

# Marie Trussart

## CERTIFIED CAREER COACH

## Summary

As a **Certified Organisational Coach** from the **IECL**, I founded **Kintsugi Coaching** in 2019. I am really enthusiastic about my role as a coach because it is helping me to achieve one of my long-term goals, which is to provide **developmental opportunities** for **successful leadership** among **STEM professions** and strategies to **grow and thrive**.

# **Core Strengths**

- Coaching researchers and research institutes
- Assessment of self-professional worth and factors impacting the **success of academics**
- Covid Heroe Award (Pro-Bono group coaching for several associations, awarded in 2020 by the Walter and Eliza Hall Institute)
  - PhD degree in Biomedicine

#### Get in touch!

Email: kintsugicoach@gmail.com Webpage: http://kintsugicoach.org Twitter: Kintsugicoach Facebook: kintsugicoach

### **Professional History**

#### **Group coaching workshops**

Barcelona Biomedical Research Park Career Day, Spain | February 2021 Eight of Spain's leading research institutes. Managing change and challenges in your scientific career.

Lab retreat workshop, **Peter MacCallum**, Australia | February 2021
Achievements, success and faith; Beliefs, thoughts and their impact; Identifying **aspirations** and values; Growth Mindset and SWAT analysis and **Career Action Plan**.

**Centre of Genomic Regulation (CRG), EMBL and CNAG**, Spain | September-October 2020

Navigate your career with confidence.

WISPP, Australia | July and December 2020

Participants from **five of Australia's largest medical research institutes**. Designed to explore the professional impacts occurring due to the pandemic and the resources to manage those challenges.

Gals en Australia, Australia | June 2020

Strategies and resources to overcome the profesional challenges of COVID-19.

#### Individual one-to-one coaching sessions

Kintsugi coaching | 2019-2021

- Gain confidence and develop a growth mindset
- Optimise time management by maximising goal setting skills
- Uncover limiting beliefs and reveal hidden strengths and aspirations

#### **Conference Poster**

Gender Roles and their Impact in Academia, EMBL | 2020 How is **success of academics** impacted by beliefs in their skills and abilities.

# **Coaching Training**

#### **Human Element Program**

Schutz Company, USA | 2021

Integrated solutions to the human issues in organizations.

#### **Impactful Innovator Entrepreneurship program**

Bright Arena, Australia | April 2020-October 2020

Training designed to help entrepreneurs develop the skills and strategies required to turn ideas and early projects into enterprises.

#### **Certified Organisational Coach Level 1 and Level 2**

Institute of Executive Coaching and Leadership (IECL), Australia | 2019 Techniques and practise of the ICF Core Competencies of coaching.

#### **Accelerated Leadership Performance Program**

Women and Leadership Australia | 2018-2019

#### PhD degree in Biomedecine

Centre of Genomic Regulation and Pompeu Fabra University, Spain | 2015

## **My Passion Projects**

- Empowering women scientists through volunteering in communities such as WISPP and the RLadies Melbourne.
- Vice-President of the RLadies Melbourne
- BrainSTEM Mentoring