most cases, cutting a single size to fit your hip measurement will also fit in the waist, even if your waist falls into a different size.
4. Choose elastic length based on your WAIST measurement. Elastic lengths include 1/2" (~1 cm) additional length for overlapping.
5. If using a directional print or pattern matching (with stripes, plaids, etc.), additional yardage may be required.
6. Required fabric is shown for 58" (147 cm) wide fabric only. If using a fabric that is less than this width, a general rule of thumb is to add ½ yard/meter to the amount needed.

FINISHED GARMENT MEASUREMENTS ¹



SIZE	0	2	4	6	8	10	12	14	16	18	20	22	24	26	28	30
INCHES (rounded to nearest 1/4")																
TEE																
FULL BUST (B CUP) ²	28 1/4	29 1/4	30 1/4	31 1/4	32 1/4	33 3/4	35 1/4	37 1/4	39 1/4	41 1/4	43 1/4	45 1/4	47 1/4	49 1/4	51 1/4	53 1/4
FULL BUST (C CUP) ²	28 3/4	29 3/4	30 3/4	31 3/4	32 3/4	34 1/4	35 3/4	37 3/4	39 3/4	41 3/4	43 3/4	45 3/4	47 3/4	49 3/4	51 3/4	53 3/4
FULL BUST (D CUP) ²	29 1/4	30 1/4	31 1/4	32 1/4	33 1/4	34 3/4	36 1/4	38 1/4	40 1/4	42 1/4	44 1/4	46 1/4	48 1/4	50 1/4	52 1/4	54 1/4
WAIST	23	24	25	26	27	28 1/2	30	32	34	36	38	40	42	44	46	48
HEM ³	28 3/4	29 3/4	30 3/4	31 3/4	32 3/4	34 1/4	35 3/4	37 3/4	39 3/4	41 3/4	43 3/4	45 3/4	47 3/4	49 3/4	51 3/4	53 3/4
BODICE LENGTH ⁴	23 1/2	23 3/4	23 3/4	24	24	24 1/4	24 1/4	24 1/2	24 1/2	24 3/4	24 3/4	25	25	25 1/4	25 1/4	25 1/2
SLEEVE LENGTH ⁵	23 1/4	23 1/2	23 1/2	23 3/4	23 3/4	24	24	24 1/4	24 1/4	24 1/2	24 1/2	24 3/4	24 3/4	25	25	25 1/4
BICEP	10	10 3/4	11 1/4	12	12 1/2	13 1/4	13 3/4	14 1/2	15 1/4	16	16 3/4	17 1/2	18 1/4	19	19 3/4	20 1/2
PANTS ⁶																
WAIST ⁷	23	24	25	26	27	28 1/2	30	32	34	36	38	40	42	44	46	48
PANTS HIP ⁸	33 1/2	34 1/2	35 1/2	36 1/2	37 1/2	39	40 1/2	42 1/2	44 1/2	46 1/2	48 1/2	50 1/2	52 1/2	54 1/2	56 1/2	58 1/2
THIGH	22 1/4	22 3/4	23 1/2	24 1/4	24 3/4	25 3/4	26 3/4	28	29 1/4	30 1/4	31 1/2	32 3/4	34	35 1/4	36 1/2	37 3/4
CENTIMETERS (rounded to nearest cm)																
TEE																
FULL BUST (B CUP) ²	72	75	77	80	82	86	90	95	100	105	110	115	120	125	130	135
FULL BUST (C CUP) ²	73	76	78	81	83	87	91	96	101	106	111	116	121	126	131	136
FULL BUST (D CUP) ²	74	77	79	82	84	88	92	97	102	107	112	118	123	128	133	138
WAIST	58	61	64	66	69	72	76	81	86	91	97	102	107	112	117	122
HEM ³	73	76	78	81	83	87	91	96	101	106	111	116	122	127	132	137
BODICE LENGTH ⁴	60	60	61	61	61	62	62	62	62	63	63	63	64	64	64	65
SLEEVE LENGTH ⁵	60	60	60	61	61	61	62	62	62	62	63	63	63	64	64	64
BICEP	26	27	29	30	32	33	35	37	39	41	43	45	46	48	50	52
PANTS ⁶																
WAIST ⁷	58	61	64	66	69	72	76	81	86	91	97	102	107	112	117	122
PANTS HIP ⁸	85	88	90	93	95	99	103	108	113	118	123	128	133	138	144	149
THIGH	56	58	60	61	63	65	68	71	74	77	80	83	87	90	93	96

NOTES:

1. Choose your size based on the measurements in the [Size Chart on page 3](#). The Finished Garment Measurements are for referencing ease in the garment only.
2. The finished FULL BUST measurement represents a target *negative ease* of approximately 10% of the FULL BUST measurement represented on the Size Chart.
3. The HEM measurement is the bodice circumference at the finished hem of the Tee, which is designed to fall approximately 8" (20 cm) below the natural waist. The finished HEM measurement represents a target *negative ease* of approximately 10% at the bodice HEM location.
4. BODICE LENGTH is measured from the center back neckband seam straight down to the finished hem on the Back Bodice of the Tee.
5. SLEEVE LENGTH is measured from the seam at the top of the sleeve cap/shoulder straight down to the finished hem of the sleeve. The short sleeve length is 1½" (3.8 cm) measured along the sleeve seam from underarm seam to the hem across all sizes.
6. The finished inseam of the VERSION A Pants is 28" (71 cm) across all sizes. The finished inseam of the VERSION B Shorts is 3" (7.6 cm) across all sizes.
7. The WAIST measurement shown represents the unstretched waist with elastic installed and is designed with minimal ease. The top of the finished waistband is designed to sit about 1" (2 to 3 cm) below the natural waist.
8. The PANTS HIP is measured approximately where the crotch curve meets the rise and this measurement may be less than your FULL HIP measurement if your fullest hip measurement falls below the designated pants hip location. This is to be expected and does not necessarily mean you need to size up.

PRINTING THE PATTERN

PRINT AT HOME:

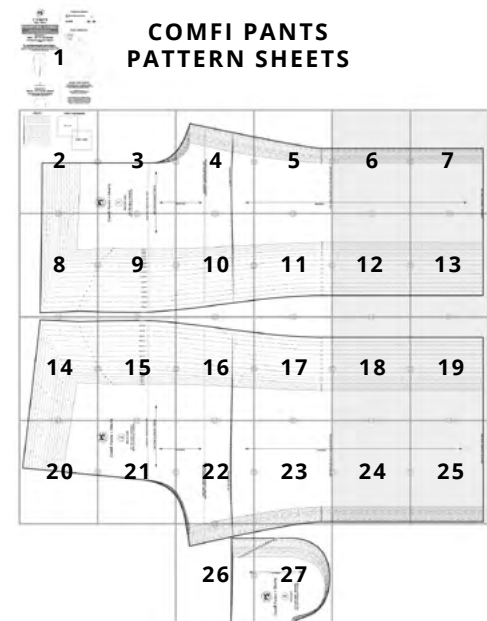
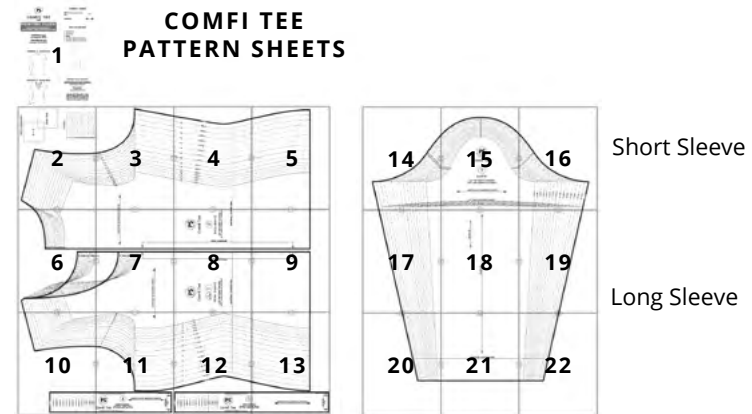
- Open the PDF pattern file and **set the print scale to 100% or "No Scaling" and set the orientation to "portrait" before printing.** The Letter(A4) file can be printed on both US Letter and A4 size paper.
- **This pattern includes layers for each size so you can print just what you need.** If you are between sizes, print both sizes and blend between the two when you cut or trace your pattern. To turn size layers on and off, you will need Adobe Acrobat. Click on the Layers  icon on the left toolbar, then de-select the Layer Visibility  icon next to the layers that you want to turn off.
- **A sheet printing guide is provided on sheet 1 of the Letter(A4) file, so you only have to print what you need.**
- **In the print dialogue box, select 'Portrait' as the orientation (instead of 'Auto').** This will orient the borders of each page in the top left corner and you will not have to trim the edges of each sheet after printing.
- **Once your pattern is printed, carefully tape or glue the sheets together, aligning the dots along the border of each sheet.** The grey borders on each sheet should butt against one another at their edges. Check to make sure the pattern is scaled properly by measuring the test squares on the printed pattern (they should measure 2"x 2" (5 cm x 5 cm)). Each sheet is lettered and numbered in the grey dots at the edges according to the layout sequence. See the diagram to the right for sheet layout.
- With your pattern assembled, **you can either trace the pattern onto tracing or pattern paper** (this will preserve the original pattern in case you want to make sizing adjustments for future garments), **or you can cut the pattern pieces directly from the assembled sheets.** Be sure to also transfer all notches for aligning pattern pieces. You are ready to cut fabric!


PRINT WITH A COPY SHOP:

Copy shop files are included for printing on a large format printer with your local copy shop. There are also online services for PDF printing that are economical with fast shipping.

SHEET PRINTING GUIDE:

A sheet printing guide for each version is also provided on sheet 1 of the print-at-home PDF pattern file, so you only have to print what you need. A pattern piece inventory, legends, and test squares are provided on sheets 1 & 2.



 Omit greyed pages and lengthen pants where indicated to save 8 sheets of paper and ink.

See page 1 of print-at-home Letter/A4 pattern for printing instructions.

CONSTRUCTION NOTES

- All [seam allowances](#) are included in the pattern pieces and are 3/8" (1cm) unless otherwise noted.
- Serging (overlocking) is recommended and illustrated for sewing and finishing seam allowances for this pattern, but a zig zag stitch can also be used if you do not have access to a serger. A stitch length of 2 to 3 mm and width of 2 to 3 mm is recommended if using a zig zag stitch (although it is also recommended to experiment with stitch width and length for a setting that works best for your fabric and sewing machine).
- When [basting](#) seams, use 1/4" (5 mm) seam allowance so that the basting seam is hidden in your finished seams. Use a 5 to 6 mm stitch length for basting seams (or the longest stitch length on your sewing machine) to make removing basting stitches easier, if needed.
- If using a zig zag stitch, be sure to "lock" each seam by backstitching 3 to 4 stitches at the beginning and end of the seam line and when turning corners in a seam. This ensures that your seams don't pull apart after cutting your threads. Do not lock basting seams.
- See the next page for pattern alteration recommendations.

**FOLLOW THE COMFI LOUNGE SET SEWALONG
+ FIND MORE SEWING RESOURCES:**

[PATTERNSCOUTSTUDIO.COM/TUTORIALS](https://patternscoutstudio.com/tutorials)

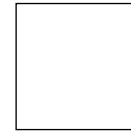
PRESSING / IRONING:

- Make sure that your iron is clean before using it on your project.
- Choose a heat setting that is appropriate for the fabric you are using.
- To avoid stretching or warping your fabric, focus on pressing, lifting, and pressing the fabric, instead of dragging the iron across the fabric.

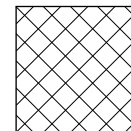
ILLUSTRATION LEGEND:



WRONG SIDE of FABRIC



RIGHT SIDE of FABRIC



INTERFACING



STITCH LINES



SERGED or FINISHED EDGE of FABRIC

CONSTRUCTION NOTES, cont.

LENGTHENING OR SHORTENING THE PATTERN:

This pattern is drafted from a base size 12 with an average height of 5'9" (175 cm). If removing or adding length, keep in mind that your height difference from the base height will be distributed throughout the body, and thus you will only need to adjust about one third of that difference on the bodice and sleeves or rise and pants length of the pattern. For example, if your height is 5'6" (168 cm), then you might only shorten the tee and/or pants pattern by 1" to 1½" (2.5 to 4 cm) each. Lengthen/shorten lines are provided on the bodice, sleeve, and leg pattern pieces if you need to adjust the pattern length for your individual height. Cut along these lines to separate the pattern into two pieces, then shift them apart or together.

When lengthening or shortening the pattern, make sure to shift the pieces straight up or down along the grainline to maintain the proper proportions and overall shape of the pattern pieces. Once your pieces have been shifted the desired amount, tape them back together and draft new lines to connect the pieces smoothly at the edges.

GRADING BETWEEN SIZES

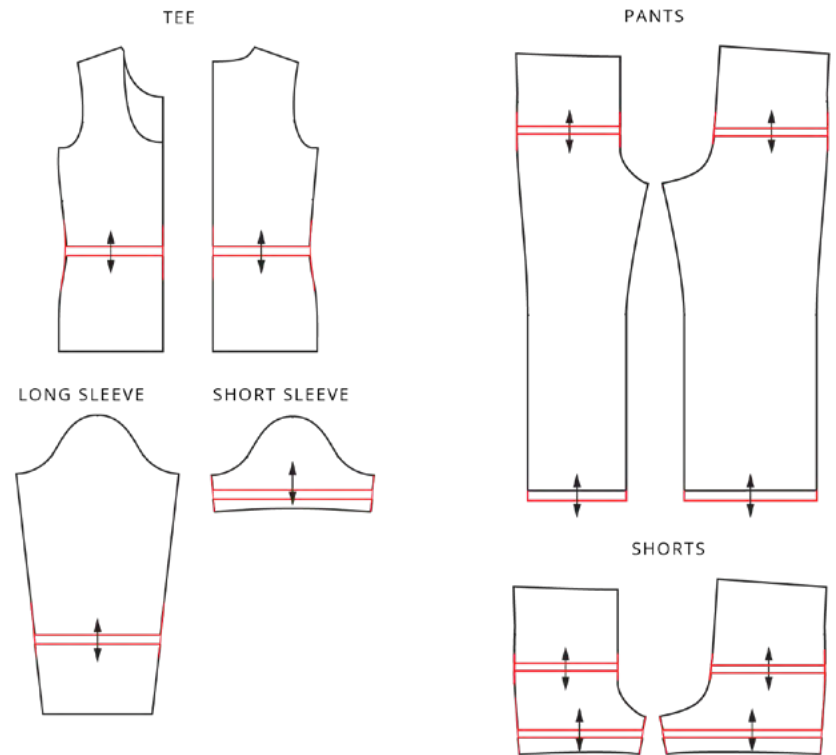
Since the TEE pattern is designed for a close fit with minimal ease through the bodice and sleeves, it may be necessary to grade between sizes if your measurements fall between two sizes. It is recommended that you choose your size(s) based on the instructions in the [size chart](#).

If you need to size up to accommodate a FULL BUST measurement that is greater than a D Cup, you may want to grade between the shoulders of the previous size and the bust through the armhole, as shown to the right.

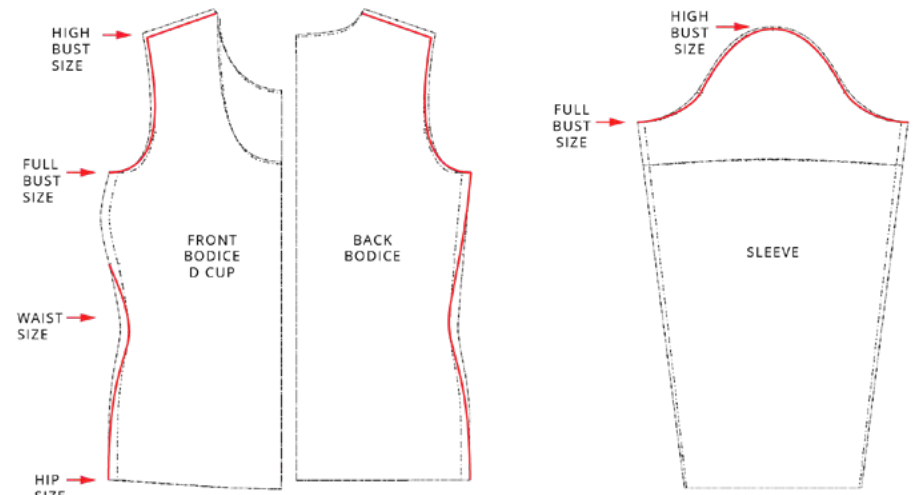
Since the waist of the PANTS is gathered with elastic, it is not recommended to grade between the WAIST and FULL HIP if your measurements fall across two sizes that are close to one another on the size chart. Instead, choose your pants size based on the FULL HIP measurement and select the ELASTIC length that corresponds to your WAIST size.

To grade between sizes, simply find the two sizes and draft a new line that blends the two. Cut away the excess.

LENGTHENING/SHORTENING:



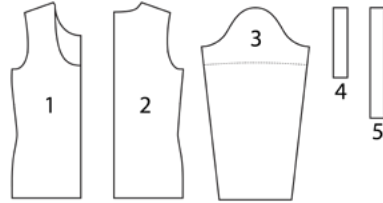
TEE GRADING EXAMPLE:



PIECE INVENTORY + CUTTING LAYOUTS (cont. on next page)

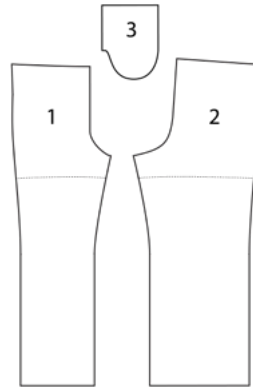
TEE PATTERN PIECE INVENTORY

1. Front Bodice
2. Back Bodice
3. Sleeve
4. Neckband - Version A (Crew Neck)
5. Neckband - Version B (Scoop Neck)



PANTS PATTERN PIECE INVENTORY

1. Front Leg
2. Back Leg
3. Pocket



A NOTE ON THE PATTERN SCOUT METHOD OF CUTTING:

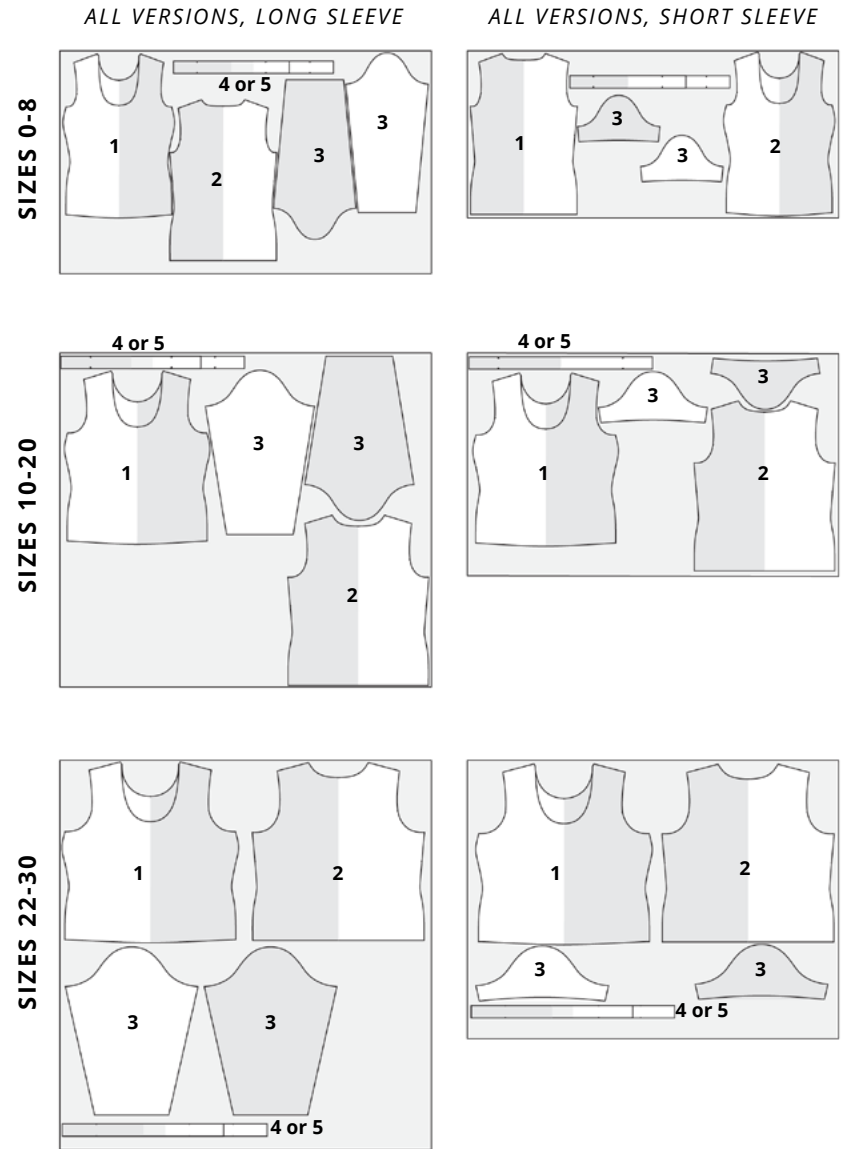
Cutting layouts are shown here on a single layer of fabric. Greater fabric efficiency can be achieved by cutting each piece one at a time on a single layer of fabric, starting with pieces that are cut on the fold (pieces cut on the fold will be marked on the pattern pieces). Reposition and re-fold fabric as you go to get the most out of your yardage. These layouts are a suggestion but it is encouraged to experiment with pattern placement to find a layout that works best for your project.

When cutting pieces labeled "cut on fold" on a single layer of fabric, trace the pattern piece (using tailor's chalk or removable fabric ink), then mirror the piece and align the fold line to trace the opposite side before cutting.

All pattern pieces labeled "CUT TWO" or "CUT FOUR" should be mirrored.

SUGGESTED CUTTING LAYOUTS, COMFI TEE

58" (147 cm) fabric width



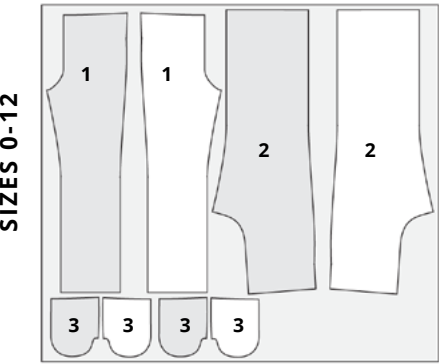
NOTE: When cutting or tracing your pattern pieces, make sure to transfer all notches to the cut pieces. Notches can be clipped at the seam allowance by 1/4" (6 mm) or less.

CUTTING LAYOUTS (cont.)

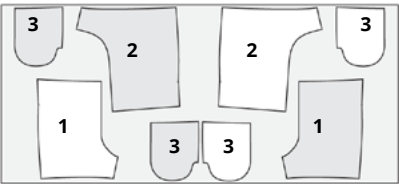
SUGGESTED CUTTING LAYOUTS, COMFI PANTS

58" (147 cm) fabric width

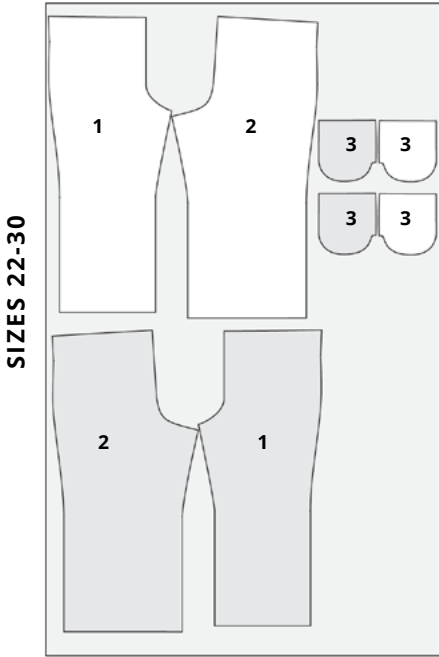
VERSION A, PANTS



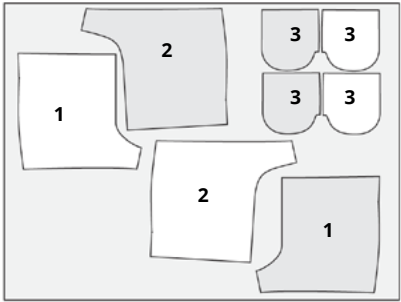
VERSION B, SHORTS



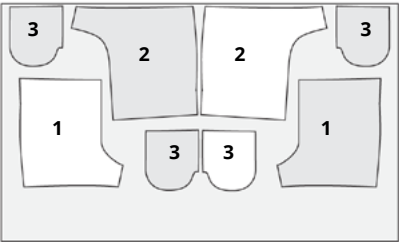
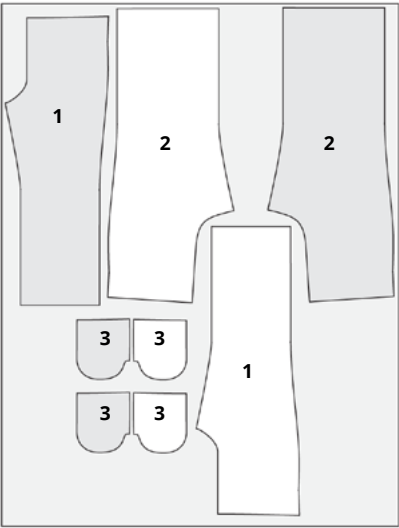
VERSION A, PANTS



VERSION B, SHORTS



SIZES 14-20



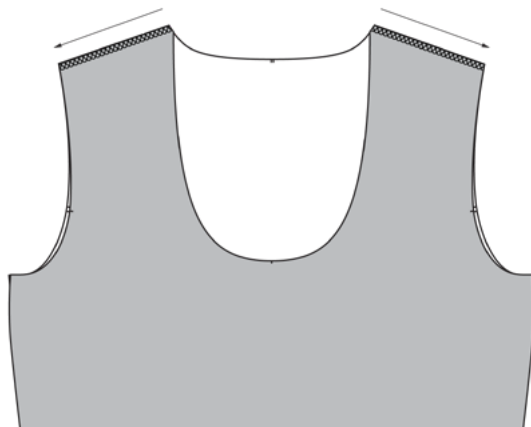
NOTE: When cutting or tracing your pattern pieces, make sure to transfer all notches to the cut pieces. Notches can be clipped at the seam allowance by 1/4" (6 mm) or less.

TEE INSTRUCTIONS

Seam allowances are 3/8" (1 cm) unless noted otherwise.

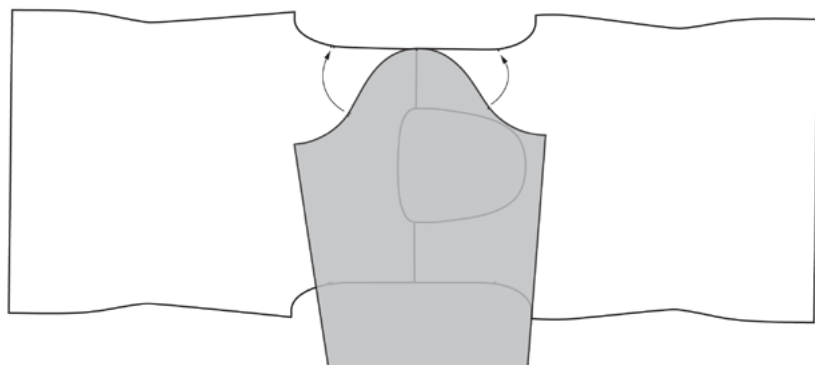
1. JOIN FRONT + BACK BODICE AT SHOULDERS

- Align the Front Bodice with the Back Bodice, right sides together, and sew along both shoulder seams with a 3/8" (1 cm) seam allowance. Press the seam allowance toward the Back Bodice. *Optional: a strip of 1/4" (6mm) wide clear elastic or interfacing can be sewn into each shoulder seam to prevent the seams from stretching out.*

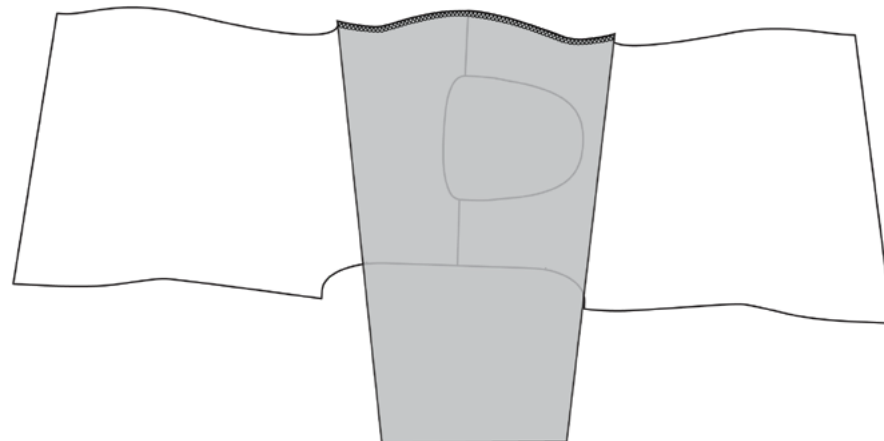


2. ATTACH SLEEVES TO BODICE

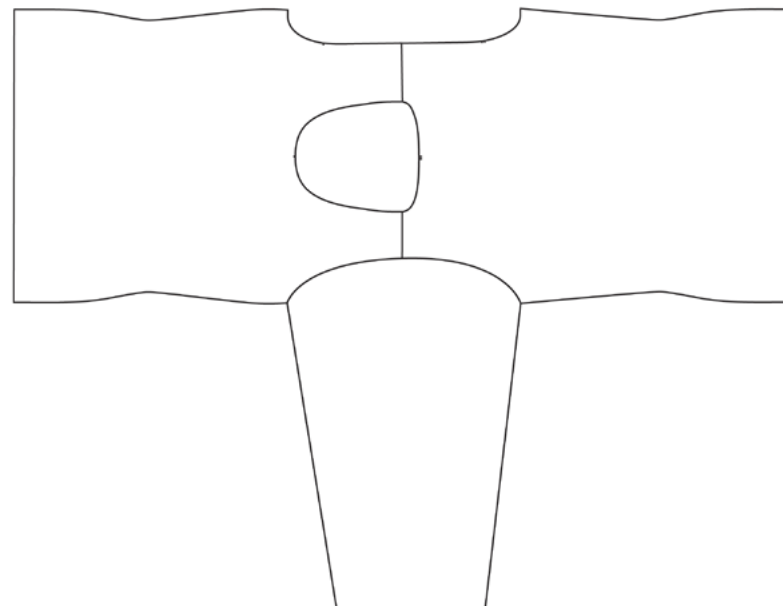
- Open the bodice so that it is laying flat with right side facing up. Lay the sleeve face down (right sides together) and pin the sleeve cap to the armhole, making sure to match the notches on the sleeve cap with the shoulder seam and armhole notches (a single notch indicates the front and top, and a double notch indicates the back).



- Sew the sleeve to the bodice with a 3/8" (1 cm) seam allowance, easing in the cap slightly at the top of the sleeve cap.



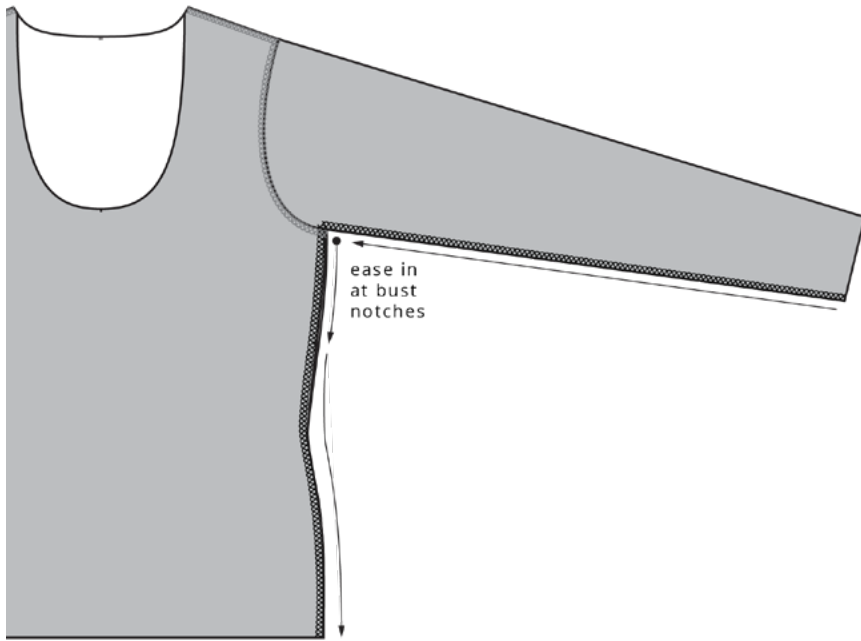
- Press the sleeve and seam allowance away from the bodice.



- Repeat installation on the opposite sleeve.

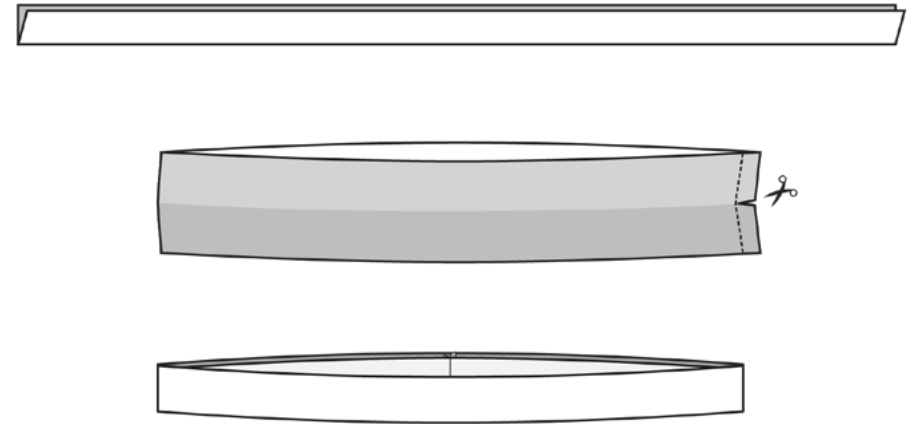
4. JOIN SLEEVE + SIDE SEAMS

- Right sides together, align the sleeve seam and side seam of the front and back of the garment. Match the notches on the bodice pieces and stretch the back bodice to fit between the sleeve and notch at the bust. Serge or zig zag stitch from the sleeve hem to the bodice hem with a 3/8" (1 cm) seam allowance. Press the seam allowance toward the back bodice.
- Repeat for opposite sleeve and side seam.

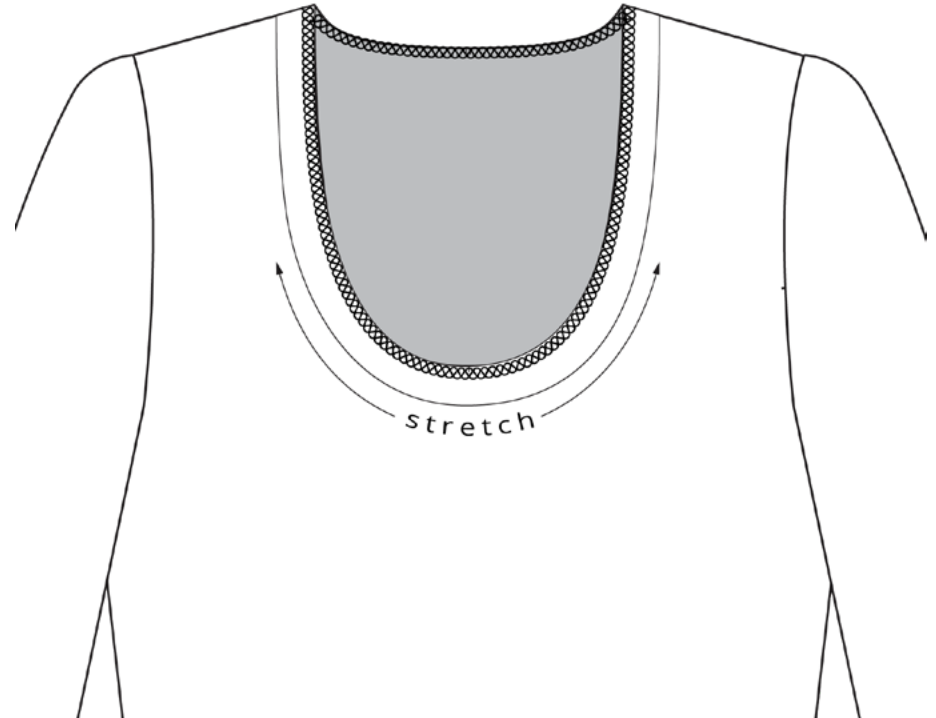


5. ADD NECKBAND

- Prepare the Neckband by folding it in half lengthwise, wrong sides together, and pressing. Then unfold the strip and fold in half in the opposite direction, *right sides together* this time. Sew the short ends together with a straight stitch and a 1/4" (6mm) seam allowance to create a loop. Clip into the seam allowance at the center of the seam length, making sure to not clip through the stitching. Fold the Neckband in half lengthwise again, wrong sides together, with the seam aligned on the interior and the seam allowance pressed to opposite sides where it was clipped so that the seam is less bulky.

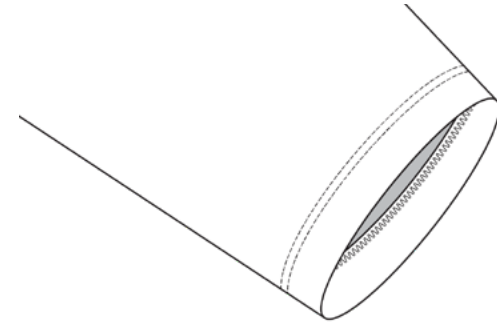
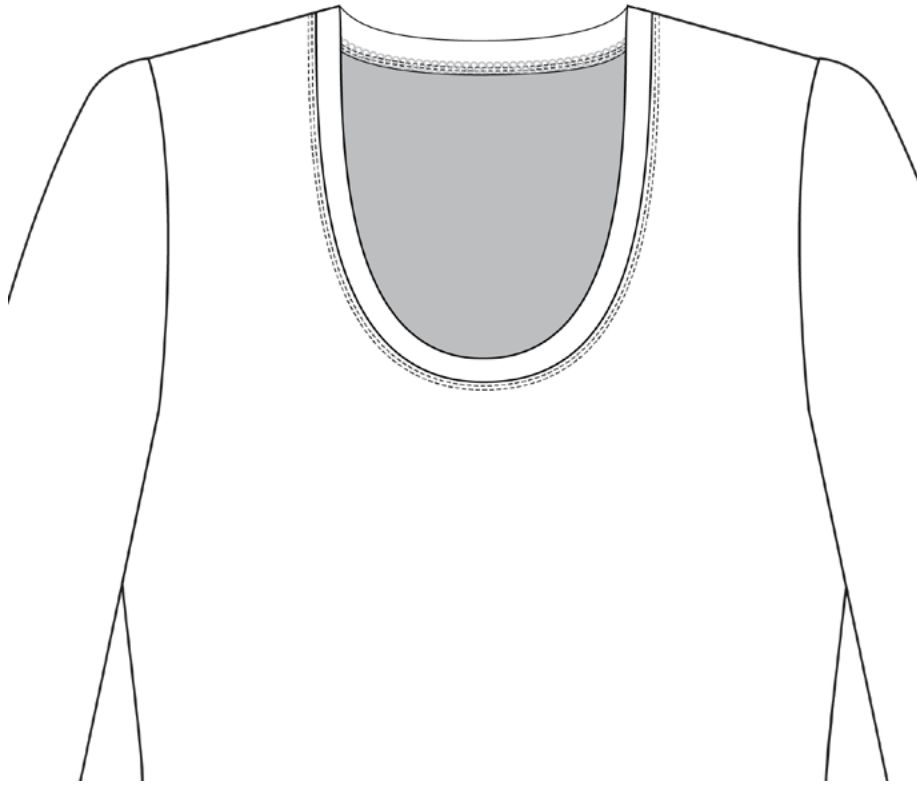


- With the Tee turned right side out, align the folded Neckband edges along the neckline with the seam of the Neckband at the center notch on the back bodice. Also match the notches at the center front and shoulder seams. Pin in place and sew the Neckband to the neckline with a 3/8" (1 cm) seam allowance, stretching the Neckband to fit between notches. Make sure you catch all three layers of the Neckband edges and the neckline edge in this seam.



6. FINISH THE NECKBAND

- Flip and press the Neckband away from the bodice. *Optional: topstitch the seam allowance to the bodice. You can use a zig zag stitch or a twin needle stretch stitch for this step. This stitch should be able to stretch slightly without breaking.*



OH YEAH! YOUR COMFI TEE IS COMPLETE!



6. HEM THE SLEEVES + BODICE

- *Optional: Finish the raw edges of the sleeve and bodice hem with a serged edge for a clean finish before hemming.*
- Turn the hem to the wrong side by 1/2" (1.3 cm) and press. Topstitch the hem in place with a zig zag stitch or a twin needle stretch stitch. This stitch should be able to stretch slightly without breaking. Alternately, the hems can be finished with a coverstitch machine.

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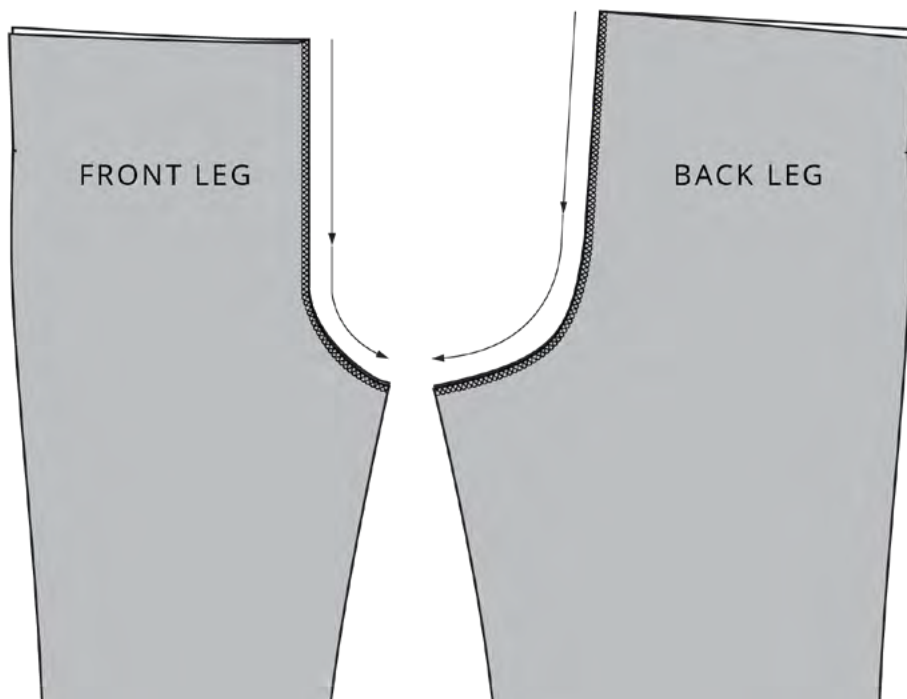
@patternscout
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PANTS INSTRUCTIONS

Seam allowances are 3/8" (1 cm) unless noted otherwise.

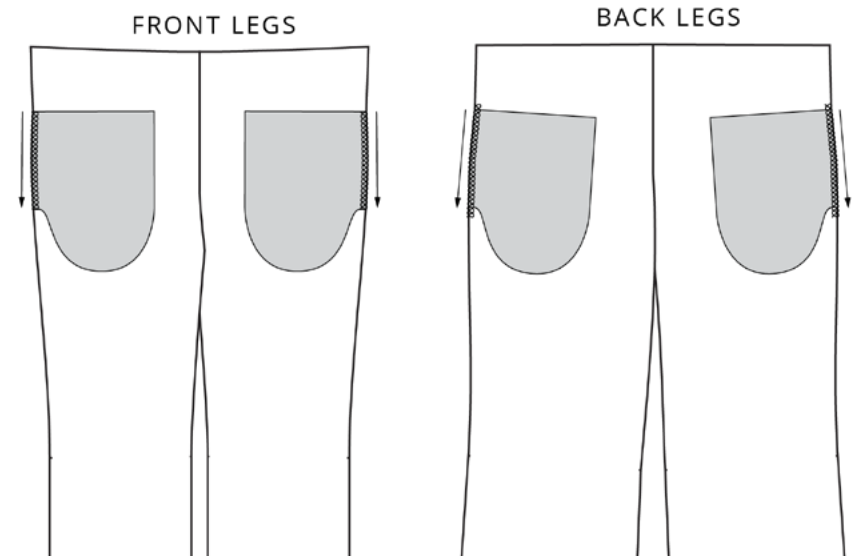
1. CONNECT LEGS AT CROTCH SEAM

- Align the Front Legs right sides together and serge or zig zag stitch along the rise and crotch curve with a 3/8" (1 cm) seam allowance to combine them.
- Open the legs and press the seam allowance to one side. Repeat for the Back Legs.

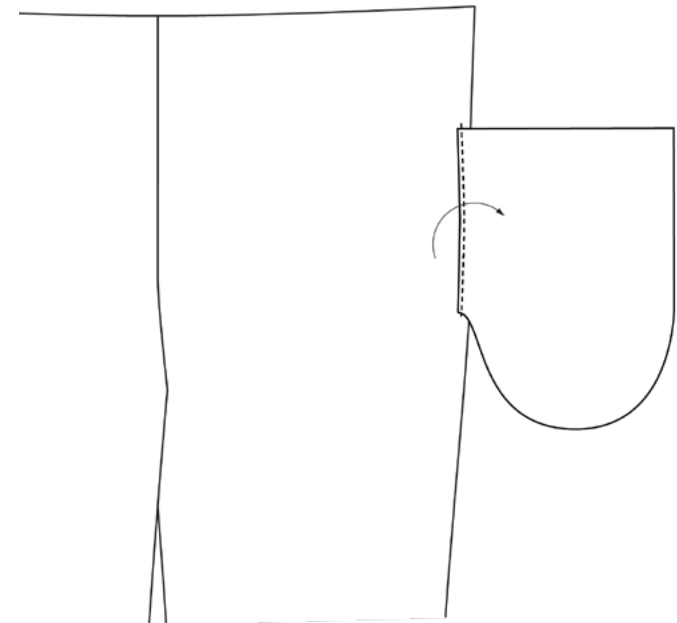


2. ATTACH POCKETS TO LEGS

- Lay the Front and Back Legs right side facing up and align one set of Pockets face down (right sides together) with the outer edges of each Leg assembly, matching the top corner of the Pocket piece with the notches near the top of the waist. Serge or zig zag stitch each Pocket to the sides of the legs with a 3/8" (1 cm) seam allowance.

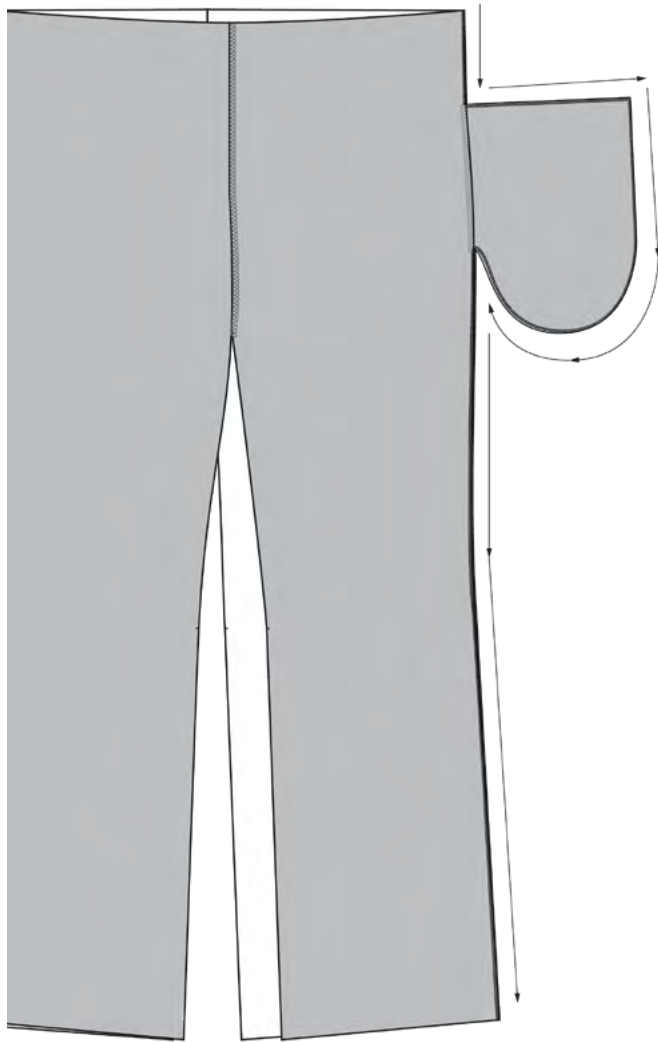


- Flip and press the Pockets away from the legs so that the Pockets and legs are right sides facing up. Understitch the seam allowance to the Pockets (you can use a straight stitch for this). Do this for all four Pockets on both the Front and Back Legs.



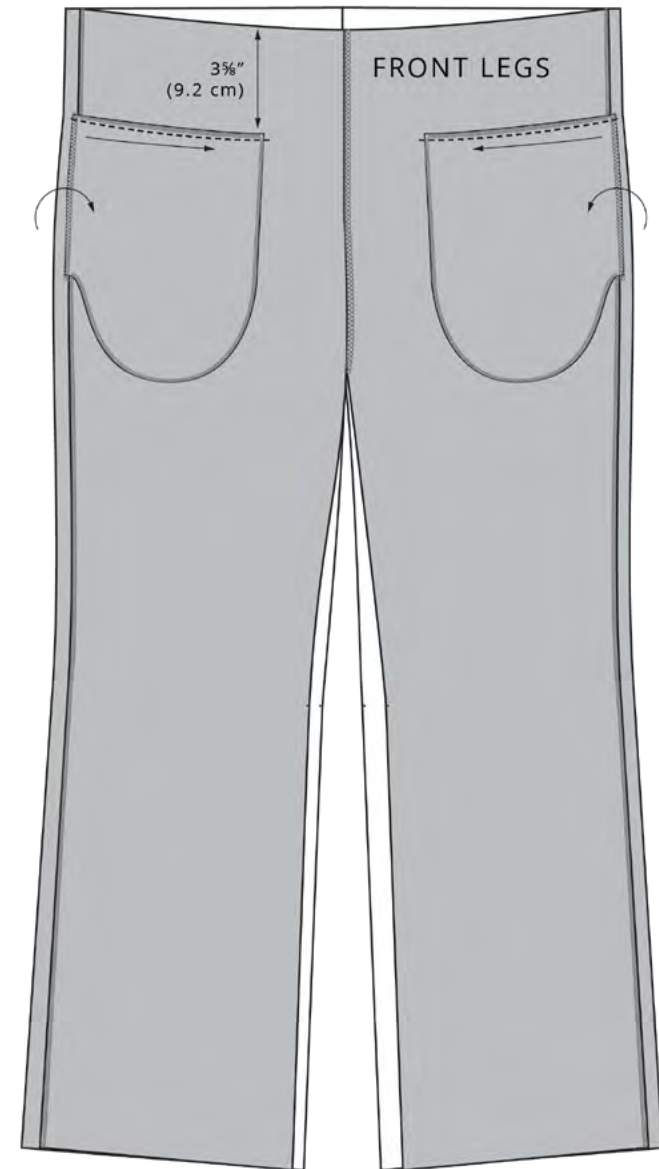
3. SEW SIDE SEAMS

- Lay Front Legs right sides together with the Back Legs and align the Pocket bags and side seams. Serge or zig zag stitch the Front and Back Legs together starting at the waist, pivoting to continue around the Pocket edges, and down the entire leg to the hem (*the pockets can be sewn with a straight stitch or zig zag stitch on a sewing machine if it is difficult to serge around the pocket corners where they meet the legs*). When serging around the pocket edges, make sure that you *do not trim* to top edge of the pocket. Repeat for the opposite side.



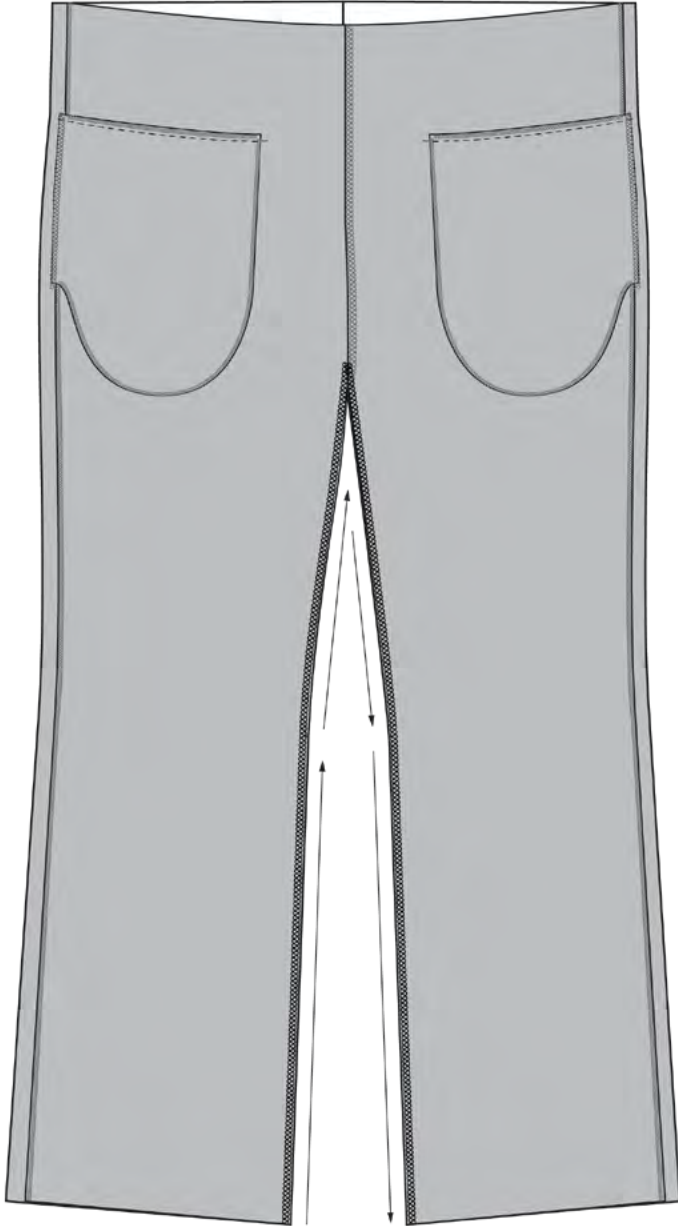
4. BASTE POCKETS TO FRONT LEGS

- Flip and press the Pockets toward the Front Legs. The top of the pocket should be exactly 3 5/8" (9.2 cm) from the top of the leg. Baste (with 5 to 6 mm straight stitch) the top edge of the Pockets to the Front Legs only (do not attach to the Back legs). Alternately, water soluble adhesive tape, or "wonder tape", can be used to secure the pockets instead of basting.



5. SEW THE INSEAM

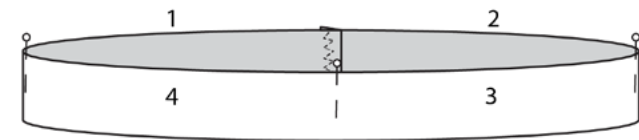
- Align the Front and Back Legs at the inseam--making sure to align the crotch seams--and serge or zig zag stitch with a $\frac{3}{8}$ " (1 cm) seam allowance, starting at one hem and continuing all the way to the opposite hem of the pants.



6. FINISH THE WAISTBAND

NOTE: The following instructions show how to install the elastic and finish the waistband simultaneously. If you want to test the waist elastic fit before installing, it is recommended to fold the waistband over and create a casing in which to insert the elastic after the waistband is sewn.

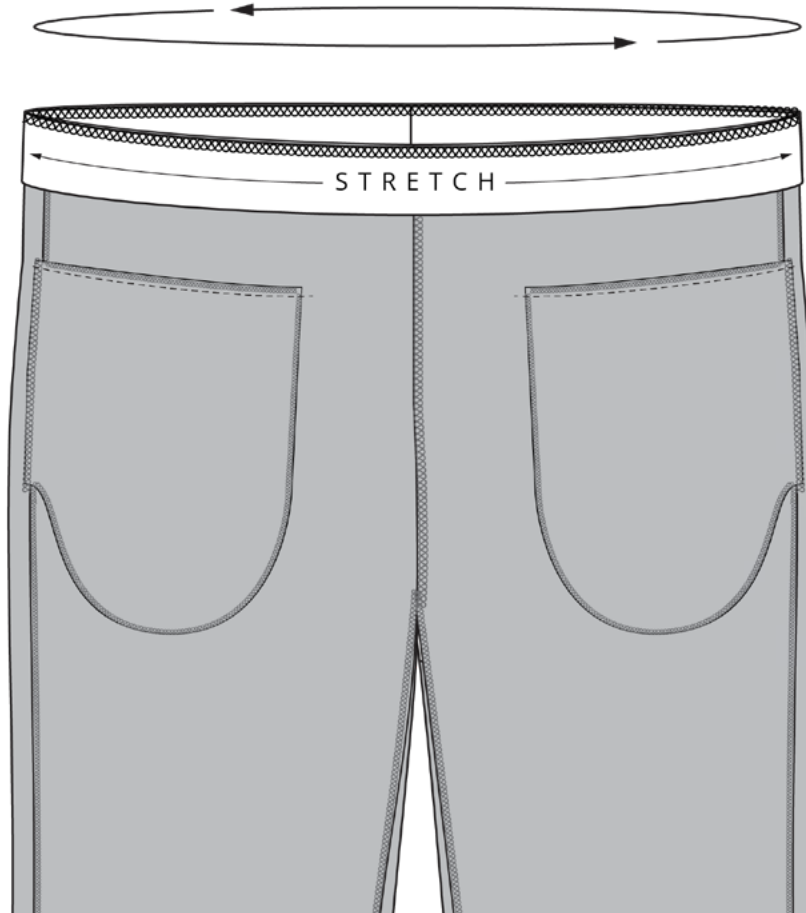
- Cut a length of 2" (5 cm) wide elastic using the suggested lengths per size on the size chart on page 3.
- Overlap the ends of the elastic by $\frac{1}{2}$ " (1.2 cm) and zig zag stitch them together to create a loop. Use pins to divide the elastic loop into four equal sections.



- With the pants still inside out and laying flat, align the front and back center seams. Mark the outer side edge of the pants waist with a pin (the front leg is slightly more narrow than the back leg, so your pins will be on the folded edge of the back leg) to divide the pants waist into four roughly equal sections.

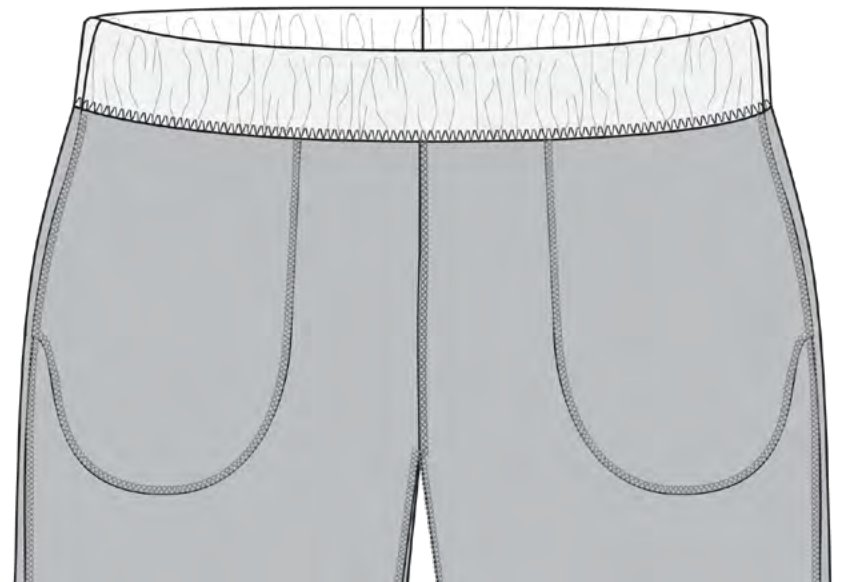
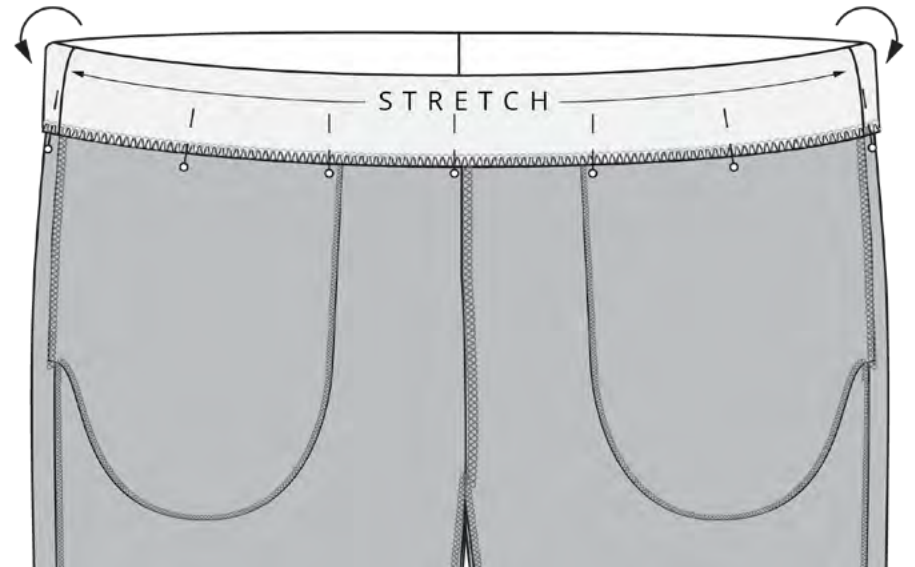


- Align the elastic loop with the top of the pants, matching the pins on the elastic with the center front and back seams and the pins at the outer edges of the legs. Serge (with the blade locked, so you do not cut the elastic) or zig zag stitch the elastic to the wrong side of the pants, stretching as you go to evenly distribute the pants waist along the elastic loop. You may need to stop periodically to make sure the fabric is evenly distributed along the elastic, working in sections.



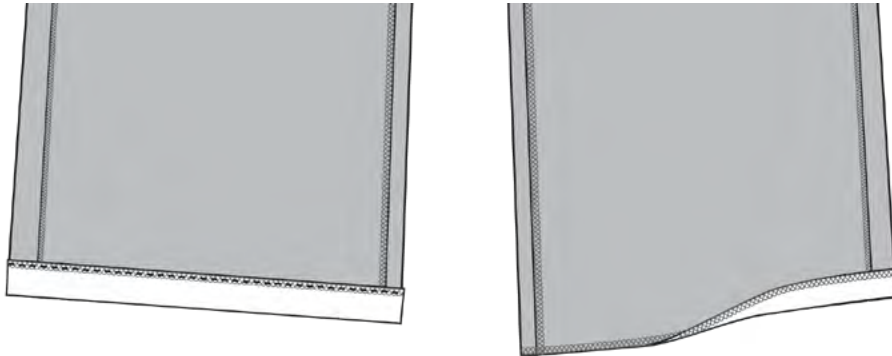
- Flip the elastic and top of pants toward the wrong side, sandwiching the elastic in the folded pants waist. Pin the elastic edge to the pants, taking care to keep the elastic evenly distributed and making sure the tops of the pocket bags are concealed beneath the bottom elastic edge.

- Sew with a zig zag stitch or a twin needle stretch stitch to secure the elastic to the waist of the pants, stretching as you sew and working in sections to evenly distribute the elastic (*if sewing with a twin needle you will sew from the exterior side of the waistband*). The tops of the pocket bags should also be secured in the finished front waistband. Remove the temporary basting stitches that secured the pocket bags to the front legs.



6. HEM THE LEGS

- *Optional: Finish the raw edges of the leg hem with a serged edge for a clean finish before hemming.*
- Turn the hem to the wrong side by 1" (2.5 cm) and press. Topstitch the hem in place with a straight stitch (this seam will not need to stretch).



**TIME TO LOUNGE,
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GLOSSARY

BASTE

Sew with long, loose stitches that can be easily pulled out later. Typically the longest stitch length on your sewing machine.

GRAINLINE

The lengthwise grainline (or threads) of fabric, typically parallel to the selvedge (finished edge) of the fabric.

HEM

The edge of a garment that has been turned under and topstitched to secure.

MUSLIN

A working garment made from inexpensive fabrics (ideally similar in weight and weave to your final garment fabric) used to test fit and make adjustments to a pattern.

NOTCH

A small mark along seam edges of a pattern piece used to align two pieces along a seam.

PRESS

Using an iron to flatten folds or seams into place, or smooth the surface of fabric.

SEAM ALLOWANCE

The distance between the edge of fabric and the seam.

SERGE

An overcast stitch along the edge of fabric that prevents fabric from fraying or curling.

TOPSTITCH

A decorative finishing stitch that is visible on the exterior of a garment used to secure garment details.

UNDERSTITCH

Stitch the edge of a pocket to the seam allowance to prevent the pocket from rolling out at the opening, while also concealing the seam allowance.