



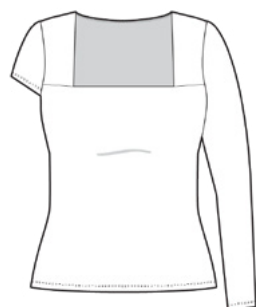
BRIGIT

Tee

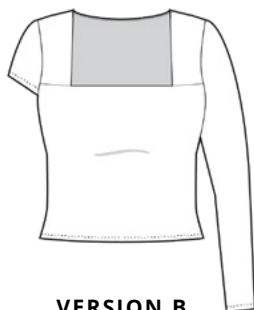
#2301

FRONT

BACK



VERSION A
(LONG TEE)



VERSION B
(CROPPED TEE)



NEW TO PDF PATTERNS?

Scan this QR code with your smartphone camera or go to <https://bit.ly/PrintPSPatterns> to watch a PDF pattern tutorial on the Pattern Scout YouTube channel:



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NEED A LITTLE INSPIRATION?

Follow @PatternScout on YouTube for pattern updates and project ideas. Check out the hashtag below to see other projects in the sewing community online.

@patternscout
#psBrigitTee

PATTERN LICENSING AND BUYER RIGHTS:

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PATTERN DETAILS

DESCRIPTION:

Say hello to your new favorite *wear-with-everything* tee. Brigit is fitted knit shirt with a plunging square neckline and the option of short or long sleeves. The bodice is partially lined with a clean finish along the neckline (no bindings), making this little wardrobe staple a simple sew. With its body-hugging silhouette and feminine neckline, Brigit offers a romantic spin on the basic tee.

VERSION A is a long tee with the finished hem approximately 7" below the waistline
VERSION B is a cropped tee with the finished hem approximately 2" below the waistline

RECOMMENDED FABRICS:

Two-way and four-way stretch, light to medium weight knit fabrics with **at least 50% horizontal stretch*** strongly recommended. Jersey, rib knit, cotton/spandex blends, and brushed poly/spandex knit fabrics are ideal.

NOTIONS:

- **Wonder Tape or similar wash-away stabilizer tape to stabilize the neckline during construction**

*Test your fabric's stretch percentage:

If you can stretch a 3" strip of fabric to 4½" or more, it will work well for the this pattern.



BEFORE YOU BEGIN:

- **Take your measurements and choose your size** based on your measurements in the [size chart](#) provided. You may find that your measurements place you between two or more sizes. It is recommended to grade between sizes since this pattern is designed for a close fit. Select a size before buying fabric, as your fabric requirements will depend on your size.
- **Launder your fabric** in the same way you plan to launder the finished garment. This will pre-shrink the fabric and prevent shrinkage of the finished garment when you clean it.
- **Consider making a "wearable" [muslin](#) to test the fit of your finished garment.** A wearable muslin can be made using a less precious knit fabric with similar properties to the fabric you plan to use for your final garment. Sewing a muslin to test the fit is always recommended. Once you have a fit you love, you can return to the pattern over and over again for a quicker sew.
- **This pattern is drafted from a base size 12 with an average height of 5'9".** The bust, waist, and hip locations of the pattern are approximate and your vertical measurements may vary from these lines. Some adjustment may be required for the best fit on your body ([see Construction Notes on page 7 for pattern adjustment recommendations](#)).
- **Review the pattern instructions, [construction notes](#), and [glossary](#)** to understand the steps ahead of time and anticipate any terms or techniques that may require extra attention.

SUGGESTED TOOLS + ADDITIONAL SUPPLIES

- coordinating thread
- cutting mat
- ruler and rotary cutter
- stretch or jersey sewing machine needle
- twin stretch sewing machine needle (optional)
- fabric scissors
- iron and ironing board/surface
- straight pins

SIZING + YARDAGE¹

See next page for finished garment measurements

SIZE	0	2	4	6	8	10	12	14	16	18	20	22	24	26	28	30
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BODY MEASUREMENTS INCHES²

HIGH BUST ²	29	30	31	32	33	34½	36	38	40	42	44	46	48	50	52	54
FULL BUST B CUP ²	31	32	33	34	35	36½	38	40	42	44	46	48	50	52	54	56
FULL BUST C CUP ²	32	33	34	35	36	37½	39	41	43	45	47	49	51	53	55	57
FULL BUST D CUP ²	33	34	35	36	37	38½	40	42	44	46	48	50	52	54	56	58
WAIST	23	24	25	26	27	28½	30	32	34	36	38	40	42	44	46	48
FULL HIP ³	35	36	37	38	39	40½	42	44	46	48	50	52	54	56	58	60

BODY MEASUREMENTS CM²

HIGH BUST ²	74	76	79	81	84	88	91	97	102	107	112	117	122	127	132	137
FULL BUST B CUP ²	79	81	84	86	89	93	97	102	107	112	117	122	127	132	137	142
FULL BUST C CUP ²	81	84	86	89	91	95	99	104	109	114	119	124	129	134	139	144
FULL BUST D CUP ²	84	86	89	91	94	98	102	107	112	117	122	127	132	137	142	147
WAIST	58	61	64	66	69	72	76	81	86	91	97	102	107	112	117	122
FULL HIP ³	89	91	94	97	99	103	107	112	117	122	127	132	137	142	147	152

REQUIRED FABRIC, VERSION A (LONG TEE)

yards (meters)³

based on 58" (147 cm) wide fabric ⁴

SIZE	LONG SLEEVE		SHORT SLEEVE	
0-8	1 ¼	(1.1)	1	(.9)
10-20	1 ¾	(1.6)	1 ½	(1.4)
22-30	2	(1.8)	1 ¾	(1.6)

REQUIRED FABRIC, VERSION B (CROPPED TEE)

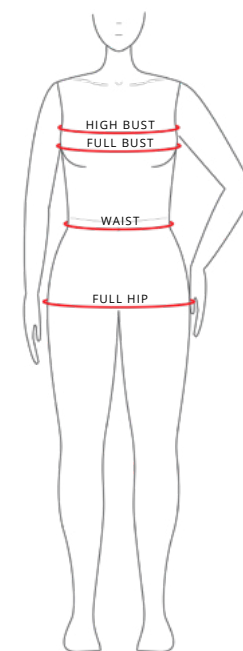
yards (meters)³

based on 58" (147 cm) wide fabric ⁴

SIZE	LONG SLEEVE		SHORT SLEEVE	
0-8	1 ¼	(1.1)	1	(.9)
10-20	1 ¾	(1.6)	1 ¼	(1.1)
22-30	2	(1.8)	1 ½	(1.4)

NOTES:

1. This pattern is drafted from a base size US 12 with an average height of 5'9" (175 cm). [See Construction Notes on pg 7 for lengthening/shortening recommendations.](#)
2. Choose your Tee size based on your HIGH BUST measurement first, then find the FULL BUST cup size that is closest to your FULL BUST measurement. If your full bust measurement is greater than the D cup size, it is recommended to select the next size up.
3. If using a directional print or pattern matching (with stripes, plaids, etc.), additional yardage may be required.
4. Required fabric is shown for 58" (147 cm) wide fabric only. If using a fabric that is less than this width, a general rule of thumb is to add ½ yard/meter to the amount needed.



FINISHED GARMENT MEASUREMENTS¹

SIZE	0	2	4	6	8	10	12	14	16	18	20	22	24	26	28	30
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INCHES (rounded to nearest 1/4")

FULL BUST (B CUP) ²	28 1/4	29 1/4	30 1/4	31 1/4	32 1/4	33 3/4	35 1/4	37 1/4	39 1/4	41 1/4	43 1/4	45 1/4	47 1/4	49 1/4	51 1/4	53 1/4
FULL BUST (C CUP) ²	28 3/4	29 3/4	30 3/4	31 3/4	32 3/4	34 1/4	35 3/4	37 3/4	39 3/4	41 3/4	43 3/4	45 3/4	47 3/4	49 3/4	51 3/4	53 3/4
FULL BUST (D CUP) ²	29 1/4	30 1/4	31 1/4	32 1/4	33 1/4	34 3/4	36 1/4	38 1/4	40 1/4	42 1/4	44 1/4	46 1/4	48 1/4	50 1/4	52 1/4	54 1/4
WAIST	23	24	25	26	27	28 1/2	30	32	34	36	38	40	42	44	46	48
HEM ³ (VERSION A)	28 3/4	29 3/4	30 3/4	31 3/4	32 3/4	34 1/4	35 3/4	37 3/4	39 3/4	41 3/4	43 3/4	45 3/4	47 3/4	49 3/4	51 3/4	53 3/4
HEM ³ (VERSION B)	25 1/4	26 1/4	27 1/4	28 1/4	29 1/4	30 3/4	32 1/4	34 1/4	36 1/4	38 1/4	40 1/4	42 1/4	44 1/4	46 1/4	48 1/4	50 1/4
BODICE LENGTH ⁴ (VERSION A)	23 1/2	23 3/4	23 3/4	24	24	24 1/4	24 1/4	24 1/2	24 1/2	24 3/4	24 3/4	25	25	25 1/4	25 1/4	25 1/2
BODICE LENGTH ⁴ (VERSION B)	18 1/2	18 3/4	18 3/4	19	19	19 1/4	19 1/4	19 1/2	19 1/2	19 3/4	19 3/4	20	20	20 1/4	20 1/4	20 1/2
SLEEVE LENGTH ⁵	23 1/4	23 1/2	23 1/2	23 3/4	23 3/4	24	24	24 1/4	24 1/4	24 1/2	24 1/2	24 3/4	24 3/4	25	25	25 1/4
BICEP	10	10 3/4	11 1/4	12	12 1/2	13 1/4	13 3/4	14 1/2	15 1/4	16	16 3/4	17 1/2	18 1/4	19	19 3/4	20 1/2

CENTIMETERS (rounded to nearest cm)



FULL BUST (B CUP) ²	72	75	77	80	82	86	90	95	100	105	110	115	120	125	130	135
FULL BUST (C CUP) ²	73	76	78	81	83	87	91	96	101	106	111	116	121	126	131	136
FULL BUST (D CUP) ²	74	77	79	82	84	88	92	97	102	107	112	118	123	128	133	138
WAIST	58	61	64	66	69	72	76	81	86	91	97	102	107	112	117	122
HEM ³ (VERESION A)	73	76	78	81	83	87	91	96	101	106	111	116	122	127	132	137
HEM ³ (VERESION B)	64	67	69	72	74	78	82	87	92	97	102	107	112	117	122	127
BODICE LENGTH ⁴ (VERSION A)	60	60	61	61	61	62	62	62	62	63	63	63	64	64	64	65
BODICE LENGTH ⁴ (VERSION B)	47	47	48	48	48	49	49	49	49	50	50	50	51	51	51	52
SLEEVE LENGTH ⁵	60	60	60	61	61	61	62	62	62	62	63	63	63	64	64	64
BICEP	26	27	29	30	32	33	35	37	39	41	43	45	46	48	50	52

NOTES:

1. Choose your size based on the measurements in the [Size Chart on page 3](#). The Finished Garment Measurements are for referencing ease in the garment only.
2. The finished FULL BUST measurement represents a target *negative ease* of approximately 10% of the FULL BUST measurement represented on the Size Chart.
3. The HEM measurement is the bodice circumference at the finished hem of the Tee, which is designed to fall approximately 8" (20 cm) below the natural waist. The finished HEM measurement represents a target *negative ease* of approximately 10% at the bodice HEM location.
4. BODICE LENGTH is measured from the center back neckline straight down to the finished hem on the Back Bodice of the Tee.
5. SLEEVE LENGTH is measured from the seam at the top of the sleeve cap/shoulder straight down to the finished hem of the sleeve. The short sleeve length is 1½" (3.8 cm) measured along the sleeve seam from underarm seam to the hem across all sizes.

PRINTING THE PATTERN

PRINT AT HOME:

- Open the PDF pattern file and **set the print scale to 100% or "No Scaling" and set the orientation to "portrait" before printing.** The Letter(A4) file can be printed on both US Letter and A4 size paper.
- **This pattern includes layers for each size so you can print just what you need.** If you are between sizes, print both sizes and blend between the two when you cut or trace your pattern. To turn size layers on and off, you will need Adobe Acrobat. Click on the Layers  icon on the left toolbar, then de-select the Layer Visibility  icon next to the layers that you want to turn off.
- **A sheet printing guide is provided on sheet 1 of the Letter(A4) file, so you only have to print what you need.**
- **In the print dialogue box, select 'Portrait' as the orientation (instead of 'Auto').** This will orient the borders of each page in the top left corner and you will not have to trim the edges of each sheet after printing.
- **Once your pattern is printed, carefully tape or glue the sheets together, aligning the dots along the border of each sheet.** The grey borders on each sheet should butt against one another at their edges. Check to make sure the pattern is scaled properly by measuring the test squares on the printed pattern (they should measure 2"x 2" (5 cm x 5 cm)). Each sheet is lettered and numbered in the grey dots at the edges according to the layout sequence. See the diagram to the right for sheet layout.
- With your pattern assembled, **you can either trace the pattern onto tracing or pattern paper** (this will preserve the original pattern in case you want to make sizing adjustments for future garments), **or you can cut the pattern pieces directly from the assembled sheets.** Be sure to also transfer all notches for aligning pattern pieces. You are ready to cut fabric!

PRINT WITH A COPY SHOP:

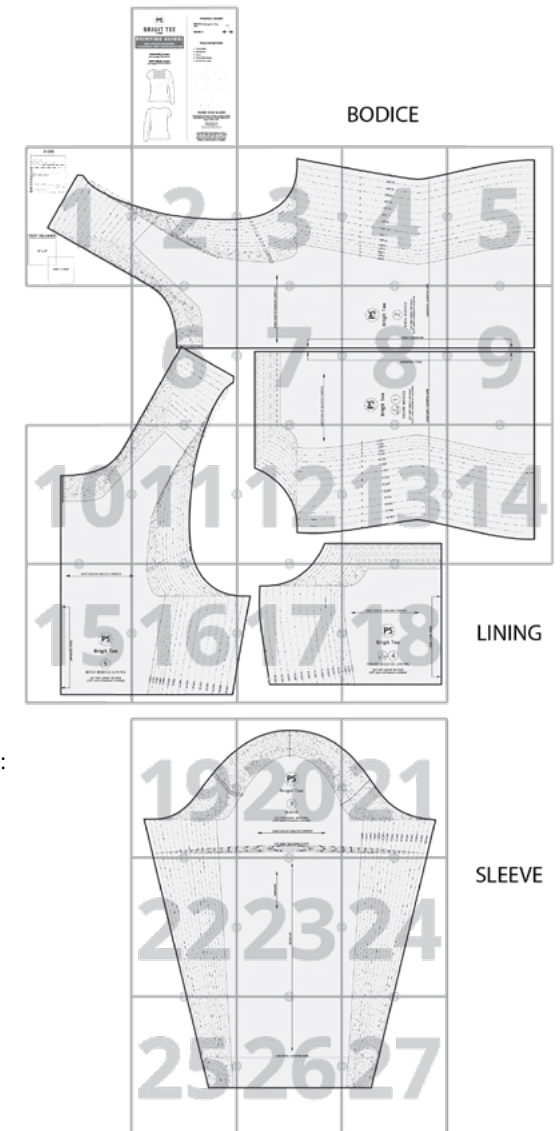
Copy shop files are included for printing on a large format printer with your local copy shop. There are also online services for PDF printing that are economical with fast shipping.

SHEET PRINTING GUIDE:

A sheet printing guide for each version is also provided on sheet 1 of the print-at-home PDF pattern file, so you only have to print what you need. A pattern piece inventory, legends, and test squares are provided on sheets 1 & 2.

NEW TO PDF PATTERNS?

Scan this QR code with your smartphone camera or go to <https://bit.ly/PrintPSPatterns> to watch a PDF pattern tutorial on the Pattern Scout YouTube channel:



CONSTRUCTION NOTES

- All [seam allowances](#) are included in the pattern pieces and are 3/8" (1cm) unless otherwise noted.
- Serging (overlocking) is recommended and illustrated for sewing and finishing seam allowances for this pattern, but a zig zag stitch can also be used if you do not have access to a serger. A stitch length of 2 to 3 mm and width of 2 to 3 mm is recommended if using a zig zag stitch (although it is also recommended to experiment with stitch width and length for a setting that works best for your fabric and sewing machine).
- When [basting](#) seams, use 1/4" (5 mm) seam allowance so that the basting seam is hidden in your finished seams. Use a 5 to 6 mm stitch length for basting seams (or the longest stitch length on your sewing machine) to make removing basting stitches easier, if needed.
- If using a zig zag stitch, be sure to "lock" each seam by backstitching 3 to 4 stitches at the beginning and end of the seam line and when turning corners in a seam. This ensures that your seams don't pull apart after cutting your threads. Do not lock basting seams.
- See the next page for pattern alteration recommendations.

**FOLLOW THE BRIGIT TEE SEWALONG
+ FIND MORE SEWING RESOURCES:**

[PATTERNSCOUTSTUDIO.COM/TUTORIALS](https://patternscoutstudio.com/tutorials)

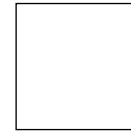
PRESSING / IRONING:

- Make sure that your iron is clean before using it on your project.
- Choose a heat setting that is appropriate for the fabric you are using.
- To avoid stretching or warping your fabric, focus on pressing, lifting, and pressing the fabric, instead of dragging the iron across the fabric.

ILLUSTRATION LEGEND:



WRONG SIDE of FABRIC



RIGHT SIDE of FABRIC



ZIG ZAG STITCH



STRAIGHT STITCH



SERGED or FINISHED EDGE of FABRIC

CONSTRUCTION NOTES, cont.

LENGTHENING OR SHORTENING THE PATTERN:

This pattern is drafted from a base size 12 with an average height of 5'9" (175 cm). If removing or adding length, keep in mind that your height difference from the base height will be distributed throughout the body, and thus you will only need to adjust about one third of that difference on the bodice and sleeves. For example, if your height is 5'6" (168 cm), then you might only shorten the bodice and sleeve by 1" to 1½" (2.5 to 4 cm) each. Lengthen/shorten lines are provided on the pattern pieces if you need to adjust the pattern length for your individual height. Cut along these lines to separate the pattern into two pieces, then shift them apart or together.

When lengthening or shortening the pattern, make sure to shift the pieces straight up or down along the grainline to maintain the proper proportions and overall shape of the pattern pieces. Once your pieces have been shifted the desired amount, tape them back together and draft new lines to connect the pieces smoothly at the edges.

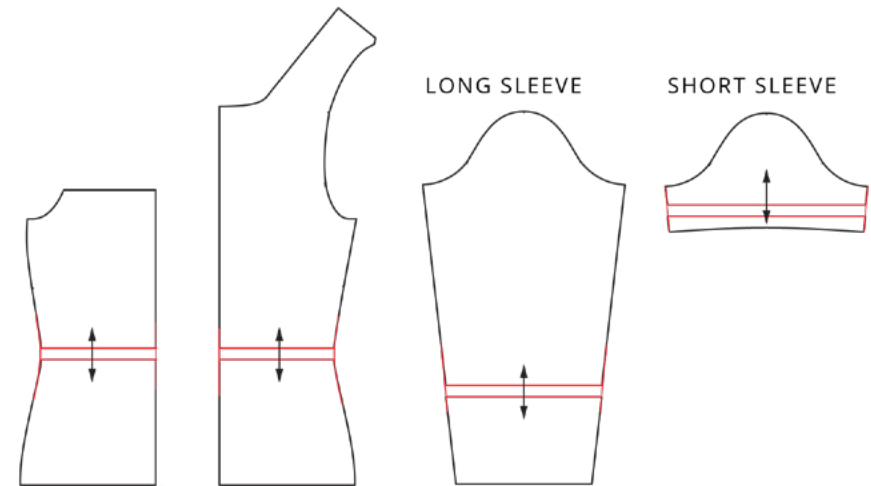
GRADING BETWEEN SIZES

Since the pattern is designed for a close fit with minimal ease through the bodice and sleeves, it may be necessary to grade between sizes if your measurements fall between two sizes. It is recommended that you choose your size(s) based on the instructions in the [size chart](#).

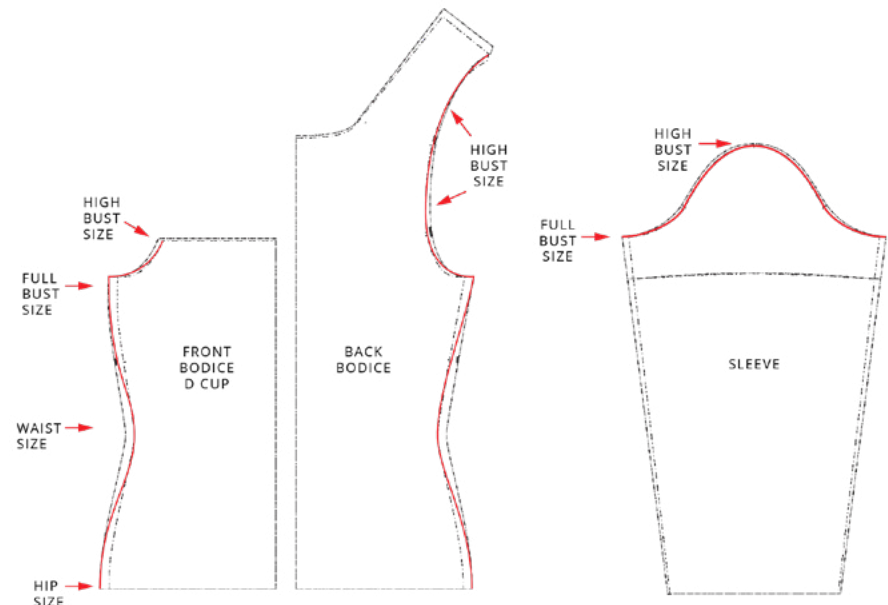
If you need to size up to accommodate a FULL BUST measurement that is greater than a D Cup, you may want to grade between the shoulders of the previous size and the bust through the armhole, as shown to the right.

To grade between sizes, simply find the two sizes and draft a new line that blends the two. Cut away the excess.

LENGTHENING/SHORTENING:



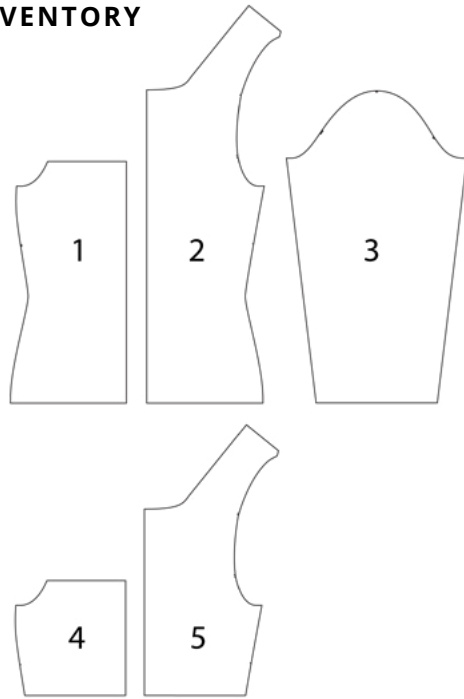
TEE GRADING EXAMPLE:



PIECE INVENTORY + CUTTING LAYOUTS (cont. on next page)

TEE PATTERN PIECE INVENTORY

1. Front Bodice
2. Back Bodice
3. Sleeve
4. Front Bodice Lining
5. Back Bodice Lining



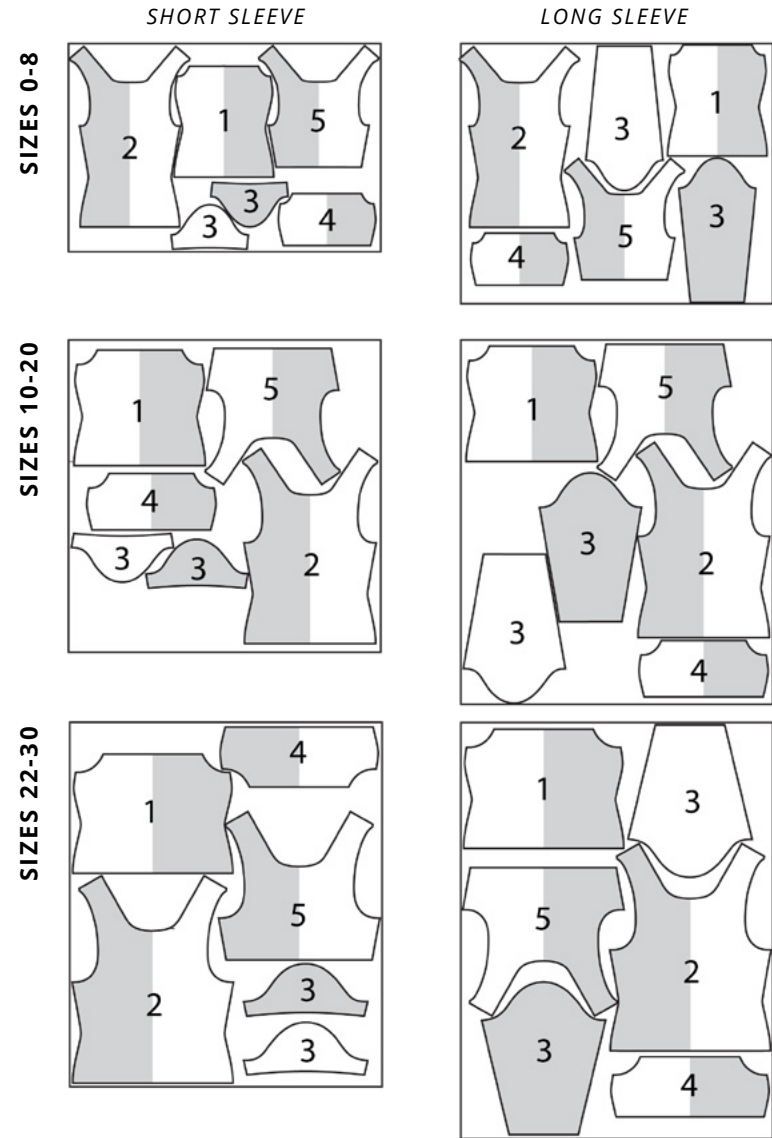
A NOTE ON THE PATTERN SCOUT METHOD OF CUTTING:

Cutting layouts are shown here on a single layer of fabric. Greater fabric efficiency can be achieved by cutting each piece one at a time on a single layer of fabric, starting with pieces that are cut on the fold (pieces cut on the fold will be marked on the pattern pieces). Reposition and re-fold fabric as you go to get the most out of your yardage. These layouts are a suggestion and it is encouraged to experiment with pattern placement to find a layout that works best for your project.

All pattern pieces labeled "CUT TWO" should be mirrored.

SUGGESTED CUTTING LAYOUTS, VERSION A (LONG TEE)

58" (147 cm) fabric width

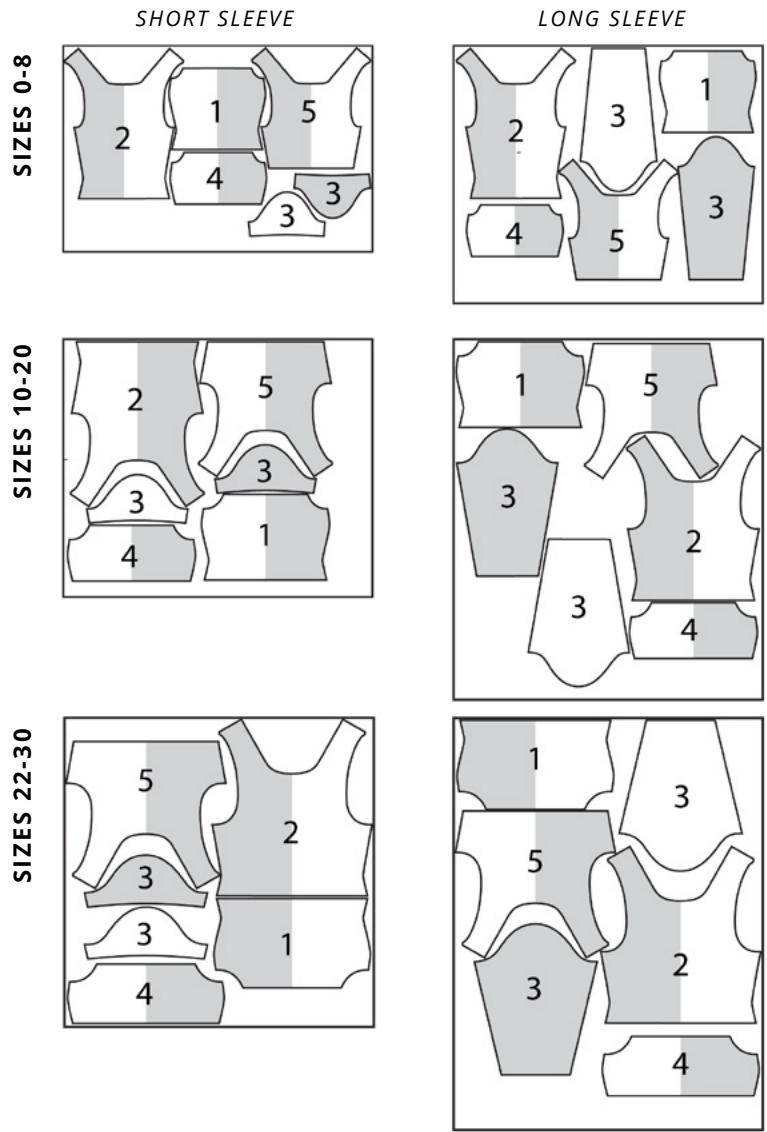


NOTE: When cutting or tracing your pattern pieces, make sure to transfer all notches to the cut pieces. Notches can be clipped at the seam allowance by 1/4" (6 mm) or less.

CUTTING LAYOUTS (cont.)

SUGGESTED CUTTING LAYOUTS, VERSION B (CROPPED TEE)

58" (147 cm) fabric width



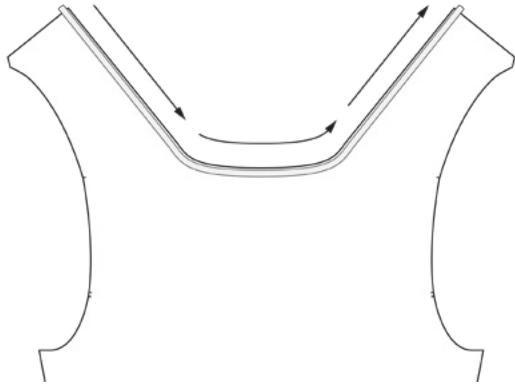
NOTE: When cutting or tracing your pattern pieces, make sure to transfer all notches to the cut pieces. Notches can be clipped at the seam allowance by 1/4" (6 mm) or less.

INSTRUCTIONS

Seam allowances are 3/8" (1 cm) unless noted otherwise.

1. STABILIZE BACK BODICE NECKLINE

- Apply a strip of Wonder Tape (or similar wash-away stabilizing tape) along the Back Bodice neckline on the right side of fabric.

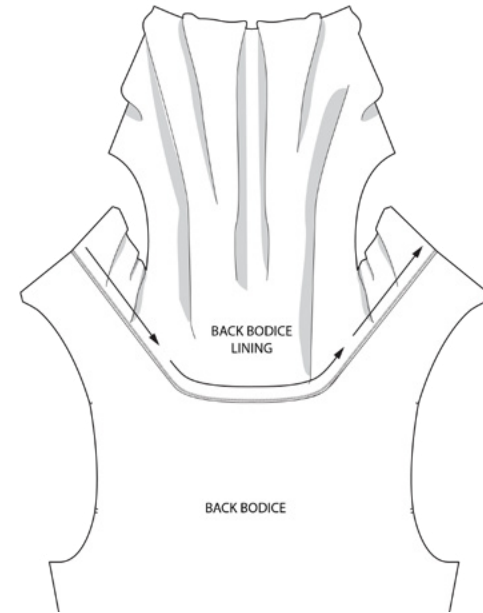


2. ATTACH BACK BODICE LINING TO BACK BODICE

- Right sides together, align the Back Bodice and Back Bodice Lining along the neckline. Use the Wonder Tape along the neckline to "pin" the two pieces together.
- Sew the Back Bodice to the Back Bodice Lining along the neckline with a 3/8" (1 cm) seam allowance.



- Press the lining away from the bodice and understitch the lining to the seam allowance along the neckline with a zigzag stitch.

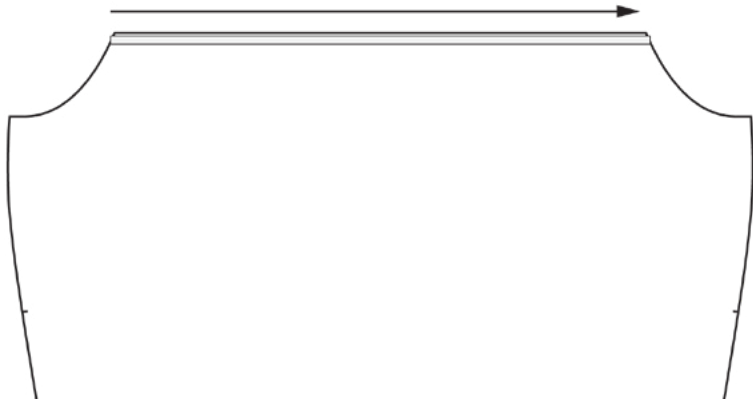


- Flip the lining to the wrong side of the bodice and press along the neckline.



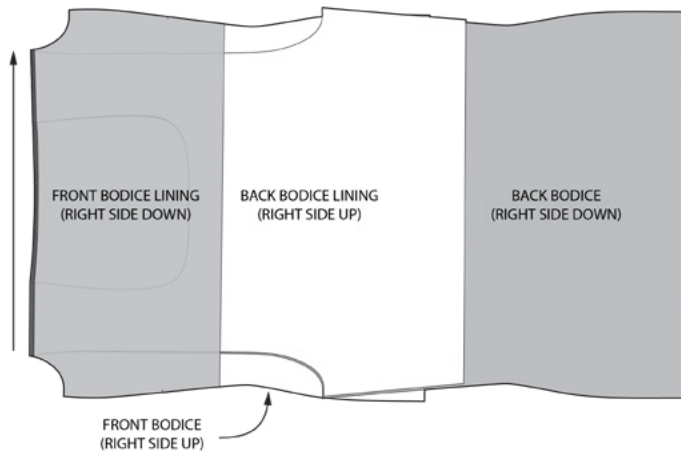
3. STABILIZE THE FRONT BODICE NECKLINE

- Apply a strip of Wonder Tape (or similar wash-away stabilizing tape) to the right side of the Front Bodice along the top neckline edge.

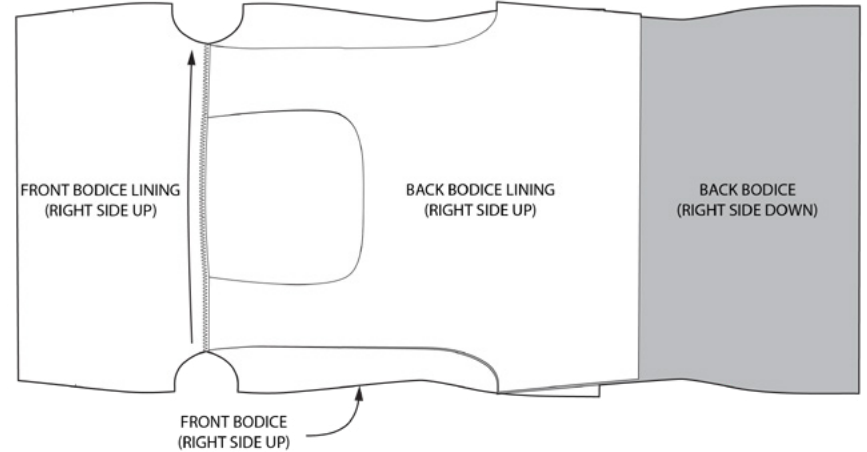


4. ATTACH FRONT BODICE AND FRONT BODICE LINING TO BACK BODICE

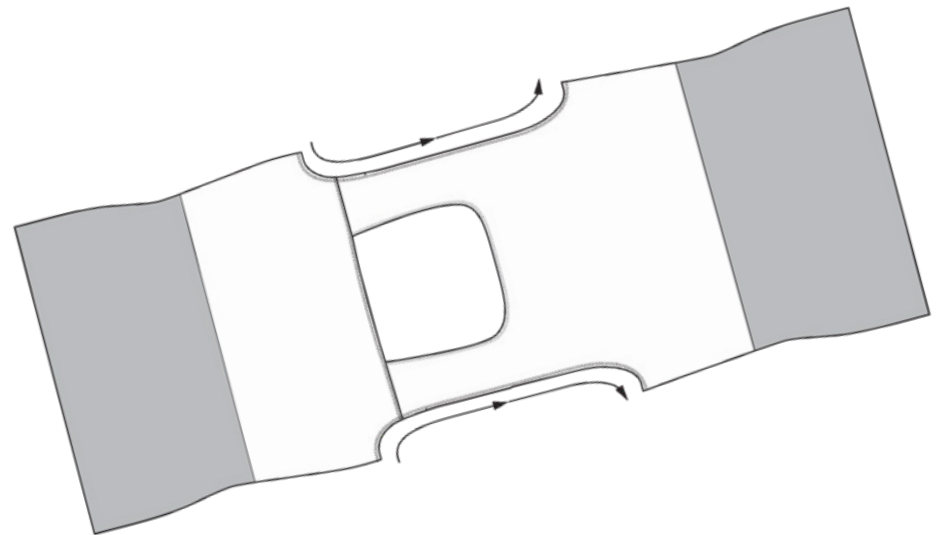
- Sandwich the Back Bodice assembly (*right side down*) between the Front Bodice (*right side up*) and Front Bodice Lining (*right side down*) so that the shoulder seams of the Back Bodice align with the neckline (top) edge of the Front Bodice. Use the Wonder Tape to "pin" the pieces together.
- Sew along the Front Bodice neckline to attach the assembly with a 3/8" (1 cm) seam allowance.



- Press the Front Bodice Lining away from the Front and Back Bodices and understitch the Front Bodice lining to the seam allowance with a zigzag stitch.

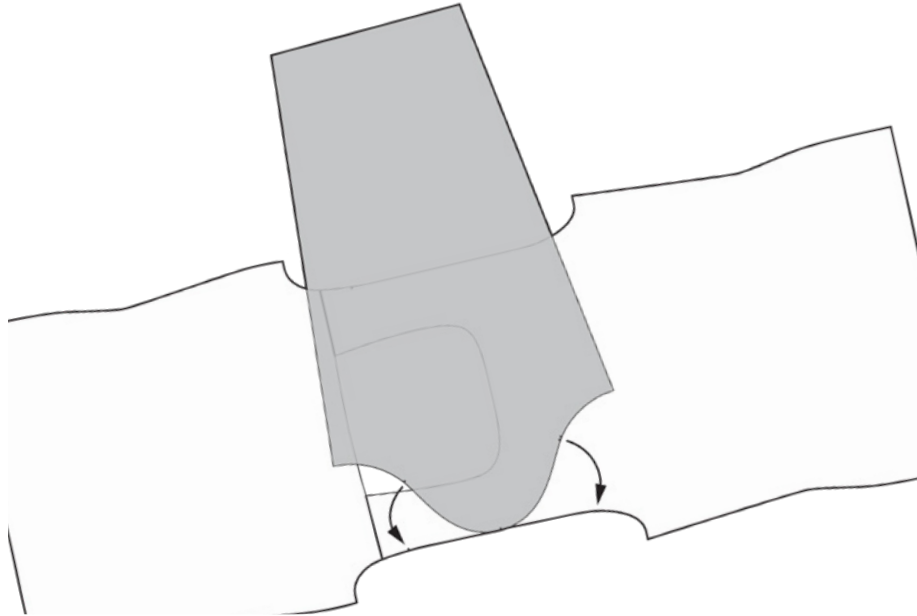


- Flip the Front Bodice Lining to the wrong side of the Front Bodice and press along the neckline.
- Optional: Baste the linings to the bodices along the armholes with a zigzag stitch just inside the seam allowance.

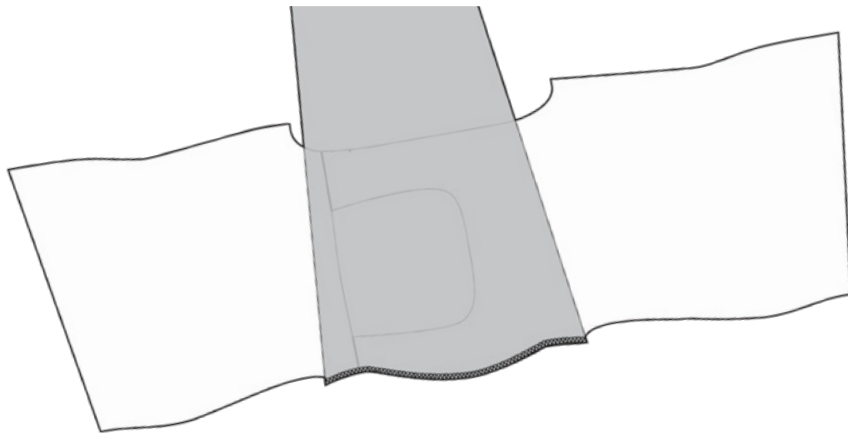


5. ATTACH SLEEVES TO BODICE

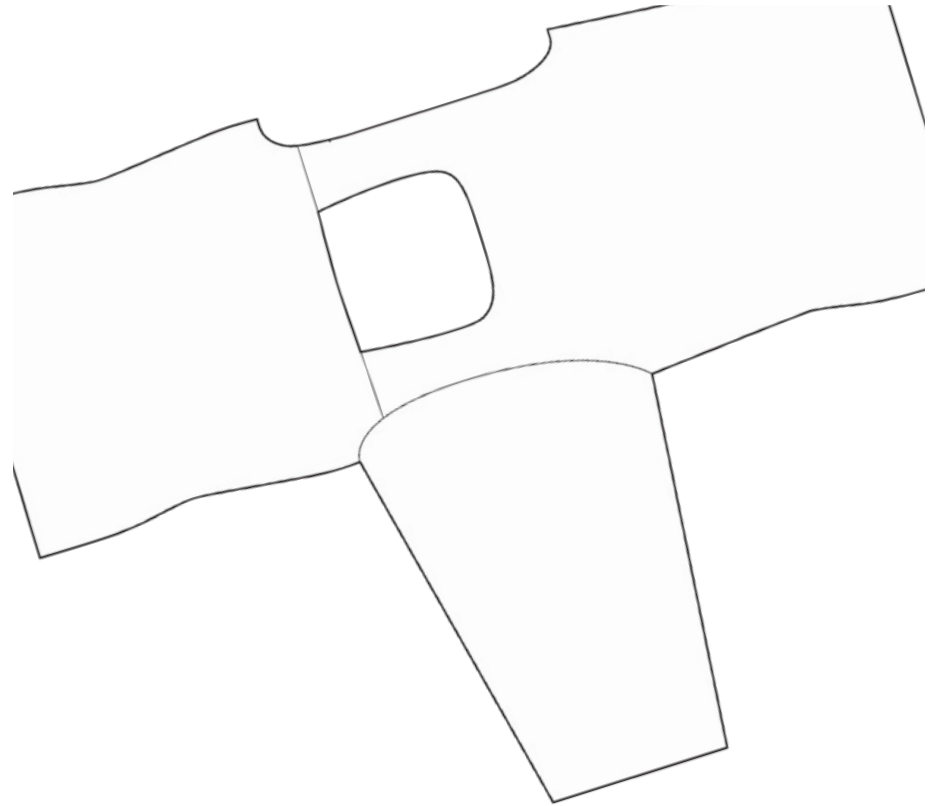
- Open the bodice so that it is laying flat with right side facing up. Lay the sleeve face down (right sides together) and pin the sleeve cap to the armhole, making sure to match the notches on the sleeve cap with the shoulder seam and armhole notches (a single notch indicates the front and top, and a double notch indicates the back).



- Sew the sleeve to the bodice with a $\frac{3}{8}$ " (1 cm) seam allowance, easing in the cap slightly at the top of the sleeve cap.

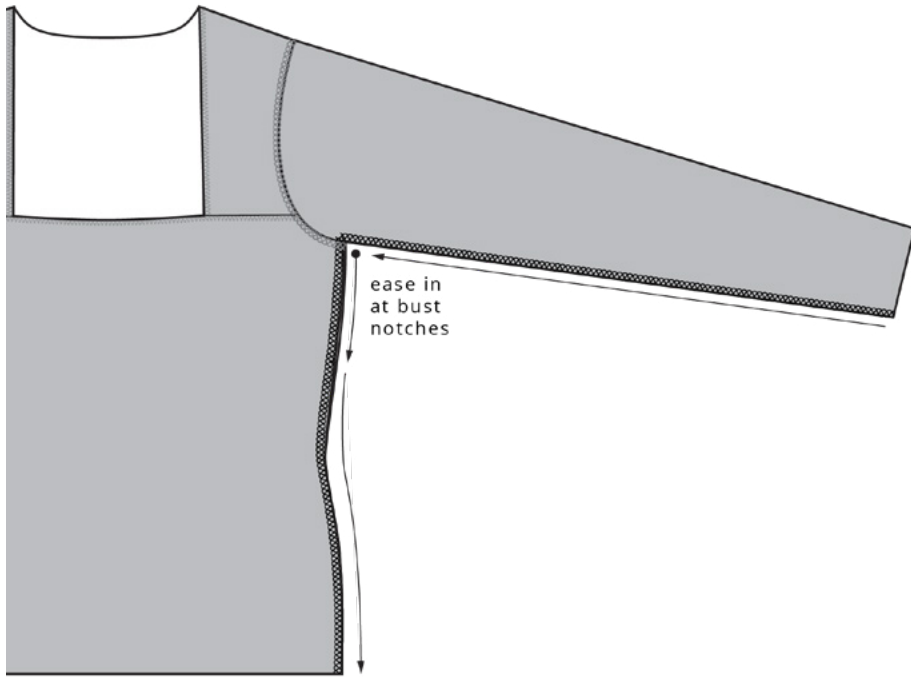


- Press the sleeve and seam allowance away from the bodice.



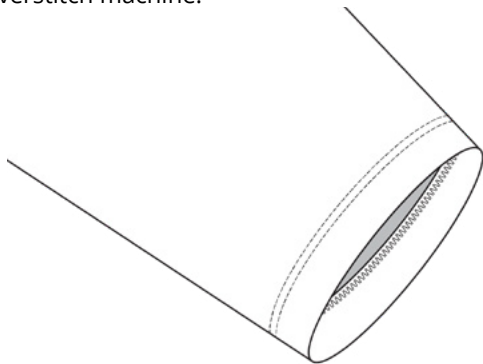
6. JOIN SLEEVE + SIDE SEAMS

- Right sides together, align the sleeve seam and side seam of the front and back of the garment. Match the notches on the bodice pieces and stretch the back bodice to fit between the sleeve and notch at the bust. Serge or zig zag stitch from the sleeve hem to the bodice hem with a $\frac{3}{8}$ " (1 cm) seam allowance. Press the seam allowance toward the back bodice. (See illustration, next page.)
- Repeat for opposite sleeve and side seam.

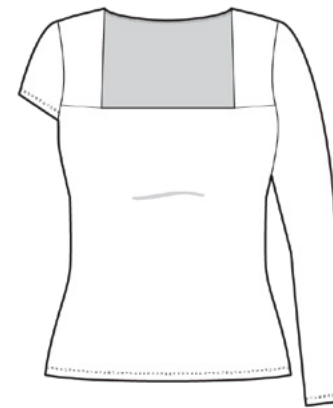


7. HEM THE SLEEVES + BODICE

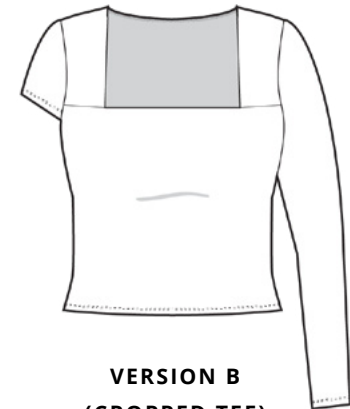
- *Optional: Finish the raw edges of the sleeve and bodice hem with a serged edge for a clean finish before hemming.*
- Turn the hem to the wrong side by 1/2" (1.3 cm) and press. Topstitch the hem in place with a zig zag stitch or a twin needle stretch stitch. This stitch should be able to stretch slightly without breaking. Alternately, the hems can be finished with a coverstitch machine.



NICE! YOU'RE DONE!



**VERSION A
(LONG TEE)**



**VERSION B
(CROPPED TEE)**

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GLOSSARY

BASTE

Sew with long, loose stitches that can be easily pulled out later. Typically the longest stitch length on your sewing machine.

GRAINLINE

The lengthwise grainline (or threads) of fabric, typically parallel to the selvedge (finished edge) of the fabric.

HEM

The edge of a garment that has been turned under and topstitched to secure.

MUSLIN

A working garment made from inexpensive fabrics (ideally similar in weight and weave to your final garment fabric) used to test fit and make adjustments to a pattern.

NOTCH

A small mark along seam edges of a pattern piece used to align two pieces along a seam.

PRESS

Using an iron to flatten folds or seams into place, or smooth the surface of fabric.

SEAM ALLOWANCE

The distance between the edge of fabric and the seam.

SERGE

An overcast stitch along the edge of fabric that prevents fabric from fraying or curling.

TOPSTITCH

A decorative finishing stitch that is visible on the exterior of a garment used to secure garment details.

UNDERSTITCH

A stitch to secure a facing or lining to the seam allowance of a garment, preventing it from rolling to the exterior side. The stitching is done close to the seamline, on the lining or facing side of the garment, so that it is not visible from the exterior of the garment.